

PASSPORT TO DANCE

DIFFERENT DANCE STYLES TAUGHT MANY VARIED AND **EXCITING WORKSHOPS OVER 50** HOURS OF FREESTYLE DIFFERENT ROOMS PLAYING DJS FROM FAR AND WIDE TEACHERS FROM ALL OVER THE UK MASSAGE AND WELL-BEING SWIMMING WORKSHOP DVDS TO TAKE HOME MASTERCLASSES SELECTION OF DANCE SHOES AND CLOTHING ON SALE ON LINE BOOKING WITH IMMEDIATE CONFIRMATION GENDER CONTROLLED BOOKING SYSTEM PRIVATE LESSONS **COMPETITIONS CABARETS AND** PERFORMANCES



Welcome

2018 celebrates 12 years of the biggest and best dance weekenders with Ceroc. We have populated huge, fun-filled dance events that attract between 1000-2200 guests. To get that many like minded people continually congregating on dance weekenders is a testimony to the passion of our dance community.

There are over 40 classes scheduled, including Ceroc inspired, Blues, Tango, Yoga and other Dance Adventures. With such a vast range of different dance styles and 4 freestyle rooms offering diverse genres of music, there will be plenty to tickle everyone's fancy.

We urge you to dip your toes into everything we have to offer, and try something you've never tried before. Whether it's learning a new dance style, freestyling to a completely different genre of music or venturing into an unknown DJ's set, our weekends can open your eyes to brand new adventures. You may even discover a new found passion to take home!

We always gender balance our weekends, but cannot control who opts to do what classes or dance in particular dance zones, so there may appear to be an imbalance at certain times, but at least you understand better the dynamic of this weekend.

At Southport you will find the pub is the daytime freestyle hub, so if you want to step away from classes for a while, socialise or relax, then pop into the pub where we are hosting 24 hour freestyle. We are often blessed with golden weather at Scorch, so make sure you don't miss the outdoor dancing opportunities and the many socials on the grassy areas.

There are 8 Escape Dance Weekenders every year and 3 of them are based at Southport, so if you love this one as much as we hope you will, you can get your next Southport fix from 31 Aug - 2 Sep 2018. On-line bookings open for 'Splash' after this event. If you can't wait that long, try 'Jamfest' at Camber Sands in 3 weeks!

Have an awesome weekend.

Mike, Tim and the entire Escape Committee x

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Exceedingly Useful Information

PARKING

There is ample parking at Pontins in Southport so there is no need to book a parking space in advance.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the middle foyer near Stand Out Dancewear. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

Although we don't encourage it, it is possible to remain with a fixed partner in all classes. There will inevitably be more of one gender than another in some classes, however our gender balancing policy should alleviate this problem considerably.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop, keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh, change your clothes as necessary and wash your hands frequently. Avoid walking across the middle of a busy dance floor, and please keep your drinks away from the dance space by using the tables or bar.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' on the next page.

CHECKOUT INFORMATION

You need to check out by 10am on Monday morning. Please remember to return your keys to reception or leave them at the security gate upon departure.

DVD OF WORKSHOPS

A DVD of workshops taking place over the weekend will be on sale from 10am on Sunday morning, priced at £20 (£25+ after the event). Visit the DVD sales desk near the Weather Info Desk on Sunday to get your copy before they sell out!

NB: Starters Orders (Beginners), SILC and fee-based Masterclasses are NOT included. Saturday Cabaret and Saturday Freestyle footages are included!

HEALTH AND SAFETY

Please do not place drinks on the stage, DJ tables, speakers or on the floor. Use the tables and bars provided. Any drinks placed near electrical equipment will be removed and disposed by the Ceroc team or bar staff. Disposing of your cups after use reduces cluttering and prevents spillages which can be hazardous and time consuming to clear.

WEATHER INFORMATION CENTRE

Located in the middle foyer, this is where you can book Private Lessons, Masterclasses, Massage and buy a range of Ceroc, SILC and Style DVDs. Please also remember to leave us your feedback form from the centre of this booklet...your opinions really matter to us!

COLOURED WRIST BANDS?

You are required to wear your gender coloured wristband all weekend. Without it, you cannot access the main entertainment complex, the workshops and freestyle dancing, the bars or restaurants. Wristbands will be checked at all entrances and by roaming stewards. These wristbands cannot fall off by accident, they can only be removed with scissors, and therefore if you lose your security wristband you will have to buy a replacement (£99).

