



# SCORCH

07 - 09 JUN 2019

SOUTHPORT

[www.cerocescape.com](http://www.cerocescape.com)

PASSPORT TO DANCE

DIFFERENT DANCE STYLES  
TAUGHT MANY VARIED AND  
EXCITING WORKSHOPS OVER 50  
HOURS OF FREESTYLE  
DIFFERENT ROOMS PLAYING DJs  
FROM FAR AND WIDE TEACHERS  
FROM ALL OVER THE UK  
MASSAGE AND WELL-BEING  
SWIMMING WORKSHOP DVDS TO  
TAKE HOME MASTERCLASSES  
SELECTION OF DANCE SHOES  
AND CLOTHING ON SALE  
ONLINE BOOKING WITH  
IMMEDIATE CONFIRMATION  
GENDER CONTROLLED  
BOOKING SYSTEM PRIVATE  
LESSONS COMPETITIONS DANCE  
& NUTRITION WORKSHOP



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## Welcome

SUMMER IS HERE! The team at Ceroc Escape are excited to celebrate another sell out event at Southport. Our awesome dance events that attract between 1200-2200 guests bring together the finest teachers, the best-renowned DJs and the most passionate dance community on the planet.

This weekend, there are bucket loads of brand new classes scheduled. As well as some returning favourites, expect debut Ceroc lessons, Dance Adventure in the form of SILC, Rock 'n' Roll, Argentine Tango, Kizomba, Zumba, Blues, Musicality, Waltz, the ever popular Ceilidh, Street & Yoga, and a new and exciting Dance and Nutrition Masterclass hosted by our resident expert Natalie Baker.

These weekenders are an amazing opportunity to try something new. Our DJs work tirelessly to source fresh and exciting music, as well as playing your favourite dance classics, and with 3 freestyle venues to choose from, the only problem you'll encounter is when to stop and take a break!

We always gender balance our weekends, but cannot control who opts to do what classes or dance in particular dance zones, so there may appear to be an imbalance at certain times (but at least you understand better the dynamic of this weekend).

There are 8 Escape Dance Weekenders every year and 3 of them are based here at Southport. If you love this one as much as we hope you will, you can get your next Southport fix from 30th Aug - 1st Sep 2019...online bookings open for 'Splash' after this event. If you can't wait that long, try 'Jamfest' at Camber from 28th-30th June...we're already close to selling out so don't miss out on your chance to book!

We are so excited to welcome you here...have an awesome weekend.

Mike, Tim and the entire Escape Committee x

# Exceedingly Useful Information

## **PARKING**

There is ample parking at Pontins in Southport so there is no need to book a parking space in advance.

## **PROBLEMS?**

If you have any problems or questions please come to the 'Weather Information Centre' situated in the middle foyer. The main Pontins reception is also manned and there is security on duty all night.

## **ACCOMMODATION**

Your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception. If your electricity is metered, you will need tokens.

## **ELECTRICITY**

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased from machines near the Pontins Main reception, or out of hours at Security at the Club Gate. Remember to turn your Water Heater off to save power and money.

## **WHAT'S ON TV?**

The PTV channel on your TV will show a live feed from the main floor.

## **I'M HUNGRY!**

Fast food will be available across the weekend, exact times can be sourced from the reception. The Nisa convenience store provides all your essentials, plus you can eat at the restaurant adjacent to the Swimming Pool.

## **WEATHER DESK**

Located in the middle foyer, this is where you can book Masterclasses, Messages and buy a range of Ceroc, SILC and Style DVDs. Please remember to leave us your feedback form from the centre of this booklet.

## **CHECKOUT INFORMATION**

You need to check out by 10am on Monday morning. Please remember to return your keys to reception or leave them at the security gate upon departure.

## **WATER & GOING GREEN**

We have organised complimentary water from coolers in the main dance venues (subject to availability). Please use as few plastic cups as possible at the water coolers, or feel free to bring your own flask to fill (but please be aware that Pontins operate a no glass policy.)

We are gradually phasing out plastic welcome packs.

## **HEALTH AND SAFETY**

Please do not place drinks on the stage, DJ tables, speakers or on the floor. Use the tables and bars provided. Any drinks placed near electrical equipment will be removed and disposed of by the Ceroc team or bar staff. Disposing of your cups after use reduces cluttering and prevents spillages which can be hazardous and time consuming to clear.

## **COLOURED WRIST BANDS?**

You are required to wear your gender coloured wristband all weekend. Without it, you cannot access the main entertainment complex, the workshops and freestyle dancing, the bars or restaurants. Wristbands will be checked at all entrances and by roaming stewards. These wristbands cannot fall off by accident, they can only be removed with scissors, and therefore if you lose your security wristband you will have to buy a replacement (£99).

