



# SEARCH

05 - 07 JUN 2015  
SOUTHPORT



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PASSPORT TO DANCE

DIFFERENT DANCE STYLES  
TAUGHT MANY VARIED AND  
EXCITING WORKSHOPS OVER 50  
HOURS OF FREESTYLE DIFFERENT  
ROOMS PLAYING VARIED STYLES  
OF MUSIC TEACHERS FROM ALL  
OVER THE UK  
DJ'S FROM FAR & WIDE LARGE  
GATHERING OF CEROC TEACHERS  
MESSAGE SWIMMING WORKSHOP  
DVDs TO TAKE HOME ZUMBA  
SELECTION OF DANCE SHOES  
AND CLOTHING ON SALE ON  
LINE BOOKING WITH IMMEDIATE  
CONFIRMATION GENDER  
CONTROLLED BOOKING SYSTEM



## WELCOME

Welcome to one of the biggest dance weekends on the planet.

Our weekend ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

We do try hard to gender balance our events, but the problem we are finding is fewer girls are interested in taking the classes, so we are finding men over in some of the classes, but then the appearance of girls over in the freestyle in the evenings. We obviously can't force you to do the classes in the day and then dance all night, but at least you understand better the dynamic of this weekend.

You will find over 40 classes and workshops detailed in this booklet and these sessions are free to attend. We also have 10 Masterclasses for those of you looking to learn the techniques and moves in a smaller group, plus a 2 hour Intensive Aerials Workshop.

At Southport you will find the pub is the daytime freestyle hub, so if you want to step away from classes for a while, socialise or relax then pop into the pub where we are hosting 24 hour freestyle!

Here's hoping the weather will be 'scorching' and the alfresco dancing on the deck will be used to the max!

Have a Great Weekend!

The Escape Committee

## EXCEEDINGLY USEFUL INFORMATION

### PARKING

There is ample parking at Pontins in Southport so there is no need to book a parking space in advance.

### PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the middle foyer near Stand Out Dancewear. The main Pontins reception is also manned and there is security on duty all night.

### CLASS ROTATION

Although we don't encourage it, it is possible to remain with a fixed partner in all classes.

There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably.

### DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands frequently.

### ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

### CHECKOUT INFORMATION

You need to check out by **10am** on Monday 8th June 2015. Please leave your keys at the security gate upon departure.

### DVD OF SCORCH WORKSHOPS

DVD of workshops taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20 (£25 after the event, online). Go to the Weather Centre on Sunday to get your copy before they sell out! We are open till 10pm on Sunday.

NB: the Beginner and Master classes are not included on the Weekender DVD. A Beginners Ceroc DVD can be purchased this weekend with all Beginners Moves included.

### WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Private Lessons, Masterclasses, Massage and buy a range of Ceroc and Style DVD's. Please remember to leave us your feedback form from the centre of this booklet.

### COLOURED WRIST BANDS?

You are required to wear your gender coloured wristband all weekend. You cannot access the main entertainment's complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances and by roaming stewards. These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

### TOWEL SWAPPING

Linen and towels are no longer provided by Pontins.

### WIFE SWAPPING

Provided by Ceroc immediately after the Cabarets.

### ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. Remember to turn the Water Heater off.

### PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time.

### WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

### WHAT'S ON TV?

The PTV channel on your TV will show a live feed from the main Thunderball Room. There are 4 other channels available.

### I'M HUNGRY!!!

The Chip shop will be open at times over the weekend. The Nisa convenience store provides all your essentials, plus you can eat at the restaurant in the Queen Vic.

### TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

# CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be offering a variety of treatments.

## BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

### Deep tissue massage (£25 for 30min)

Great for releasing aches and restoring tired muscles.

### Osteopathic Treatment (£25 for 30 mins)

Focuses on total body health by treating and strengthening the musculoskeletal framework

### Acupuncture (£25 for 30 mins)

Uses fine sterile needles placed in specific points on the body to balance energy.

### Kinesiology (£25 for 30 mins)

Gentle muscle testing, good for relieving and preventing muscle strain.