WIFE SWAPPING

Provided by Ceroc immediately after the Cabarets.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at the Pontins Main reception counter during the daytime, and out of hours at Security at the Club Gate. Remember to turn your Water Heater off to save power and money.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time. Special thanks to Mike Godleman, our Head Photographer at this event.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

WHAT'S ON TV?

The PTV channel on your TV will show a live feed from the main floor.

I'M HUNGRY!!!

The Chip shop will be open at times over the weekend. The Nisa convenience store provides all your essentials, plus you can eat at the restaurant in the Pool Bar next to the main entrance of the park.

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified practitioners will be offering a variety of treatments.

BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

Deep tissue massage (£25 for 30min) Great for releasing aches and restoring tired muscles.

Osteopathic Treatment (£25 for 30 mins)

Focuses on total body health by treating and strengthening the musculoskeletal framework

Acupuncture (£25 for 30 mins)

Uses fine sterile needles placed in specific points on the body to balance energy.

Kinesiology (£25 for 30 mins) Gentle muscle testing, good for relieving and preventing muscle strain.

Top to Toe Massage (£50 for 60 mins) Combining Indian Head, Osteopathic therapy, massage & reflexology

Sports Injuries Treatments (£25 for 30 mins) If you have specific injuries we can provide diagnosis and treatment

Relaxing Massage (£25 for 30 mins) Stroking massage with essential oils to relieve stress, tension, pain etc

Reflexology (£25 for 30 mins) Using pressure points in the feet to treat a wide range of body ailments

'THUNDERBALL ROOM' 'CYCLONE' BLUES/TANGO LOUNGE 'BOUDOIR' SILC ZONE 'THE CUBE' MASTERCLASSES MAIN CAR PARK 233-24 491-502 69-78 153-162 623-630 in 58 571-582 RESTAURANT SWIMMING POOL

Map

List of Activities

DAY TIME DANCING

There will be non-stop dancing in the Boudoir throughout the weekend, with Sack the DJ, Swingers Hour, Motown, S'Funk & SILC. If you want a break from lessons, come and try out your new moves on this 24 hour dance floor!

THUNDERBALL ROOM

Home of Ceroc Classics, both old and new. Expect Pop, Dance, Motown, Disco, Swing, Latin and floor-fillers from all the decades.

CYCLONE

This dance space is used for classes during the day. In the evening, our resident Blues and Tango aficionados Marc and Rachel will transform the space into a hub of Milonga and Blues freestyles. Introductory classes in each of these styles are in the schedule if you fancy trying them for the first time this weekend. See the back of this booklet for timings and locations.

BOUDOIR

By day - a smorgasbord of musical genres and sunny afternoon tunes (whatever the weather). By night - the smooth SILC zone where dancers can challenge their skills and settle into a softer tempo. Why not try:

- · SILC Lyrical if you prefer the soft and dreamy tracks?
- SILC Gold for those with a nostalgia for slower classic jams?

SACK THE DJ

Think you can keep the room jumping? This is your chance to have a go, providing you've brought your own iPhone or laptop. The decks will be waiting for you in the Boudoir at certain times of the day. There is a schedule on the wall to book your slot. No back to back or multiple slots please.

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability or approach the teachers directly before or after classes. Charge is £50 per hour payable directly to the teachers.

CABARET & GREAT ESCAPEE

We have some fantastic performances to inspire you on the Saturday evening, so make sure you get down early, grab some warm up dances and save the best seats in the house!

The Cabarets will kick start with the legendary Great Escapee competition, your chance to enter a fun dance off with your favourite dance partner and win a place at the National Ceroc Championships in 2019. All abilities welcome and a chance to show your friends what you're REALLY made of!

All starting at 11pm in the Thunderball Room.

THE CUBE

The Cube is situated in the main foyer. This tented dance space is being used for Masterclasses throughout the weekend. Masterclasses must be pre-booked at the Weather Desk. We keep these classes to small numbers and fixed couples, so you can really fast track your learning experience.

MASTERCLASSES (See Cube)

Masterclasses are small classes that are taught in fixed couples. They provide teacher interaction and the opportunity to master the technique being taught. You do not necessarily have to be an advanced dancer to participate! You do however have to book in advance at £5 per head in a fixed partnership (bookings and full class descriptions at the weather desk).

