



**BLISS**

03 – 05 NOV 2017

CAMBER

**[www.cerocescape.com](http://www.cerocescape.com)**

PASSPORT TO DANCE

DIFFERENT DANCE STYLES  
TAUGHT MANY VARIED AND  
EXCITING WORKSHOPS OVER 50  
HOURS OF FREESTYLE  
DIFFERENT ROOMS PLAYING  
VARIED STYLES OF MUSIC  
TEACHERS FROM ALL OVER THE  
UK DJs FROM FAR & WIDE  
SILENT DISCO MASSAGE  
SWIMMING WORKSHOP DVDS TO  
TAKE HOME MASTERCLASSES  
SELECTION OF DANCE SHOES  
AND CLOTHING ON SALE  
QUIZZES ON LINE BOOKING  
WITH IMMEDIATE  
CONFIRMATION GENDER  
CONTROLLED BOOKING SYSTEM  
PRIVATE LESSONS



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## Welcome

For over 10 years, Ceroc have populated huge, fun-filled dance weekends that attract between 1000-2200 guests. To get that many like-minded people continually congregating on dance weekends is a testimony to the passion of our dance community.

There are over 40 classes scheduled including different dance styles and 4 rooms for freestyle offering various genres of music to appeal to everyone.

We urge you to dip your toes into everything we have to offer, and try something you've never tried before. Whether it's learning a new dance style, freestyling to a completely different genre of music or venturing into an unknown DJ's set, our weekends can open your eyes to brand new adventures. You may even discover a new passion to take home with you!

We always gender balance our weekends, but cannot control who opts to do what classes or dance in particular dance zones, so there may appear to be an imbalance at certain times, but at least you understand better the dynamic of this weekend.

At Camber you will find the pub is the daytime entertainment and freestyle hub, so if you want to step away from classes for a while, socialise or relax, then pop into the pub, join a pub quiz team, dance to our budding amateur DJs and maybe even try playing some music yourself!

There are 8 Escape Dance Weekends every year and 3 of them are based at Camber, so if you love this one as much as we hope you will, you can get your next Camber fix in March 2018. On-line bookings open for 'Storm' after this event. If you can't wait that long try 'Blush' at Southport in February.

Have a fabulous weekend!

Mike, Tim and the entire Escape Committee

# Exceedingly Useful Information

## **PARKING**

Parking is limited at Camber and consequently we sell parking vouchers leading up to the event. If you have not booked on-site parking then you will need to park offsite as we have sold out of spaces. Please note, you may be ticketed by the local authorities if you park illegally with any wheel on the pavement or grass. We cannot be held responsible for any loss or damage to vehicles. We may be able to let cars on-site from Sunday 2pm (check at the gate).

This is the only event we charge for parking and this is simply to encourage car sharing as there are not enough parking spaces on-site and the town can't cope with excessive street parking. By charging for parking, we have been able to hold the price of accommodation.

## **PROBLEMS?**

If you have any problems or questions please come to the 'Weather Information Centre' situated in the foyer of the main complex. Pontins reception is also manned and there is security on duty all night.

## **CLASS ROTATION**

Although we don't encourage it, it is possible to remain with a fixed partner in all classes. There will inevitably be more of one gender than another in some classes, however our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist.

## **DANCE ETIQUETTE**

Please be considerate to your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind as we will not be held responsible for any injuries that you incur. There will be hours of dancing so remember to stay fresh and wash your hands regularly.

## **ACCOMMODATION**

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported to Pontins reception. If your electricity is metered, you will need tokens. See 'Electricity' overleaf.

**LINEN AND TOWELS** Pontins are no longer providing these items. You can buy linen from reception Singles £5 and Doubles £8 to take home with you.

## **ELECTRICITY**

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. Keeping the water heater on permanently will use a lot more electricity so you are advised to switch it off after your long and leisurely shower.

## **WEATHER INFORMATION CENTRE**

Located in the main foyer, this is where you can book Masterclasses, Massage, organise Private Lessons and buy from a range of Ceroc and Style DVDs.

## **PHOTOGRAPHS AND FILMING**

All recordings and photographs made during this event are the property of CEROC and may be used by them at any time. Our social photographer is Graham Farey. A selection of photos taken over the weekend can be found on his Facebook page [www.facebook.com/maidstonephotography](http://www.facebook.com/maidstonephotography), with the full album on [www.ceroc.com](http://www.ceroc.com).

