

CEROC

ESCAPE

DANCE • LAUGHTER • MEMORIES



jam fest

it's all about the music

29 JUN - 1 JUL 2018

CAMBER

www.cerocescape.com

PASSPORT TO DANCE

DIFFERENT DANCE STYLES
TAUGHT MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING AN ECLECTIC
MIX OF MUSIC TEACHERS FROM
ALL OVER THE UK DJs FROM FAR
& WIDE SILENT DISCO SACK THE
DJ MESSAGE SWIMMING
WORKSHOP DVDS TO TAKE HOME
MASTERCLASSES SELECTION OF
DANCE SHOES AND CLOTHING ON
SALE QUIZZES ON LINE BOOKING
WITH IMMEDIATE CONFIRMATION
GENDER CONTROLLED BOOKING
SYSTEM COMPETITIONS WITH
CASH PRIZES PRIVATE LESSONS



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Welcome

2018 celebrates 12 years of the biggest and best dance weekends with Ceroc. We have populated huge, fun-filled dance events that attract between 1000-2200 guests. To get that many like minded people continually congregating on dance weekends is a testimony to the passion of our dance community.

There are over 50 classes scheduled at this event. With such a vast range of different dance styles and 4 freestyle rooms offering diverse genres of music, there will be plenty to tickle everyone's fancy.

We urge you to dip your toes into everything we have to offer, and try something you've never tried before. Whether it's learning a new dance style, freestyling to a completely different genre of music or venturing into an unknown DJ's set, our weekends can open your eyes to brand new adventures. You may even discover a new found passion to take home!

Following your feedback, we are trialling a competition on Saturday evening in place of the cabarets. Of course, if you win the grand prize of £500 you will be delighted, but if not, be sure to tell us what you think using the feedback forms on the centre pages of this booklet.

At Camber you will find that both the Boudoir and the Cyclone room are the daytime freestyle hubs, so if you want to step away from classes for a while, socialise or relax, there will be plenty of opportunity to grab a drink and bust a groove. If the British Summer holds up, we'll lay the dance floor outside too.

There are 8 Escape Dance Weekenders every year and 3 of them are based at Camber, so if you love this one as much as we hope you will, you can get your next Camber fix from 2-4th Nov...on-line bookings will open for 'Bliss' after this event. If you can't wait that long, be quick to book the amazing 'Splash' at Southport, or Breeze at Brean (yes...it's back!)

Have an awesome weekend.

Mike, Tim and the entire Escape Committee x

Exceedingly Useful Information

PARKING

Parking is limited at Camber and consequently we sell parking vouchers leading up to the event. If you have not booked on-site parking then you will need to park offsite as we have sold out of spaces. Please note, you may be ticketed by the local authorities if you park illegally with any wheel on the pavement or grass. We cannot be held responsible for any loss or damage to vehicles. We may be able to let cars on-site from Sunday 2pm (check at the gate). You can however drop your bags off onsite with a £50 refundable cash deposit, providing you leave within the hour.

This is the only event we charge for parking and this is simply to encourage car sharing as there are not enough parking spaces on-site and the town can't cope with excessive street parking. By charging for parking, we have been able to hold the price of accommodation.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the foyer of the main complex. Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

Although we don't encourage it, it is possible to remain with a fixed partner in all classes. There will inevitably be more of one gender than another in some classes, however our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist.

DANCE ETIQUETTE

Please be considerate to your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind as we will not be held responsible for any injuries that you incur. There will be hours of dancing so remember to stay fresh and wash your hands regularly.

AERIALS, LIFTS AND DROPS

If you anticipate participating in any aerials, lifts or drops class, then we strongly recommend you bring your own safety matting, as Ceroc will not be providing any. We did provide details of a supplier in your confirmation email, and hopefully therefore you have organised your own. Ceroc will not be held responsible for any personal injury at our weekenders, and therefore it's for you to ensure you are comfortable with the content. You should leave a class if you are not entirely confident.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Masterclasses, Massage, organise Private Lessons and buy a range of Ceroc, SILC and Style DVDs.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported to Pontins reception. If your electricity is metered, you will need tokens. See 'Electricity' overleaf.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and, out of hours, at Security at the Club Gate. Keeping the water heater on permanently will use a lot more electricity so you are advised to switch it off after your long and leisurely shower.

LINEN AND TOWELS

Pontins are no longer providing these items. You can buy linen from reception Singles £5 and Doubles £8 to take home with you.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of CEROC and may be used by them at any time.