- Flying Low (Baby Aerials) Get airborne!
- Ladies Styling Own your follow
- Zouk Sensual Latin partner dance
- Musicality Reflect the music in your movements
- Championship Secrets A must for budding competitors
- Centripetal Force Rotational and beautiful moves
- Ultimate Connection Advanced moves for both the lead and the follow
- Head Rolls and Hairography Stylish ducks and isolations
- Keep It Close Close hold, footwork and connection
- Drop It Like It's Hot! Safe execution for daring seducers
- Heightened Senses Close your eyes for sophisticated connection

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots. We will be hosting workshops specifically designed for Beginners. These will be held in the Cyclone Dance Zone starting at 7pm on Friday and continuing throughout the weekend. Our Beginner teacher Natalie is a friendly and empathetic instructor...we know you will be in very capable hands as you start your dancing journey.

SWIMMING POOL

The swimming pool opening times are at the discretion of the Pontins team, however it is generally open on Friday, Saturday and Sunday. Check at reception for specific times.

GOOD, BAD, HOPEFULLY NOT TOO UGLY

Did you know you can read a summary of the 2017 feedback we received on the Blogs page at www.ceroc.com? We really do care about what our members think, and we read every feedback form. Pat us on the backs or slap our wrists by filling out the centre pages of this booklet and leaving the form at the Weather Information Desk before 10am on the Monday morning. Some of our most inspirational changes have come directly from you, so don't be shy... grab a pen.

THE GODS OF THUNDER

The evenings will consist of up to 4 rooms playing different music from our outstanding line-up of DJs.

The Thunderball Room playing popular and new uptempo sounds every evening until 4.30am on Saturday and Sunday morning and 3.30am on Monday morning.

The 'Cyclone' playing host to the Milonga and Blues sets.

The 'Boudoir' SILC Lounge, otherwise known as the Pub, will be the non-stop music hot-spot in the daytime, and will play a mix of chilled genres every night until the sun comes up.

Our Gods of Thunder this weekend are:

Marc Forster, Rachel Pears, Tim Sant, Vince Silva, Dale 'Smood' St Rose, Sheena 'Tiggerbabe' Assiph, Mike Ellard, Paul Foster, Jon Gammon, James Ross, Mark O'Reilly, Caroline Houlton, Hayley Epps, Debbie Attwood, Nicola Di Folco, Tony Riccardi, Ashley Davis, Steve Thomas & John Baker.

SPECIAL THANKS

Our weekend events would not be the success that they are without our exceptional crew. It's the people behind the scenes from set-up through to pack down who often go unrecognised and we would therefore like to show our heartfelt appreciation to all of our team members.

Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Gaynor Crocombe and the Weather Centre team, Registration and the Duty Management Team...you make this event what it is, so thank you.

Special thanks go to Head Bull Myles Woodhouse and his many set up and pack down Calves.

CEROC SUN 05 MAY 2019

The London Champs is Ceroc's very own National Institution. This year, our 20th Championships was the biggest and best yet, with new competitors, new categories, the highest number of first time participants that we have ever celebrated, and some incredible new talent taking home trophies.

The Champs is our longest standing annual national event and odds are on for our 21st Birthday to top them all!

I've been involved with the Champs for the last 18 years and have seen quite a few changes in location and format but can genuinely say that the Champs now is the most fabulous event for both competitors and spectators that it has ever been.

We have made it as easy as possible for regular dancers to take part, so if you haven't competed previously then make this year YOUR year to experience the adrenaline and endorphins that make taking part in the Champs so exciting and addictive.

I'm very proud of this event and would love for you to share the Champs experience with me and our dedicated team.

Hopefully see you there! David Bradley, Event Organiser

www.CerocChamps.com

WWW.CEROCESCAPE.COM

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SCORCH WEEKENDER FEEDBACK

... HAVE YOUR SAY

The good, the bad and the downright ugly! All feedback is read and valued. You will even be entered into our prize draw to win your next weekender chalet for free!	Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.
Full Name	Which DJs were hotter than Donald Trump's curling tongs?
Email Address	
Telephone Number	Which tracks or music left you colder than the British Summer?
How many Escape Weekenders have you ever attended?	
	Any thoughts on our Saturday night Cabaret?
Which was your favourite lesson and/or teacher?	Any suggestions that you would like to see at future events?
Which classes were your least favourite and why?	Anything else that you would like to add?

