



STORM

13 - 15 MAR 2015
CAMBER



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PASSPORT TO DANCE

OVER 15 DIFFERENT DANCE STYLES
TAUGHT MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING DIFFERENT
STYLES OF MUSIC TEACHERS FROM
ALL OVER THE UK DJ'S FROM
FAR & WIDE LARGE GATHERING
OF CEROC TEACHERS MASSAGE
PILATES ZUMBA SWIMMING
WORKSHOP DVDS TO TAKE HOME
SELECTION OF DANCE SHOES
AND CLOTHING ON SALE ON
LINE BOOKING WITH IMMEDIATE
CONFIRMATION GENDER
CONTROLLED BOOKING SYSTEM



WELCOME

Welcome to Camber Sands, home to the biggest dance weekenders.

Our weekender ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

We try hard to gender balance our events, but the problem we are finding is fewer girls are interested in the classes, so we have men over in many classes, but then the appearance of girls over in the freestyle. We obviously can't force anyone to dance in the day or the evening, but at least you now understand better the dynamic of the weekend.

Ceroc 'Escape' events are all about participation, whether that be the dance, social or performance aspects of the weekend, so there are opportunities for you to learn choreography which you can perform in the team cabaret performance, pub quizzes & sack the DJ.

You will find over 40 classes and workshops detailed in this booklet and with the exception of Masterclasses these classes are free to attend.

Masterclasses are billed at various levels and are not just for advanced dancers. Go to the Weather Centre and you can find out more about each of the masterclasses billed.

Hopefully this guide will give you all the information that you need, but if you have any queries visit the Weather Centre between 10am - 10pm.

Have a great weekend!

The Escape Committee

EXCEEDINGLY USEFUL INFORMATION

PARKING

Parking is limited at Camber and consequently we sell parking vouchers leading up to the event. If you have not booked on-site parking then you will need to park off-site as we have sold out of spaces. Please note, you may be ticketed by the local authorities if you park illegally with any wheel on the pavement or grass. We cannot be held responsible for any loss or damage to vehicles. We may be able to let cars on-site from Sunday 2pm (check at the gate).

This is the only event we charge for parking and this is simply to encourage car-sharing as there are not enough parking spaces and the town can't cope with excessive street parking. By charging for parking, we have been able to hold the price of accommodation.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the main foyer of the Centre. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

Although we don't encourage it, it is possible to remain with a fixed partner in all classes.

There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind as we will not be held responsible for any injuries that you incur. There will be hours of dancing so remember to stay fresh and wash your hands regularly.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. Keeping the water heater on permanently will use a lot more electricity so you are advised to switch it off when not in use.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Masterclasses, Private Lessons, Argentine Tango Sessions, Massage and buy from a range of Ceroc and Style DVD's.

LINEN AND TOWELS Pontins are no longer providing these items. You can buy linen from reception Singles £5 and Doubles £8 to take home with you.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of CEROC and may be used by them at any time.

WATER We have organised complimentary water from coolers in the main dance venues (subject to availability).

I'M HUNGRY!!!

No problem! There are various places to get food on site including take away pizza, chicken etc at Whistle Stop situated outside the Queen Vic entrance, Hot Meals in Sands Restaurant situated behind the arcade, or for those looking to self cater a Nisa Convenience Store is also on-site.

CHECKOUT INFORMATION

You need to check out by **10am on Monday 16th March 2015**. Please leave your keys at reception or with the security gate upon departure.

DVD's OF STORM CLASSES

DVD's of all classes taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20. NB the beginner Ceroc classes are not on this DVD but a DVD of just the beginners moves is on sale at the weather centre Go to the Weather Centre on Sunday to pick up your copy.

WHIRLWIND BAZAAR

Forgotten your Leopard skin dungarees or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear Range are located in the Main foyer. www.standoutdancewear.co.uk

CLOAKROOM

There will be no cloakroom facility due to lack of use at previous events

COLOURED WRIST BANDS?

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards. When you are wearing the wristbands you can leave and re-enter the site at any time.

These wristbands can only be removed with scissors and therefore cannot fall off by accident. If you lose your security wristband you will have to buy a replacement (£99).

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners. These will be held in the Cyclone Dance Zone & the Tempest Studio which is located in the far left corner of the main ballroom. These workshops will be progressive and totally rewarding.