### Top to Toe Massage (£50 for 60 mins)

Combining Indian Head, Osteopathic therapy, massage & reflexology

### Sports Injuries Treatments (£25 for 30 mins)

If you have specific injuries we can provide diagnosis and treatment

### Relaxing Massage (£25 for 30 mins)

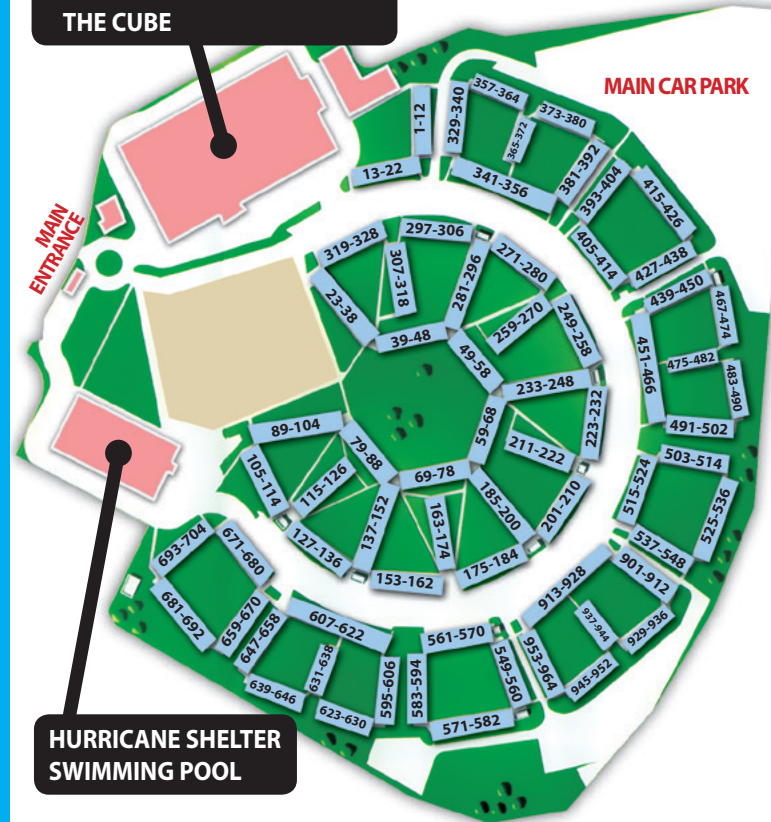
Stroking massage with essential oils to relieve stress, tension, pain etc

### Reflexology (£25 for 30 mins)

Using pressure points in the feet to treat a wide range of body ailments

# SOUTHPORT

THUNDERBALL ROOM  
LATIN 'CYCLONE' QUARTER  
BLUES 'BOUDOIR' LOUNGE  
THE CUBE



# LIST OF ACTIVITIES

## DAY TIME DANCING

There will be non-stop dancing in the Boudoir throughout the weekend, Sack the DJ, Swingers Hour, S'Funk, & Chill Out. Whatever's playing the Boudoir will be a buzzing hub of daytime freestyle dancing.

## LATIN QUARTER / CYCLONE

This dance space is used for classes during the day and a range of specific genre freestyles in the evening. Look out for:

Latin & Blue Latin WCS Freestyle, Milonga (Argentine Tango Freestyle), Silent Disco.

## THE CUBE

Situated in the main foyer, this tented dance space is used for Masterclasses during the day and will also be used in the evening for Pure Blues and Milonga hosted by Marc Forster and Rachel Pears. Friday night: Milonga 11pm - 1am, Blues Lounge 1am - 3am. Saturday: Blues Lounge 2am - 4am

## SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing you brought your own CD collection. The decks will be waiting for you in the Blues Lounge at certain times of the day. There is a schedule on the wall in the Boudoir to book your slot. No double slots please.

## CABARET

Join us at 10.30pm on Saturday night in the main ballroom for performances and entertainment.

## GREAT ESCAPEE COMPETITION

If you want to enter the Great Escape Competition be in the ballroom by 10.15pm on Saturday in preparation for competition commencement which will take place at some time during the Cabaret.

## SWIMMING POOL

The swimming pool will be open Fri, Sat & Sun. Check at reception for times.

## PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability or approach the teachers directly before or after classes. Charges £50 per hour payable directly to the teachers.

## SILENT DISCO

On Friday & Saturday night you can find the Silent Disco in the Cyclone. If you've never tried this before, it's a blast! Grab a pair of headsets as you go into the room and then choose your channel. There are 3 channels available so that you can always find something you want to dance to... Just make sure your partner is on the same channel as you!

## MASTERCLASSES

Masterclasses are small classes that are taught in fixed couples. They provide teacher interaction and the opportunity to master the art or technique being taught. You do not have to be an advanced dancer to participate! You do however have to book in advance at £5 per head in a fixed partnership.