## **WATER**

We have organised complimentary water from coolers in the main dance venues (subject to availability).

## **I'M HUNGRY!!!**

No problem! There are various places to get food on site including take away pizza, chicken etc at Whistle Stop situated outside the Queen Vic entrance, Hot Meals in Sands Restaurant (Open 8-10am, 12-2pm, 6-8pm) situated behind the arcade, or for those looking to self cater, a Nisa Convenience Store is also on-site.

## **CHECKOUT INFORMATION**

You need to check out by 10am on Monday 6th November 2017. Please leave your keys at reception or with the security gate upon departure.

## **DVD OF BLISS CLASSES**

DVDs of workshops taking place over the weekend will be on sale from 10am on Sunday morning priced at £20 (£25+ after the event). Visit the sale desk near the Weather Info Desk on Sunday to get your copy before they sell out!!!  
Note: Starters Orders, SILC and fee-based Masterclasses are not included.

## WHIRLWIND BAZAAR

Forgotten your velvet dance codpiece or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear range are located in the main foyer. [www.standoutdancewear.co.uk](http://www.standoutdancewear.co.uk)

## CLOAKROOM

There will be no cloakroom facility due to lack of use at previous events.

## COLOURED WRIST BANDS

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated, without a correctly coloured wristband. Wristbands will be checked at all entrances or by roaming stewards. When you are wearing a wristband you can leave and re-enter the site at any time.

These wristbands can only be removed with scissors and therefore cannot fall off by accident. If you lose your security wristband you will have to buy a replacement (£99).

## CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for Beginners. These will be held in the Tempest Studio which is located in the far left corner of the main ballroom. These workshops will be progressive and totally rewarding for all new starters. Commencing at 7.30pm on Friday and continuing throughout the weekend there will be 5 classes in total.

## CEROC FOR NEW INTERMEDIATE DANCERS

Based on feedback from past events we also schedule classes for very early intermediate dancers so that we appeal to everyone. Look out for sessions that say (All) or (-Int).

## WHERE AND WHEN?

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

## TERMS AND CONDITIONS

Terms and Conditions apply and can be found on our website.

# Map



- ① SUPERMARKET
- ② QUEEN VIC PUB
- ③ STANDOUT DANCEWEAR SHOP
- ④ SWIMMING POOL



# List of Activities

## MASTERCLASSES

With a maximum capacity of 34 people in fixed couples (excluding Ladies Styling), these sessions are for those people wanting to master the art of particular dances and techniques. These classes are pre-bookable at the Weather Centre at a charge of £5 per head.

- **Ladies Styling 1 & 2 (All)** with Becki Rendell - solo ladies only, this masterclass will teach you about posture, movement, arms etc. to help make you a more elegant and stylish mover.
- **Baby & Major Aerials (Int+/Adv)** with Tony & Hayley - Two workshops covering both small and challenging lifts to get your partner flying. (NB: aerials cannot be performed on the freestyle dance-floor.)
- **Zouk (All)** with Ekow Oduro & Sarve Didar - Learn the fundamentals to this slinky Latin style dance.
- **ToneZ (Int+)** with Toni Sails - Toni's signature style: a blend of Zouk & WCS movements with intricate and lyrical interpretation.
- **Solo Contemporary (All)** with Tim Sant - Creative solo dance style. Dress comfy and be prepared to roll around the floor!
- **Mastering Seducers (All)** with Lyndsey Bennett - Oozing with technique, everything you need to know about safe and stylish dips and drops.
- **Me, You and the Music 1 & 2 (Int/Int+)** with Jamie Eddy - Become the master of musical interpretation.
- **Standout Dance Moves (Adv)** with Matt Blain & Victoria Pollard - Competition moves taught by the top competition winners.
- **Head Rolls and Hairography (Adv)** with Tony Sails - Get the professional edge with these ducks and head movements.
- **SILC Clinic (All)** with Kieran & Charlie - Perfect your SILC dancing and learn the secrets to success from the very people who created the dance.
- **Scrolls (Adv)** with Caine & Danni - Sweep the floor and travel with style.

## PERFORMANCE CLASSES

Lisa Maddocks will be hosting these exciting choreography sessions that will culminate in a Performance on Saturday night. Participate in the performance by doing the 3 Performance Classes on Saturday from 2.30pm in the Tempest Studio. Dress code for the performance - 'Wild West'. Think jeans, check shirts, boots, cowboy hats and pigtails.

