

CEROC



DANCE • LAUGHTER • MEMORIES

BREEZE

12 -14 OCT 2018

BREAN SANDS

www.cerocescape.com

PASSPORT TO DANCE

DIFFERENT DANCE STYLES
TAUGHT MANY VARIED AND
EXCITING WORKSHOPS OVER 40
HOURS OF FREESTYLE 4
DIFFERENT ROOMS PLAYING
DIVERSE GENRES OF MUSIC
TEACHERS FROM ALL OVER THE
UK SILC EUROPEAN NEO-BLUES
CHAMPIONSHIPS 2018 DJS FROM
FAR & WIDE MASSAGE
SWIMMING WORKSHOP DVDS TO
TAKE HOME MASTERCLASSES
SELECTION OF DANCE SHOES
AND CLOTHING ON SALE ON
LINE BOOKING WITH IMMEDIATE
CONFIRMATION GENDER
CONTROLLED BOOKING SYSTEM
PRIVATE LESSONS PUB QUIZZES
BLUES MASTERS INVITATIONAL



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Welcome

For over 12 years, Ceroc have populated huge, fun-filled dance weekends that attract between 1500-2200 guests. To get that many like minded people continually congregating on dance weekends is a testimony to the passion of our dance community.

There are over 40 classes scheduled this weekend including different dance styles and 4 rooms for freestyle offering various genres of music to appeal to everyone.

We urge you to dip your toes into everything we have to offer, and try something you've never tried before. Whether it's learning a new dance style, freestyling to a completely different genre of music or venturing into an unknown DJ's set, our weekends can open your eyes to brand new adventures. You may even discover a new found passion to take home with you!

At this event, we celebrate the return of the European Neo-Blues Championships. Whether you wish to compete or simply sit back and enjoy the spectacle, our Dance With A Stranger, Open and Masters Invitational categories are sure to excite and inspire. Who will be crowned our 2018 Champions?

We always gender balance our weekends, but cannot control who opts to do what classes or dance in particular dance zones, so there may appear to be an imbalance at certain times, but at least you understand better the dynamic of this weekend.

At Brean you will find the pub is the daytime dancing hub. If you want to step away from classes for a while, socialise or relax, then pop into the pub where we are hosting diverse and exciting freestyle opportunities, quizzes and hopefully a little alfresco dancing (weather dependent).

There are 8 Escape Dance Weekenders every year. If you love this one as much as we hope you will, you can get your next fix at Camber Bliss (2-4 November 2018) or Southport Blush (1-3 March 2019). Online bookings are already open for both of these events...so don't delay!

Thank you for joining us. Have a spectacular weekend!
Mike, Tim and the entire Escape Committee x

Exceedingly Useful Information

PARKING

There is ample parking at Pontins in Brean so there is no need to book a parking space in advance.

WEATHER INFORMATION CENTRE

If you have any problems or questions please come to the 'Weather Information Centre' situated outside the pub, near to the main reception. This is where you can book Private Lessons, Masterclasses and Massage, and buy a range of Ceroc, SILC and Style DVDs. Please remember to leave us your feedback form from the centre of this booklet...your opinions really matter to us!

ACCOMMODATION & ELECTRICITY

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at the Pontins Main reception counter during the daytime, and out of hours at Security at the Club Gate. Remember to turn your Water Heater off after use to save power and money.

LINEN AND TOWELS

Pontins no longer provide these items in rooms. You can buy linen from reception Singles £5 and Doubles £8 to take home with you.

WHAT'S ON TV?

PTV channel on your TV will show a live feed from the Thunderball Room.

GOING GREEN

For environmental reasons, Ceroc have decided to gradually phase out the use of plastic gift bags when you arrive. We also urge you to bring your own reusable beaker or bottle with you each evening (if your tippie is water) so we can reduce the number of plastic cups being wasted. Please empathise that for health and safety, Pontins have a no glass policy, so any of your own glass bottles or beakers will be removed by security.

CHECKOUT INFORMATION

You need to check out by 10am on Monday morning. Please remember to return your keys to reception or leave them at the security gate upon departure.

WIFE SWAPPING

Provided by Ceroc Saturday evening in the Thunderball room.

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

COLOURED WRIST BANDS

You are required to wear your gender coloured wristband all weekend. Without it, you cannot access the main entertainment complex, the workshops and freestyle dancing, the bars or restaurants. Wristbands will be checked at all entrances and by roaming stewards. These wristbands cannot fall off by accident, they can only be removed with scissors, and therefore if you lose your security wristband you will have to buy a replacement (£99).

GENDER BALANCING

As you know, we made the decision to introduce gender balancing into the weekend market as we believe very strongly that both men and ladies should have the same freestyle opportunities. Unfortunately, there is an increasing problem which is jeopardising our best efforts. Essentially, there is an increasing number of ladies outwitting our booking process by booking a gender balanced apartment, yet only the ladies turn up to the event.

At recent events the number of men not turning up has been significant and although we appreciate that there will always be genuine reasons for people dropping out, the numbers involved are increasing and too great to be legitimate in our opinion.