## **CLASS ROTATION**

Although we don't encourage it, it is possible to remain with a fixed partner in all classes. There will inevitably be more of one gender than another in some classes, however our gender balancing policy should alleviate this problem considerably.

## **DANCE ETIQUETTE**

Please be considerate of your partner and fellow dancers and remember Airsteps are not permitted for safety reasons. Take care when doing any form of drop, keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh, change your clothes as necessary and wash your hands frequently. Do not walk with drinks across the dance floor. Treat all of our dancers with the same respect that you would expect yourself.

## **PHOTOGRAPHS AND FILMING**

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time. A full album of photos will be available online after the event at [www.ceroc.com](http://www.ceroc.com) on our Gallery Page.

## **TERMS & CONDITIONS**

All Terms & Conditions apply and can be found on our website.

## **DVD OF WORKSHOPS**

A DVD of workshops taking place over the weekend will be on sale from 10am on Sunday morning, priced at £20 (£25+ after the event). Visit the DVD sales desk near the Weather Info Desk on Sunday to get your copy before they sell out!

NB: Starters Orders (Beginners), SILC and fee-based Masterclasses are NOT included. Saturday Cabaret, competition and Freestyle footages are included!



# List of Activities

## DAYTIME DANCING

There will be non-stop dancing in the Boudoir throughout the weekend, with Sack the DJ, Swingers Hour, Motown, S'Funk, & SILC. If you want a break from lessons, come and try out your new moves on this 24 hour dance floor! New for 2019? Grab your boots for Country hour on Saturday afternoon!

## THUNDERBALL ROOM

Home of Ceroc Classics, both old and new. Expect Pop, Dance, Motown, Disco, Swing, Latin and floor-fillers from all the decades.

## CYCLONE

This dance space is used for classes during the day. In the evening, our resident Blues and Tango aficionados Marc and Rachel will transform the space into a hub of Blues freestyle and Milonga. Introductory classes are in the schedule if you fancy trying these beautiful styles for the first time this weekend.

## BOUDOIR

By day - a smorgasbord of musical genres and sunny afternoon tunes (fingers crossed for good weather!) By night, the smooth SILC zone where dancers can challenge their skills and settle into a softer tempo. Try:

- SILC Lyrical if you favour the soft and dreamy tracks.
- SILC Gold for those with a nostalgia for slower classic jams.
- KIZOMBA to bring some African rhythm to your freestyle.

## THE CUBE

The Cube is situated in the main foyer. This tented dance space is being used for Masterclasses throughout the weekend. Masterclasses must be pre-booked at the Weather Desk. We keep these classes to small numbers and fixed couples, so you can really fast track your learning experience. See overleaf for details of Masterclasses this weekend.

## SACK THE DJ

Think you can keep the room jumping? This is your chance to have a go, providing you've brought your own iPhone or laptop. The decks will be ready for you in the Boudoir at certain times of the day. There is a schedule on the wall to book your slot. No back to back or multiple slots please.

## CABARETS & COMPETITIONS

Your feedback from previous events suggested that you wanted more fun competitions at your Southport events. Because of this, we have done away with Cabaret hour for this event, and instead we are proud to reintroduce...

## ...THE LUCKY DIP SHOWDOWN!

Register for your dance number on Saturday night and compete with your fellow Escape dancers for an incredible £500 cash prize! Full details of how to take part and Ts 'n' Cs on page 20 & 21. All proceeds go to charity.

## MASTERCLASSES

Masterclasses are small classes that are taught in fixed couples. They provide teacher interaction and the opportunity to master the technique being taught. You do not have to be an advanced dancer to participate! You do however have to book in advance at £5 per head in a fixed partnership.

- Ladies Styling 1 & 2 - All levels for solo ladies
- Flying low - Baby aerials
- Me, You & The Music Pt 1 & 2 - Musicality mastery
- Play Off/Lay Off - How to style affectively to create maximum impact
- Centripetal Force - Build momentum and pirouette like a pro
- Magic of Connection - Read your partner to create the perfect movement
- Partnered Street - Funky isolations to impress the crowds
- Illusions - Hand trickery for those with a taste for intricacy
- Luscious Lines - Create beautiful shapes with your partner
- Drop It Like It's Hot - Dramatic drops for dare devils
- Dance & Nutrition - No fee, just turn up and soak up the knowledge!

Please arrive 10 minutes early for your Masterclasses, as latecomers will not be admitted and refunds will not be available.