## DAY TIME DANCING

Aside from dancing in the Boudoir you will find freestyle dance sessions on Saturday & Sunday afternoon in the Cyclone.

## MUSIC

As well as our regular up-tempo Ceroc and down-tempo SILC freestyle sessions, don't forget to check out Silent Disco, Motown, S'Funk, Tango, Blues, Swingers hour and our brand new freestyles 'SILC Gold' (classic and well-loved slower tempo tracks from the archives), 'SILC Vibe' (funky tracks perfect for afternoon grooving) and MOJO (hardcore Dance, House and Club Classics for all you glow-stick wielding ravers!)

## SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing that you brought your phone or laptop. The decks will be waiting for you in the Boudoir.

## GREAT ESCAPEE COMPETITION

If you want to enter the Great Escapee Competition and win your place in the Ceroc Champs Final 2018 then be in the Thunderball Room by 10.45pm on Saturday night. The competition will take place at some time around the Cabarets and could result in a free Escape Weekend in 2018, if you win in the final at the Ceroc Champs of course!

## BIG FACT HUNT

Test your wits against your friends with Quiz Master Steve. Teams of 6 or less Saturday & Sunday. Be prepared, these quizzes are for over 18s!

## SILENT DISCO

If you've never tried Silent Disco before, this is a must. We supply the headsets, you choose the channel from 3 various playlists including a party channel and Motown Channel. Change channel as often as you like. Friday and Saturday night only from midnight to 2am in the Cube.

**SWIMMING POOL** Check at reception for pool opening times.

## PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for guidance or help, or, if you know who you want a lesson with approach the teacher directly. Charges £50 per hour payable to the teachers directly.

# THE GODS OF THUNDER

The evenings will consist of 3 rooms playing different music from our outstanding line-up of DJs.

The Thunderball Room playing popular and new uptempo sounds every evening until 3.30am on Saturday and Monday morning and 4.00am on Sunday morning.

The 'Tempest Studio' plays host to the Milonga and Blues sets of the weekend.

The 'Cyclone' SILC Lounge, will be the non-stop music hot-spot in the afternoons, and will play a mix of chilled genres every night until the sun comes up.

Our Gods of Thunder this weekend are:

Marc Forster, Rachel Pears, Tim Sant, Vince Silva, Dale 'Smood' St Rose, Mike Ellard, Jon Gammon, Lisa Benson, Paul Brooks, Miranda Hewitt-Green, James Ross, Kieran Moore, John Baker, Toni Sails, Hayley Epps, Tony Riccardi, Denise Jaques, Danny Gallina and Neil Strugnell.

## SPECIAL THANKS

Our weekend events would not be the success that they are without our exceptional crew. It's the people behind the scenes from set-up through to take down who often go unrecognised and we would therefore like to show our appreciation to all the crew.

Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Gaynor Crocombe and the Weather Centre team, Registration and the Duty Management Team...you make this event what it is, so thank you.

Special thanks go to 'Head Bull' Myles Woodhouse and his many set up and pack down 'Calves'.



## SUN 06 MAY 2018

The London Champs is Ceroc's very own National Institution. Next year is our 20th Championships and will undoubtedly be the one to win. The Champs is our longest standing annual national event and it's entirely possible we will have competitors this year who were not born when we ran the first one in 1998.

I've been involved with the Champs for the last 17 years and have seen quite a few changes in location and format but can genuinely say that the Champs now is the most fabulous event for both competitors and spectators that it has ever been.

We have made it as easy as possible for regular dancers to take part, so if you haven't competed previously then make this year YOUR year to experience the adrenaline and endorphins that make taking part in the Champs so exciting and addictive.

I'm very proud of this event and would love for you to share the Champs experience with me and our dedicated team.

Hopefully see you there.

