



BREEZE

14 - 16 OCT2016
SOMERSET



**LIKE US &
CHECK IN**



www.facebook.com/CerocEscapeBreaan

www.ceroc.com/escape

PASSPORT TO DANCE

DIFFERENT DANCE STYLES TAUGHT
MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING DIFFERENT
STYLES OF MUSIC TEACHERS FROM
ALL OVER THE UK DJ'S FROM FAR
& WIDE EUROPEAN OPEN BLUES
CHAMPIONSHIPS MASSAGE
SWIMMING ZUMBA PILATES
WORKSHOP DVDS TO TAKE HOME
SELECTION OF DANCE SHOES
AND CLOTHING ON SALE ON
LINE BOOKING WITH IMMEDIATE
CONFIRMATION GENDER
CONTROLLED BOOKING SYSTEM



All pictures, logos or trade names used in this booklet are the property of Ceroc Enterprises Limited and cannot be copied, used or reproduced.

Welcome

Welcome once more to Brean Sands, home to another fantastic Ceroc Weekender and also the European Open Neo-Blues Championships.

Our weekender ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

Our team of Teachers & DJs come from far and wide so you may see some familiar faces as well as some who will showcase something new displaying their own particular style.

Ceroc 'Escape' events are all about participation, whether that's the dance, social or competition aspects of the weekend, so there are lots of classes, hours of freestyle, pub quiz and of course the competition.

Let's talk some more about the Blues Champs. Heats are on Saturday night with Finals on Sunday night. On Sunday afternoon, there will be a Blues Dance with a Stranger competition, so even if you've only tried Blues this weekend give it a go! You can also see the Masters compete in the Invitational Jack & Jill on Saturday night during the cabaret hour.

Of course the Blues Champs may not float everyone's boat, so whilst this is going on you will always find freestyle dancing or classes taking place in alternative dance spaces.

Hopefully this guide will give you all the information that you need, but if you have any queries visit the Weather Centre between 10am - 10pm.

As ever, if you have any feedback please email ceroc7@ceroc.com or grab a member of crew over the weekend.

Have a great weekend!

The Escape Committee

Exceedingly Useful Information

PARKING

There is ample parking at Brean, so you should easily find somewhere to park on-site.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the main foyer of the Centre. The main Pontins reception is also manned and there is security at the main gate on duty all night.

CLASS ROTATION

It will be possible to remain with a fixed partner in all classes if you choose. There will inevitably be more of one gender than another in some classes. However our gender balancing policy should help alleviate this problem, although we cannot control which classes people choose to attend. There will be row organisers in all classes to assist and ensure that people are not standing out for long.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands frequently.

CHECKOUT INFORMATION

You need to check out by 10am on Monday 17th October 2016.
Please leave your keys at the security gate upon departure.

COLOURED WRIST BANDS?

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards. When you are wearing the wristbands you can leave and re-enter the site at any time. These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

DVDs OF CLASSES

DVDs of all classes taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20.

Go to the Weather Centre on Sunday to pick up your copy.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Masterclasses, Private Lessons, Massage and buy from a range of Ceroc and Style DVD's.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours from Security at the Club Gate. There are also token vending machines in the main reception area.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of CEROC and may be used by them at any time. Photography by Graham Farey.

WHERE AND WHEN?

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

I'M HUNGRY!!!

No problem! There are various places to get food on site including Fish & Chips from Captain Cod, a good selection of hot and cold food in the Queen Vic Restaurant, late night snacks from Downtown Diner and for those looking to self cater a Nisa Convenience Store is also on-site. There is also a Bar & Restaurant over the road called The Place.

WHIRLWIND BAZAAR

Forgotten your favourite suede dungarees or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear Range are located in the Main Ballroom. www.standoutdancewear.co.uk

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

① LONDIS SHOP

List of Activities

MASTERCLASSES

With a maximum capacity of 34 people in fixed couples (with the exception of Ladies Styling) these sessions are for those people wanting to master the art of the dances and styles billed. These are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head. They can be identified in the schedule at the back of this book with a double asterisk **

- Ladies Styling 1 & 2 with Becki Rendell
- Blues 'Hitting the Break' & Blues 'Showstoppers' - with Nigel & Nina
- Fierce Footwork - with Tim Sant
- Secrets of Connection & Zouk Intro - with Ekow & Sarve
- SILC Connection with Steve Thomas
- Contemporary Fusion with Toni Sails
- Wow Moves with Richard & Zoe
- Scrolls with Caine & Danni
- Spin-tresting with Kirstie & Shaun

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book or approach the teachers directly. Charges £50 per hour payable to the teachers directly.