Our social photographer is Graham Farey. A selection of photos taken over the weekend can be found on his Heart and Soul Photography Facebook page, with the full album on www.ceroc.com on our Gallery page.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

GOING GREEN!

For environmental reasons, Ceroc have decided to phase out the use of plastic gift bags when you arrive. We also urge you to bring your own reusable beaker or bottle out with you each evening if your tipple is water so we can reduce the number of plastic cups being wasted. For health and safety, Pontins have a no glass policy, so any of your own glass bottles or beakers will be removed by security.

I'M HUNGRY!

No problem! There are various places to get food on site including take away pizza, chicken etc at Whistle Stop situated outside the Queen Vic entrance, Hot Meals in Sands Restaurant (Open 8-10am, 12-2pm, 6-8pm) situated behind the arcade, or for those looking to self cater, a Nisa Convenience Store is also on-site.

DVD OF JAMFEST CLASSES

DVDs of workshops taking place over the weekend will be on sale from 10am on Sunday morning priced at £20 (£25+ after the event). Visit the sale desk near the Weather Info Desk on Sunday to get your copy before they sell out! Note: Starters Orders, SILC and fee-based Masterclasses are not included.

Map

WHIRLWIND BAZAAR

Forgotten your velour leotard or danced another hole in your favourite Crocs? Don't panic as Balca and her Stand Out Dancewear range are located in the main foyer. www.standoutdancewear.co.uk

CLOAKROOM

There will be no cloakroom facility due to lack of use at previous events. Please be careful with your valuables, and only bring out what you need each night.

COLOURED WRIST BANDS

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing are to be held, and where the bars and restaurants are situated, without a correctly coloured wristband. Wristbands will be checked at all entrances and by roaming stewards. When you are wearing a wristband you can leave and re-enter the site at any time.

These wristbands can only be removed with scissors and therefore cannot fall off by accident. If you lose your security wristband you will have to buy a replacement (£99).

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for Beginners. These will be held in the Tempest Studio which is located in the far left corner of the main ballroom. These workshops will be progressive and totally rewarding for all new starters. Commencing at 7.00pm on Friday and continuing throughout the weekend there will be 5 classes in total.

CEROC FOR NEW INTERMEDIATE DANCERS

Based on feedback from past events we also schedule classes for very early intermediate dancers so that we appeal to everyone. Look out for sessions that say (All) or (-Int).

WHERE AND WHEN?

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

TERMS AND CONDITIONS

Terms and Conditions apply and can be found on our website.

CHECKOUT INFORMATION

You need to check out by 10am on Monday. Please remember to leave your keys at reception or with the security gate upon departure.



- ① SUPERMARKET
- ② QUEEN VIC PUB
- ③ STANDOUT DANCEWEAR SHOP
- ④ SWIMMING POOL

List of Activities

MASTERCLASSES

With a maximum capacity of 30 people in fixed couples, these sessions are for those wanting to master the art of particular dances and techniques. They are pre-bookable at the Weather Centre at a charge of £5 per head.

- **Ladies Styling 1 & 2 (All Ladies)** with Becki Rendell - solo ladies only, these Masterclasses will teach you about posture, movement, arms etc. to help make you a more elegant and stylish mover.
- **Mastering Movement (Adv)** with Kieran & Charlie - Learn the most intricate competition 'wow' moves from Gold Medal and Grand Master royalty.
- **Ultimate Connection (Adv)** with Caine & Danni - Advanced lead and follow skills for effective and highly-developed freestyle ability.
- **Capoeira (All)** with Tim Sant - A high energy and fluid partnered Brazilian Martial Art. Dress comfy and be prepared to sweat!
- **Head Rolls and Hairography (Adv)** with Tony Sails - Get the professional edge with these ducks and head movements.
- **Championship Secrets (All)** with Tim Sant - Learn what the judges look for on the competition floor, how you can factor this into preparations with your partner and start climbing the ladder to gold!
- **Ceroc 101 (All)** with Steve Thomas - Versatile, applicable and ESSENTIAL dance skills, whatever your ability or repertoire.
- **Effortless Illusion (Int+)** with Karen Toko - Subtle and intricate hand trickery to create impressive and dynamic turning sequences
- **Zouk Improvers (Int+)** with Ekow & Sarve - Smooth and sensual Latin dance, taught by 2 of the most prominent Zouk masters in the UK.
- **Argentine Tango - Strictly Just The Showy Stuff (All)** with Warren Richardson - Master Tango 'wow' moves without the difficult technique
- **Musicality (All)** with Tim Stevens - A choreographed sequence with innovative styling that fits the music.
- **Drop It Like It's Hot! (Adv)** with Lyndsey Bennett - Exhilarating and daring dips, drops and seducers.
- **Keep It Close (All)** with Marc & Rachel - Moves in close hold that explore footwork, intimacy and musicality.