## DANCE & NUTRITION

What we eat, how we eat and when we eat can have a profound impact on our weight, our energy levels and our sleep patterns. In an increasingly health conscious world, we have decided to introduce Dance & Nutrition workshops for those who wish to consider their diet alongside their dancing. You'll learn things that will shock and amaze you, help you to reconsider your eating and drinking habits and hopefully, enjoy your dancing and exercise even more. Join Natalie, Saturday @ 5pm, in the Cube.

## CEROC FOR BEGINNERS

In addition to the many workshops this weekend, Ceroc has not forgotten its roots. We will be hosting workshops specifically designed for Beginners. These will be held in the Cyclone Dance Zone starting at 7pm on Friday and continuing throughout the weekend. Our Beginner teacher Natalie Baker is a fabulous instructor...you will be in the most capable hands.

## PRIVATE LESSONS

Some teachers are available for private lessons. Simply approach the teachers directly before or after classes. Charge is £50 per hour payable directly to the teachers.

## SWIMMING POOL

The swimming pool opening times are at the discretion of the Pontins team, however it is generally open every day. Check at reception for exact times.

## GOOD, BAD, UGLY

We really do care about what our members think, and we read every feedback form. Fill out the centre pages of this booklet and leave the form at the Weather Information Desk before 10am on the Monday morning. Some of our most inspirational changes have come directly from you, so don't be shy... grab a pen.

# THE GODS OF THUNDER

The evenings will consist of up to 3 rooms playing different music from our outstanding line-up of DJs.

The 'Thunderball' Room plays popular and new uptempo sounds every evening.

The 'Cyclone' plays host to the Milonga and Blues sets.

The 'Boudoir' SILC Lounge, otherwise known as the Pub, is the non-stop music hot-spot in the afternoons, and will play a mix of chilled genres every night until the sun comes up.

Our Gods of Thunder this weekend are:

Marc Forster, Rachel Pears, Tim Sant-Turner, Vince Silva, Dale 'Smood' St Rose, Russell Gibbs, Ian Fields, Sheena 'Tiggerbabe' Assiph, Mike Ellard, Jon Gammon, James Ross, Mark O'Reilly, Hayley Epps, Nicola Di Folco, Tony Riccardi, Ashley Davis, Steve Thomas, Steph Oram, Caine Langford, Kevin Hyde & John Baker.

## SPECIAL THANKS

Our weekend events would not be the success that they are without our exceptional crew. It's the people behind the scenes from set-up through to pack down who often go unrecognised and we would therefore like to show our heartfelt appreciation to all of our team members.

Floor Layers, Wristband Checkers, Taxi Dancers, the delicious Miss Gaynor Crocombe and the Weather Centre team, Registration and the Duty Management Team...you make this event what it is, so thank you.

Special thanks go to resident hunk Myles Woodhouse and his many set up and pack down Bulls.



The UK Dance Championships, more commonly known as the 'Ceroc Champs', has become our very own National Institution.

As we LEAP into 2020 we will be holding our 22nd London Champs which make this Ceroc's longest standing National Event by a huge margin.

When you take part in the Saturday evening competition at our Escape events, you are vying to be part of Ceroc history.

Hundreds of competitors participating across 20 categories make the London Champs an awesome event and a fabulous spectacle, with numbers climbing every single year.

There are categories for everyone at The Champs. You can dance a simple repertoire of select moves in Ceroc X or you can stand out as an individual and clash with the Best of the Best in Top Cats. Sign up for Lucky Dip and be partnered with a complete stranger, or get creative and bold by entering Showcase. Maybe even rally your mates together and create a Team Cabaret. Opportunities abound throughout the day.

We really have made it as easy as possible for everyone to take part, so if you haven't competed previously then make our 22nd year YOUR year to experience the adrenaline and endorphins that make taking part in the Champs so exciting and addictive.

The dedicated team that produce the Champs work hard to create an amazing day for all to enjoy so come and join us on Early May Day Bank Holiday Sunday 2020.

We all look forward to seeing you there.

[www.CerocChamps.com](http://www.CerocChamps.com)

WWW.CEROCESCAPE.COM

**SCORCH**  
SOUTHPORT

You are HERE!