ZUMBA® PILATES & POOL

Please wear appropriate clothing and footwear for the fitness classes. Please check at reception for the Pool opening times.

SACK THE DJ

Stand up for what you believe in - your chance to have a go providing you brought your own CD collection. The decks will be waiting for you in the Boudoir.

NB: To ensure everyone gets their chance to participate please do not book more than one Sack the DJ slot over the weekend.

LUNCHTIME QUIZ

Test your wits against your friends and have great fun with Quiz Masters Stevie T and Carl. Teams of 6 or less Saturday and Sunday.

MILONGA & BLUES LOUNGE

You will find some dedicated Milonga (Tango) and Blues Freestyles detailed in the schedule. These are hosted by Marc & Rachel and take place in the Tempest Studio, which is situated in the Cyclone block.

DAY TIME DANCING

Aside from dancing in the Boudoir outside of the scheduled entertainment you will find freestyle dance sessions in Cyclone from 2.15pm - 5pm on Saturday and amidst the Dance with a Stranger Competition on Sunday afternoon. Featured DJ sets in the Boudoir include Swingers Hour, S'Funk & Chill Out. Fingers crossed for sunshine for alfresco dancing on the deck!

GREAT ESCAPE COMPETITION

If you want to enter the Great Escape Competition and win your place in the Ceroc Champs Final 2017 then be in the ballroom by 10pm. Great Escape Winners at the Champs 2017 qualify for a free Escape Weekend in 2018.

CABARETS SATURDAY NIGHT

From 10.30pm in the main ballroom, you can see the Escape Dance Competition plus Masters Invitational Jack & Jill as well as some great Showcases featuring Teachers and Competition Winners.

EUROPEAN BLUES CHAMPIONSHIPS

This is the 9th Blues Championships to take place at Breeze.

This year the European Neo-Blues Championships encompasses: The Open Competition with heats commencing at midnight on Saturday night and the Finals on Sunday from 9.30pm. The Blues Dance with a Stranger Competition on Sunday from 1.15pm. Masters Invitational Jack & Jill Saturday night 10.30pm in the Main Ballroom.

To register your FREE entry for the Open & DWAS categories please visit the Competition Desk on Friday night between 10pm & midnight in the Cyclone Dance Zone or between midday and 5pm on Saturday in the Queen Vic Pub. Winners of the Dance with a Stranger Comp get automatic entry to the Open Final provided neither are already competing in the category.

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners. These will be held in the Tempest Studio & Cyclone Dance Zone. These workshops will be progressive and totally rewarding.

Starting at 7pm on Friday and continuing throughout the weekend there will be 5 classes in total. NB - these classes do not feature on the DVD, however a beginners DVD is available to buy for £15 at the Weather Desk.

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be offering a variety of treatments.

BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

Deep tissue massage (£25 for 30min)

Great for releasing aches and restoring tired muscles.

Osteopathic Treatment (£25 for 30 mins)

Focuses on total body health by treating and strengthening the musculoskeletal framework

Acupuncture (£25 for 30 mins)

Uses fine sterile needles placed in specific points on the body to balance energy.

Kinesiology (£25 for 30 mins)

Gentle muscle testing, good for relieving and preventing muscle strain.

Top to Toe Massage (£50 for 60 mins)

Combining Indian Head, Osteopathic therapy, massage & reflexology

Sports Injuries Treatments (£25 for 30 mins)

If you have specific injuries we can provide diagnosis and treatment

Relaxing Massage (£25 for 30 mins)

Stroking massage with essential oils to relieve stress, tension, pain etc

Reflexology (£25 for 30 mins)

Using pressure points in the feet to treat a wide range of body ailments

THE GODS OF THUNDER

The evenings will consist of 4 rooms playing different music from our outstanding line-up of DJ's.

The Main Ballroom playing popular and new uptempo sounds from evening until 3am or later.

The Chill Out Zone / Cyclone playing Chill Out and Pure Blues Freestyle.