MUSIC

As well as our regular up-tempo Ceroc and down-tempo SILC freestyle sessions, don't forget to check out Silent Disco, Motown, S'Funk, Tango, Blues, Swingers hour and our newest freestyles:

- SILC Lyrical if you favour the soft and dreamy tracks.
- SILC Gold for those with a nostalgia for old school slower jams.
- SILC Vibe if you feel the need to funk...hard!

SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing that you brought your phone or laptop. The decks are waiting in the Boudoir.

CABARETS

Your feedback from previous events suggested that you wanted more fun competitions at your Camber events. Because of this, we have done away with Cabaret hour for this event, and instead we would like to introduce...

...THE LUCKY DIP SHOWDOWN!

Register for your dance number on Saturday night and compete with your fellow Escape dancers for an incredible £500 cash prize! Full details of how to take part and Ts 'n' Cs on page 14 & 15.

BIG FACT HUNT

Test your wits against your friends with Quiz Master Steve. Teams of 6 or fewer Saturday & Sunday. Be prepared - the language and content can get a little colourful! Over 18s only.

SILENT DISCO

If you've never tried Silent Disco before, this is a must. We supply the headsets, you choose the channel from 3 various playlists:

- SD1 - You know the words! Ceroc classics from the 60s to the 90s.
- SD2 - Wedding cheese...Level: Ripe Stilton.
- SD3 - Current chart toppers and dance favourites from the noughties.

Friday and Saturday night from midnight to 2am in the Cube.

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for guidance or help, or, if you know who you want a lesson with approach the teacher directly. Charges £50 per hour payable to the teachers directly.

THE GODS OF THUNDER

The evenings will consist of 3 rooms playing different music from our outstanding line-up of DJs.

The Thunderball Room playing popular and new uptempo sounds every evening until 3.30am on Saturday and Monday morning and 4.00am on Sunday morning.

The 'Tempest Studio' plays host to the Milonga and Blues sets of the weekend.

The 'Cyclone' SILC Lounge will be the non-stop music hot-spot in the afternoons, and will play a mix of chilled genres every night until the sun comes up.

Our Gods of Thunder this weekend are:

Marc Forster, Rachel Pears, Tim Sant, James Ross, Caroline Houlton, Jon Gammon, Paul Brooks, John Baker, Debbie Attwood, Kieran Moore, Steve Bye, Steve Thomas, Vince Silva, Dale 'Smood' St Rose, Mike Ellard, Warren 'Dance Inspired' Richardson, Danny Gallina, Neil Strugnell, Miranda Hewitt-Green, Toni Sails and Denise Jaques.

SPECIAL THANKS

Our weekend events would not be the success that they are without our exceptional crew. It's the people behind the scenes from Tuesday set-up through to Monday take down who often go unrecognised, and we would therefore like to show our appreciation to all the crew.

Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Gaynor Crocombe and the Weather Centre team, Registration and the Duty Management Team...you make this event what it is, so thank you.

Special thanks go to 'Head Bull' Myles Woodhouse and his many set up and pack down 'Calves', and Graham Farey from Heart-And-Soul Photography for taking our official 'snaps'!



SUN 05 MAY 2019

The London Champs is Ceroc's very own National Institution. This year, our 20th Championships was the biggest and best yet, with new competitors, new categories, the highest number of first time participants that we have ever celebrated, and some incredible new talent taking home trophies.

The Champs is our longest standing annual national event and odds are on for our 21st Birthday to top them all!

I've been involved with the Champs for the last 18 years and have seen quite a few changes in location and format but can genuinely say that the Champs now is the most fabulous event for both competitors and spectators that it has ever been.

We have made it as easy as possible for regular dancers to take part, so if you haven't competed previously then make this year YOUR year to experience the adrenaline and endorphins that make taking part in the Champs so exciting and addictive.

I'm very proud of this event and would love for you to share the Champs experience with me and our dedicated team.

