

CEROC

ESCAPE

DANCE • LAUGHTER • MEMORIES



jamfest

it's all about the music

03 - 05 JUL 2015 CAMBER



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PASSPORT TO DANCE

OVER 15 DIFFERENT DANCE STYLES
TAUGHT MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING DIFFERENT
STYLES OF MUSIC TEACHERS FROM
ALL OVER THE UK DJ'S FROM
FAR & WIDE LARGE GATHERING
OF CEROC TEACHERS MASSAGE
FITSTEPS ZUMBA SWIMMING
WORKSHOP DVDS TO TAKE HOME
SELECTION OF DANCE SHOES
AND CLOTHING ON SALE ON
LINE BOOKING WITH IMMEDIATE
CONFIRMATION GENDER
CONTROLLED BOOKING SYSTEM



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WELCOME

Welcome to Camber Sands, home to the biggest dance weekenders.

Our weekender ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

We try hard to gender balance our events, but the problem we are finding is fewer girls are interested in the classes, so we have men over in many classes, but then the appearance of girls over in the freestyle. We obviously can't force anyone to dance in the day or the evening, but at least you now understand better the dynamic of the weekend.

Ceroc 'Escape' events are all about participation, whether that be the dance, social or performance aspects of the weekend, so there are opportunities for you to learn choreography which you can perform in the team cabaret performance, pub quizzes & sack the DJ.

This weekend brings you the biggest teacher line up yet with close to 60 classes taking place. Details of the teachers and their classes are detailed in this booklet and with the exception of Masterclasses these classes are free to attend.

Masterclasses are billed at various levels and are not just for advanced dancers. Go to the Weather Centre and you can find out more about each of the masterclasses billed.

Hopefully this guide will give you all the information that you need, but if you have any queries visit the Weather Centre between 10am - 10pm.

Have a great weekend!

The Escape Committee

EXCEEDINGLY USEFUL INFORMATION

PARKING

Parking is limited at Camber and consequently we sell parking vouchers leading up to the event. If you have not booked on-site parking then you will need to park off-site as we have sold out of spaces. Please note, you may be ticketed by the local authorities if you park illegally with any wheel on the pavement or grass. We cannot be held responsible for any loss or damage to vehicles. We may be able to let cars on-site from Sunday 2pm (check at the gate). This is the only event we charge for parking and this is simply to encourage car-sharing as there are not enough parking spaces and the town can't cope with excessive street parking. By charging for parking, we have been able to hold the price of accommodation for two years. You can pay a deposit of £50 to drive on-site & drop off your belongings upon check-in, however this facility is only available until 1am on Friday Night.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the main foyer of the Centre. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

Although we don't encourage it, it is possible to remain with a fixed partner in all classes.

There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind as we will not be held responsible for any injuries that you incur. There will be hours of dancing so remember to stay fresh and wash your hands regularly.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. Keeping the water heater on permanently will use a lot more electricity so you are advised to switch it off when not in use.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Masterclasses, Private Lessons, Argentine Tango Sessions, Massage and buy from a range of Ceroc and Style DVD's.

LINEN AND TOWELS Pontins are no longer providing these items. You can buy linen from reception Singles £5 and Doubles £8 to take home with you.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of CEROC and may be used by them at any time.

WATER We have organised complimentary water from coolers in the main dance venues (subject to availability).

I'M HUNGRY!!!

No problem! There are various places to get food on site including take away pizza, chicken etc at Whistle Stop situated outside the Queen Vic entrance, Hot Meals in Sands Restaurant situated behind the arcade, or for those looking to self cater a Nisa Convenience Store is also on-site.

CHECKOUT INFORMATION

You need to check out by **10am on Monday 6th July 2015**. Please leave your keys at reception or with the security gate upon departure.

DVD's OF JAMFEST CLASSES

DVD's of all classes taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20. NB the beginner Ceroc classes are not on this DVD but a DVD of just the beginners moves is on sale at the weather centre Go to the Weather Centre on Sunday to pick up your copy.

WHIRLWIND BAZAAR

Forgotten your Leopard skin dungarees or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear Range are located in the Main foyer. www.standoutdancewear.co.uk

CLOAKROOM

There will be no cloakroom facility due to lack of use at previous events

COLOURED WRIST BANDS?