Starting at 7.30pm on Friday and continuing throughout the weekend there will be 6 classes in total.

CEROC FOR NEW INTERMEDIATE DANCERS

Based on feedback from past events we also schedule classes for very early intermediate dancers so that we appeal to everyone. There are 7 of these over the course of the weekend, but also plenty of beginner sessions in other styles that will help your partner dancing in general. Look out for sessions that say (All) or (-Int)

WHERE AND WHEN?

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

TERMS AND CONDITIONS

All Terms and Conditions apply and can be found on our website.

CAMBER



- ① SUPERMARKET
- ② QUEEN VIC PUB
- ③ STANDOUT DANCEWEAR SHOP
- ④ SWIMMING POOL

LIST OF ACTIVITIES

MASTERCLASSES

With a maximum capacity of 34 people in fixed couples (excluding Ladies Styling), these sessions are for those people wanting to master the art of the dances and styles billed. These classes are pre-bookable (as a couple) at the Weather Centre at a charge of £5 per head.

- **Ladies Styling 1 & 2 (All) with Becki Rendell** - solo ladies only, this masterclass will teach you about posture, movement, arms etc. to make you a more elegant and stylish mover.
- **Baby Aerials (Int+/Adv) with Lyndsey & Mark** - Covering mini aerials to get your partner sweeping and flying.
- **WCS with Kieran & Charlie** - For experienced WCS dancers, there is 1 WCS master class this weekend.
- **Who's the Daddy? (Int+) with Jamie Stormer** - Switching the lead throughout the dance
- **Zouk 2 & 3 (All) with Ekow Oduro** - 2 introductory classes to Zouk. This dance is the latest latin inspired close hold dance with plenty of sultry sex appeal!
- **Daring Drops (Adv) with Lyndsey & Mark** - Ultimate drops that make you go wow!
- **Burn the Floor (Int+) with James Batchelor** - Travelling Moves to work the floor

MILONGA & ARGENTINE TANGO CLASSES

There will be Milongas on Friday, Saturday & Sunday in the Tempest Studio. There will be 3 Argentine Tango classes in the Tempest Studio. These are bookable at the the Weather Centre. There is no charge for these classes, however you must book due to space in the room.

DAY TIME DANCING

Aside from dancing in the Boudoir you will find freestyle dance sessions on Saturday & Sunday afternoon in the Cyclone

SACK THE DJ

Stand up for what you believe in - your chance to have a go providing that you brought your own CDs. The decks will be waiting for you in the Boudoir.

WCS SACK THE DJ & FREESTYLE

WCS DJs are invited to book themselves an hour slot during the allotted times on Friday and Saturday night in the Boudoir. 12am - 3am.

GREAT ESCAPEE COMPETITION

If you want to enter the Great Escapee Competition and win your place in the Ceroc Champs Final 2015 then be in the ballroom by 10.30pm. The competition will take place at some time around the Cabarets.

LUNCHTIME QUIZ

Test your wits against your friends. Quiz Master Stevie T. Teams of 6 or less Saturday & Sunday. Be prepared, these quiz's are for over 18's!

SILENT DISCO

If you've never tried Silent Disco before, this is a must. We supply the headsets, you choose the channel from 3 playlists. Change channel as often as you like. Friday and Saturday night only from midnight to 2am in the Cube.

PERFORMANCE CLASSES

Lisa Richardson will be taking these sessions that will culminate in a Performance on Saturday night. Participate in the performance by doing the 3 Performance Classes on Saturday from midday in the Tempest Studio.

ZUMBA®, PILATES & POOL

There will be ZUMBA & Pilates classes this weekend. Please wear appropriate clothing and footwear (TRAINERS & FITNESS WEAR). For Pilates please bring a mat / towel to the session. Check at reception re pool opening times.

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book, or approach the teachers directly. Charges £50 per hour payable to the teachers directly.

CEROC X ROUTINE

Each year at the Ceroc Championships people from all over the country join together to enter the Ceroc X category. This is choreography taught in Ceroc classes across the country and the people who best style it up... win! At this event you can get a head start and learn the choreography with plenty of time to practice and embellish it in order to take home that all important trophy.

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be offering a variety of treatments.

BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

Deep tissue massage (£20 for 30min)

Great for releasing aches and restoring tired muscles.

Osteopathic Treatment (£20 for 30 mins)

Focuses on total body health by treating and strengthening the musculoskeletal framework

Acupuncture (£20 for 30 mins)

Uses fine sterile needles placed in specific points on the body to balance energy.

Kinesiology (£20 for 30 mins)

Gentle muscle testing, good for relieving and preventing muscle strain.

Top to Toe Massage (£40 for 60 mins)

Combining Indian Head, Osteopathic therapy, massage & reflexology

Acupressure Massage (£20 for 30 mins)

Targets deep points of pain and tension in the back, neck & shoulders.

Relaxing Seat Chair Massage (£20 for 30 mins)

Relaxing fully clothed massage to provide relief from tired muscles

Reiki (£20 for 30 mins)

Japanese treatment to balance and enhance energy to boost vitality

Natural Face-Lift Massage (£20 for 30 mins)

Intense tissue lifting treatment for face, neck, head & mind

THE GODS OF THUNDER

The evenings will consist of 5 rooms playing different music from our outstanding line-up of DJ's.

The Thunder Ballroom playing popular and new uptempo sounds from evening until 3.30/ 4am

Cyclone will be the non-stop music hot-spot. Playing traditional Escape Chill Out & Blues tunes

Boudoir (otherwise known as the Pub). This is the home of daytime dancing including Swingers Hour & Funk'd Up and on Friday & Saturday nights WCS Sack the DJ freestyle.

The Cube - Silent Disco on Friday and Saturday night

Tempest Studio - Milonga Freestyles

Our Gods of Thunder this weekend are:

Marc Forster, David Rokov, Rachel Pears, Dale 'Smood' St Rose, Jonny Gammon, John Baker, James Ross, Kieran Moore, Garry Turner, Richard Oliver, Miranda Hewitt-Green, Keith Evans, Paul Brooks, Vince Silva, Dayle Blencowe, Mark Kerr, Craig Addison & Warren 'Dance Inspired' Richardson

THANKS

Our weekend events would not be the success that they are without our great crew. It's the people behind the scenes from set-up through to take down who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Head Bull Myles Woodhouse and his many Calves.



You are HERE!

Camber



03 MAY 2015

London



05 - 07 JUN 2015

Southport



03 - 05 JUL 2015

Camber



04 - 06 SEP 2015

Southport



30 SEP - 10 OCT 2015



09 - 11 OCT 2015

Somerset



06 - 08 NOV 2015

Camber



19 - 22 FEB 2016

Norfolk



TBA 2016

Southport

Ceroc Dance Holidays

MedFest

Calpe, Spain

13th - 20th September 2015



Over 500 already booked
... a truly awesome holiday

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theteam@clubdanceholidays.co.uk

www.ceroc.com/escape

club dance

A large white MSC Divina cruise ship sailing on the blue sea, leaving a white wake. The ship has multiple decks with balconies and a small pool on the top deck.

Cruise with CEROC in 2015

Departing 30th September
aboard the magnificent MSC Divina.
10 - day Western Mediterranean cruise.
Workshops, freestyles and the all important
drinks package!



A truly memorable holiday

www.cerocruise.com

STORM WEEKENDER FEEDBACK

The good, the bad and the downright ugly!
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.



BLAZE

A different destination every year
for a limited number

Daily classes and workshops with the Ceroc team

Pool parties most days

Freestyle dancing every night

Gala evening fancy dress farewell party

Optional group excursion to Venice

Return flights from Gatwick
(regional departures available at a supplement)

Return transfer from Venice Airport

All local drinks included with dinner (beer & wine)

www.ceroc.com/escape

tel: 02070994816

NEXT SOUTHPORT WEEKENDER

05 - 07 JUN 2015

SEARCH

MORE INFO & BOOKING

WWW.CEROC.COM/ESCAPE

NEXT CAMBER WEEKENDER

03 - 05 JUL 2015



jamfest

it's all about the music

Great Escapee Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote!

Qualify for the Great Escapee Category of the 2015 Ceroc Championships. This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekend then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2016.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 11pm.