Hopefully see you there! David Bradley, Event Organiser

www.CerocChamps.com

WWW.CEROCESCAPE.COM



You are HERE!

Camber



31 AUG - 02 SEP 2018 Southport



12 - 14 OCT 2018 Brean



02 - 04 NOV 2018 Camber



08 -10 FEB 2019 Norfolk



01 - 03 MAR 2019 Southport



15 - 17 MAR 2019 Camber



05 MAY 2019 London



07 - 09 JUN 2019 Southport

MEDFEST

16 - 23 SEP 2018

OVER 700
ALREADY BOOKED



THE BIGGEST DANCE HOLIDAY
ON THE PLANET

www.cerocescape.com

theteam@clubdanceholidays.co.uk

Tel: 02070994816



LUCKY

★ DIP ★

WIN £500!

We thought that would get your attention! We have read your extensive feedback about Cabaret hour and your desire for more competitions.

So instead of performances this weekend there will be a Lucky Dip competition for the first 120 couples to register, and the winners will skip away with a cool £500.

Registration will be on Saturday evening between **9:00pm - 10:20pm** on the smaller diamond shaped dance floor (near the bar) in the Thunderball Room.

It might be a Lucky Dip competition, but we still need you to register as a gender balanced couple. (Obviously you will not be dancing together with your registration partner, but it will be necessary to balance numbers.)

The competition will start at **10:30pm** promptly in the Thunderball Room.

£2 entry per person and all proceeds will go to the charity as chosen by the winning couple.

The Boring stuff...

**No Ceroc teachers allowed.*

**Any lift with both feet off the ground (above knee height) will lead to a disqualification if spotted by our Hawkeye adjudicator.*

**Competitors must come onto the floor for their first heat with their booking partner, or will lose their chance to participate.*

**All competitors must wear their Dance card.*

**No age limit.*

**The prize-money will be in cash or electricity tokens if you prefer.*

**The winners will get automatic entry into the Great Escapee competition at the Ceroc Champs 2019.*

**Wine of dubious origin will be made available to all finalists.*

JAMFEST WEEKENDER FEEDBACK

... HAVE YOUR SAY

The good, the bad and the downright ugly!
All feedback is read and valued. You will even be entered into
our prize draw to win your next weekender chalet for free!

Please tear these pages out of your booklet and leave in the
'Feedback Box'. The box will be placed at reception during
opening hours between 10am and 10pm. Thanks for your time.

Full Name

Which DJs were hotter than Donald Trump's curling tongs?

Email Address

Which tracks or music left you colder than a British Summer?

Telephone Number

How many Escape Weekenders have you ever attended?

Any thoughts on the Saturday night Lucky Dip competition?

Which was your favourite lesson and/or teacher?

Any suggestions that you would like to see at future events?

Which classes were your least favourite and why?

Anything else that you would like to add?

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified practitioners will be offering a variety of treatments.

BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

Deep Tissue Massage (£25 for 30min)

Great for releasing aches and restoring tired muscles.

Osteopathic Treatment (£25 for 30 mins)

Focuses on total body health by treating and strengthening the musculoskeletal framework

Acupuncture (£25 for 30 mins)

Uses fine sterile needles placed in specific points on the body to balance energy.

Kinesiology (£25 for 30 mins)

Gentle muscle testing, good for relieving and preventing muscle strain.

Top to Toe Massage (£50 for 60 mins)

Combining Indian Head, Osteopathic therapy, massage & reflexology

Sports Injuries Treatments (£25 for 30 mins)

If you have specific injuries we can provide diagnosis and treatment

Relaxing Massage (£25 for 30 mins)

Stroking massage with essential oils to relieve stress, tension, pain etc

Reflexology (£25 for 30 mins)

Using pressure points in the feet to treat a wide range of body ailments



BREEZE

SOMERSET

12 - 14 OCT 2018

FOR INSTANT AND SECURE BOOKINGS

WWW.CEROCESCAPE.COM



NEXT CAMBER WEEKENDER

BLISS

02 - 04 NOV 2018

NEXT SOUTHPORT WEEKENDER

SPLASH

31 AUG - 02 SEP 2018

MORE INFO & BOOKING

WWW.CEROCESCAPE.COM



*CHOOSE YOUR FAVOURITE MUSIC
FROM THREE CHANNELS*

SD GOLD

CLASSIC PARTY TUNES FROM THE 60s TO THE 90s!

SD CHEESE

PARTY ANTHEMS AND DANCE ROUTINE HEAVEN!