- Ladies Styling 1 & 2 - All levels for solo ladies
- Super Drops - Master your drop skills with these showstoppers (Int+ / Adv)
- Zouk 1 & 2 - The latest latin inspired dance craze to hot the floor! (Intros)
- Competition Tips & Tricks - Learn to perform (Int+/ Adv)
- Simple & Powerful Lifts (Int+ / Adv)
- Solo Spinning - Improve your spinning technique (All)
- WCS - Intermediate level WCS masterclass
- Advanced Whips - Whip Patterns - feel the whoosh! (Adv)

## INTENSIVE AERIALS WORKSHOP

This is a 2 hour session and will focus on Dynamic Aerials of an advanced nature. Warm-up and cool down will be included in the 2 hour session. Fixed partners only - pre-book at the Weather Centre. £30 per couple.

**NB: Aerials and Airsteps are not permitted on the freestyle dance floor for safety reasons. Please feel free to use them for performances and in competition.**

## CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners. These will be held in the Main Ballroom & Cyclone Dance Zone. These workshops will be progressive and totally rewarding. Starting at 7pm on Friday and continuing throughout the weekend.

## CEILIDH & MORRIS DANCING

Keeping our traditions alive with 2 national dances. In the Blue & White Corner at midday on Saturday, join the Scottish crew for a bucket load of fun in the main ballroom. And in the Red & White Corner at 3.45pm in the Hurricane Shelter you will find the English crew bashing their sticks and jingling their bells!

# THE GODS OF THUNDER

The evenings will consist of 3/4 rooms playing different music from our outstanding line-up of DJ's.

The Main Ballroom playing popular and new uptempo sounds from evening until 4.30am on Saturday and Sunday morning and 3.30am on Monday morning.

The Latin 'Cyclone' Quarter playing set genres including Latin, Milonga, and WCS

The Cube playing set genres of Milonga and Blues

The 'Boudoir' Chill Out Lounge, otherwise known as the 'Pub' will be the non-stop music hot-spot. Playing traditional Escape Chill Out tunes whilst the Milonga sets are taking place in the Cyclone to suit the Blues and WCS enthusiasts and switching to Pure and Eclectic Blues whilst WCS is being played in the Cyclone.

Our Gods of Thunder this weekend are:

*Marc Forster, David Rokov, Chris Uren, Rachel Pears, Sheena 'Tiggerbabe' Assiph, Dale 'Smood' St Rose, Paul Foster, Caroline Houlton, Jonny Gammon, James Ross, Mark O'Reilly, Roger Brent, Kieran Moore, Vince Silva, Garry Turner, John Baker, Ian Morgan, Miranda Hewitt-Green & Clive Gidney*

## THANKS

Our weekend events would not be the success that they are without our great crew. It's the people behind the scenes from set-up through to take down who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Head Bull Myles Woodhouse and his many Calfs.

09 - 11 OCT 2015

**BREEZE**  
SOMERSET

Over 50 hours of freestyle  
Over 30 varied & exciting workshops  
3 rooms playing different styles of music

**European Blues Championships**  
*The Neo-Blues Competition for 21st Century Blues Dancers*

Including Blues Open, DWAS  
and Masters Invitational  
Apply today, email [val@cerocpr.co.uk](mailto:val@cerocpr.co.uk)

FOR INSTANT AND SECURE BOOKINGS  
**WWW.CEROC.COM/ESCAPE**



WWW.CEROC.COM/ESCAPE

**SCORCH**  
SOUTHPORT

You are HERE! Southport

**jamfest**  
It's all about the music

03 - 05 JUL 2015 Camber

**SPLASH**  
SOUTHPORT

04 - 06 SEP 2015 Southport

**CEROC CRUISE**

30 SEP - 10 OCT 2015

**BREEZE**  
SOMERSET

09 - 11 OCT 2015 Somerset

**BLISS**  
CAMBER

06 - 08 NOV 2015 Camber

**SWISH**  
NORFOLK

19 - 22 FEB 2016 Norfolk

**BLUSH**  
SOUTHPORT

TBA 2016 Southport

**STOAM**  
CAMBER

11-13 MAR 2016 Camber

LONDON **ceroC**  
**champs**

TBA 2016 London

# MEDFEST

13-20 SEP 2015



The Biggest Dance Holiday on the Planet

[www.ceroc.com/escape](http://www.ceroc.com/escape)

[theteam@clubdanceholidays.co.uk](mailto:theteam@clubdanceholidays.co.uk)

Tel: 02070994816

**club** escape  
dance



A large white cruise ship, the MSC Divina, is shown from a high angle, sailing on a deep blue sea. The ship has multiple decks with balconies and a small blue pool on the top deck. The name 'MSC' is visible on the side.