The 'Boudoir' Chill Out Lounge, otherwise known as the 'Pub' will be the home of Sack the DJ and special afternoon sets including; Chill Out, S'Funk' Swingers Hour & Funky R&B.

The 'Tempest Studio', situated in the Cyclone Block, will be the home of Milonga and the Blues Lounge.

Our Gods of Thunder this weekend are:

John Baker , Marc Forster, David Rokov, Chris Uren, Rachel Pears, Dale 'Smood' St Rose, Jonny Gammon, James Ross , Kieran Moore, Casey Bromage, Dayle Blencowe, Sheena 'Tiggerbabe' Assiph, Garry Turner, Tim Sant, Vince Silva , Mike Ellard and Craig Addison

THANKS

Our weekend events would not be the success that they are without our great crew. It's the people behind the scenes from set-up through to take down who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Head Bull Myles Woodhouse and his many Calves.

WWW.CEROC.COM/ESCAPE

BREEZE
SOMERSET

You are HERE!

Somerset

BLISS
CAMBER

HOT

04 - 06 NOV 2016

Camber

SWISH
NORFOLK

17 - 19 FEB 2017

Norfolk

BLUSH
SOUTHPORT

24 - 26 FEB 2017

Southport

CEROC CRUISE

07 - 21 MAR 2017

Caribbean

STORM
CAMBER

10 - 12 MAR 2017

Camber

LONDON **ceroc
champs**

30 APR 2017

London

BLAZE

06 - 13 MAY 2017

Malta

SCORCH
SOUTHPORT

09 - 11 JUN 2017

Southport

jamfest
it's all about the music

30 JUN - 02 JUL 2017

Camber

SPLASH
SOUTHPORT

01 - 03 SEP 2017

Southport

MEDFEST

OVER 550
ALREADY BOOKED
FOR 2017!



The Biggest Dance Holiday on the Planet

www.ceroc.com/escape

theteam@clubdanceholidays.co.uk

Tel: 02070994816

club escape
dance





Cruise with CEROC in 2017

Embarking upon the exquisite MSC Poesia.
14 Nights (full board) Cruising around
the beautiful Caribbean coastlines.
Prices from £135 per person per night.
(You need to book now, before the price spirals and the availability disappears)



A truly memorable holiday

www.cerocruise.com

BREEZE WEEKENDER FEEDBACK

The good, the bad and the downright ugly!
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.

SUNDAY
30th
APR
2017



ceroc
champs

The London Champs is Cerocs' very own National Institution. This year is our 18th Championships and that means it started in the last decade, so is our longest standing annual national event and it's entirely possible we will have competitors this year who were not born when we ran the first one in 1998.

I've been involved with the Champs for the last 15 years and have seen quite a few changes in location and format but can genuinely say that the Champs now is a fabulous event for both competitors and spectators.

We have made it as easy as possible for regular dancers to take part, so if you haven't competed previously then make this year your year to experience the adrenaline and endorphines that make taking part in the Champs so exciting and addictive.

I'm very proud of this event and would love for you to share the Champs experience with me and our dedicated team.

Hopefully see you on the 1st May.

David Bradley - Event organiser

www.cerocchamps.com

Gender Balancing

As you know, we made the decision to introduce gender balancing into the weekender market as we believe very strongly that both boys and girls should have the same freestyle opportunities.

Unfortunately, however there is an increasing problem which is jeopardising our best efforts. Essentially, there is an increasing number of girls outwitting our booking process by booking an apartment for say 3 boys and 3 girls yet only the girls are turning up to the event.

At recent events the number of men not turning up has been significant and although we appreciate that there will always be genuine reasons for people dropping out, the numbers involved are increasing and too great to be legitimate in our opinion.

For the time-being we cannot think of a way of preventing this happening, and therefore we are pleading with you to respect the spirit of the gender balancing as it's simply not fair on everyone else.

This event should be gender balanced to within 37 people.

Great Escapee Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote!

Qualify for the Great Escapee Category of the 2017 Ceroc Championships. This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekend then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2018.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10.30pm.