Masterclasses

There are 12 Masterclasses taking place this weekend and they will all be taking place in the Cube. Booking (and full class descriptions) at the Weather Centre. £5 per head (fixed couples only)

- Ladies Styling 1 & 2 All levels for solo ladies
 - Flying Low (Baby Aerials) Get air-borne!
- Musicality Feel the music through your moves
 - · Zouk A graceful and lyrical Latin dance
 - Championship Secrets The key to gold
 - Centripetal Force Rotational and beautiful
- Ultimate Connection Advanced lead and follow
- Head Rolls & Hairography Ducks and isolations
 - · Keep It Close Footwork, flow and intimacy
 - Drop It Like It's Hot! Daring seducers
- · Heightened Senses Lead and Follow through touch alone



Great Escapee Competition

This Ceroc competition is featured at all of our major Escape Weekenders and the audience vote! Qualify for the Great Escapee Final at the 2019 Ceroc Championships in May. All you have to do is win your heat at this weekender and you will get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport or Camber) in 2020. So get your favourite dancing shoes on, get your supporters into the ballroom... remember the spectators determine the winners. Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunderball Room on Saturday night by 10:45pm.



NEXT SOUTHPORT WEEKENDER 31 AUG - 02 SEP 2018 SPLESH

MORE INFO & BOOKING WWW.CEROCESCAPE.COM



Gender Balancing

As you know, we made the decision to introduce gender balancing into the weekender market as we believe very strongly that both boys and girls should have the same freestyle opportunities. Unfortunately, however there is an increasing problem which is jeopardising our best efforts. Essentially, there is an increasing number of girls outwitting our booking process by booking an apartment for say 3 boys and 3 girls yet only the girls are turning up to the event.

At recent events the number of men not turning up has been signifiant and although we appreciate that there will always be genuine reasons for people dropping out, the numbers involved are increasing and too great to be legitimate in our opinion.

For the time-being we cannot think of a way of preventing this happening, and therefore we are pleading with you to respect the spirit of the gender balancing as it's simply not fair on everyone else. This event should be gender balanced to within 19 people.

FREESTYLE FILMING ON SATURDAY EVENING IN THUNDERBALL ROOM FROM THE STAGE

Teachers

WORKSHOPS* FROM THIS WEEKEND

WORKSHOP

AVAILABLE THIS SUNDAY

How can you remember all the workshops from this weekend? We have the solution!
We're selling DVDs to take home with you on Sunday from 10am till 8pm near the info desk.
2 DVD discs set including Saturday Cabaret Hour & Freestyle. £20 event price, usually £25.

LIMITED AVAILABILITY, GRAB BEFORE SELL-OUT!

Becki Rendell (BR)

When it comes to dance credentials, Becki has it all. Most recently she bagged the Grand Masters Trophy at the Ceroc Championships. It won't take long for you to realise why she is the winner of the highest accolade on the dance circuit. Oozing with style both on the floor and the stage, she is guaranteed to inspire your dancing and make you look as good as you feel.

Caine Langford & Danielle Moore (C&D)

Choreographic masterminds, competition royalty and one of the finest teacher duos on the circuit, Caine and Danni never cease to deliver crowd pleasing classes. If you want to dance like the pros, their advanced "Ultimate Connection" Masterclass is not to be missed.

Calum Martindale (CM)

The Scots are back by popular demand! With heartthrob Calum at the helm, we guarantee the Sunday afternoon Ceilidh will leave you with a spring in your step and a broad smile on your face. Calum will also be treating you to his latest original competition moves in his 'Innovate' lesson on Saturday.

Dale St Rose (DS)

'Smood' by name, and oh so smooth by nature. Ceroc Open Champion for the second year running, Dale brings soul and attitude to the stage. If your dancing is lacking a certain Je Ne Sais Quoi, Dale's your man. Check out his lessons, and don't miss the opportunity to grab him in freestyle.

Debbie Attwood (DA)

Debbie is a Ceroc legend with bucket-loads of charisma and a motivating teaching style. She hosts Blaze and Medfest, our legendary dance holidays, and anyone who has been travelling with her knows that she is a real party starter. Her classes are the perfect balance of achievable and inspirational - learners of all abilities should make the most of her expertise this weekend.

* This DVD does NOT include Beginners, SILC® and fee-based Master classes.

Ekow Oduro and Sarve Didar (E&S)

You'll be mesmerised as you watch Ekow and Sarve dance together, and they will give you every chance of mastering Zouk with their easy to follow Masterclass on Saturday. Versatile, stylish and positively bursting with talent, you should grasp any opportunity to learn with them.