Southport

**Jamfest**  
It's all about the music!

28 - 30 JUN 2019

Camber

**SPLASH**  
SOUTHPORT

30 AUG - 01 SEP 2019 Southport

**BREEZE**  
SOMERSET

11 - 13 OCT 2019 Brean

**BLISS**  
CAMBER

01 - 03 NOV 2019 Camber

**SWISH**  
NORFOLK

21 - 23 FEB 2020 Norfolk

**BLUSH**  
SOUTHPORT

Dates TBC Southport

**STORM**  
CAMBER

Dates TBC Camber

LONDON **ceroc  
champs**

03 MAY 2020 London

# MEDFEST

15 - 22 SEP 2019

**10 YEAR ANNIVERSARY  
NEARLY SOLD OUT!**



THE BIGGEST DANCE HOLIDAY  
ON THE PLANET

[www.cerocescape.com](http://www.cerocescape.com)

[theteam@clubdanceholidays.co.uk](mailto:theteam@clubdanceholidays.co.uk)

Tel: 02070994816

**club** by **avon**  
dance



# CEROC RIVER CRUISE

7 DAY CRUISE FROM £1,099 PER PERSON  
BORDEAUX - ROYAN - ROCHEFORT - LA ROCHELLE -  
LIBOURNE - SAINT-EMILION - CADILLAC - BORDEAUX



Our first private Ceroc charter, with exclusive use of the magnificent MS Cyrano de Bergerac River Cruiser.

The bespoke itinerary will take you into the heart of Southwestern France, well known for its idyllic landscapes, famous wines, historic monuments and iconic sites. What better way to explore this slice of French paradise than cruising through maritime cities and enjoying the culinary delights of the area with your Ceroc friends.

Workshops, freestyles, incredible teachers and DJs and plenty of time to explore the most breathtaking views that Europe has to offer.

## DEPARTING TUESDAY 9TH JUNE 2020

Dance, Wine and Agricultural Heritage Cruise along the stunning Garonne, Gironde and Dordogne Rivers

- 8 beautiful destinations at unbeatable value
  - Drinks package included
  - Free WiFi
  - Varied and exciting workshops
  - Indoor and outdoor freestyles
- On-board entertainment and activities



*Fusion Holidays can tailor make a package to suit your individual requirements.  
Please call 01903 694322 to discuss*



DEPOSITS FROM **ONLY £200** PER PERSON  
CALL 01903 694322 TO FIND OUT MORE

[WWW.CEROC CRUISE.COM](http://WWW.CEROC CRUISE.COM)

# SCORCH WEEKENDER FEEDBACK

# ... HAVE YOUR SAY

The good, the bad and the downright ugly!  
All feedback is read and valued. You will even be entered into  
**our prize draw to win your next weekender chalet for free!**

Please tear these pages out of your booklet and leave in the  
'Feedback Box'. The box will be placed at reception during  
opening hours between 10am and 10pm. Thanks for your time.

**Full Name**

**Email Address**

**Telephone Number**

**How many Escape Weekenders have you ever attended?**

**Which was your favourite lesson and/or teacher?**

**Which classes were your least favourite and why?**

**Which DJs set the dance floor on fire?**

**Which tracks or music left you colder than the British Summer?**

**Any thoughts on our Saturday night Competition/Cabaret?**

**Any suggestions that you would like to see at future events?**

**Anything else that you would like to add?**

## Masterclasses

There are 13 Masterclasses taking place this weekend and they will all be taking place in the Cube.

Booking (and full class descriptions) at the Weather Centre.

£5 per head (fixed couples only)

- **Ladies Styling 1 & 2** All levels for solo ladies
  - **Flying Low** (Baby Aerials) Get air-borne!
- **Me, You, The Music 1 & 2** Feel the music through your moves
- **Play Off/Lay Off** Know HOW to style, and WHEN to style
  - **Magic of Connection** Read your partner and connect
    - **Centripetal Force** Rotational and beautiful
    - **Partnered Street** Get your funk on as a duo
  - **Illusions** Seemingly impossible tricks and wow moves
- **Luscious Lines** Create stunning shapes with your partner
  - **Drop It Like It's Hot!** Daring seducers
- **Dance & Nutrition** No fee...just turn up and learn

NEXT SOUTHPORT WEEKENDER

30 AUG - 01 SEP 2019

**SPLASH**

MORE INFO & BOOKING

[WWW.CEROCESCAPE.COM](http://WWW.CEROCESCAPE.COM)

NEXT CAMBER WEEKENDER

28 - 30 JUN 2019



**jam fest**  
it's all about the music

# LUCKY

# ★ DIP ★

## WIN £500!

We thought that would get your attention! We have read your extensive feedback about Cabaret hour and your desire for more competitions. So instead of performances this weekend there will be a Lucky Dip competition for the first 120 couples to register, and the winners will skip away with a cool £500.