# Cruise with CEROC in 2015

Departing 30th September  
aboard the magnificent MSC Divina.  
10 - day Western Mediterranean cruise.  
Workshops, freestyles and the all important  
drinks package!



A truly memorable holiday

[www.cerocruise.com](http://www.cerocruise.com)



## SCORCH WEEKENDER FEEDBACK

The good, the bad and the downright ugly!  
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

## ...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.

# CEROC INSTRUCTIONAL DVDS



## Gender Balancing

As you know, we made the decision to introduce gender balancing into the weekender market as we believe very strongly that both boys and girls should have the same freestyle opportunities.

Unfortunately, however there is an increasing problem which is jeopardising our best efforts. Essentially, there is an increasing number of girls outwitting our booking process by booking an apartment for say 3 boys and 3 girls yet only the girls are turning up to the event.

At recent events the number of men not turning up has been significant and although we appreciate that there will always be genuine reasons for people dropping out, the numbers involved are increasing and too great to be legitimate in our opinion.

For the time-being we cannot think of a way of preventing this happening, and therefore we are pleading with you to respect the spirit of the gender balancing as it's simply not fair on everyone else.

This event should be gender balanced to within 43 people.

# Great Escapee Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote!

Qualify for the Great Escapee Category of the 2016 Ceroc Championships. This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekender then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2017.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10.15pm.

For more info about Champs, please visit [www.CerocChamps.com](http://www.CerocChamps.com)



NEXT SOUTHPORT WEEKENDER

04 - 06 SEP 2015

# SPLASH

MORE INFO & BOOKING

[WWW.CEROC.COM/ESCAPE](http://WWW.CEROC.COM/ESCAPE)

NEXT CAMBER WEEKENDER

03 - 05 JUL 2015



# jamfest

it's all about the music

FREESTYLE FILMING ON SATURDAY EVENING  
IN THUNDERBALL ROOM FROM THE STAGE

ALL WORKSHOPS\* FROM THIS WEEKEND



# WORKSHOP DVD AVAILABLE THIS SUNDAY

HOW CAN YOU REMEMBER ALL THE WORKSHOPS  
FROM THIS WEEKEND? WE HAVE THE SOLUTION!

WE'RE SELLING DVDS TO TAKE HOME WITH YOU

ON SUNDAY FROM 10AM TILL 8PM NEAR INFO DESK.

2 DVD DISCS SET INCLUDING CABARET AND FREESTYLE FOOTAGES

£20 SPECIAL DISCOUNTED PRICE, USUALLY £25

LIMITED AVAILABILITY  
GRAB YOUR COPY BEFORE THEY SELL OUT!

\*STANDARD BEGINNERS CLASSES & FEE-BASED MASTERCLASSES ARE NOT INCLUDED.

## Teachers

### BECKI RENDELL (BR) (B&D)

With a background in Ceroc, Salsa, Merengue, Line Dance & Kizomba, Becki brings you style and innovation in her Ladies Styling Masterclass and introduces you to a little Salsa with partner Dean

### BEX HOLMES (BH)

Bex maybe pint-sized but her cheeky teaching style and creativity could fill buckets. This young rising star has taught & performed across the UK. Placed 3rd in the Open & 1st in Double Trouble at the Ceroc Champs 2014.

### CAINE & DANNI (C&D)

From the South Coast and being booked for events across the country, this young couple are hot property. They ooze style with a sleek and slotted dynamic making them a joy to watch. Take a lead from this inspiring couple!

### CARL & MEL (C&M)

Organiser of the popular Bristol Switch freestyles along with John Baker. Carl loves challenging chill out music and the dynamics of this genre. He and wife Mel help you take control of that slot!

### CRAIG ADDISON (CA)

This Zumba king with bags of energy isn't just teaching Zumba this weekend. He is also a Ceroc teacher and this weekend he is adding a Fun'n'Fresh freestyle toolkit to the mix.

### DALE ST ROSE (DS)

This guy has won more competitions than Pontins has seagulls! From Ceroc to Blues to Showcases, Dale's the man with the moves! Check out his wide range of classes including his fun nu-line classes.

### EKOW & SARVE (E&S)

Ekow and Sarve bring your 2 introductory masterclasses in Zouk, the latest, hottest, latin inspired dance to rampage across London and the UK. Close hold, sultry and sexy!