Lyndsey Bennett (LB)

Lyndsey is a force to be reckoned with, bursting with style and versatility on every dance floor. As accomplished in Swingers hour as she is in the main Ceroc room, the SILC Boudoir, the Tango quarter and the Blues Lounge, this dynamic teacher and performer is living proof that you really can be the full package.

Maja Kocanova (MK)

Men want to dance with her, ladies want to dance like her, and this weekend, everyone gets exactly what they want. Maja teaches all day and dances all night, and is always in high demand from our members. Her creative classes draw in huge crowds of people who want to learn her innovative style and effective moves. 'Fire and Ice' is the one to attend this weekend.

Marc Forster & Rachel Pears (M&R)

"The main reason I come to Southport" is just one of the many gushing comments we read on your feedback forms about this gorgeous couple. Marc & Rachel are once again hosting the increasingly popular Blues and Milonga lounge this weekend. Seasoned pros and new starters alike are welcomed to participate in these exciting freestyles (every evening in the Cyclone Room), but if you want to learn the ropes first, make sure you check out their Blues and Argentine Tango lessons beforehand.

Matt Blain & Victoria Pollard (M&V)

Matt & Victoria have been teaching at Ceroc Escape events for the last 12 months and their groundbreaking techniques never fail to wow the crowds. Their outstanding dance prowess comes with no ego, and after delivering their lessons, you will find them on the freestyle floor dancing with the whole room. Stunning performers, incredible teachers and the warmest characters, you won't regret seeking them for a spin.

Natalie Baker (NB)

Beginner dancers are so important to us at Ceroc, so we don't make any light decisions when it comes to selecting our Beginner teacher. At Scorch, we welcome the fantastic Natalie Baker. Natalie loves sharing her passion for dance. If you are a new starter, she will nurture your progression, inspire your confidence and prove to you that you really can do it!

Nora Draganova (ND)

Sometimes those tired muscles need a break. Stop worrying about learning moves...and breathe! Super-talented Yogi Nora is the most popular Yoga teacher we have ever welcomed into the Ceroc Escape circuit, so she is back for our premiere event this weekend.

Steve Thomas (ST)

Granted, he's getting on a bit, but with a sparkly new knee replacement, he has never felt more chipper. An incredibly talented teacher and choreographer, the inimitable Steve Thomas is our SILC ambassador this weekend. If you're a "tell it to me straight" sort of learner, then he's your man!

Tim Sant (TS)

Tim is Head of Dance for Ceroc, and when you attend his lessons, it won't take much time for you to realise why. Tim's teaching ability makes the unimaginable seem entirely possible, and his infectious energy will keep you pumped in the process.

Tim Stevens (TSt)

Tim continuously pushes the boundaries of styling and musicality to bring you the freshest movements and choreographies. He breathes new and funky life into simple moves to make even the newest dancer look like an accomplished pro. He's also one of the loveliest guys you'll ever meet, so grab him for a dance.

Toni Sails (ToS)

London legend Toni has already developed a unique style of his own. All dancers aspire to move like him, all women want to dance with him and all men want a body like his. Sorry men...we can't work miracles...but for everyone else, welcome to ToneZ.

Tony & Hayley Epps (T&H) (HE)

Another Ceroc match made in heaven. These funky freestylers are adrenaline junkies with a passion for high flying aerials and death defying drops. Their sellout Masterclasses are the firm favourite at every event. Let's see how brave YOU are this weekend! Don't miss Hayley's solo debut as she teaches you the Charleston stroll.





Thunderball Room (Main Hall)



The Cube (Reception)

Cyclone (Off Arcade)



Boudoir (Pub)

Workshops (no need to prebook) are shown in RED

Masterclasses are show in **BLUE** (Book in advance at the Weather Centre)

(Beg) These classes are suitable for complete Beginners.
(-Int) Early Intermediate Lesson, easy and achievable for all.
(Int) Regular Intermediate Lesson, for established dancers.
(Int+) More difficult Intermediate Lesson, a challenge for most.
(Adv) High level and hard moves. No Beginners or early Intermediates.
(All) Suitable for everyone.