For the time-being we cannot think of a way of preventing this happening, and therefore we are pleading with you to respect the spirit of the gender balancing as it's simply not fair on everyone else. This event should be gender balanced to within 19 people.

CLASS ROTATION

Although we don't encourage it, it is possible to remain with a fixed partner in all classes. There will inevitably be more of one gender than another in some classes, however our gender balancing policy should alleviate this problem considerably.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop, keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh, change your clothes as necessary and wash your hands frequently. Avoid walking across the middle of a busy dance floor. Keep your drinks away from the dance space by using the tables or bar.

HEALTH AND SAFETY

Please do not place drinks on the stage, DJ tables, speakers or on the floor. Use the tables and bars provided. Any drinks placed near electrical equipment will be removed and disposed of by the Ceroc team or bar staff. Disposing of your cups after use reduces cluttering and prevents spillages which can be hazardous and time consuming to clear.

AERIALS, LIFTS AND DROPS

If you anticipate participating in any aerials, lifts or drops classes, then we strongly recommend you bring your own safety matting, as Ceroc will not be providing any. We did provide details of a supplier in your confirmation email, and hopefully therefore you have organised your own. Ceroc will not be held responsible for any personal injury at our weekenders, and therefore it's for you to ensure you are comfortable with the content. You can sit out of any moves that you wish and should leave a class if you are not entirely confident.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

LOOK THE PART!

Forgotten your favourite suede dungarees or danced a hole in your shoe? Balca and her Stand Out Dancewear clothing and footwear range are located in the main Thunderball Room.

DVD OF WORKSHOPS

A DVD of workshops taking place over the weekend will be on sale from 10am on Sunday morning, priced at £20 (£25+ after the event). Visit the DVD sales desk near the Weather Info Desk on Sunday to get your copy before they sell out!

NB: Starters Orders (Beginners), SILC and fee-based Masterclasses are NOT included. Saturday Cabaret, competition and Freestyle footage is included, so dance near the stage if you wish to feature!

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time. Special thanks to Graham Farey, our Head Photographer at this event.

I'M HUNGRY!

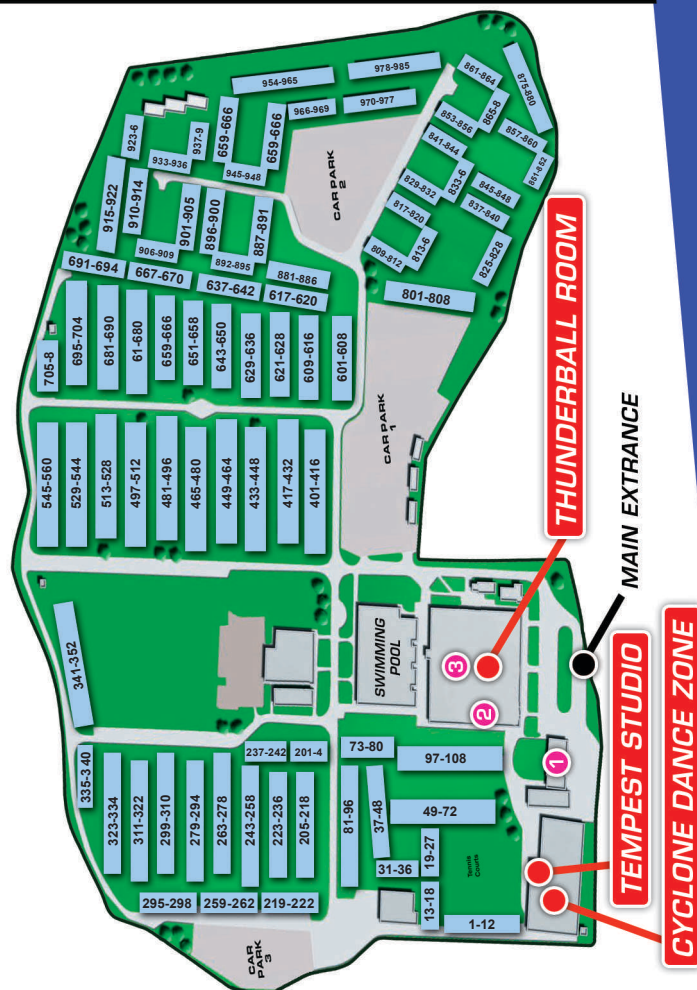
Well we'll try our hardest to keep you fed and watered for your entire stay! There are four places to grab a bite:

- The onsite Restaurant (adjacent to the Boudoir Pub)
- Captain Cod's Fish and Chips Shop (outside, near the Cyclone Room)
- Whistle Stop Chicken and Burgers (at the back of the Thunderball Room)
- Nisa Convenience Store (Near the Main Entrance car park)

Check at reception to find out exact opening times or if you need somebody to point you in the right direction.

You may also wish to bring food with you. Every chalet has its own kitchen, and whilst it isn't Michelin standard, it's certainly good enough to rustle up a well-needed midnight beans on toast.