**FRANCK & SHEENA (F&S)**

Our North of the border star teachers will unify us all by breaking down technique in an easy and fun way to get you freestyling smarter, smoother and more confidently.

**GREG URCH (GU)**

Teacher from the South West, Greg has been recognised in Top Cat competitions this year as the fine dancer that he is. He and partner Sam introduce you to an Advanced Whips class this weekend plus something to get your body ripplin' and rollin'.

**IVAN BURTON (IB)**

We've dragged this guy up from Devon, but you will quickly see it was worth it. Long established Ceroc teacher, Ivan will be guiding the beginners through their journey this weekend fast-tracking them to the dance-floor.

**JAMIE STORMER (JS)**

Young teacher with spin technique befitting his background in figure skating makes Jamie the ideal person to help you master the art of spinning. He teaches 3 classes this weekend encompassing footwork and ducks plus his spinning Masterclass.

**KIERAN & CHARLIE (K&C)**

Smooth movers with effortless, elegant style! They are a joy to watch and even better to dance with. Learn their techniques for subtle style that will leave you gliding around the floor, easily, but with detailed intricacy.

**LORNA BAKER, CALUM MARTINDALE & THE SCOTS!**

Join our fun loving Scottish team for the Ceilidh on Saturday afternoon. It promises to be fun and a good work-out all in one. You might even see a few kilts in the room too!

**LYNDSEY, MARK, CLAIRE, JAMIE (L&M, M&C, L&J)**

From South Wales, and organisers of the Welsh Champs, Mark & Lyndsey breath fresh funky life to their venues. Claire & Jamie join Mark & Lyndsey in some of their classes, so you can find Lyndsey teaching with funky newcomer Jamie Eddy and also Claire Warren partnering Mark for the Aerials Intensive.

**MAJA KOCANOVA (MK)**

Ceroc's Latin Queen. The gracious Maja will be mixing a unique cocktail of hot rhythms, inspiring technique, sweeping footwork with her own sassy style.

**MARC & RACHEL (M&R)**

Multi- talented & incredibly versatile, Marc & Rachel are always kept busy on our weekends. Day or night these guys will be working somewhere to provide entertainment, whether that be teaching or DJ'ing. Host of the Milongas and Blues Lounge, Argentine Tango and Ceroc Teachers, they are worth their weight in gold!

**STEVE THOMAS (ST)**

From Kent, the organiser and host of the ever popular Rochester Dance Junction events, Steve has been teaching for over 10 years. His engaging and charismatic teaching style makes him a popular choice whatever technique or style he is teaching... sssshhh - with the help of some of friends Morris Dancing is one of those styles!

**TIM SANT (TS)**

This young, highly talented dancer and teacher has a huge following that grows with each City he visits. As Head of Dance for Ceroc, Tim offers the latest techniques, the hot style and innovative choreography.

**TIM & HEATHER (T&H)**

With a Street style that makes them stand out on the dance-floor, Tim & Heather share a little Urban Flava with you this weekend to get you funky for the Chill Out Zone.

**TONI SAILS (TS)**

As a fairly recent addition to the Ceroc London crew, Toni has already developed a style of his own, which he teaches at his regular Sunday night classes ToneZ. Enjoy his advanced class this weekend to add expression, movement and space into your dancing.



THUNDERBALL ROOM (Fun Factory)



LATIN CYCLONE QUARTER (Lunars)



BLUES BOUDOIR LOUNGE (Queen Vic)



CUBE (Foyer)



HURRICANE SHELTER (Restaurant)

## SCHEDULE KEY

- Workshops are shown in **RED**
- (Beg) These classes are suitable for complete beginners.
- (-Int) Early Intermediate Lesson.
- (Int) Regular Intermediate Lesson.
- (Int+) More difficult Intermediate Lesson.
- (Adv) For advanced dancers who pick up moves easily.
- (All) Suitable for everyone.