FRI	Thunderball Room	Cyclone	The Cube	The Boudoir (Queen Vic)
19:00	Ceroc Freestyle James Ross	Starters Orders (Beg) NB Complete Beginners Ceroc class	Registration	15:00 Sack the DJ 15:00-19:00 Prebook your 30 minute slot
20:00	Ceroc Freestyle James Ross	Starters Orders (Beg) NB Complete Beginners Ceroc class	Registration	19:00 SILC Zone Ashley Davis Slow & Smooth Freestyle
21:00	Gonna Be A Scorcher! (All) TS Intermediate Ice-Breaker Lesson!	Ceroc Classics Caroline Houlton	Registration	20:00 SILC Zone Debbie Attwood
22:00	Ceroc Freestyle Mark O'Reilly	Milonga Marc Forster 10pm-12am	Registration	21:00 SILC Zone Steve Thomas
23:00	Ceroc Freestyle Mark O'Reilly	Milonga Marc Forster 10pm-12am	Closed	22:00 SILC Zone Smood
23:30	Ceroc Freestyle Tim Sant	New to Blues (All) M&R 12-1am		23:30 SILC Zone Tiggerbabe
00:30	Ceroc Freestyle John Baker	Blues Marc and Rachel 1am-4am		00:30 SILC Zone Ashley Davis
01:30	Ceroc Freestyle Hayley Epps	Blues Marc and Rachel 1am-4am		01:30 SILC Zone Tim Sant
02:30	Ceroc Freestyle Jon Gammon	Blues Marc and Rachel 1am-4am		02:30 SILC Zone John Baker
03:30	Ceroc Freestyle Tony Riccardi	Blues Marc and Rachel 1am-4am		03:30 SILC Zone Nicola Di Folco
04:30	Closed	Closed		04:30 SILC Zone Vince Silva
				05:30 SILC Zone Paul Foster
				07:00 Sack The DJ Open Decks

SAT	Thunderball Room	Cyclone	The Cube	The Boudoir (Queen Vic)
09:30	Closed	Starters Orders (Beg) NB Complete Beginners Ceroc class	Closed	09:30 Sack the DJ Prebook your 30 minute slot
10:45	Caliente! (Int) DA Hot Hot Hot new moves	Simply Stylish (-Int) BR Simple moves, stunning style	Flying Low - Baby Aerials T&H Masterclass (Int)	10:30 Sack the DJ Prebook your 30 minute slot
12:00	Ready? Rock 'n' Roll! (Int) LB Get ready for Swingers Hour	Switches (-Int) C&D Smooth, slotted Switch technique	Musicality TSt Masterclass (All)	12:00 Sack the DJ Prebook your 30 minute slot
13:15	Intro To Seducers (Int) TS Simple dips, stacks of technique	Innovate (Adv) CM Original competition WOW moves	Zouk E&S Masterclass (Int/Int+)	13:30 Swingers Hour Tiggerbabe Swing Freestyle
14:30	SILC Foundation (Int) ST An intro to smooth, slotted SILC	Fire & Ice (Adv) MK Complex moves with light & shade	Ladies Styling 1 BR Ladies Masterclass (All)	14:30 S'Funk Vince Silva Soul Funk Classics
15:45	Tag (Int+) T&H 2 leaders, 1 follow, endless fun!	Changing Lanes (Int) ToS Dynamic moves using momentum	Championship Secrets TS Masterclass (All)	15:30 Summer Vibes! John Baker Get your groove on in the sun!
17:00	Hands Off (Int+) M&V Using different connection points	Repertoire Enhancer (-Int) CM Classics to boost your move count	Centripetal Force LB Masterclass (Adv)	17:00 SILC Zone Ashley Davis
18:15	SILC Progressive (Int+) ST Take your SILC up a notch	Breathing Space (Int+) TS Effective pauses and time to style	Starters Orders (Beg) NB Complete Beginners Ceroc class	18:00 SILC Lyrical Marc Forster Smooth, dreamy tunes
19:30	Closed	Closed	Closed	19:00 Sack the DJ Prebook your 30 minute slot
20:30	Ceroc Freestyle Mark O'Reilly	Argentine Tango (All) MR 9pm	Closed	20:30 SILC Zone Nicola Di Folco
22:00	Ceroc Freestyle Jon Gammon	Milonga Marc Forster 10pm-12am		22:00 SILC Zone Tiggerbabe
23:00	Cabaret Hour & Competition	Milonga Marc Forster 10pm-12am		23:00 SILC Zone Paul Foster
00:00	Ceroc Freestyle Steve Thomas	Blues Marc & Rachel 12am-5am		00:00 ***SILC GOLD Debbie Attwood***
01:30	Ceroc Freestyle Tim Sant	Blues Marc & Rachel 12am-5am		01:30 SILC Zone John Baker
02:30	Ceroc Freestyle Caroline Houlton	Blues Marc & Rachel 12am-5am		02:30 SILC Zone Smood
03:30	Ceroc Freestyle Hayley Epps	Blues Marc & Rachel 12am-5am		03:30 SILC Zone Tim Sant
04:30	Closed	Blues Marc & Rachel 12am-5am		04:30 SILC Zone Vince Silva
05:30		Closed		05:30 SILC Zone Ashley Davis
				06:30 Sack the DJ Open Decks