Map



③ STANDOUT DANCEWEAR SHOP
IN THUNDERBALL ROOM

② QUEEN VIC PUB

① SHOP

List of Activities

BOUDOIR

There will be hours of dancing and entertainment in the Boudoir throughout the weekend. Sack the DJ, quizzes, Swingers Hour, S'Funk, & SILC. Whatever's playing, the Boudoir will be a buzzing hub of daytime freestyle dancing and social intercourse.

THUNDERBALL ROOM

Home of Ceroc Classics, both old and new. Expect Pop, Dance, Motown, Disco, Swing, Latin and floorfillers from all the decades.

CYCLONE

This dance space is used for classes and freestyle during the day. In the evening, it transforms into a delicious melting pot of down-tempo SILC and Blues tunes to help you groove into the early hours of the morning.

TEMPEST

The Tempest is situated in the same building as the Cyclone (next to the very first set of doors). This intimate dance space is being used for Masterclasses throughout the weekend (see below). In the evening, our Blues and Tango aficionados Marc and Rachel will revamp the space into a hub of Milonga and Blues freestyles. (Introductory classes in each of these styles are scheduled if you fancy trying them for the first time this weekend.)

CEROC FOR BEGINNERS - 'STARTERS ORDERS'

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots. We will be hosting workshops specifically designed for Beginners. These will be hosted in different rooms across the weekend, starting at 7pm on Friday in the Tempest Studio. Our Beginner teacher Ashley is a talented, nurturing and very entertaining instructor...we know you will be in the most capable hands.

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability or approach the teachers directly before or after classes. Charge is £50 per hour payable directly to the teachers.

SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing you've brought your own CD collection or iPhone. The decks will be waiting for you in the SILC zone at certain times of the day. There is a schedule on the wall in the Boudoir to book your slot. No double or multiple slots please.

GOOD, BAD, UGLY

We really do care about what our members think, and we read every feedback form. Pat us on the backs or slap our wrists by filling out the centre pages of this booklet and leaving the form at the Weather Information Desk before 10am on the Monday morning. Some of our most inspirational changes have come from you, so don't be shy...grab a pen.

MASTERCLASSES (See TEMPEST)

Masterclasses are small classes that are taught in fixed couples. They provide teacher interaction and the opportunity to master the dance or technique being taught. You do not necessarily have to be an advanced dancer to participate! You do need to book in advance at £5 per head in a fixed couple.

- Ladies Styling Pt 1 & 2 - Top styling tips...girls only!
- Heels, Toes and Slides - Top styling tips...boys only!
- Blues Musicality - Connect with your partner and the rhythm
- Scrolls - Glide effortlessly with these travelling rotations
- Intro To Seducers - Dip and drop safely and stylishly
- How To Win A Competition - Perfect for Champs first timers
- Extreme Leans - Leans and counterbalances with added style
- Signature Moves - Wow moves to impress the crowd
- Kizomba - Sexy Latin dance in close embrace
- SILC Developmental: New Moves - New and advanced SILC
- Argentine Tango Improvers - Step up your tango practice
- Drop It Like It's Hot - Dips, drops and seducers for the adventurous!

EUROPEAN NEO-BLUES CHAMPIONSHIPS

Whether you are a competitor or a spectator, we have three incredible categories that are sure to inspire and excite you this weekend.

See pages 14 and 15 for full details.

- NEO-BLUES INVITATIONAL - On Saturday evening come and watch the former Blues competition winners battle it out for the esteemed title of Champion of Champions! 10:30pm in the Thunderball Room.
- NEO-BLUES OPEN - Register with your partner for the chance to be crowned Blues Champions 2018.
- NEO-BLUES DANCE WITH A STRANGER - Register on your own and get your groove on with a randomly selected partner. How lucky will you be?!

SWIMMING POOL

The swimming pool opening times are at the discretion of the Pontins team, but usually open on Saturday and Sunday. Check at reception for times.

THE GODS OF THUNDER

The evenings will consist of 4 rooms playing different music from our outstanding line-up of DJs.

The 'Thunderball Room' plays popular and new up-tempo sounds every evening until the early hours.

The 'Cyclone' plays host to the smooth and down-tempo Blues and SILC sets of the weekend.

The 'Boudoir', otherwise known as the 'Pub', will be the non-stop music and entertainment hot-spot in the daytime, and provides any budding DJs out there with the opportunity to own the decks for a pre-booked 30 minute slot in the evening. See "Sack The DJ".

The 'Tempest Studio' (adjacent to the 'Cyclone') will host Masterclasses by day, and transform into our dedicated Milonga and Blues Lounge every evening. With special thanks to Marc Forster and Rachel Pears.

Our Gods of Thunder this weekend are:

James Ross, Jon Gammon, Tony Riccardi, Kieran Moore, Steve Thomas, Tim Sant-Turner, Sheena 'Tiggerbabe' Assiph, Casey Bromage, Neil Strugnell, Kevin Hyde, Dale 'Smood' St Rose, Vince Silva, Caine Langford, Marc Forster, Rachel Pears, John Baker, Debs Attwood, Mike Ellard, David Rokov and Danny Gallina.