David Bradley  
Event Organiser

[www.CerocChamps.com](http://www.CerocChamps.com)

[www.CerocEscape.com](http://www.CerocEscape.com)

**BLISS**  
CAMBER

You are HERE! Camber

**SWISH**  
NORFOLK

16 - 18 FEB 2018 Norfolk

**BLUSH**  
SOUTHPORT

23 - 25 FEB 2018 Southport



09 - 19 JUL 2018 Norway & Europe

**STOAM**  
CAMBER

09 - 11 MAR 2018 Camber

LONDON **ceroc  
champs**

06 MAY 2018 London

**BLAZE**

13 - 20 MAY 2018 Croatia

**SCORCH**  
SOUTHPORT

08 - 10 JUN 2018 Southport

**jamfest**  
It's all about the music

29 JUN - 01 JUL Camber

**SPLASH**  
SOUTHPORT

31 AUG - 02 SEP Southport

# MEDFEST

16 - 23 SEP 2018

**OVER 700  
ALREADY BOOKED  
FOR 2018**



## THE BIGGEST DANCE HOLIDAY ON THE PLANET

[www.cerocescape.com](http://www.cerocescape.com)

[theteam@clubdanceholidays.co.uk](mailto:theteam@clubdanceholidays.co.uk)

Tel: 02070994816





EXCLUSIVE TO CEROC - FREE DRINKS PACKAGE

PRICES FROM £106 PER DAY

# CEROC CRUISE

09 - 19 JUL 2018



10 DAY NORWAY & EUROPE CRUISE

[WWW.CEROC CRUISE.COM](http://WWW.CEROC CRUISE.COM)

- \*ALL INCLUSIVE DRINKS PACKAGE\*
- \*EXCLUSIVE VARIED & EXCITING WORKSHOPS\*
- \*INSPIRING AND DEDICATED CEROC TEACHERS AND DJS\*
- \*DEDICATED INDOOR & OUTDOOR FREESTYLES\*
- \*DEPARTING FROM SOUTHAMPTON (FREE PARKING)\*



*A truly memorable holiday*



# BLISS WEEKENDER FEEDBACK

# ... HAVE YOUR SAY

The good, the bad and the downright ugly!  
All feedback is read and valued. You will even be entered into  
**our prize draw to win your next weekender chalet for free!**

Please tear these pages out of your booklet and leave in the  
‘Feedback Box’. The box will be placed at reception during  
opening hours between 10am and 10pm. Thanks for your time.

Full Name

Which DJs were hotter than Tabasco in suspenders?

Email Address

Which tracks or music left you colder than the British Summer?

Telephone Number

How many Escape Weekenders have you ever attended?

Anything, in your opinion, that we shouldn't bother with next time?

Which was your favourite lesson and/or teacher?

Any suggestions that you would like to see at future events?

Which classes were your least favourite and why?

Anything else that you would like to add?

# CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified practitioners will be offering a variety of treatments.

## BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

### **Deep Tissue Massage (£25 for 30min)**

Great for releasing aches and restoring tired muscles.

### **Osteopathic Treatment (£25 for 30 mins)**

Focuses on total body health by treating and strengthening the musculoskeletal framework

### **Acupuncture (£25 for 30 mins)**

Uses fine sterile needles placed in specific points on the body to balance energy.

### **Kinesiology (£25 for 30 mins)**

Gentle muscle testing, good for relieving and preventing muscle strain.

### **Top to Toe Massage (£50 for 60 mins)**

Combining Indian Head, Osteopathic therapy, massage & reflexology

### **Sports Injuries Treatments (£25 for 30 mins)**

If you have specific injuries we can provide diagnosis and treatment

### **Relaxing Massage (£25 for 30 mins)**

Stroking massage with essential oils to relieve stress, tension, pain etc

### **Reflexology (£25 for 30 mins)**

Using pressure points in the feet to treat a wide range of body ailments



# Great Escapee Competition

This Ceroc competition is featured at all of our major Escape Weekenders and the audience vote! Qualify for the Great Escapee Final at the 2018 Ceroc Championships in May. All you have to do is win your heat at this weekender and you will get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport or Camber) in 2019. So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunderball Room on Saturday night by 10:45pm.



NEXT SOUTHPORT WEEKENDER

23 - 25 FEB 2018

BLUSH

MORE INFO & BOOKING

[WWW.CEROCESCAPE.COM](http://WWW.CEROCESCAPE.COM)

NEXT CAMBER WEEKENDER

09 - 11 MAR 2018

STORM



*CHOOSE YOUR FAVOURITE MUSIC  
FROM THREE CHANNELS*

**SD FRESH**

THE HOTTEST CHART HITS AND FREESTYLE FAVOURITES!

**SD GOLD**

CLASSIC PARTY TUNES AND JUST A HINT OF CHEESE!

**SD SOUL**

NORTHERN SOUL AND MOTOWN ANTHEMS.  
KEEP THE FAITH!