\*\*\*Masterclasses - book in advance at the Weather Centre

**SILENT DISCO** - Grab a head set and choose your f/style channel  
Milonga - Argentine Tango Freestyle

**WCS** - Freestyle suitable for West Coast Swing Dancing

**Dynamic Aerials**- Intensive 2 hour class- book at the Weather Desk

**Ceilidh & Morris Dancing** - Join in the fun (guys and girls for both)

**NB: Morris Dancing and Dynamic Aerials in the Hurricane Shelter.**

	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic Pub	The Cube
18:00-19:00	Closed	Closed	15.00 - 19.00 <a href="#">Sack the DJ</a> <i>Open Decks with DJ and Room Host Marc Forster</i>	
19:00-20:00	Ceroc F/Style <a href="#">James Ross</a>	<b>Starters Orders (Beg) IB</b> <i>Ceroc for Beginners</i>	19.00-20.00 Chill Out Zone <a href="#">Chris Uren</a> <i>Slow, Smooth Freestyle</i>	
20:00-21:00	Ceroc F/Style <a href="#">James Ross</a>	<b>Starters Orders (Beg) IB</b> <i>Ceroc for Beginners to 9pm</i>	20.00-21.00 Chill Out Zone <a href="#">Garry Turner</a>	
21:00-22:00	<b>Sizzling Ice Breaker (Int) TS</b> <i>Int class to start the Scorcher!</i>	<b>Beginners F/Style <a href="#">Caroline H</a></b> <i>9pm - 10pm</i>	21.00-22.00 Chill Out Zone <a href="#">Jon Gammon</a>	
22:00-23:30 23:30-00:30	Ceroc F/Style <a href="#">Mark O Reilly</a> Ceroc F/Style <a href="#">David Rokov</a>	Latin Mix <a href="#">Rachel Pears</a> 10-11 SILENT DISCO 11pm - 1am	22.00-23.30 Chill Out Zone <a href="#">John Baker</a> 23.30-00.30 Chill Out Zone <a href="#">Miranda H-G</a>	Milonga <a href="#">Marc Forster</a> from 11pm
00:30-01:30 01:30-02:30	Ceroc F/Style <a href="#">Ian Morgan</a> Ceroc F/Style <a href="#">Craig Addison</a>	SILENT DISCO WCS <a href="#">Roger Brent</a> 1-2am	00.30-01.30 Chill Out Zone <a href="#">Smood</a> 01.30-02.30 Chill Out Zone <a href="#">Garry Turner</a>	Milonga <a href="#">Marc Forster</a> until 1am Blues Lounge with <a href="#">Marc Forster &amp; Rachel Pears</a> 1- 3am
02:30-03:30 03:30-04:30	Ceroc F/Style <a href="#">Tiggerbabe</a> Ceroc F/Style <a href="#">Jon Gammon</a>	WCS <a href="#">Kieran Moore</a> 2-3am WCS <a href="#">Clive Gidney</a> 3-4am	02.30-03.30 Chill Out Zone <a href="#">Vince Silva</a> 03.30-04.30 Chill Out Zone <a href="#">David Rokov</a>	
04:30-	Closed	Closed	04.30-05.30 Chill Out Zone <a href="#">Paul Foster</a> 05.30-07.00 Chill Out Zone <a href="#">Ian Morgan</a>	