Registration will be on Saturday evening between **9:30pm - 10:45pm** on the smaller dance floor (near the bar) in the Thunderball Room. It might be a Lucky Dip competition, but we still need you to register as a gender balanced couple. (Obviously you will not be dancing together with your registration partner, but it will be necessary to balance numbers.)

The competition will start at **11pm** prompt in the Thunderball Room.

£2 entry per person and all proceeds will go to the charity/charities as chosen by the winning couple.

### ***The Boring stuff...***

*\*No Ceroc teachers allowed.*

*\*Any lift with both feet off the ground (above knee height) will lead to a disqualification if spotted by our Hawkeye adjudicator.*

*\*Competitors must come onto the floor for their first heat with their booking partner, or will lose their chance to participate.*

*\*All competitors must wear their Dance card.*

*\*No age limit.*

*\*The prize-money will be in cash or electricity tokens if you prefer.*

*\*The winners will get automatic entry into the Great Escapee competition at the London Champs.*

*\*Wine of dubious origin will be made available to all finalists.*

FREESTYLE FILMING ON SATURDAY EVENING IN  
THUNDERBALL ROOM FROM THE STAGE

WORKSHOPS\* FROM THIS WEEKEND

# WORKSHOP DVD

AVAILABLE  
**THIS SUNDAY**

How can you remember all the workshops from this weekend? We have the solution!

**We're selling DVDs to take home with you  
on Sunday from 10am till 8pm near the info desk.**  
2 DVD discs set including Saturday Cabaret Hour &  
Freestyle. £20 event price, usually £25.

**LIMITED AVAILABILITY, GRAB BEFORE SELL-OUT!**

\* This DVD does NOT include Beginners, SILC® and fee-based Masterclasses.

## Teachers

**Becki Rendell (BR)** Queen of 'Ladies Styling' Masterclasses, Becki is responsible for transforming thousands of nervous dance floor shufflers into fierce and fearless follows. This weekend, she will also be hosting a Stops and Blocks workshop, adding drama into our freestyle with powerful freezes.

**Caine Langford & Danielle Moore (C&D)** People literally travel hundreds of miles to attend events hosted by this delicious pair. Bristol SILC Sundays are now renowned as one of THE finest events on the SILC calendar, but with Caine and Danni's combined teaching and DJing prowess, it isn't hard to understand why. For the first time ever, this incredible duo will be hosting the SILC workshops at Southport. Don't forget to congratulate Danni on her recent Grand Masters title at the Ceroc Championships 2019...she is rather good, you know.

**Calum Martindale (CM)** The Ceilidh is, without doubt, the most fun you will have all weekend. Aberdeen hunk Calum and the Ceroc Scotland team will have you reeling, dashing and stripping your fair share of willows. Kilts optional, cheering encouraged, belly laughs guaranteed. Also, don't miss Calum's Luscious Lines Masterclass on Sunday; you will discover why he is such a success on the competition circuit.

**Dale St Rose (DS)** They don't come cooler than Ceroc Croxley Green's Dale. Ceroc Open Champion for the third year running, the original 'Mr Smood' always delivers fresh techniques in his workshops. His characteristic style demonstrates expert musicality, and his classes shed light on how you too can master innovative rhythm in your freestyle.

**Debbie Attwood (DA)** Debbie is officially Ceroc's sexiest Grandma; a true legend with bucket-loads of charisma and a motivating teaching style. She hosts and manages Blaze and Medfest, our world renowned dance holidays, and anyone who has been travelling with her knows that her lessons are simply not to be missed.

**James & Jenny Richardson (J&J)** Leeds legends James and Jenny are masterminds of choreography and true style innovators. We are so excited to experience their new Play Off/Lay Off Masterclass; a truly unique look at not only HOW to style, but WHEN to style to create maximum impact on the dance floor. This one's not to be missed.

**Jamie Eddy (JE)** What Jamie and wife Jen don't know about dancing, to be frank, ain't worth knowing. Jamie's teaching style is relaxed and easy to follow, and feedback from his classes is never short of glowing. This weekend, his two part 'Me, You, The Music' Masterclasses are perfect for anybody wishing to hone their musicality and show more creativity in their movement choices.

**Lyndsey Bennett (LB)** There isn't a single style that this dance chameleon hasn't perfected, but her boundless enthusiasm and awe-inspiring stamina are best suited to the heart-thumping tempos of Swingers hour. New to this style of music? Check out "Ready? Rock n Roll!". Favour the slower, more contemporary style of dance? Centripetal Force is an advance challenge for the bravest dance adventurer.

**Maja Kocanova (MK)** Ceroc Addiction's Maja teaches all day and dances all night, and is always in high demand from our members. Her creative classes draw in huge crowds of people who want to learn her innovative artistry and effective moves. 'Beautiful Leans' is a weekender fave, teaching the safe and stylish execution of counterbalances.