For more info about Champs, please visit www.CerocChamps.com



NEXT SOUTHPORT WEEKENDER

24 - 26 FEB 2017

BLUSH

MORE INFO & BOOKING

WWW.CEROC.COM/ESCAPE

NEXT CAMBER WEEKENDER

04 - 06 NOV 2016

BLISS

FREESTYLE FILMING ON SATURDAY EVENING
IN THUNDERBALL ROOM FROM THE STAGE

WORKSHOPS* FROM THIS WEEKEND

WORKSHOP DVD AVAILABLE

THIS SUNDAY

HOW CAN YOU REMEMBER ALL THE WORKSHOPS
FROM THIS WEEKEND? WE HAVE THE SOLUTION!

WE'RE SELLING DVDS TO TAKE HOME WITH YOU
ON SUNDAY FROM 10AM TILL 8PM NEAR INFO DESK.

2 DVD DISCS SET INCLUDING CABARET AND FREESTYLE FOOTAGES

£20 EVENT DISCOUNTED PRICE, USUALLY £25

LIMITED AVAILABILITY
GRAB YOUR COPY BEFORE THEY SELL OUT!

Note: This DVD does not include Starters Orders (Beginners), SILC™, fee-based Master classes.

Teachers

BECKI RENDELL (BR & B&D)

This hip shaking, fire cracker has style in abundance, drawn from the many different styles of dance she practises. She moves like a Latino legend and is the obvious choice to teach you ladies styling. She also works with her performance dance partner, Dean for the Ceroc class.

CAINE & DANNI (C&D)

These South Coast teachers are being booked for events across the country, making this young couple hot property. They ooze style with a sleek & slotted dynamic making them a joy to watch. Take a lead from this inspiring couple.

CARL & MEL (C&M)

Organiser of the popular Bristol Switch freestyles along with John Baker. Carl and wife Mel, love challenging chill out music and the dynamics of dancing to this genre.

CRAIG ADDISON (CA)

Zumba King and teacher venue host at the new, popular Marylebone venue, Craig is high energy and his enthusiasm is addictive. If you do his Zumba class you will undoubtedly rank it as one of the best you have ever done. If the Zumba heat is too much for you try his Momentum Ceroc class.

DALE ST ROSE (DS)

Smooth by style and 'Smood' by nature! Dale is an ongoing multi competition winner with a background in many genres of dance, that allow him to inject originality and creativity into the dance. Take his classes and adopt some of his 'Smood' style!

DAVID & LILY BARKER (D&L)

Former World Aerial Champions and multi competition winners, David & Lily are the 'go to' people for competition training. Anyone who wants an aerial or something showstopping in their repertoire goes to these guys to learn and perfect. We are privileged to have them teach a masterclass at this weekend to get you airborne!

EKOW & SARVE (ES)

This couple are hot stuff with amazing style on the dance-floor. Be woo'd and mesmerised as you watch them Zouk, and find out the Secrets of Perfect Connection in their 2 masterclasses. He's a multi Ceroc & Blues competition winner with a background in many styles and Sarve effortlessly adapts to any style she dances with sultry sex appeal and sass!

GEMMA PEARCE (GP)

Teaching Pilates at this weekend is Gemma Pearce, a Ceroc, Pilates, Zumba and Fitsteps Instructor. She'll be getting you stretched out and invigorated for the long days ahead with Pilates on both Saturday and Sunday mornings. Remember to take a mat or towel with you!

KIERAN & CHARLIE (K&C)

Smooth as 'SILC', effortlessly stylish and a joy to watch! This couple are fabulous teachers with a creative repertoire of moves that seamlessly work together for smooth routines, taught with just enough technique to get you gliding like them in the SILC zone

KIRSTIE & SHAUN (K&S)

Teachers from the South West of England, Kirstie & Shaun have 17 years dancing experience between them. Having taught at Medfest for the past 2 years and voted best teacher in the area, these 2 offer enticing, smooth dances mixed with high energy p'zazz!

LYNDSEY BENNETT (LB)

Lyndsey loves to turn her hand to different styles of dance and excels in all. A previous Blues Champ winner & Double Trouble Winner, she has many dance titles to her name. Recently she's been introducing people to Swing style to get Swingers Hour ready and with rave reviews.

MARC & RACHEL (M&R)

With a passion for both Blues and Tango, Marc & Rachel are our regular Milonga and Blues Lounge hosts with a large and growing following. This weekend they teach Argentine Tango and fuse Blues and Tango to give you Blango.