SPECIAL THANKS

Our weekend events would not be the success that they are without our exceptional crew. It's the people behind the scenes from set-up through to take down who often go unrecognised and we would therefore like to show our appreciation to all the crew.

Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Chief Unicorn Gaynor Crocombe and the Weather Centre team, Registration and the Duty Management Team...you are the engine that keeps the Ceroc Escape machine running.

Special thanks go to Myles Woodhouse and his many set up and pack down Bulls.



SUN 05 MAY 2019

The London Champs is Ceroc's very own National Institution. This year, our 20th Championships was the biggest and best yet, with new competitors, new categories, the highest number of first time participants that we have ever celebrated, and some incredible new talent taking home trophies.

The Champs is our longest standing annual national event and odds are on for our 21st Birthday to top them all!

I've been involved with the Champs for the last 18 years and have seen quite a few changes in location and format but can genuinely say that the Champs now is the most fabulous event for both competitors and spectators that it has ever been.

We have made it as easy as possible for regular dancers to take part, so if you haven't competed previously then make this year YOUR year to experience the adrenaline and endorphins that make taking part in the Champs so exciting and addictive.

I'm very proud of this event and would love for you to share the Champs experience with me and our dedicated team.

Hopefully see you there! David Bradley, Event Organiser

www.CerocChamps.com

WWW.CEROCESCAPE.COM

BREEZE
SOMERSET

You are HERE!

Brean

BLISS
CAMBER

02 - 04 NOV 2018

Camber

SWISH
NORFOLK

08 - 10 FEB 2019

Norfolk

BLUSH
SOUTHPORT

01 - 03 MAR 2019

Southport

STORM
CAMBER

15 - 17 MAR 2019

Camber

LONDON
**ceroc
champs**

05 MAY 2019

London

SCORCH
SOUTHPORT

07 - 09 JUN 2019

Southport

jamfest
It's all about the music

28 - 30 JUN 2019

Camber

SPLASH
SOUTHPORT

30 AUG - 01 SEP 2019

Southport

MEDFEST

15 - 22 SEP 2019

**TICKETS WILL SELL
OUT FAST!**



THE BIGGEST DANCE HOLIDAY ON THE PLANET

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theteam@clubdanceholidays.co.uk

Tel: 02070994816

club
dance





European Neo-Blues **Masters Invitational**

European Neo-Blues **Open Championship**

European Neo-Blues **Dance With A Stranger** **Competition**

There is **NO CHARGE** for any of these competitions.
Registration will take place at the Competition Entry Desks in:
Cyclone Dance Zone from Friday 10pm - 12am midnight
and Queen Vic Pub from Saturday 12pm midday - 4pm



Performances - Saturday 10:30pm in
Thunderball Room. *Come and see who is*
crowned the Champion of Champions!

Heats Saturday - Midnight in Cyclone
Semi Finals - Sunday 9:30pm in Cyclone
Finals - Sunday 10:30pm in Cyclone
Prize Giving - Midnight in Cyclone
Register with your partner for your chance to
compete.

Heats and Finals - Sunday 1:15pm in Cyclone.
Register for your chance to compete.
No need to register with a partner.

BLUES OPEN We will require both names in the partnership
DANCE WITH A STRANGER We will require one name only
Full competition rules can be found at:
www.cerocescape.com/breeze

BREEZE WEEKENDER FEEDBACK

... HAVE YOUR SAY

The good, the bad and the downright ugly!
All feedback is read and valued. You will even be entered into
our prize draw to win your next weekender chalet for free!

Please tear these pages out of your booklet and leave in the
'Feedback Box'. The box will be placed at reception during
opening hours between 10am and 10pm. Thanks for your time.

Full Name

Which DJs were hotter than Donald Trump's curling tongs?

Email Address

Which tracks or music did you personally not enjoy?

Telephone Number

How many Escape Weekenders have you ever attended?

What did you think of the Blues Championships?

Which was your favourite lesson and/or teacher?

Any suggestions that you would like to see at future events?

Which classes were your least favourite and why?

Anything else that you would like to add?

CEROC CRUISE

Italy - Venice, Bari.

Greece - Piraeus (Athens), Santorini,
Corfu, Katakolon (Olympia).

Montenegro - Kotor.



- 7 Nights Full Board Mediterranean Cruising
- Sailing from and to Venice, Italy.
- Flight available from London Gatwick, London Heathrow, Manchester, Edinburgh, Dublin, Leeds, Bradford & Birmingham*
- An all-inclusive drinks package
- Full access of the ships fantastic facilities
- A cultural range of ports
- Exclusive use of daytime and evening dance space, both indoors and out in the open air
- Optional 3 Night Pre/Post Cruise Venice Mestre Stay

All of this, including your own dedicated crew of Ceroc and Fusion Cruises professionals.