SATURDAY			15:45 Morris Dancing ST Team in the Hurricane Shelter.	
	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic	The Cube
09:30-10:30	<b>Starters Orders (Beg) IB</b> <i>Complete Beginners Ceroc class</i>	<b>ZUMBA (All) CA</b> <i>Latin Dance Fitness Class</i>	<b>09.30 - 10.30 Sack the DJ</b> <i>Open Decks</i>	Closed
10:45-11:45	<b>Block Break Barrier (Int) TS</b> <i>Blocks, Breaks, Freezes - perfectly led</i>	<b>Elegant Style (-Int) MK</b> <i>Simply stylish routine</i>	<b>10.30 - 12.00 Sack the DJ</b> <i>Open Decks</i>	Closed
12:00-13:00	<b>Ceilidh (All) Scottish Crew</b> <i>See page 7 of the booklet</i>	<b>Smooth Links (Int) DS</b> <i>Seamless routine with a 'smood' finish</i>	<b>12.00 - 13.30 Sack the DJ</b> <i>Open Decks</i>	*** <b>WCS Int K&amp;C</b> <i>Masterclass</i>
13:15-14:15	<b>funKd uP (Int+) L&amp;J</b> <i>Add some funky attitude</i>	<b>Hi-jack &amp; Counterstrike(Adv) F&amp;S</b> <i>hi-jack the lead and graciously respond</i>	<b>13.30-14.30 Swingers Hour Chris Uren</b> <i>Swing Freestyle</i>	*** <b>Solo Spinning JS</b> <i>Masterclass</i>
14:30-15:30	<b>The Secret (All) TS</b> <i>Creating options &amp; move variety</i>	<b>They See Me Rollin' (Int) GU</b> <i>Body ripples and rolls for style</i>	<b>14.30-15.30 S'Funk Garry Turner</b> <i>Soul funk Classics</i>	*** <b>Ladies Styling 1 BR</b> <i>Masterclass</i>
15:45-16:45	<b>Playtime (Int) K&amp;C</b> <i>Playing with musicality</i>	<b>Smooth &amp; Sassy (Adv) C&amp;D</b> <i>Smooth routine with advanced moves</i>	<b>15.30-17.00 Chill Out Zone Tiggerbabe</b>	*** <b>Zouk 1 E&amp;S</b> <i>Masterclass</i>
17:00-18:00	<b>Mind Your Head (Int+) JS</b> <i>Hooks, Ducks &amp; Blocks</i>	<b>Nu-line (All) DS</b> <i>Get your feet moving in 2 line dances</i>	<b>17.00-18.00 Chill Out Zone David Rokov</b>	*** <b>Competition Tips BH</b> <i>Masterclass</i>
18:15-19:15	<b>Weight for It (Int+) ST</b> <i>Weight transfer for eye catching moves</i>	<b>Fun 'n' Fresh (Int+) CA</b> <i>Freestyle toolkit to add fun to the dance</i>	<b>18.00-19.00 Chill Out Zone Vince Silva</b>	*** <b>Simple &amp; Powerful Lifts</b> <i>Masterclass</i>
19:30-20:30	Room Closed	<b>Starters Orders (Beg) IB</b> <i>Beginners Ceroc</i>	<b>19.00 - 21.00 Sack the DJ</b>	Closed - No entry
SATURDAY NIGHT				
20:00-21:00	Ceroc F/Style <b>Mark O'Reilly</b>	<b>Argentine Tango M&amp;R</b> from 9pm	<b>21.00-21.30 Chill Out Zone Paul Foster</b>	Closed - No entry
21:00-22.30	Ceroc F/Style <b>Jon Gammon</b>	Milonga <b>Marc Forster 10pm</b>	<b>21.30-22.30 Chill Out Zone Paul Foster</b>	
22:30-23.30	<b>Cabarets, Competition (JG DJ)</b>	Milonga <b>to midnight</b>	<b>22.30-00.00 Chill Out Zone Ian Morgan</b>	
23:30-00.30	Ceroc F/Style <b>Garry Turner</b>	SILENT DISCO	<b>00.00-00.30 Chill Out Zone Ian Morgan</b>	
00:30-01:30	Ceroc F/Style <b>Mark O'Reilly</b>	SILENT DISCO	<b>00.30-01.30 Chill Out Zone Smood</b>	
01:30-02:30	Ceroc F/Style <b>Chris Uren</b>	SILENT DISCO to 2am	<b>01.30-02.30 Chill Out Zone John Baker</b>	
02:30-03:30	Ceroc F/Style <b>Caroline Houlton</b>	<b>WCS Clive Gidney 2-3am</b>	<b>02.30-03.30 Chill Out Zone Garry Turner</b>	<b>Blues Lounge Marc &amp; Rachel</b> <i>2am - 4am</i>
03:30-04:30	Ceroc F/Style <b>John Baker</b>	<b>WCS Roger Brent 3-4am</b>	<b>03.30-04.30 Chill Out Zone Miranda H-G</b>	
04:30-05:30	Closed	Closed	<b>04.30-05.30 Chill Out Zone Vince Silva</b>	
05:30-07:00	Closed	Closed	<b>05.30-07.00 Chill Out Zone Tiggerbabe</b>	
07:00-	Closed		<b>07.00 - Close Sack the DJ</b>	