NATALIE BAKER (NB)

Taking our Beginners on their progressive journey to freestyle confidence this weekend is Natalie Baker. Ceroc teacher in the South West, you might even be one of her pupils already.

NICO GOYMER (NG)

Nico has been on stage teaching for years. He favours smooth style and fluidity that works well on the Ceroc dance-floor as well as the Chill Out Zone. He's also a Double Trouble king and is sought after on the freestyle dance-floor!

NIGEL & NINA (N&N)

With Breeze being the home of the European Neo-Blues Champs, it wouldn't be the same if top UK Blues Dancers Nigel & Nina weren't here. Champion blues dancers, amazing choreographers and great teachers, they are not to be missed.

RICHARD & ZOE (R&Z)

After a brief weekender sabbatical to start a family, Richard & Zoe are back on the Breeze stage. Renowned for smooth dancing and showstopping style, Richard & Zoe will be teaching Dips, Drops and Wow moves this weekend

STEVE THOMAS (ST)

He's a favourite with the crowds and London lad Steve has been teaching in the South East for over 16 years. His laid back and humorous approach can make even the most technical things seem simple. You'll always go away from his classes with something new and a big smile on your face.

TIM & HEATHER (T&H)

With a street style that makes them stand-out on the dance-floor, Tim & Heather funk you up and keep the guys on their toes with some ladies sabotage moves.

TIM SANT (TS)

Talented, creative, enthusiastic, sociable and very easy on the eye, this dance chameleon is one of our weekend veterans. It only takes 1 visit to his action packed classes, or one whirlwind dance in the evening to realise why.

TONI SAILS (TOS)

Ceroc London teacher, Toni has already developed a style of his own, which he teaches at his regular Sunday night classes - ToneZ. Enjoy his masterclass this weekend to add expression, movement and space into the dance.

Schedule



THUNDERBALL ROOM (Fun Factory)



CYCLONE DANCE ZONE (Lunars)



TEMPEST STUDIO (off Cyclone Dance Zone)



BOUDOIR (Queen Vic)

** MASTERCLASSES

These are classes with a maximum capacity of 24 people in fixed couples (with the exception of Ladies Styling) and are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head.

GREAT ESCAPE DANCE COMPETITION

If you wish to enter this competition please be in the Thunder Ballroom by 10pm on Saturday night.

ZUMBA® & PILATES Wear appropriate footwear and clothing for these classes.

EUROPEAN NEO-BLUES CHAMPIONSHIPS

Watch, participate or ignore it and dance the night away in another room. You can be as involved as you like in this competition.

Categories include: **Open, DWAS, and Masters Invitational Jack & Jill.**

See previous winners participate in the Masters Invitational Jack & Jill on Saturday night amidst Cabaret hour. There will be other dance showcases taking place during this hour, so be sure not to miss it and be in the Thunderball Room ready for the 10.30pm start.

	Thunderball Room	Cyclone Dance Zone	Tempest Studio	The Boudoir
18:00-19:00	Closed	Closed	Closed	Open for drinks
19:00-20:00	Ceroc F/Style James Ross		Starters Orders NB <i>Ceroc for Beginners</i>	Sack The DJ! <i>Open Decks</i>
20:00-21:00	Breeze Breaker (Int) TS <i>Ice-breaker Ceroc Lesson</i>	Ceroc Freestyle	Starters Orders NB <i>Ceroc for Beginners</i>	Sack The DJ! <i>Open Decks</i>
21:00-22:00	Ceroc F/Style Jon Gammon	Blues Breaker (All) N&N <i>Intro to Blues - From 21:15</i>	Closed	Sack The DJ! <i>Open Decks</i>
22:00-23:00 23:00-00:00	Ceroc F/Style Tim Sant Ceroc F/Style Garry Turner	Blues Lounge Rachel P 22:15 SILC Zone Smood	Closed	Sack The DJ! <i>Open Decks</i>
00:00-01:00 01:00-02:00	Ceroc F/Style Kieran Moore Ceroc F/Style Chris Uren	SILC Zone Tim Sant SILC Zone Garry Turner	Blues Lounge Tiggerbabe	Closed
02:00-03:00 03:00-04:00	Ceroc F/Style Casey Bromage Closed	SILC Zone David Rokov SILC Zone Vince Silva	Blues Lounge Marc & Rachel Blues Lounge Marc & Rachel	
04:00-05:00		SILC Zone Craig Addison		