* Regional flight supplement may apply

7 NIGHT CRUISE ONLY FROM £999 PER PERSON
7 NIGHT FLY, CRUISE FROM £1,319 PER PERSON
10 NIGHT FLY, STAY & CRUISE FROM £1,429 PER PERSON

"The holiday of a lifetime" is how most people tend to describe their Ceroc Cruise experience to me. A cruise gives you the opportunity to see lots of interesting destinations and soak up breathtaking surroundings with minimal fuss, all whilst enjoying great food, excellent service and an all-inclusive drinks package. There's nothing quite like sipping a cocktail in the early hours of the morning when your dancing feet need a rest.

Each year, I carefully choose the finest crew who can provide outstanding dance classes, excellent DJ sets and non-stop entertainment. Based on your feedback in recent years we have some really great people in our team, and we cannot wait to reveal our 2019 cohort.

With prices from £142 per day, this holiday really is affordable, and the ship have negotiated a special deal for Ceroc guests only - the all-inclusive drinks package is on the house!

It's important to understand that the longer you leave it to book, the more expensive it will be, so if you want to go on this awesome holiday at the best price, you only need to find £300 deposit and reserve your place now.

Happy sailing!

Michael Ellard
Owner of Ceroc

Fusion Holidays can tailor make a package to suit your individual requirements. Please call 01903 694322 to discuss



DEPOSITS FROM **ONLY £300** PER PERSON
01903 694322 TO DISCUSS OPTIONS

WWW.CEROCCRUISE.COM

NEXT CAMBER WEEKENDER

BLISS

02 - 04 NOV 2018

NEXT SOUTHPORT WEEKENDER

BLUSH

01 - 03 MAR 2019

MORE INFO & BOOKING

WWW.CEROCESCAPE.COM

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified practitioners will be offering a variety of treatments.

BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

Deep tissue massage (£25 for 30min)

Great for releasing aches and restoring tired muscles.

Osteopathic Treatment (£25 for 30 mins)

Focuses on total body health by treating and strengthening the musculoskeletal framework

Acupuncture (£25 for 30 mins)

Uses fine sterile needles placed in specific points on the body to balance energy.

Kinesiology (£25 for 30 mins)

Gentle muscle testing, good for relieving and preventing muscle strain.

Top to Toe Massage (£50 for 60 mins)

Combining Indian Head, Osteopathic therapy, massage & reflexology

Sports Injuries Treatments (£25 for 30 mins)

If you have specific injuries we can provide diagnosis and treatment

Relaxing Massage (£25 for 30 mins)

Stroking massage with essential oils to relieve stress, tension, pain etc

Reflexology (£25 for 30 mins)

Using pressure points in the feet to treat a wide range of body ailments

FREESTYLE FILMING ON SATURDAY EVENING IN
THUNDERBALL ROOM FROM THE STAGE

WORKSHOPS* FROM THIS WEEKEND

WORKSHOP DVD

AVAILABLE
THIS SUNDAY

How can you remember all the workshops from this weekend? We have the solution!

**We're selling DVDs to take home with you
on Sunday from 10am till 8pm near the info desk.**
2 DVD discs set including Saturday Cabaret Hour &
Freestyle. £20 event price, usually £25.

LIMITED AVAILABILITY, GRAB BEFORE SELL-OUT!

* This DVD does NOT include Beginners, SILC® and fee-based Master classes.

Teachers

Adam Deller (ADe) Adam and partner Leigh are currently making waves in the South East. They are both exceptional dancers, talented choreographers and Ceroc Championship royalty...they've got the medals to prove it! "What The Duck?" is their latest (and most hilariously named) workshop which will teach you the skills behind stylish head rolls.

Ashley Davis (ADa) Despite being one of the youngest teachers on the circuit, Ashley's knowledge, talent and seamless teaching style is shaping him into one of the stars of the future. This weekend he has the important task of nurturing our first timers through their Beginner workshops. Ashley is friendly, patient and thorough in his delivery, so newbies, we can confidently say you are in the safest of hands!

Becki Rendell (BR) When it comes to dance credentials, Becki has it all. Most recently she bagged the Grand Masters Trophy at the Ceroc Championships. It won't take long for you to realise why she is the winner of the highest accolade on the dance circuit. Oozing with style both on the floor and the stage, she is guaranteed to inspire your dancing and make you look as good as you feel.

Caine Langford & Danni Moore (C&D) Choreographic masterminds, competition legends and one of the finest teacher duos on the circuit, Caine and Danni never cease to deliver crowd pleasing classes. If you want to dance like the pros, their challenging 'Scrolls' Masterclass is not to be missed.

Dale St Rose (DS) 'Smood' by name, and oh so smooth by nature. Our current Ceroc Open Championship winner Dale is king of rhythm and master of innovation. At Breeze, he proves he is so much more than Ceroc. His Kizomba and Bachata classes are on offer for those looking for a little Latin dance adventure this weekend.