For more info about Champs, please visit **www.CerocChamps.com**



PRIZM

PRIZM

ONE OF THE BIGGEST FREESTYLES IN HISTORY

3am Finish - 3 Rooms

Headliner DJ's and incredible venue
Sweet & savoury pancakes at Midnight

Book online at www.cerocfusion.co.uk

Charter Hall, Cowdray Avenue, Colchester, Essex, CO1 1YH

SATURDAY 16TH MAY 2015



FREESTYLE FILMING ON SATURDAY EVENING
IN THUNDERBALL ROOM FROM THE STAGE

ALL WORKSHOPS* FROM THIS WEEKEND



WORKSHOP DVD AVAILABLE

THIS SUNDAY

HOW CAN YOU REMEMBER ALL THE WORKSHOPS
FROM THIS WEEKEND? WE HAVE THE SOLUTION!

WE'RE SELLING DVDS TO TAKE HOME WITH YOU

ON SUNDAY FROM 10AM TILL 8PM NEAR INFO DESK.

2 DVD DISCS SET INCLUDING CABARET AND FREESTYLE FOOTAGES

£20 SPECIAL DISCOUNTED PRICE, USUALLY £25

LIMITED AVAILABILITY
GRAB YOUR COPY BEFORE THEY SELL OUT!

Teachers

BECKI RENDELL (BR)

With a background in Ceroc, Salsa, Merengue, Line Dance and Kizomba, Becki brings you style and innovation this weekend. Her Ladies Styling Masterclasses are broken down into different areas of style focus and you can find out what she's teaching at the Weather Centre.

BRETT STEWART (BS)

Someone recently said that if Disney drew a Ceroc Prince it would be Brett, so the Dorset members are lucky ladies! This weekend he brings you 3 classes of different levels so that there is something for everyone.

CAINE & DANNI (C&D)

South Coast teacher Caine may be a youngster, but already has proven his talents at 3 venues and has had a regular spot on the Escape weekends for a couple of years. With a smooth, slotted style he and multiple competition winning partner, Danni will show you dynamism and sassy style!

CRAIG ADDISON (CA)

This London based Ceroc & ZUMBA teacher is hot property in London. His ZUMBA classes are amongst the busiest in the country and you'll find out why when you participate.

DALE ST ROSE (DS)

Dale has won more competitions than Camber has seagulls, including the Ceroc Championships and the Open Blues Champs in 2007, 2009 & 2012. He also took home 1st place in the Blues showcase category 2013 at Breeze. This weekend he shows you more of his dance talents introducing you to Kizomba as well as Ceroc.

EKOW ODURO (EO)

Gifted dancer with a background in various styles, Ekow will be introducing you to Zouk with the 1st beginners Zouk class in the Cyclone and also 2 masterclasses over the weekend.

GEMMA PEARCE (GP)

Bubbly, smiley and super sweet, Gemma is charming and full of energy. Join her for Pilates on Saturday & Sunday

IVAN BURTON (IB)

South Coast teacher and new kid on the weekender block, Ivan will be progressing our beginner Ceroc dancers this weekend with 6 classes to fast-track novices onto the freestyle dance-floor.

JACKY GLANCEY (JG)

Teacher from Kent, Jacky will be sharing some Classic Moves with you this weekend to enhance the repertoires of some of our early intermediate & beginners plus dancers.

JAMES BATCHELOR (JB)

Regular teacher for Ceroc Metro and Ceroc London, James is teaching 3 classes this weekend, from easy styling to more advanced routines and techniques to get you noticed.

JAMIE STORMER (JS)

Young teacher with spin technique befitting his background in figure skating makes Jamie the ideal person to help you master the art of spinning. He teaches 2 classes this weekend including a Masterclass.

KIERAN & CHARLIE (K&C)

From East Anglia, Kieran, and his teaching partner Charlie have been rising stars for some time, and after a number of teaching assignments on the Ceroc Weekenders, they have firmly found their place. Kieran was also the WCS UK European Open Newcomer in 2010. They have smooth, effortless style that you will want to learn!

LYNDSEY & MARK (L&M)

From South Wales, and organisers of the Welsh Champs, Mark & Lyndsey breath fresh funky life to their venues with energetic moves and routines. Experts at Double Trouble look out for them and Lyndsey's rising star daughter, Cara, who makes up the trio for Double Trouble.