SATURDAY				
	Thunderball Room	Cyclone Dance Zone	Tempest Studio	The Boudoir
09:30-10:30	Closed	Starters Orders (Beg) NB <i>Beginners Ceroc</i>	Pilates (All) GP <i>Bring a towel or Mat</i>	Closed
10:45-11:45	Get Up & Go (Int) LB <i>High energy class to start the day</i>	Ceroc 1-0-1 (-Int) ST <i>Developing Freestyle Confidence</i>	**Ladies Styling 1 BR <i>Masterclass (Pre-Book)</i>	Sack The DJ! <i>Open Decks</i>
12:00-13:00	Brand Spanking New (Int+) TS <i>All new moves!</i>	Kizomba (All) DS <i>Intro dance class to this style</i>	**Secrets of Connection E&S <i>Masterclass (Pre-Book)</i>	Sack The DJ! <i>Open Decks</i>
13:15-14:15	Dip & Drop Intro (Int) R&Z <i>Intro to learning dips & drops</i>	Argentine Tango (All) M&R <i>Intro to Tango</i>	**Blues Hit the Break N&N <i>Masterclass (Pre-Book)</i>	Lunchtime Quiz <i>1pm - 2:30pm</i>
14:30-15:30	SILC Foundation (Int) K&C <i>Intro to dancing in the SILC Zone</i>	Ceroc F/Style Chris Uren <i>from 2:15pm - 3:30pm</i>	**Fierce Footwork TS <i>Masterclass (Pre-Book)</i>	SILC Zone (Smoody) <i>Freestyle 2.30 -3.45</i>
15:45-16:45	Tangles (Adv) TOS <i>Tricky complex moves</i>	Blues Practice Zone Craig A <i>3.30pm - 5pm</i>	**SILC Connection ST <i>Masterclass (Pre-Book)</i>	S'FUNK (Garry Turner) <i>Soul Funk Freestyle 3.45- 5pm</i>
17:00-18:00	Awesome Foursome (Int) T&H <i>2 leaders & 2 followers</i>	Fun 'n' Fresh (Int+) CA <i>Freestyle Toolkit for variety</i>	**Spin-tresting K&S <i>Masterclass (Pre-Book)</i>	SILC Zone (David Rokov) <i>freestyle 5pm-6pm</i>
18:15-19:15	Wicked Whips (Adv) C&D <i>Dynamic Whip Variations</i>	Stops & Blocks (Int+) B&D <i>Moves that stop the lady in her track</i>	Private Lessons	Sack the DJ
19:30-20:30	Closed	Starters Orders (Beg) NB <i>Beginners Ceroc</i>	Private Lessons	Sack the DJ
SATURDAY NIGHT				
20:30-21:30	Ceroc F/Style James Ross	Blues Practice Zone Tiggerbabe	Private Lessons	Sack the DJ
21:30-22:30	Ceroc F/Style Casey Bromage	Blues Practice Zone Tiggerbabe		<i>Open Decks</i>
22:30-23:30	Masters J & J & Showcases	SILC Zone Craig Addison	Closed	Sack the DJ
23.30-00.00	Ceroc F/Style Garry Turner	SILC Zone John Baker	Closed	<i>Open Decks</i>
00.00-00:30	Ceroc F/Style Garry Turner	Blues Champs Heats 12-12:30am	Milonga Marc Forster from 12:30am	
00.30-01:30	Ceroc F/Style Jon Gammon	SILC Zone Vince Silva	Milonga Marc Forster to 2am	
01:30-02:30	Ceroc F/Style Dayle Blencowe	SILC Zone Smoody	Blues Lounge Marc & Rachel 2-4am	
02:30-03:30	Ceroc F/Style Chris Uren	SILC Zone Kieran Moore		
03:30-04:30		SILC Zone John Baker	Closed	
04:30-05:30		SILC Zone Garry Turner		
05:30-06:30				