Dan Hewitt-Green (DH) With a rich background in Blues, Dan's lessons always focus strongly on technique, connection and style. His 'Magic Moments' choreography has already received incredible reviews, so we are confident our Breeze dancers will enjoy the lesson too. 'Movement Mechanics' is the one to watch this weekend though. A brand new workshop, it covers how to flow your movement with your partner to add new dimensions to your dancing.

Debbie Attwood (DA) Debbie is one seriously hot Grandma, and a true Ceroc Goddess with bucket-loads of charisma and a motivating teaching style. She hosts Blaze and Medfest, our legendary dance holidays, and anyone who has been travelling with her knows that she is a real party starter. The aptly named 'Caliente' delivers new moves with a heavy dose of Latin heat, and her brand new 'Heart to Heart' workshop is a must for all Intermediate level dancers.

Ekow Oduro (EO) You'll be mesmerised as you watch Ekow dance. A true master of innovation, he can take the most pedestrian movement and transform it into a jaw-dropping spectacle. It's not often the lads get their own workshop, but Ekow's 'Heels, Toes and Slides' Masterclass is for men only, and will provide you with an extensive repertoire of styling tips that impress in both freestyle, and the competition floor.

Ivan & Kate Burton (I&K) Superstars of the South West Ivan and Kate operate some of the most successful dance events in the UK. They have been extremely busy running the awesome Ceroc Devon area and looking after a baby, so we feel very privileged to have them at Breeze. Talented dancers, exceptional teachers, wonderful people and deliciously easy on the eye, The Burtons bring joy and creativity to any stage.

Kieran Moore & Charlie Brownlee (K&C) When two of the most talented and well-loved teachers join forces, you can expect dance floor magic. This partnership are always pushing the boundaries of dance, and their groundbreaking success with SILC is a testament to their innovation. Their unique teaching style ensures that both the leads and the follows leave their classes feeling enriched and confident. Spoiler alert...they're rather good at what they do.

Kirstie Roper & Shaun Dobie (K&S) West Country lovelies Kirstie & Shaun are back by popular demand, and their lessons this weekend will cover two very desirable techniques. 'Swapsies' will get you switching the lead between your partnership and 'KAPOW!' will teach you how to break and freeze with style.

Lyndsey Bennett (LB) Lyndsey is a force to be reckoned with, oozing style and versatility on every dance floor. As accomplished in Swingers hour as she is in the SILC room as she is in the Tango quarter as she is in the Blues lounge, this dynamic teacher and performer is living proof that you really can be the full package. This weekend, 'Centripetal Force' is not to be missed for any advanced dancers looking for some brand new and impressive movement material.

Marc Forster & Rachel Pears (M&R) Back by overwhelming demand, Marc & Rachel are once again hosting the increasingly popular Blues and Milonga lounge this weekend. Seasoned pros and new starters alike are welcomed to participate in this exciting freestyle (every evening in the Tempest Studio, just off the Cyclone dance area).

Natalie Baker (NB) Making her weekender debut at Breeze 2018, Natalie Baker is our newest teacher on the team, and bursting with fresh ideas for you to learn. 'Rapid Redirection' explores using blocks and freezes to create a change of momentum. If all of this technical jargon confuses you however, take our word for it, this is one class that will enhance your dancing and leave you inspired in freestyle.

Nigel & Nina (N&N) Our esteemed Blues Championship Judges are back! With Breeze being the home of the European Neo-Blues Champs, it wouldn't be the same if top UK Blues Dancers Nigel & Nina weren't here. Whether you want to brush up on your social Blues freestyle, or learn a few tricks of the trade for the competitions, there is plenty to pick up from this dynamic dance partnership.

Richard & Zoe Beauvoisin (R&Z) Not to be missed this weekend are the inspirational husband and wife teaching duo Richard and Zoe. Their elegance and show-stopping moves are second to none. Everyone loves their humorous, encouraging and clear classes, so check out their 'Signature Moves' Masterclass and 'Level Up!' class this weekend for fun, flair and fabulousness!

Steve Thomas (ST) Granted, he's getting on a bit, but with a sparkly new knee replacement, he has never felt more chipper. An incredibly talented teacher and choreographer, mastermind behind Ceroc Evolution and host for such prestigious events as Ceroc at the legendary O2, the inimitable Steve Thomas is kind of a big deal. If you're a "tell it to me straight" sort of learner, then he's your man!

Tim Sant-Turner (TST) Equipped with sparkly new double-barrelled surname, Tim is now officially hitched, but thankfully he's bringing the missus along to Breeze. As Head of Dance for Ceroc, Tim's teaching ability can make the unimaginable seem entirely possible, and his awesome humour will keep you entertained whilst you learn. The latest string to his bow? A Yoga teaching qualification. Get your stretchy pants out and join him on Saturday afternoon in the Tempest Studio.