MARC FORSTER & RACHEL PEARS (M&R)

This adorable couple with a huge fan base are proficient in Argentine Tango and Ceroc. They are also awesome DJs! This weekend you will find them splitting their time between the Milongas, Pure Blues Sessions and the Chill Out room plus teaching some smooth blues & hot new moves. Versatility should be their middle name!

STEVE THOMAS (ST)

From Kent, the organiser and host of the ever popular Rochester Dance Junction events, Steve has been teaching Ceroc for over 10 years. His engaging and charismatic teaching style makes him a popular choice. You can also see him hosting the Pub Quiz.

TIM SANT (TS)

This young, highly talented dancer and teacher has a huge following that grows with each City he visits. As Head of Dance for Ceroc, Tim offers the latest techniques, the hot style and innovative choreography. Having just choreographed the latest champs Ceroc X routine you can see it here with 2 classes this weekend. Get a head start and enter!

WARREN RICHARDSON (WR)

From Brighton based Tango Bootcamps, Warren is one of our weekender Milonga DJs and is a popular Tango teacher. At this event he will be providing 3 Argentine Tango classes to fast-track people on their way to the Milongas.

Schedule



THUNDERBALL ROOM (Fun Factory)



CYCLONE DANCE ZONE (Lunars)



CUBE (upstairs before Thunderball Room)



TEMPEST STUDIO > off Thunderball Room



BOUDOIR (Queen Vic)

* PERFORMANCE CLASS

Workshop with Lisa Richardson: Follow her 3 Classes on Saturday afternoon and perform with her in the cabaret on Saturday Evening.

** MASTERCLASSES

These are classes with a maximum capacity of 34 people in fixed couples (except Ladies Styling) and are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head.

(-Int) BASIC INTERMEDIATE CLASSES

For those people trying to bridge the gap between Beginners and Intermediate classes. These sessions will help your technique to improve your lead and follow and enhance your repertoire.

PILATES & ZUMBA® Wear appropriate footwear and clothing for these classes. Take a Yoga Mat or towel with you to PILATES

ARGENTINE TANGO CLASSES Due to room size, please reserve your space on the Argentine Tango Classes at the Weather Centre. No charge.

	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
18:00-19:00	Closed	Closed	Closed	Closed	DJ - <i>Rachel Pears 5-6pm</i> DJ- <i>Craig Addison 6-7</i>
19:00-20:30	Ceroc F/Style <i>Keith Evans</i> <i>Ceroc Classic Tunes</i>	Closed	Starters Orders IB <i>Ceroc for Beginners from 7.30</i>	Closed	Sack The DJ! <i>Open Decks</i>
20:30-21:30	Storm Breaker (Int) TS <i>Intermediate Ice-Breaker Class</i>	Closed	Starters Orders <i>Ceroc for Beginners until 9.30</i>	Closed	Sack The DJ! <i>Open Decks</i>
21:30-22:30	Ceroc F/Style <i>James Ross</i>	Closed Closed	Argentine Tango (All) WR <i>Pre-Milonga Intro</i>	Closed	Sack The DJ! <i>Open Decks</i>
22:30-23:30 23:30-00:30	Ceroc F/Style <i>Keith Evans</i> Ceroc F/Style <i>Paul Brooks</i>	Chill Out <i>Garry Turner</i> Chill Out <i>Smood</i>	Milonga <i>Dance Inspired</i> Milonga <i>Dance Inspired</i>	Closed	Sack The DJ! WCS Sack the DJ 00:00
00:30-01:30 01:30-02:30	Ceroc F/Style <i>Jon Gammon</i> Ceroc F/Style <i>John Baker</i>	Pure Blues <i>Rachel Pears</i> Chill Out <i>David Rokov</i>	Milonga <i>Marc Forster</i> Blues Lounge <i>Marc & Rachel</i>	Silent Disco midnight to 2am	WCS Sack the DJ 01:00 WCS Sack the DJ 02:00
02:30-03:30 03:30-04:30	Ceroc F/Style <i>Garry Turner</i> Closed	Chill Out <i>Richard Oliver</i> Chill Out <i>Vince Silva</i>	Closed	Closed	
04:30-	Closed	Chill Out <i>Garry Turner</i>	Closed	Closed	