SD FRESH

THE HOTTEST CHART HITS AND FREESTYLE FAVOURITES!

THE FINEST TUNES SELECTED BY

DJ JAMES ROSS

FRIDAY & SATURDAY, MIDNIGHT TIL 2AM, THE CUBE

FREESTYLE FILMING ON SATURDAY EVENING IN
THUNDERBALL ROOM FROM THE STAGE

WORKSHOPS* FROM THIS WEEKEND

WORKSHOP DVD

AVAILABLE
THIS SUNDAY

How can you remember all the workshops from this weekend? We have the solution!

**We're selling DVDs to take home with you
on Sunday from 10am till 8pm near the info desk.**
2 DVD discs set including Saturday Cabaret Hour &
Freestyle. £20 event price, usually £25.

LIMITED AVAILABILITY, GRAB BEFORE SELL-OUT!

* This DVD does NOT include Beginners, SILC® and fee-based Master classes.

Teachers

Ashley Davis (AD)

Ceroc Heaven really does breed dance Gods! Now a regular teacher and DJ on the Ceroc Escape circuit, Ashley is growing a huge fan base across the UK with his fun and laid back approach to learning. Our youngest teacher at 22, his classes are fresh, contemporary and guaranteed to leave you with some new tricks for the freestyle floor.

Becki Rendell (BR)

When it comes to dance credentials, Becki has it all. Most recently she bagged the Grand Masters Trophy at the Ceroc Championships. It won't take long for you to realise why she is the winner of the highest accolade on the dance circuit. Oozing with style both on the floor and the stage, she is guaranteed to inspire your dancing and make you look as good as you feel.

Brett Stewart (BS)

Who says you can't have brain, brawn and beauty? Dorset's finest eye-candy Brett has been a Camber favourite for many years. His characteristic funky style is highly sought after, and at Jamfest he will whisk you into a dance frenzy with advanced turns and spins in his 'Tornado' workshop.

Caine Langford & Danni Moore (C&D)

Choreographic masterminds, competition royalty and one of the finest teacher duos on the circuit, Caine and Danni never cease to deliver crowd pleasing classes. If you want to dance like the pros, their advanced "Ultimate Connection" Masterclass is not to be missed.

Ekow Oduro & Sarve Didar (E&S)

You'll be mesmerised as you watch Ekow and Sarve dance together, and they will give you every chance of mastering Zouk with their easy to follow Masterclass on Sunday. Versatile, stylish and positively bursting with talent, do not miss any opportunity to learn with them.

James Boys & Tamara Domb (J&T)

Beginner dancers are so important to us at Ceroc, so we don't make any light decisions when it comes to selecting our Beginner teachers. At Jamfest, we welcome back the fantastic James Boys and Tamara Domb from Ceroc Hove. If you are a new starter, they will nurture your progression, inspire your confidence and prove to you that you really can do it!

Karen Toko (KT)

Karen is an incredible dancer specialising in a range of different styles. She is also a highly sought after instructor with an enthusiastic and energising teaching style. She also runs multiple successful dance business including a Ballroom and Latin school, the awesome Ceroc Nights in Essex and the spectacular 5* Great Yarmouth Swish Weekender. Some people just have it all...we'd hate her if she wasn't so lovely. "Effortless Illusion" is the Masterclass to look out for this weekend.

Kieran Moore & Charlie Brownlee (K&C)

When two of the most talented and well-loved teachers join forces, you can expect dance floor magic. This dynamic partnership are always pushing the boundaries of dance, and their groundbreaking success with SILC is a testament to their innovation. Their unique teaching style ensures that both the leads and the follows leave their classes feeling enriched and confident. Kieran most recently picked up the Grand Master trophy at this year's Ceroc Championships, and Charlie scooped medals in Open, Top Cats and Gold in Pro Am. Long story short...they're quite good.

Lyndsey Bennett (LB)

Queen of Ceroc South Wales and mastermind behind the Welsh Champs, Lyndsey is a force to be reckoned with. She is literally bursting with style and versatility on every dance floor. As accomplished in Swingers hour as she is in the main Ceroc, SILC, Tango and Blues rooms, this dynamic teacher and performer is living proof that you can be the full package.

Marc Forster & Rachel Pears (M&R)

"The main reason I come to Southport" is just one of the many gushing comments we read on your feedback forms about this gorgeous couple. Marc & Rachel are once again hosting the increasingly popular Blues lounge this weekend. Amateurs and pros alike are welcomed to participate in these exciting freestyles in the Tempest Studio.