*THE FINEST TUNES SELECTED BY  
JAMES ROSS AND KIERAN MOORE  
FRIDAY & SATURDAY, MIDNIGHT TIL 2AM, THE CUBE*

FREESTYLE FILMING ON SATURDAY EVENING IN  
THUNDERBALL ROOM FROM THE STAGE

WORKSHOPS\* FROM THIS WEEKEND

# WORKSHOP DVD

AVAILABLE  
**THIS SUNDAY**

How can you remember all the workshops from this weekend? We have the solution!

**We're selling DVDs to take home with you  
on Sunday from 10am till 8pm near the info desk.**  
2 DVD discs set including Saturday Cabaret Hour &  
Freestyle. £20 event price, usually £25.

**LIMITED AVAILABILITY, GRAB BEFORE SELL-OUT!**

\* This DVD does NOT include Beginners, SILC® and fee-based Master classes.

## Teachers

### **ADAM DELLER (AD)**

A fresh face on the weekender stage, Adam and partner Leigh are currently making waves in the South East. They are both exceptional dancers, talented choreographers and Ceroc Championship royalty...they've got the medals to prove it! This weekend, they'll have you gliding around the ballroom in their 'Work the Floor' lesson.

### **BECKI RENDELL (BR)**

This hip shaking, fire cracker has style in abundance, drawn from the many different styles of dance she practises. She moves like a Latino Lovely and is the girl to teach you Ladies Styling. She is also working with partner Dean this weekend teaching you some advanced Showstoppers.

### **BRETT STEWART (BS)**

Cool, groovy and extremely easy on the eye, Dorset's Brett has been a Camber favourite for many years. His characteristic funky style is highly sought after, and at Bliss he will teach you how to "Pimp your Moves" giving them a more current and stylish edge.

### **CARL ADAMS (CA)**

Carl and wife Mel know a thing or two about smooth dancing. Making the technical seem achievable, Carl's teaching style is loved by those who want to get better, quicker. This weekend, he'll have you working on slotting, control and momentum.

### **CAINE LANGFORD AND DANNI MOORE (C&D)**

Equipped with baby Betsy, this Bristol duo bring a wealth of knowledge, experience and talent to the Camber stage. Their multi-competition wins are a testament to their exceptional dance ability, and their inimitable teaching style packs out dance floors across the country.

### **DALE ST ROSE (DS)**

'Smood' by name, and oh so smooth by nature. Our current Ceroc Open Championship winner Dale brings soul and attitude to the stage. For those who want to try something a little different, why not dip your toes into his Kizomba lesson on Saturday morning?

### **DAN HEWITT-GREEN (DH)**

With a rich background in Blues, Dan's lessons always focus strongly on technique, connection and style. On Sunday afternoon, he is challenging the men to try a styling class with the ladies.



**DAVID ADDIS (DA)**

David dances and teaches across London and Surrey. An innovative choreographer, his lessons always feature original new moves and creative challenges. David is also one of the friendliest dancers on the floor - a true gentleman - so make sure you grab him for a twirl.

**EKOW ODURO & SARVE DIDAR (E&S)**

You'll be mesmerised as you watch Ekow and Sarve dance together, and they will give you every chance of mastering Zouk with their easy to follow Masterclass on Sunday morning. Versatile, stylish and oozing with talent, don't miss an opportunity to learn with them.

**JAMES BOYS & TAMARA DOMB (J&T)**

Still wet behind the ears, James and Tamara only qualified as teachers this year. They both have a natural talent for teaching and this weekend they are bringing a fresh edge to the Beginners moves, looking after our much-loved new starters.

**JAMIE & JEN EDDY (JE)**

What these guys don't know about dancing, to be frank, ain't worth knowing. Owners of Ceroc South Wales and hosts of the awesome Welsh Champs, Jamie and Jen have received rave reviews from their first few weekend appearances. "Me, You and The Music" Masterclasses are definitely the ones to watch this weekend.

**KIERAN MOORE & CHARLIE BROWLEE (K&C)**

When two of the most talented and well-loved teachers join forces, you can expect dance floor magic. This dynamic partnership are always pushing the boundaries of dance, and their groundbreaking success with SILC is a testament to their innovation. The Sunday afternoon SILC clinic is an exciting opportunity to get hands on with Kieran and Charlie, and hone your connection and musicality.