SATURDAY					
	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
09:30-10:30	Closed	Closed	Starters Orders (Beg) IB <i>Beginners Ceroc</i>	Private Lessons <i>Personal One to One Tuition</i>	Closed
10:45-11:45	Ceroc X 1 (Int) TS <i>See page 7 of the booklet</i>	ZUMBA® (All) CA <i>latin dance work out</i>	Beginners Styling (-Int) JB <i>Adding Style to Beginner Moves</i>	Pilates (All) GP <i>Bring a towel or mat</i>	Sack The DJ! <i>Open Decks</i>
12:00-13:00	Challenging Chill Out (Adv) K&C <i>Advanced Chill Out Routine</i>	Fight or Flight (Int) C&D <i>Creating & using momentum</i>	*Performance Class LR <i>Choreography to perform</i>	**Ladies Styling 1 BR <i>Masterclass (Pre-Book)</i>	Sack The DJ! <i>Open Decks</i>
13:15-14:15	Dynamo (Adv) TS <i>Advanced Ceroc Routine</i>	Zouk Intro (All) EO <i>Beginners Zouk</i>	*Performance Class LR <i>Choreography to perform</i>	**Baby Aerials L&M <i>Masterclass (Pre-Book)</i>	Lunchtime Quiz <i>1pm - 2.30pm</i>
14:30-15:30	Hot New Moves (Int) DS <i>New Intermediate Moves</i>	Ceroc F/Style Dayle Blencowe <i>2.15- 3.45pm Ceroc Freestyle</i>	*Performance Class LR <i>Choreography to perform</i>	**WCS Intermediate K&C <i>Masterclass (Pre-Book)</i>	Funk'd Up Mark Kerr <i>Freestyle 2.30-3.30pm</i>
15:45-16:45	Blues (All) M&R <i>Intro to Blues</i>	Chill Out F/Style Garry Turner <i>3.45 - 5pm Freestyle</i>	Simply Stylish (-Int) BR <i>Elegant Styling</i>	**Zouk 2 EO <i>Masterclass (Pre-Book)</i>	Sack the DJ <i>Open Decks</i>
17:00-18:00	Chill Out 1 (Int) K&C <i>Introducing Ceroc dancers to Chill Out</i>	Behind the Back (Int+) BS <i>Back to Back & reverse leads</i>	Closed	Private Lessons <i>Personal One to One Tuition</i>	Sack the DJ <i>Open Decks</i>
18:15-19:15	Dip & Drop Intro (Int) ST <i>Beginners Dips & Drops</i>	Salceroc (Int+) BR <i>Salsa / Ceroc Fusion</i>	Closed	Starters Orders (Beg) IB <i>Beginners Ceroc</i>	Sack the DJ <i>Open Decks</i>
19:30-20:00	Closed	Closed	Closed	Closed	Closed
SATURDAY NIGHT					
20:00-21:00 21:00-22:00	Ceroc F/Style Craig Addison Ceroc F/Style Dayle Blencowe	Closed	Argentine Tango 2 (All) WR <i>Next Step Tango</i>	Closed	Closed Closed
22:00-23:00 23:00-00:00	Ceroc F/Style Jon Gammon Cabarets & Competition (JG)	Chill Out Garry Turner Chill Out Miranda H-W	Closed	Closed	Closed Closed
00:00-01:00 01:00-02:00	Ceroc F/Style Garry Turner Ceroc F/Style Keith Evans	Chill Out John Baker Chill Out Vince Silva	Milonga Marc Forster 12.30 Milonga Marc Forster to 1.30	Silent Disco midnight to 2am	WCS Sack the DJ WCS Sack the DJ
02:00-03:00 03:00-04:00	Ceroc F/Style Dayle Blencowe Ceroc F/Style Paul Brooks	Pure Blues Rachel Pears Chill Out David Rokov	Milonga Dance Inspired <i>1.30- 3am</i>		WCS Sack the DJ
04:00-05:00 05:00-06:00	Closed Closed	Chill Out Kieran Moore Chill Out Marc Forster		Closed	
06:00-	Closed				