SUN	Thunderball Room	Cyclone	The Cube	The Boudoir (Queen Vic)
09:30	Closed	Off the Blocks (Beg) NB Beginners Ceroc stepping up	Closed	09:30 Sack the DJ Prebook your 30 minute slot
10:45	Body & Soul (Int+) DS Close moves, Smood's signature!	Smooth & Sultry (-Int) MK Easy like Sunday morning	Ultimate Connection C&D Masterclass (Adv)	10:30 Sack the DJ Prebook your 30 minute slot
12:00	Strike! (Int+) DA Impressive freezes, hit the break	Charleston Stroll (All) HE Solo stroll for Swinger's Hour	Head Rolls & Hairography ToS Masterclass (Adv)	12:00 Sack the DJ Prebook your 30 minute slot
13:15	Ceilidh (All) CM Fun guaranteed with the Scots!	In Sync (Adv) E&S Syncopate rhythms like a pro	Ladies Styling 2 BR Ladies Masterclass (All)	13:30 Swingers Hour Mike Ellard Swing Freestyle
14:30	SILC Developmental (Adv) ST Taking SILC to the top level	Seamless Links (Int) DS Blend moves for continuous flow	Keep It Close M&R Masterclass (Int+)	14:30 Motown/Soul Tim Sant
15:45	A Good Whipping! (Int) C&D Rotational dynamic whip technique	Funkafied (Int+) TSt Street styling to add character	Drop It Like It's Hot! T&H Masterclass (Adv)	15:30 SILC Zone Vince Silva
17:00	Crowd Control (Int) LB Join the Double Trouble Club	Tangled Up (Int+) BR Exploring different body leads	Heightened Senses M&V Masterclass (Adv)	17:00 SILC Zone Smood
18:15	Feisty Feet (Int) TSt Fancy & freestylable footwork	Yoga (All) ND Breathe! Bring your mat or towel	Closed	18:00 SILC Lyrical Tim Sant
19:30	Closed	Closed	Closed	19:00 Sack the DJ Prebook your 30 minute slot
20:00	Ceroc Freestyle James Ross	Closed	Closed	20:00 SILC Zone Debbie Attwood
21:30	Ceroc Freestyle Hayley Epps	Milonga Marc Forster 10 til 12	**9:30-10:30 Kizomba Rachel P**	21:30 ***SILC GOLD Tim Sant***
22:30	Ceroc Freestyle Mark O'Reilly	Milonga Marc Forster 10 til 12	Closed	22:30 SILC Zone Steve Thomas
23:30	Ceroc Freestyle Tony Riccardi	Blues Marc & Rachel 12-3.30am		23:30 SILC Zone Nicola Di Folco
00:30	Ceroc Freestyle Tiggerbabe	Blues Marc & Rachel 12-3.30am		00:30 SILC Zone Vince Silva
01:30	Ceroc Freestyle Caroline Houlton	Blues Marc & Rachel 12-3.30am		01:30 SILC Zone John Baker
02:30	Ceroc Freestyle Jon Gammon	Blues Marc & Rachel 12-3.30am		02:30 SILC Zone Tiggerbabe
03:30	SURVIVORS PHOTO!	Closed		03:30 SILC Zone Paul Foster
04:30	Closed			04:30 SILC Zone Marc Forster
				06:30 Closed

Visit the Foyer to find the **'CUBE'**

Masterclasses only £5pp

Ladies Styling 1 & 2 Flying Low: Baby Aerials Zouk Musicality Championship Secrets Centripetal Force Ultimate Connection Head Rolls & Hairography Keep It Close Drop It Like It's Hot Heightened Senses

Book at the Weather Centre!

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