**LISA MADDOCKS (LM)**

Choreographic Mastermind Lisa is teaching your 3-hour Performance Team Cabaret lessons on Saturday afternoon, ready for the performance later that evening during Cabaret hour. The highlight of the weekend for so many; she invites everybody to join in. The theme for this event...WILD WEST!

**LYNDSEY BENNETT (LB)**

Lyndsey exudes style and versatility on every dance floor she touches. As accomplished in Swinger's Hour as she is in the SILC room and the Tango Quarter, this dynamic teacher and performer is living proof that you really can be the full package. This weekend, her 3 lessons will get you Swinging, Rotating, and she might even Seduce a few of you too.

**MATT BLAIN & VICTORIA POLLARD (M&V)**

Current Grand Masters at the Ceroc Championships, this awe-inspiring duo are gaining an excellent reputation for their teaching as well as their performance prowess. If you want to be the best, then come and learn from the best...simples!

**MARC FORSTER & RACHEL PEARS (M&R)**

Marc & Rachel are once again hosting the increasingly popular Blues and Milonga lounge this weekend. Seasoned pros and new starters alike are welcomed to participate in these exciting freestyles (every evening in the Tempest Studio), but if you are new to the scene, make sure you check out their Taste of Tango and Blues Breaker lessons beforehand.

**NORA DRAGANOVA (ND)**

Yogi Nora returns to share her Yoga experience at Camber. Saturday 6.15pm, take a well deserved breath before the evening fun starts!

**PAUL BROOKS (PB)**

More commonly spotted behind the DJ decks in the Thunderball Room, Paul is back on the stage to prove that he is so much more than a catalogue of awesome dance music! His "Liquid Links" lesson will have you melding moves like a pro.

**STEVE THOMAS (ST)**

London lad Steve has been teaching in the South East for over 17 years. Don't let his silly face and poor fashion sense fool you, he is actually an incredibly talented teacher and choreographer. This weekend, he delivers a challenging Penguins class, plus your SILC Foundation lessons.

**TIM SANT (TS)**

Tim is Head of Dance for Ceroc, and when you attend his lessons, it won't take much time for you to realise why. Tim's teaching ability makes the unimaginable seem entirely possible, and his infectious enthusiasm provides a truly inspiring learning experience for everyone.

**TONY & HAYLEY EPPS (T&H)**

Another Ceroc match made in heaven. These funky freestylers are adrenaline junkies with a passion for high-flying aerials and death-defying drops. Their sellout Masterclasses are the firm favourite at every event. Let's see how brave YOU are this weekend!

**TONI SAILS (ToS)**

Ceroc London teacher Toni has already developed a unique style of his own. All dancers aspire to move like him, all women want to dance with him and all men want a body like his. Sorry men...there's only so much we can achieve in one weekend...but for everyone else, welcome to ToneZ.



Tempest



Thunderball Room  
(Fun Factory)



The Cube (Foyer)



Cyclone (Lunars)



Boudoir (Queen Vic)

Workshops are shown in **RED**  
(Just turn up!)

Masterclasses are show in **BLUE**  
(Book in advance at the Weather Centre)

(All) Suitable for everyone.

(Beg) These classes are suitable for complete Beginners.

(-Int) Early Intermediate Lesson, easy and achievable.

(Int) Regular Intermediate Lesson, for confident dancers.

(Int+) More difficult Intermediate Lesson, a challenge for most.

(Adv) High level and hard moves. No Beginners or early Intermediates.

FRI	Thunderball Room	Cyclone	Tempest	The Cube	The Boudoir
18:00	Closed	Closed	Closed	Closed	Sack the DJ Open Decks
19:00	Ceroc Freestyle James Ross	Closed	Starters Orders (Beg) J&T Beginners Lesson	Closed	Sack the DJ Open Decks
20:00	Build-Up To Bliss (All) TS Intermediate Ice-Breaker Lesson	Closed	Starters Orders (Beg) J&T Beginners Lesson	Closed	Sack the DJ Open Decks
21:00	Ceroc Freestyle Tim Sant	Closed	Taste of Tango (All) 21:30	Closed	Sack the DJ
22:30	Ceroc Freestyle Lisa Benson	SILC Zone Neil Strugnell	Milonga 22:30 - 00:00 M&R	Closed	Sack the DJ
23:30	Ceroc Freestyle Jon Gammon	SILC Zone Miranda Hewitt-Green	Blues 00:00 - 02:00 M&R	Silent Disco 00:00-02:00	Sack the DJ
00:30	Ceroc Freestyle Tony Riccardi	***SILC Gold*** Tim Sant	Blues 00:00 - 02:00 M&R	Silent Disco 00:00-02:00	WCS Sack the DJ 00:00
01:30	Ceroc Freestyle Paul Brooks	SILC Zone Denise Jaques	Blues 00:00 - 02:00 M&R	Closed	WCS Sack the DJ 01:00
02:30	Ceroc Freestyle Hayley Epps	SILC Zone Dale St Rose	Closed	Closed	WCS Sack the DJ 02:00
03:30	Closed	SILC Zone Vince Silva	Closed	Closed	Closed
04:30	Closed	SILC Zone Kieran Moore	Closed	Closed	Closed
05:30	Closed	Closed	Closed	Closed	Closed