Nora Draganova (ND)

Sometimes those tired muscles need a break. Stop worrying about learning moves...and breathe! Super-talented Yogi Nora is the most popular Yoga teacher we have ever welcomed into the Ceroc Escape circuit, so she is back for our premier Camber event this weekend.

Paul Brooks (PB)

Crawling out of his DJ shackles, Paul proves that his teaching esteem is as superior as his musical merits. Co-owner of Ceroc Nights and organiser of the 5* Swish Escape event, Paul knows a thing or two about Ceroc weekenders. His lessons are as informative as they are fun, especially his Awesome Foursome choreography...madness and belly laughs guaranteed!

Simona Tatarova (STa)

Sassy and stylish superstar Simona nips down the road from Ceroc Kent to return to the weekender stage with some amazing new lessons. The Escape Committee are most excited about 'Fast & Flowing' - "achieve fluidity to up-tempo music", and 'Style Showdown' - "playful styling tips for a boys vs girls stand-off!" Are you ready for the battle?!

Steve Thomas (ST)

Granted, he's getting on a bit, but with a sparkly new knee replacement, he has never felt more chipper. An incredibly talented teacher and choreographer, mastermind behind Ceroc Evolution and host for such prestigious events as Ceroc at the legendary O2, the inimitable Steve Thomas is kind of a big deal. Our SILC ambassador this weekend, if you're a "tell it to me straight" sort of learner, then he's your man!

Tim Sant (TS)

Tim is Head of Dance for Ceroc, and when you attend his lessons, it won't take much time for you to realise why. Tim's teaching ability makes the unimaginable seem entirely possible, and his infectious energy will keep you pumped in the process.

Tim Stevens (TSt)

Tim continuously pushes the boundaries of styling and musicality to bring you the freshest movements and choreographies. He breathes new and funky life into simple moves to make even the newest dancer look like an accomplished pro. He's also one of the loveliest guys you'll ever meet, so grab him for a dance. His new "Musicality" Masterclass is going to be a firm favourite this weekend, so make sure you book early.

Toni Sails (ToS)

Founder of the increasingly popular ToneZ freestyle in Westminster, London legend Toni has already developed a unique style of his own. All dancers aspire to move like him, all women want to dance with him and all men want a body like his. Sorry men...we can't work miracles...but for everyone else, welcome to ToneZ.

Warren & Kerenza (W&K)

There is no-one more capable than Warren and Kerenza when it comes to looking after our budding Tango aficionados. New to tango or seasoned pro? Their classes and Milongas are the highlight of the weekend for so many. Make sure you check out the brand spanking new Argentine Tango Masterclass on Sunday too...perfect for those who want to move like the Strictly pros without months of training.



Tempest
(Off Main Room)



Thunderball Room
(Fun Factory)



The Cube
(Games Room)



Cyclone
(Lunars)



Boudoir
(Queen Vic)

Workshops (no need to prebook) are shown in **RED**

Masterclasses are shown in **BLUE**

Book in advance at the Weather Centre

(Beg) These classes are suitable for complete Beginners.

(-Int) Early Intermediate Lesson, easy and achievable for all.

(Int) Regular Intermediate Lesson, for established dancers.

(Int+) More difficult Intermediate Lesson, a challenge for most.

(Adv) High level and hard moves. No Beginners or early Intermediates.

(All) Suitable for everyone.

FRI	Thunderball Room	Cyclone	Tempest	The Cube	The Boudoir
18:00	Closed	Closed	Closed	Closed	Sack the DJ Open Decks
19:00	Ceroc Freestyle James Ross	Closed	Starters Orders (Beg) J&T Beginners Lesson	Closed	Sack the DJ Open Decks
20:00	Let's Jam'! (Int) TS Intermediate Ice-Breaker Lesson	Closed	Starters Orders (Beg) J&T Beginners Lesson	Closed	Sack the DJ Open Decks
21:00	Ceroc Freestyle Paul Brooks	Closed	Tango Taster (All) 21:30 W&K	Closed	Sack the DJ
22:30	Ceroc Freestyle Steve Byde	SILC Zone Miranda Hewitt-Green	Milonga 22:30 - 00:00 W&K	Closed	Sack the DJ
23:30	Ceroc Freestyle Tim Sant	SILC Zone Denise Jaques	Blues 00:00 - 02:00 M&R	Silent Disco 00:00-02:00	Sack the DJ
00:30	Ceroc Freestyle Caroline Houlton	SILC Zone Steve Byde	Blues 00:00 - 02:00 M&R	Silent Disco 00:00-02:00	WCS Sack the DJ 00:00
01:30	Ceroc Freestyle Steve Thomas	SILC Zone Tim Sant	Blues 00:00 - 02:00 M&R	Closed	WCS Sack the DJ 01:00
02:30	Ceroc Freestyle Jon Gammon	SILC Zone Vince Silva	Closed	Closed	WCS Sack the DJ 02:00
03:30	Closed	SILC Zone John Baker	Closed	Closed	Closed
04:30	Closed	SILC Zone Neil Strugnell	Closed	Closed	Closed
05:30	Closed	Closed	Closed	Closed	Closed