**Marc Forster & Rachel Pears (M&R)** Inspiring teachers, innovative DJs and incredible dancers, Marc and Rachel are the full package. Each weekend, more and more people are finding the confidence to venture into the Tango Milonga and Blues Lounge in the evenings. Want to see what it's all about? Don't miss Marc and Rachel's introductory ice-breaker classes, suitable for all ability levels, as well as new starters.

**Matt Blain & Victoria Pollard (M&V)** This dynamic duo have more competition medals and titles than Pontins has seagulls. Whether you want to learn new moves, fine-tune your style, elevate your technique or strengthen your connection, you need look no further. Their 'Dynamic Ducks' and 'Illusions' workshops are guaranteed to feature the hottest new moves in the industry.

**Natalie Baker (NB)** We don't make any light decisions when it comes to selecting our Beginner teacher. If you are a new starter, Natalie will nurture your progression, inspire your confidence and prove to you that you really can do it! Also, brand new for this weekend, Natalie will be delivering a fascinating and interactive Dance and Nutrition workshop, guaranteed to make you reconsider your Pontins food shop! Learn how nutrition can deeply affect your performance levels, and how to get the best out of your diet.

**Ruth Adamson (RA)** Ruth is a whirlwind of excitement and enthusiasm from Ceroc Newcastle. She has a very playful teaching style, however her classes are so much more than just great fun...the moves and techniques she delivers will expand your repertoire, boost your confidence and make you feel dance floor ready all weekend. A vibrant dancer and motivating teacher, there is no-one better to kickstart your weekend ice breaker class on the Friday night.

**Steve Thomas (ST)** The incredibly talented mastermind at the helm of Ceroc Evolution and host for such prestigious events as Ceroc at the legendary O2, the inimitable Steve Thomas is kind of a big deal. If he wrote his own teacher biography, it would say something along the lines of "the best teacher and dancer in the world", "as attractive as he is modest" or "a sharply dressed, witty, God-amongst-men". This is the very reason why we don't let him.

**Tamara Domb (TD)** Brighton and Hove's Tamara has a passion for frame and footwork. Her classes focus on technique and connection, and will make even the most impressive and complex footwork moves seem entirely achievable in freestyle. For those with a soft spot for Strictly, Tamara will also be hosting the Waltz class on Sunday.

**Tim Sant-Turner (TST)** Tim is stepping off the main stage and into his stretchy pants for this weekend. Dialling down the energy and enthusiasm (as many of you will understand, a HUGE challenge for him), Tim is hosting this weekend's yoga classes. Saturday am and Sunday pm, bring a mat or bring a towel, and invest some time into your own body this weekend. Namaste!

**Tim Stevens (TS)** Tim continuously pushes the boundaries of styling and musicality to bring you the freshest movements and choreographies. He breathes new and funky life into simple moves to make even the newest dancer look like an accomplished pro. If you want to move like the competition legends, 'Top Cats' is an exciting styling challenge for high ability dancers.

**Tony & Hayley Epps (T&H) (HE)** "That's impossible", you say. "Hold my drink", they respond. Tony and Hayley are the epitome of 'ground-breaking'. New moves, new styles, new challenges...this dynamic duo have creativity without boundaries, and an infinite repertoire of moves for your classes. Hayley is also hosting this weekend's Zumba class on Sunday. There's no better way to finish your weekend!



Thunderball Room  
(Main Hall)



Cyclone (Off Arcade)



The Cube (Reception)



Boudoir (Pub)

Workshops (no need to prebook) are shown in **RED**

Masterclasses are shown in **BLUE**  
(Book in advance at the Weather Centre)