SAT	Thunderball Room	Cyclone	Tempest	The Cube	The Boudoir
09:30	Closed	Closed	Starters Orders (Beg) J&T Beginners Lesson	Closed	Closed
10:45	SILC Foundation (Int) ST An intro to smooth, slotted SILC	Kizomba (Int) DS Smooth, sensual, Latin dance	Foundation Variation (-Int) AD Beginners moves - Next level!	Me, U & the Music Pt 1 (Int) Masterclass with JE	Closed
12:00	A Good Whipping (Int) TS Master the popular 'whip' technique	Microbeats (Adv) DA Hit the half beat for expert timing	Call & Response (-Int) C&D Enhance your lead & follow	Ladies Styling Pt 1 (Ladies) Masterclass with BR	Sack the DJ Open Decks
13:15	Centripetal Force (Adv) LB Smooth, rotational and very showy	Blues Breaker (All) M&R Groove your way to the Blues lounge	Close Ups (Int) DS Sophisticated close hold moves	Fly Low: Baby Aerials (Int+) Masterclass with T&H	Steve's Big Fact Hunt 1 Pub Quiz (13:00-14:30)
14:30	Showstoppers (Adv) BR Standout moves...be the best!	Liquid Links (Int) PB Meld moves to create smooth flow	Performance Class (All) LM 3 sessions of choreography	Solo Contemporary (All) Masterclass with TS	Motown/Northern Soul (14:30-15:30) with Kieran
15:45	SILC Progressive (Int+) ST Step up your SILC game	Ceroc Classics John Baker Freestyle 15:30-16:30	Performance Class (All) LM 3 sessions of choreography	Head Rolls & Hairography (Adv) Masterclass with ToS	***SILC Vibe*** (15:30-16:30) with Danny
17:00	Playtime (Int) K&C Pic 'n' Mix styling to fit the music	SILC Zone Tim Sant Freestyle 16:30-18:00	Performance Class (All) LM 3 sessions of choreography	Mastering Seducers (All) Masterclass with LB	Sack the DJ Open Decks
18:15	Tag (Int) T&H Two battling leads - one lucky follow!	SILC Zone Vince Silva Freestyle 18:00-19:30	Yoga (All) ND Breathe, stretch, relax	Standout Dance Moves (Adv) Masterclass with M&V	Sack the DJ Open Decks
19:30	Closed	Closed	Starters Orders (Beg) J&T Beginners Lesson	Closed	Sack the DJ Open Decks
20:00	Ceroc Freestyle James Ross	Closed	Closed	Closed	Closed
21:00	Ceroc Freestyle Paul Brooks	Closed	Closed	Closed	Closed
22:00	Ceroc Freestyle John Baker	SILC Zone Danny Gallina	Closed	Closed	Closed
23:00	Cabaret Hour & Competition	SILC Zone Neil Strugnell	Milonga M&R	Closed	Closed
00:00	Ceroc Freestyle Kieran Moore	***SILC Gold*** Vince Silva	Milonga M&R	Silent Disco 00:00-02:00	WCS Sack the DJ 00:00
01:00	Ceroc Freestyle Tim Sant	SILC Zone Miranda Hewitt-Green	Blues Lounge M&R	Silent Disco 00:00-02:00	WCS Sack the DJ 01:00
02:00	Ceroc Freestyle Hayley Epps	SILC Zone Kieran Moore	Blues Lounge M&R	Closed	WCS Sack the DJ 02:00
03:00	Ceroc Freestyle Jon Gammon	SILC Zone Tim Sant	Blues Lounge M&R	Closed	Closed
04:00	Closed	SILC Zone Vince Silva	Closed	Closed	Closed
05:00	Closed	SILC Zone Dale St Rose	Closed	Closed	Closed
06:00	Closed	Closed	Closed	Closed	Closed