SUNDAY				
	Thunderball Room	Cyclone Dance Zone	Tempest Studio	The Boudoir
09:30-10:30	Closed	Off the Blocks (Beg+) NB <i>Beginners Plus Ceroc</i>	Private Lessons <i>Personal One to One Tuition</i>	Closed
10:45-11:45	Stylish Sabotage (Adv) T&H <i>Ladies Hijacks and Guys Recovery</i>	Simply Slotted (-Int) C&M <i>Adding elegant style to easy moves</i>	Private Lessons <i>Personal One to One Tuition</i>	Sack the DJ <i>Open Decks</i>
12:00-13:00	Double Trouble (Int+) NG <i>1 Lead 2 Follows</i>	Social Blues (All) N&N <i>Pure ,non-showy, connected Blues</i>	**Zouk Intro E&S <i>Masterclass (Pre-Book)</i>	Sack the DJ <i>Open Decks</i>
13:15-14:15	SILC Progressive (Int+) K&C <i>Taking it up a step in Silc zone</i>	Blues Dance with a Stranger <i>Competition with freestyle between</i>	**Wow Moves R&Z <i>Masterclass (Pre-Book)</i>	Lunchtime Quiz <i>1:00 pm - 2:30pm</i>
14:30-15:30	Simply Swing (Int) LB <i>Get ready for Swingers Hour</i>	Blues Dance with a Stranger <i>Competition with freestyle between</i>	**Ladies Styling 2 BR <i>Masterclass (Pre-Book)</i>	Sack the DJ 3pm <i>Open Decks</i>
15:45-16:45	Drop Zone (Adv) R&Z <i>Impressive Drops</i>	Momentum (Int+) CA <i>Creating & Using Momentum</i>	**Scrolls C&D <i>Masterclass (Pre-Book)</i>	Swingers Hour (Mike Ellard) <i>Uptempo Swing F/Style 3:30 - 4:30pm</i>
17:00-18:00	SILC Developmental (Adv) K&C <i>Still smooth, but more complex</i>	Classic Change-Up (Int) DS <i>Classic Move Variations</i>	**Performance Blues N&N <i>Masterclass (Pre-Book)</i>	Funky R&B and Soul (John Baker) <i>Freestyle 4:30 - 6pm</i>
18:15-19:15	Light & Shade (Int) C&D <i>Add dimension & musical variety</i>	Blango (Int+) M&R <i>Blues Tango Fusion</i>	**Contemporary Fusion TOS <i>Masterclass (Pre-Book)</i>	SILC Zone (Garry Turner) 6 - 7.30pm <i>Open Decks</i>
19:30-20:30	ZUMBA (All) CA <i>Latin Dance Fitness</i>	**Aerials D&L <i>Masterclass (Pre-Book)</i>	Private Lessons <i>Personal One to One Tuition</i>	Sack the DJ
SUNDAY NIGHT				
20:30-21:30	Ceroc F/Style Dayle Blencowe <i>Popular CEROC Mix</i>	Pure Blues John Baker	Private Lessons <i>Personal One to One Tuition</i>	Sack the DJ <i>Open Decks</i>
21:30-22:00	Ceroc F/Style Dayle Blencowe	Blues Champs Semi Finals	Closed	Sack the DJ
22.00-22.15	Ceroc F/Style Chris Uren	Pure Blues John Baker		<i>Open Decks</i>
22:15-23:00	Ceroc F/Style Chris Uren	Blues Champs Finals		Closed
23:00-00:00	Ceroc F/Style Casey Bromage	SILC Zone Rachel Pears		
00:00-00:15	Ceroc F/Style Kieran Moore	Prize Giving	Blues Lounge Tiggerbabe Blues Lounge Marc & Rachel	
00:15-01:00	Ceroc F/Style Kieran Moore	SILC Zone Tiggerbabe		
01:00-02:00	Ceroc F/Style Smood	SILC Zone Craig Addison		
02:00-03:00	Ceroc F/Style Jon Gammon	SILC Zone Kieran Moore		
03:00-04:00	Closed	SILC Zone Garry Turner		
04:00-05:00		SILC Zone Marc Forster		

The **BIGGEST** dance **CLUB**
in the **WORLD**

...offering the biggest Dance Weekenders.

There are hundreds of people working within Ceroc
to bring you what we hope is a unique experience.

We appreciate your support and don't take anything for granted.

CEROC



DANCE • LAUGHTER • MEMORIES

www.ceroc.com/escape