**(Beg)** These classes are suitable for complete Beginners.

**(-Int)** Early Intermediate Lesson, easy and achievable for all.

**(Int)** Regular Intermediate Lesson, for established dancers.

**(Int+)** More difficult Intermediate Lesson, a challenge for most.

**(Adv)** High level and hard moves. No Beginners or early Intermediates.

**(All)** Suitable for everyone.

<b>FRI</b>	<b>Thunderball Room</b>	<b>Cyclone</b>	<b>The Cube</b>	<b>The Boudoir (Queen Vic)</b>
19:00	<b>Ceroc Freestyle</b> James Ross	<b>Starters Orders (Beg) NB</b> Complete Beginners Ceroc class	<b>Registration</b>	15:00 <b>Sack the DJ</b> 15:00-19:00 Prebook your 30 minute slot
20:00	<b>Ceroc Freestyle</b> James Ross	<b>Starters Orders (Beg) NB</b> Complete Beginners Ceroc class	<b>Registration</b>	19:00 <b>SILC Zone</b> Tim Sant-Turner Slow & Smooth Freestyle
21:00	<b>Gonna Be A Scorcher! (All) RA</b> Intermediate Ice-Breaker Lesson!	<b>Ceroc Classics</b> Mark O'Reilly	<b>Registration</b>	20:00 <b>SILC Zone</b> Tim Sant-Turner Slow & Smooth Freestyle
22:00	<b>Ceroc Freestyle</b> Tony Riccardi	<b>Milonga</b> Marc Forster 10pm-12am	<b>Registration</b>	21:00 <b>SILC Zone</b> Kevin Hyde
23:00	<b>Ceroc Freestyle</b> Tony Riccardi	<b>Milonga</b> Marc Forster 10pm-12am	<b>Closed</b>	22:00 <b>SILC Zone</b> Steph Oram
23:30	<b>Ceroc Freestyle</b> Tim Sant-Turner	<b>Blues Icebreaker (All) M&amp;R</b> 12am		23:30 <b>SILC Zone</b> Steve Thomas
00:30	<b>Ceroc Freestyle</b> John Baker	<b>Blues</b> Marc and Rachel 1am-4am		00:30 <b>SILC Zone</b> Caine Langford
01:30	<b>Ceroc Freestyle</b> Jon Gammon	<b>Blues</b> Marc and Rachel 1am-4am		01:30 <b>SILC Zone</b> Nicola Di Folco
02:30	<b>Ceroc Freestyle</b> Hayley Epps	<b>Blues</b> Marc and Rachel 1am-4am		02:30 <b>SILC Zone</b> Vince Silva
03:30	<b>Ceroc Freestyle</b> Mark O'Reilly	<b>Blues</b> Marc and Rachel 1am-4am		03:30 <b>SILC Zone</b> John Baker
04:30	<b>Closed</b>	<b>Closed</b>		04:30 <b>SILC Zone</b> Tiggerbabe
				05:30 <b>SILC Zone</b> Smood
				06:30 <b>Sack The DJ</b> Open Decks

SAT	Thunderball Room	Cyclone	The Cube	The Boudoir (Queen Vic)	
09:30	Closed	Starters Orders (Beg) NB Complete Beginners Ceroc class	Dynamic Yoga (All) TST Strength, Core, Breath, Energy	09:30	Sack the DJ Prebook your 30 minute slot
10:45	Footwork & Frame! (Int+) TD Dance with posture and control	Latin Passion (-Int) MK Simple moves, stunning style	Me, You, The Music Pt1 JE Masterclass (Int)	10:30	Sack the DJ Prebook your 30 minute slot
12:00	Ready? Rock 'n' Roll! (Int) LB Get ready for Swingers Hour	Effortless (Adv) CM Use momentum for smooth style	Flying Low - Baby Aerials T&H Masterclass (Int+)	12:00	Sack the DJ Prebook your 30 minute slot
13:15	SILC Foundation (Int) C&D An intro to smooth, slotted SILC	Dynamic Ducks (Adv) M&V Intro to Ducks & Head Rolls	Ladies Styling 1 BR Masterclass (All Ladies)	13:30	Swingers Hour Tiggerbabe Swing Freestyle
14:30	Country Progressive (All) DA Fun Barn Dance. Bring your hats!	The Move Of Scorch (-Int) RA One move, unlimited variations!	Play Off/Lay Off J&J Masterclass (Int+)	14:30	Motown Gold John Baker Motown & Soul
15:45	Top Cats (Int+) TS Eye-catching styling for both	Groove & Go (Int) DS Stylish movement between moves	Centripetal Force LB Masterclass (Adv)	15:30	Buck 'n' Boots Saloon! Country hour with Whisperin' Vinnie
17:00	SILC Progressive (Int+) C&D Take your SILC up a notch	Intro To Seducers (Int) ST Technique and style for drops	Dance & Nutrition (All) NB Interactive, informative workshop	16:30	SILC Zone Ashley Davis
18:15	Hot New Moves 1 (Int) T&H Fresh moves - Epps style!	Beautiful Leans (Int+) MK Effective pauses and time to style	Starters Orders (Beg) NB Complete Beginners Ceroc class	18:00	SILC Lyrical Tim Sant-Turner Smooth, dreamy tunes
19:30	Closed	Closed	Closed	19:00	Sack the DJ Prebook your 30 minute slot
20:30	Ceroc Freestyle Mark O'Reilly	Tango Icebreaker (All) MR 9pm	Closed	21:00	SILC GOLD Nicola Di Folco
22:00	Ceroc Freestyle Ashley Davis	Milonga Marc Forster 10pm-12am		22:00	SILC Zone Nicola Di Folco
23:00	Lucky Dip Competition	Milonga Marc Forster 10pm-12am		23:00	SILC Zone Kevin Hyde
00:00	Ceroc Freestyle Hayley Epps	Blues Marc & Rachel 12am-5am		00:00	SILC Zone John Baker
01:30	Ceroc Freestyle Tony Riccardi	Blues Marc & Rachel 12am-5am		01:30	SILC Zone Tiggerbabe
02:30	CAMP ATTACK! Tim Sant-Turner	Blues Marc & Rachel 12am-5am		02:30	SILC Zone Steve Thomas
03:30	Ceroc Freestyle Tiggerbabe	Blues Marc & Rachel 12am-5am		03:30	SILC Zone Vince Silva
04:30	Closed	Blues Marc & Rachel 12am-5am		04:30	SILC Zone Steph Oram
05:30		Closed		05:30	SILC Zone Ashley Davis
				06:30	Sack the DJ Open Decks