SUN	Thunderball Room	Cyclone	Tempest	The Cube	The Boudoir
09:30	Closed	Closed	Starters Orders (Beg) J&T Beginners Lesson	Closed	Closed
10:45	Hook Me Up (Int+) BS New moves with arm hooks	Magic Moments! (Int) DH Slow your momentum & ride the beat	Let's Get Classical (-Int) PB Intermediate building blocks	Zouk (All) Masterclass with E&S	Closed
12:00	SILC New Moves (Adv) K&C Challenging moves for the SILC zone	Hands Off! (Int+) M&V Using different connection points	Simply Slotted (-Int) CA Adopt a sleek, smooth style	Fly High: Major Aerials (Adv) Masterclass with T&H	Sack the DJ Open Decks
13:15	Simply Swing (Int) LB Get ready for Swinger's Hour	Light & Shade (Adv) C&D Vary height, tempo and shapes	Boys & Girls (Int) DH Men styling & lady's response	Me, U & the Music Pt 2 (Int+) Masterclass with JE	Steve's Big Fact Hunt 2 Pub Quiz (13:00-14:30)
14:30	Double Trouble (Int) DA Fancy a threesome?	Control & Momentum (Int+) CA Power is nothing without control!	Pimp my Moves (-Int) BS Simple moves - stylish twist	SILC Clinic (All) Masterclass with K&S	Swinger's Hour (14:30-15:30) with Mike E
15:45	Penguins (Int+) ST P.P.P.Pick up this exciting technique	MOJO! Tim Sant Freestyle 15:30-17:00	Tango Improv (Int+) M&R Mastering Momentum	Ladies Styling Pt 2 (Ladies) Masterclass with BR	Sack the DJ Open Decks
17:00	Work the Floor (Int+) AD Enjoy the space and travel the floor	S'Funk Kieran Moore Freestyle 17:00-18:00	Exotic Drops (Int+) DA Unusual Dips and Drops	Scrolls (Adv) Masterclass with C&D	Sack the DJ Open Decks
18:15	Stylised (Adv) JE Highly stylised moves oozing artistry	SILC Zone Vince Silva Freestyle 18:00-19:30	Zumba (All) BR Fierce Latin workout	ToneZ (Int+) Masterclass with ToS	Sack the DJ Open Decks
19:30	Closed	ToneZ Toni Sails Freestyle 19:30-21:00	Closed	Closed	Sack the DJ Open Decks
20:30	Ceroc Freestyle James Ross	ToneZ Tony Sails 19:30-21:00	Closed	Closed	Closed
21:30	Ceroc Freestyle Tony Riccardi	SILC Zone Miranda Hewitt-Green	Closed	Closed	Closed
22:30	Ceroc Freestyle Hayley Epps	SILC Zone Toni Sails	Milonga M&R	Closed	Closed
23:30	Ceroc Freestyle John Baker	SILC Zone Tim Sant	Milonga M&R	Closed	Closed
00:30	Ceroc Freestyle Lisa Benson	SILC Zone Denise Jaques	Blues Lounge M&R	Closed	Closed
01:30	Ceroc Freestyle Dale St Rose	SILC Zone Kieran Moore	Blues Lounge M&R	Closed	Closed
02:30	Ceroc Freestyle Jon Gammon	SILC Zone John Baker	Blues Lounge M&R	Closed	Closed
03:30	SURVIVORS PHOTO!	SILC Zone Neil Strugnell	Closed	Closed	Closed
04:30	Closed	SILC Zone Marc Forster	Closed	Closed	Closed
05:30	Closed	SILC Zone Marc Forster	Closed	Closed	Closed
06:30	Closed	Closed	Closed	Closed	Closed





# the CUBE

Head upstairs and turn left to find the

## 'CUBE'

### Masterclasses

Ladies Styling 1 & 2

Me, You and The Music 1 & 2

Fly Low & High: Baby & Major Aerials

Solo Contemporary

Head Rolls & Hairography

Mastering Seducers

Standout Dance Moves

SILC Clinic

Zouk

Scrolls

ToneZ

Book at the Weather Centre!