Thunderball Room (Main Room)



Cyclone (Blues/SILC Room)



Tempest (Adjacent to Cyclone)



Boudoir (Pub)

Workshops are shown in **RED**

Masterclasses are shown in **BLUE**
(Book in advance at the Weather Centre)

(**Beg**) These classes are suitable for complete Beginners.
(**-Int**) Early Intermediate Lesson, easy and achievable.
(**Int**) Regular Intermediate Lesson, for established dancers.
(**Int+**) More difficult Intermediate Lesson, a challenge for most.
(**Adv**) High level and hard moves. No Beginners or early Intermediates.
(**All**) Suitable for everyone.

| FRI | Thunderball Room | Cyclone | Tempest Studio | The Boudoir (Queen Vic) |
|-------|---|--|--|---|
| 19:00 | Ceroc Freestyle James Ross Up-tempo classics & new releases | Closed | Starters Orders (Beg) ADa Complete Beginners Ceroc class | 15:00 Sack the DJ Prebook your 30 minute slot |
| 20:00 | Breeze Breaker (All) TST Intermediate Ice-Breaker Lesson | Ceroc Freestyle Up-tempo classics & new releases | Starters Orders (Beg) ADa Complete Beginners Ceroc class | 20:00 Sack the DJ Prebook your 30 minute slot |
| 21:00 | Ceroc Freestyle Jon Gammon Up-tempo classics & new releases | Blues Breaker (All) N&N An intro to Blues (9.15-10.15pm) | Closed | 21:00 Sack the DJ Prebook your 30 minute slot |
| 22:00 | Ceroc Freestyle Tony Riccardi | Blues Lounge Rachel Pears | Closed | 22:00 Sack the DJ |
| 23:00 | Ceroc Freestyle Kieran Moore | SILC Zone Neil Strugnell | Milonga Marc Forster (11-12) | 23:00 Sack the DJ |
| 00:00 | Ceroc Freestyle Tim Sant-Turner | SILC Zone Kevin Hyde | Blues Marc & Rachel (12-4) | 00:00 Sack the DJ |
| 01:00 | Ceroc Freestyle Steve Thomas | SILC Zone Smood | Blues Marc & Rachel (12-4) | 01:00 Closed |
| 02:00 | Ceroc Freestyle Casey Bromage | SILC Zone Tim Sant-Turner | Blues Marc & Rachel (12-4) | |
| 03:00 | Closed | SILC Zone Vince Silva | Blues Marc & Rachel (12-4) | |
| 04:00 | | SILC Zone Caine Langford | Closed | |
| 05:00 | | Closed | | |
| | | | | |
| | | | | |
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| SAT | Thunderball Room | Cyclone | Tempest Studio | The Boudoir (Queen Vic) | |
|-------|---|--|---|-------------------------|--|
| 09:30 | Starters Orders (Beg) ADa Complete Beginners Ceroc class | Closed | Closed | 10:00 | Sack the DJ Prebook your 30 minute slot |
| 10:45 | Caliente! (Int+) DA Hot New Moves with Latin flavour | SILC (Int) ST Intro to smooth, slotted SILC | Ladies Styling 1 BR Lady's Masterclass (All) | 11:00 | Sack the DJ Prebook your 30 minute slot |
| 12:00 | Introduction To Whips (Int) TST Master this dynamic technique | Level Up! (All) R&Z Take your dancing to another level | Blues Musicality N&N Masterclass (All) | 12:00 | Sack the DJ Prebook your 30 minute slot |
| 13:15 | Levels (Int+) K&C Experiment with varying heights | Centripetal Force (Adv) LB Challenging balanced rotations | Scrolls C&D Masterclass (Int+) | 13:00 | Big Fact Hunt Lunchtime Quiz with Stevie T |
| 14:30 | Magic Moments (Int) DH Add 'WOW' factor to easy moves | Ceroc Classics Tony Riccardi Your favourite up-tempo tunes | Heels, Toes & Slides EO Men's Masterclass (All) | 14:30 | SILC Vibe Danny Gallina A heavy dose of groove |
| 15:45 | Infinity (Adv) TST Smooth and continuous flow | Blues Practice Tiggerbabe Pure Blues Zone | Intro To Seducers ST Masterclass (Int) | 15:30 | S'FUNK! Vince Silva Soul Funk Classics |
| 17:00 | Tangled Up (Int+) BR Impressive knotted arm patterns | Tango for Beginners (Int) M&R Intro to Argentine Tango | How to Win a Competition K&C Masterclass (Int) | 17:00 | SILC Zone David Rokov Down-tempo tunes |
| 18:15 | Bachata (Int) DS Sexy Latin dance - plenty of hip! | Nu Old Skool (Int+) EO Give old moves a stylish facelift | Extreme Leans N&N Masterclass (Adv) | 18:00 | SILC Lyrical Tim Sant-Turner Soft and dreamy |
| 19:30 | Starters Orders (Beg) ADa Complete Beginners Ceroc class | Closed | Yoga (All) TST Bring your own mat/towel | 19:00 | Sack the DJ Prebook your 30 minute slot |
| 20:30 | Ceroc Freestyle James Ross | Blues Practice Tiggerbabe | Closed | 21:00 | Sack the DJ |
| 21:30 | Ceroc Freestyle Casey Bromage | Blues Practice Tiggerbabe | Closed | 22:00 | Sack the DJ |
| 22:30 | Masters Jack 'n' Jill Invitational | SILC Zone Kevin Hyde | Closed | 23:00 | Sack the DJ |
| 23:30 | Ceroc Freestyle Tony Riccardi | Pure Blues John Baker | Closed | 00:00 | Closed |
| 00:00 | Ceroc Freestyle Tony Riccardi | Blues Open Champs Heats | Closed | | |
| 00:30 | Ceroc Freestyle Jon Gammon | SILC Zone Steve Thomas | Blues Marc & Rachel (12.30-4) | | |
| 01:30 | Ceroc Freestyle Tim Sant-Turner | SILC Zone Vince Silva | Blues Marc & Rachel (12.30-4) | | |
| 02:30 | Ceroc Freestyle Tiggerbabe | SILC Zone Kieran Moore | Blues Marc & Rachel (12.30-4) | | |
| 03:30 | Closed | SILC Zone John Baker | Blues Marc & Rachel (12.30-4) | | |
| 04:30 | | SILC Zone Smood | Closed | | |
| 05:30 | | Closed | | | |