SUNDAY					
	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
09:30-10:30	Closed	Closed	Off the Blocks (Beg+) IB <i>Beginners Plus Ceroc</i>	Pilates (All) GP <i>Bring a towel or mat</i>	Closed
10:45-11:45	Repertoire Enhancer (Int) ST <i>Grow your repertoire with easy tips</i>	Body Control (Int+) C&D <i>Body Leads</i>	Funk'd Up Classics (-int) BS <i>Funk up some classic moves</i>	**Who's the Daddy JS <i>Masterclass (Pre-Book)</i>	Sack the DJ <i>Open Decks</i>
12:00-13:00	Ceroc X 2 (Int) TS <i>See page 7 of booklet</i>	Ducks & Dips (Int+) JB <i>Routine with Ducks & Head Dips</i>	Beginner Variations (-Int) DS <i>Change up your beginner moves</i>	**Daring Drops L&M <i>Masterclass (Pre-Book)</i>	Sack the DJ <i>Open Decks</i>
13:15-14:15	Smooth New Moves (Int+) K&C <i>Smooth, Effortlessly Styled Moves</i>	Stops & Blocks (Int) BS <i>Stops & Blocks for Light & Shade</i>	Classic Moves 1 (-Int) JG <i>A Selection of classic Int Moves</i>	**Ladies Styling 2 BR <i>Masterclass (Pre-Book)</i>	Lunchtime Quiz <i>1:00pm - 2:30pm</i>
14:30-15:30	Double Trouble (Int+) L&M <i>2 Follows & 1 Leader</i>	Kizomba (All) DS <i>Close Hold Musical Dance (Intro)</i>	Simply Slotted (-Int) C&D <i>Intro to slotting</i>	**Burn the Floor JB <i>Masterclass (Pre-Book)</i>	Swingers Hour (Mike) <i>Swing F/style</i>
15:45-16:45	Super Seducers (Adv) ST <i>Ultimate drops</i>	Chill Out F/Style David Rokov <i>3.30pm - 5pm</i>	Classic Moves 2 (-Int) JG <i>More Classic Intermediate Moves</i>	**Zouk 3 EO <i>Masterclass (Pre-Book)</i>	Sack the DJ <i>Open Decks</i>
17:00-18:00	Hot New Moves (Int+) M&R <i>Intermediate + New Ceroc Moves</i>	S'Funk F/Style Vince Silva <i>5pm - 6pm</i>	Private Lessons <i>Personal One to One Tuition</i>	Off the Blocks (Beg+) IB <i>Beginners Plus Ceroc</i>	Sack the DJ <i>Open Decks</i>
18:15-19:15	Revolver (Int+) JS <i>Lots of spins and turns</i>	ZUMBA® (All) CA <i>Latin Dance Workout</i>	Private Lessons <i>Personal One to One Tuition</i>	Private Lessons <i>Personal One to One Tuition</i>	Sack the DJ <i>Open Decks</i>
19:30-20:30	Closed	Closed	Private Lessons <i>Personal One to One Tuition</i>	Closed	Sack the DJ <i>Open Decks</i>
SUNDAY NIGHT					
20:30-21:30	Ceroc F/Style Paul Brooks	Closed	Private Lessons <i>Personal One to One Tuition</i>	Closed	Closed
21:30-22:30 22:30-23:30	Ceroc F/Style Garry Turner Ceroc F/Style James Ross	Chill Out Richard Oliver Chill Out John Baker	Argentine Tango 3 WR Milonga Dance Inspired	Closed Closed	Closed
23:30-00:30 00:30-01:30	Ceroc F/Style Jon Gammon Ceroc F/Style Keith Evans	Chill Out Miranda HG Chill Out Garry Turner	Milonga Marc Forster Milonga Dance Inspired	Closed Closed	Closed Closed
01:30-02:30 02:30-03:30	Ceroc F/Style John Baker Ceroc F/Style Smood	Pure Blues Rachel Pears Chill Out Kieran Moore	Closed	Closed	Closed
03:30-04:30 04:30-05:30	Closed Closed	Chill Out John Baker Chill Out Marc Forster	Closed	Closed	Closed
05:30-	Closed	Closed Closed	Closed	Closed	Closed



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Friday & Saturday Night
(midnight - 2am)

Grab a pair of headphones,
choose from 3 music channels
and join the Silent Disco Party!

Plus ... Daytime Masterclasses

Check the schedule
for more details.



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