SAT	Thunderball Room	Cyclone	Tempest	The Cube	The Boudoir
09:30	Closed	Closed	Starters Orders (Beg) J&T Beginners Lesson	Closed	Closed
10:45	SILC Foundation (Int) ST An intro to smooth, slotted SILC	Light & Shade (Int+) C&D Change speeds to vary dynamics	Pimp My Moves (-Int) BS A twist on your favourites	Ladies Styling Pt 1 (Ladies) Masterclass with BR	Closed
12:00	Breathing Space (Adv) TS Pause...and play	Crowd Control (Int) LB Join the Doub Troub Club!	Classic Menagerie (-Int) STa Stylish building blocks	Mastering Movement (Adv) Masterclass with K&C	Sack the DJ 'til 1pm Open Decks
13:15	Simple Seducers (Int) AD Learn the basics, stacks of technique	Liquid Links (Int+) PB Blend moves for non stop flow	Intro to Ducks (Int) ToS Simple head rolls	Ultimate Connection (Adv) Masterclass with C&D	Steve's Big Fact Hunt 1 Pub Quiz (13:00-14:30)
14:30	In Sync (Adv) E&S Play with timing for an expert edge	Fast & Flowing! (Int+) STa Fluidity to up-tempo music	Spin City (Int) TS† Style up classic spin moves	Championship Secrets (All) Masterclass with TS	Motown/Northern Soul (14:30-15:30) with Kieran
15:45	SILC Progressive (Int+) ST Step up your SILC game	Summer Sounds Paul Brooks Cercoc Freestyle 15:30-16:30	Neo Blues (All) M&R Intro to contemporary Blues	Head Rolls & Hairography (Adv) Masterclass with ToS	***SILC Vibe*** (15:30-16:30) with Danny
17:00	Levels (Int+) K&C Experiment with heights and levels	SILC Zone Denise Jaques Freestyle 16:30-18:00	Bachata (Int) BR Latin dance with extra 'hips'	Capoeira (All) Masterclass with TS	Sack the DJ Open Decks
18:15	Style Showdown (Int) STa Simple moves, standout style!	SILC Zone John Baker Freestyle 18:00-19:30	Switch It (-Int) KT Enrich your current repertoire	Cercoc 101 (All) Masterclass with ST	Sack the DJ Open Decks
19:30	Closed	ToneZ Toni Sails Freestyle 19:30-20:30	Starters Orders (Beg) J&T Beginners Lesson	Closed	Sack the DJ Open Decks
20:00	Cercoc Freestyle James Ross	Closed	Closed	Closed	Closed
21:00	Cercoc Freestyle Debs Attwood	Closed	Closed	Closed	Closed
22:00	Cercoc Freestyle Jon Gammon	SILC Zone Danny Gallina	Closed	Closed	Closed
23:00	Lucky Dip Comp! 22:30-23:30	SILC Zone Steve Bye	Milonga W&K 23.30-1am	Closed	Closed
00:00	MUSIC VIDEOS Paul Brooks	***SILC Gold*** Debs Attwood	Milonga W&K 23.30-1am	Silent Disco 00:00-02:00	WCS Sack the DJ 00:00
01:00	Cercoc Freestyle Tim Sant	SILC Zone Vince Silva	Blues Lounge M&R	Silent Disco 00:00-02:00	WCS Sack the DJ 01:00
02:00	Cercoc Freestyle John Baker	SILC Zone Kieran Moore	Blues Lounge M&R	Closed	WCS Sack the DJ 02:00
03:00	Cercoc Freestyle Caroline Houlton	SILC Zone Tim Sant	Blues Lounge M&R	Closed	Closed
04:00	Closed	SILC Zone Miranda Hewitt-Green	Closed	Closed	Closed
05:00	Closed	SILC Zone Smood	Closed	Closed	Closed
06:00	Closed	Closed	Closed	Closed	Closed