| SUN | Thunderball Room | Cyclone | Tempest Studio | The Boudoir (Queen Vic) | |
|-------|---|---|---|-------------------------|--|
| 09:30 | Starters Orders (Beg) ADa Complete Beginners Ceroc class | Closed | Closed | 10:00 | Sack the DJ Prebook your 30 minute slot |
| 10:45 | Follow My Lead (Int) C&D Essential Lead and Follow skills | Bridge The Gap (-Int) ADe Exciting Beginners developments | Signature Moves R&Z Masterclass (Adv) | 11:00 | Sack the DJ Prebook your 30 minute slot |
| 12:00 | Ready? Rock 'n' Roll! (Int) LB Get ready for Swingers Hour! | Swapsies! (Int) K&S Hijack and swap the lead | Kizomba DS Masterclass (All) | 12:00 | Sack the DJ Prebook your 30 minute slot |
| 13:15 | What The Duck? (Int+) ADe Stylish ducks and head rolls | Blues Dance with a Stranger Heats - 13:15 start | SILC Developmental: New Moves K&C Masterclass (Adv) | 13:00 | Big Fact Hunt Lunchtime Quiz with Stevie T |
| 14:30 | Fast & Furious (Adv) I&K Sharp, quick, powerful movements | Blues Dance with a Stranger Finals - 14:30 start | Ladies Styling 1 BR Lady's Masterclass (All) | 14:30 | Sack the DJ Prebook your 30 minute slot |
| 15:45 | Brand Spanking New (Int) ST New moves for your repertoire | Rapid Redirection (Int+) NB Dynamic blocks and redirections | Argentine Tango Improvers M&R Masterclass (Int+) | 15:30 | Swingers Hour Mike Ellard |
| 17:00 | KAPOW! (Int+) K&S Hot breaks oozing with style | Heart To Heart (Int) DA Connect, but not chest to chest! | Drop It Like It's Hot T&H Masterclass (Adv) | 16:30 | SILC Zone John Baker Down-tempo tunes |
| 18:15 | Time To Think (-Int) I&K Easy moves that can be repeated | Movement Mechanics (Int+) DH Flow energy with your partner | Closed | 18:00 | SILC Zone Kieran Moore Down-tempo tunes |
| 19:30 | Zumba (All) BR Fierce Latin Dance workout | Closed | Closed | 19:30 | SILC Zone Smood Down-tempo tunes |
| 20:30 | Ceroc Freestyle Debs Attwood | Pure Blues John Baker | Kizomba Freestyle Rachel Pears | 20:30 | Sack the DJ |
| 21:30 | Ceroc Freestyle Debs Attwood | Blues Open Semi Finals (21:30) | Closed | 21:30 | Sack the DJ |
| 22:00 | Ceroc Freestyle Steve Thomas | Pure Blues John Baker | Closed | 22:30 | Closed |
| | | Blues Open Finals (22:15) | Closed | | |
| 23:00 | Ceroc Freestyle Casey Bromage | SILC Zone Kevin Hyde | Milonga Marc Forster (11-12) | | |
| 00:00 | Ceroc Freestyle Smood | Blues Open Prize Giving (00:00) | Blues Marc & Rachel (12-4) | | |
| | | SILC Zone Neil Strugnell (00:15) | Blues Marc & Rachel (12-4) | | |
| 01:00 | Ceroc Freestyle Tony Riccardi | SILC Zone Tiggerbabe | Blues Marc & Rachel (12-4) | | |
| 02:00 | Ceroc Freestyle Jon Gammon | SILC Zone Caine Langford | Blues Marc & Rachel (12-4) | | |
| 03:00 | Closed | SILC Zone Kieran Moore | Blues Marc & Rachel (12-4) | | |
| 04:00 | | SILC Zone Marc Forster | Closed | | |



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