SUNDAY			15:45 *Dynamic Aerials M&C in the Hurricane Shelter. 2 hours. <i>Book in adv.</i>	
	Thunderball Room	Cyclone Latin Quarter	The Boudoir	The CUBE
09:30-10:30		<b>Off the Blocks (Beg) IB</b> <i>Beginners Ceroc</i>	09.30 - 10.30 <b>Sack the DJ</b> <i>Open Decks</i>	Private Lessons
10:45-11:45	<b>Work the Floor (Int) ST</b> <i>Learn to travel around the dance-floor</i>	<b>Simply Slotted (-Int) C&amp;M</b> <i>Slot technique for improved style</i>	10.30 - 12.00 <b>Sack the DJ</b> <i>Open Decks</i>	*** <b>Ladies Styling 2 BR</b> <i>Masterclass</i>
12:00-13:00	<b>Double Trouble (Int+) L&amp;M</b> <i>1 lead 2 follows</i>	<b>Watch Your Step (Int) JS</b> <i>Intro to fancy footwork</i>	12.00 - 13.30 <b>Sack the DJ</b> <i>Open Decks</i>	*** <b>Zouk 2 E&amp;S</b> <i>Masterclass</i>
13:15-14:15	<b>Fight or Flight (Int) C&amp;D</b> <i>Working with momentum &amp; flow</i>	<b>Tangles/Contemporary Fusion(Adv)TS</b> <i>Tangled fusion for movement &amp; space</i>	13.30-14.30 <b>Swingers Hour</b> <b>Mike Ellard</b>	*** <b>Super Drops ST</b> <i>Masterclass</i>
14:30-15:30	<b>Don't Panic (Adv) BH</b> <i>Exciting left handed flashy moves</i>	<b>Body to Body (Int) M&amp;R</b> <i>Smooth, subtle &amp; bluesy</i>	14.30-15.45 <b>Chill Out Zone</b> <b>Kieran Moore</b>	*** <b>Advanced Whips GU</b> <i>Masterclass</i>
15:45-16:45	<b>Geometry of Dance (Int+) F&amp;S</b> <i>Shapes &amp; lines in partner dancing</i>	<b>Simply Whips (-Int) C&amp;M</b> <i>Easy Whips</i>	15.45-17.00 <b>Chill Out Zone</b> <b>David Rokov</b>	
17:00-18:00	<b>Smooth New Moves (Int+) K&amp;C</b> <i>New Moves from smooth movers K&amp;C</i>	<b>Cross Body Salsa (All) B&amp;D</b> <i>Neat &amp; Sophisticated Salsa</i>	17.00-18.00 <b>Chill Out Zone</b> <b>Smood</b>	
18:15-19:15	<b>Urban Flava (Int+) T&amp;H</b> <i>Street style for the Chill Out Room</i>	<b>ZUMBA (All) CA</b> <i>Latin Dance Fitness</i>	18.00-19.00 <b>Chill Out Zone</b> <b>Marc Forster</b>	
19:30-20:30	Room Closed until 8pm	Closed	19.00 - 20.30 <b>Sack the DJ</b>	Private Lessons
SUNDAY NIGHT				
20:00-21:30	Ceroc F/Style <b>Chris Uren</b>		20.30-21.30 <b>Chill Out Zone</b> <b>Jon Gammon</b>	Closed
21:30-22:30	Ceroc F/Style <b>James Ross</b>	Latin Mix <b>Rachel Pears</b>	21.30-22.30 <b>Chill Out Zone</b> <b>Tiggerbabe</b>	
22:30-23:30	Ceroc F/Style <b>John Baker</b>	Blue Latin <b>Marc &amp; Rachel</b>	22.30-23.30 <b>Chill Out Zone</b> <b>Miranda H-G</b>	Closed
23:30-00:30	Ceroc F/Style <b>Craig Addison</b>	Milonga <b>Marc Forster</b>	23.30-00.30 <b>Chill Out Zone</b> <b>Kieran Moore</b>	
00:30-01:30	Ceroc F/Style <b>Garry Turner</b>	Milonga <b>Marc Forster</b>	00.30-01.30 <b>Chill Out Zone</b> <b>John Baker</b>	Closed
01:30-02:30	Ceroc F/Style <b>Jon Gammon</b>	WCS F/Style <b>Roger Brent</b>	01.30-02.30 <b>Blues</b> <b>Rachel Pears</b>	
02:30-03:30	Ceroc F/Style <b>Caroline Houlton</b>	WCS F/Style <b>Clive Gidney</b>	02.30-03.30 <b>Chill Out Zone</b> <b>Vince Silva</b>	Closed
03:30-04:30	Closed	Closed	03.30-04.30 <b>Chill Out Zone</b> <b>Garry Turner</b>	
04:30-06:30	Closed	Closed	04.30-06.30 <b>Chill Out Zone</b> <b>Marc Forster</b>	Closed





the  
CUBE



# the CUBE

Visit the Foyer to find the  
**'CUBE'**

Available for Masterclasses in the  
daytime and as a freestyle practice &  
quiet zone . Also Tango on Friday night  
and Blues on Friday & Saturday night

**NOTE:**

*There are 2 sessions taking place in  
the Hurricane Shelter - Morris Dancing  
& Dynamic Aerials Intensive 2 hour  
workshop*



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