SUN	Thunderball Room	Cyclone	Tempest	The Cube	The Boudoir
09:30	Closed	Closed	Starters Orders (Beg) J&T Beginners Lesson	Closed	Closed
10:45	Time To Play (Int) AD Sabotage, wiggle, shimmy, interact!	Changing lanes (Int+) ToS Dynamic direction changes	Foundation Variation (-Int) J&T Beginner moves...spiced up!	Effortless Illusion (Int+) Masterclass with KT	Closed
12:00	Scrolls (Adv) C&D Exhilarating moves that rotate & glide	Funkafied (Int+) TS Street style to own the floor	Effortless (Int) E&S Simply styling, big impact	Argentine Tango: The Showy Stuff (All) with W&K	Sack the DJ 'til 1pm Open Decks
13:15	Ready? Rock 'n' Roll! (All) LB Get ready for Swingers Hour	Tangled Up (Int+) BR Impressive knotted arm patterns	Striking The Chord (Int) AD Introduction to Musicality	Keep It Close (All) Masterclass with M&R	Steve's Big Fact Hunt 2 Pub Quiz (13:00-14:30)
14:30	SILC New Moves (Adv) K&C Latest concepts from the Masters	Stops & Blocks (Int) BS Freezes and redirections	Repertoire Enhancer (-Int) PB Essential Intermediate moves	Zouk Improvers (Int/Int+) Masterclass with E&S	Swinger's Hour (14:30-15:30) with Mike E
15:45	Back To Ballroom (Int) KT Ceroc with a twist of Strictly	Ceroc Classics! Caroline Houlton Freestyle 15:30-17:00	Neo-Blues Breakthrough (Int+) M&R Contemporary Blues - step up	Musicality (All) Masterclass with TS	***SILC Lyrical*** (15:30-16:30) with Tim S
17:00	Fresh! (Int) ST Hot new moves	S'Funk Kieran Moore Freestyle 17:00-18:00	Tornado (Adv) BS Whizzing spins and turns	Ladies Styling Pt 2 (Ladies) Masterclass with BR	Sack the DJ Open Decks
18:15	Awesome Foursome (Int) PB 3's a crowd...4's a party!	SILC Zone Vince Silva Freestyle 18:00-19:30	Yoga (All) BR Stretch and breathe	Drop It Like It's Hot (Adv) Masterclass with LB	Sack the DJ Open Decks
19:30	Closed	Closed	Tango Progressive (Int+) W&K Argentine Tango step up	Closed	Sack the DJ Open Decks
20:30	Ceroc Freestyle James Ross	Closed	Closed	Closed	Closed
21:30	Ceroc Freestyle Steve Thomas	SILC Zone Neil Strugnell	Closed	Closed	Closed
22:30	Ceroc Freestyle Paul Brooks	SILC Zone Smood	Milonga W&K	Closed	Closed
23:30	Ceroc Freestyle Debs Attwood	SILC Zone Steve Thomas	Milonga W&K	Closed	Closed
00:30	Ceroc Freestyle Caroline Houlton	SILC Zone Miranda Hewitt-Green	Blues Lounge M&R	Closed	Closed
01:30	Ceroc Freestyle Smood	SILC Zone John Baker	Blues Lounge M&R	Closed	Closed
02:30	Ceroc Freestyle Jon Gammon	SILC Zone Neil Strugnell	Blues Lounge M&R	Closed	Closed
03:30	SURVIVORS PHOTO!	SILC Zone Kieran Moore	Closed	Closed	Closed
04:30	Closed	SILC Zone Marc Forster	Closed	Closed	Closed
05:30	Closed	SILC Zone Marc Forster	Closed	Closed	Closed
06:30	Closed	Closed	Closed	Closed	Closed



the CUBE

Head upstairs and turn left to find the

'CUBE' Masterclasses

Ladies Styling 1 & 2

Mastering Movement

Ultimate Connection

Capoeira

Championship Secrets

Musicality

Head Rolls & Hairography

Ceroc 101

Effortless Illusion

Argentine Tango: The Showy Stuff

Zouk Improvers

Keep It Close

Drop It Like It's Hot

Booking and full class descriptions at
the Weather Centre!