SUN	Thunderball Room	Cyclone	The Cube	The Boudoir (Queen Vic)	
09:30	Closed	Starters Orders (Beg) NB Complete Beginners Ceroc class	Closed	09:30	Sack the DJ Prebook your 30 minute slot
10:45	Strike! (Int+) DA Impressive freezes, hit the break	Stepping Up (-Int) RA Beginner moves reimaged	Magic of Connection MK Masterclass (Int)	10:30	Sack the DJ Prebook your 30 minute slot
12:00	Ceilidh (All) CM Fun guaranteed with the Scots!	In Sync (Adv) J&J Synchronised rhythms	Me, You, The Music Pt2 JE Masterclass (Int+)	12:00	Sack the DJ Prebook your 30 minute slot
13:15	SILC Developmental (Adv) C&D Taking SILC to the top level	Keep It Close (Int) ST Stylish movements in close hold	Partnered Street TS Masterclass (All)	13:30	Swingers Hour Mike Ellard Swing Freestyle
14:30	Own The Floor (Int+) J&J Moves that travel and flow	Stops & Blocks (Int) BR Blocks and redirections	Illusions M&V Masterclass (Int+)	14:30	S'Funk Vince Silva Soul and funk freestyle
15:45	Hot New Moves 2 (Int+) ST Fresh moves - Steve style!	Strut & Sway (Int) JE Perfect and own YOUR style	Drop It Like It's Hot! T&H Masterclass (Adv)	15:30	Afternoon Vibes Tim Sant-Turner Sunny afternoon grooves
17:00	Intro to Waltz (All) TD Fixed partners only	Intro to Kizomba (All) DS Sensual dance in close hold	Ladies Styling 2 BR Masterclass (All Ladies)	16:30	SILC Zone John Baker @ 4:30 SILC Zone Caine Langford @ 5:30
18:15	Stylish Sabotage (Int) TS Swap control effectively	Zumba (All) HE Fun, energetic Latin workout	Luscious Lines CM Masterclass (Int+)	18:30	Kizomba Rachel Pears Slow African rhythms
19:30	Closed	Relaxation Yoga (All) TST Breath, Stretch, Recuperation	Closed	19:30	Sack the DJ Prebook your 30 minute slot
20:00	Ceroc Freestyle James Ross	Closed	Closed	20:30	Sack the DJ
21:30	Ceroc Freestyle Hayley Epps	Milonga Marc Forster 10pm-12am		21:30	SILC GOLD Tiggerbabe
22:30	Ceroc Freestyle Steve Thomas	Milonga Marc Forster 10pm-12am		22:30	SILC Zone Ashley Davis
23:30	Ceroc Freestyle Mark O'Reilly	Blues Marc & Rachel 12-3.30am		23:30	SILC Zone Kevin Hyde
00:30	Ceroc Freestyle Smood	Blues Marc & Rachel 12-3.30am		00:30	SILC Zone Steph Oram
01:30	Ceroc Freestyle Tony Riccardi	Blues Marc & Rachel 12-3.30am		01:30	SILC Zone Vince Silva
02:30	Ceroc Freestyle Jon Gammon	Blues Marc & Rachel 12-3.30am		02:30	SILC Zone Smood
03:30	SURVIVORS PHOTO!	Closed		03:30	SILC Zone Caine Langford
04:30	Closed			04:30	SILC Zone Marc Forster
				06:30	Closed



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