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards. When you are wearing the wristbands you can leave and re-enter the site at any time.

These wristbands can only be removed with scissors and therefore cannot fall off by accident. If you lose your security wristband you will have to buy a replacement (£99).

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners. These will be held in the Cyclone Dance Zone & the Tempest Studio which is located in the far left corner of the main ballroom. These workshops will be progressive and totally rewarding.

Starting at 7pm on Friday and continuing throughout the weekend there will be 6 classes in total.

CEROC FOR NEW INTERMEDIATE DANCERS

Based on feedback from past events we also schedule classes for very early intermediate dancers so that we appeal to everyone. There are 9 of these over the course of the weekend, but also plenty of beginner sessions in other styles that will help your partner dancing in general. Look out for sessions that say (All) or (-Int)

WHERE AND WHEN?

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

TERMS AND CONDITIONS

All Terms and Conditions apply and can be found on our website.

CAMBER



LIST OF ACTIVITIES

MASTERCLASSES

With a maximum capacity of 34 people in fixed couples (excluding Ladies Styling), these sessions are for those people wanting to master the art of the dances and styles billed. These classes are pre-bookable (as a couple) at the Weather Centre at a charge of £5 per head.

- **Ladies Styling (All) with Becki Rendell** - solo ladies only, this masterclass will teach you about posture, movement, arms etc. to make you a more elegant and stylish mover.
- **Baby Aerials (Int+/Adv) with Tony & Hayley** - Covering mini aerials to get your partner sweeping and flying.
- **WCS with Kieran & Charlie** - For experienced WCS dancers, there is 1 WCS master class this weekend.
- **Zouk Beginners (All) with Ekow & Sarve** - This dance is the latest latin inspired close hold dance with plenty of sultry sex appeal and this is an introductory session
- **Zouk Intermediate (Beg+ Zouk) with Ekow & Sarve** - This 2nd Zouk session is for anyone who has done at least 3 Zouk Beginners sessions.
- **Dip & Drop Intro (All) with Lisa Richardson** - Intro to Dips & Drops for anyone.
- **Aerials (Adv) with Tony & Hayley** - For the adrenaline junkies, prepare to get airborne. Remember - Aerials are not permitted on the freestyle dance-floor, but these moves are great for competition and performances.
- **Competition Tips & Tricks (Int+) with Bex Holmes** - Pick up some tips to make you competition ready.
- **Super Seducers (Int+/ Adv) with Steve Thomas** - Increase your drop repertoire with some showstoppers.
- **Spinning (All) with Lisa Richardson** - Improve your spinning technique and style.

MILONGA & ARGENTINE TANGO CLASSES

There will be Milongas on Friday, Saturday & Sunday in the Tempest Studio. There will be 3 Argentine Tango classes in the Tempest Studio. These are bookable at the the Weather Centre. There is no charge for these classes, however you must book due to space in the room.

DAY TIME DANCING

Aside from dancing in the Boudoir you will find freestyle dance sessions on Saturday & Sunday afternoon in the Cyclone.

SACK THE DJ

Stand up for what you believe in - your chance to have a go providing that you brought your own CDs. The decks will be waiting for you in the Boudoir.

WCS SACK THE DJ & FREESTYLE

WCS DJs are invited to book themselves an hour slot during the allotted times on Friday and Saturday night in the Boudoir. 12am - 3am.

GREAT ESCAPEE COMPETITION

If you want to enter the Great Escapee Competition and win your place in the Ceroc Champs Final 2016 then be in the ballroom by 10.45pm. The competition will take place at some time around the Cabarets.

LUNCHTIME QUIZ & MUSIC QUIZ

Test your wits against your friends. Quiz Master Stevie T. Teams of 6 or less . Music on Saturday & Big Fact Hunt on Sunday. Be prepared, these quiz's are for over 18's!

SILENT DISCO

If you've never tried Silent Disco before, this is a must. We supply the headsets, you choose the channel from 3 playlists. Change channel as often as you like. Friday and Saturday night only from midnight to 2am in the Cube.

PERFORMANCE CLASSES

Becky & Dean will be taking these sessions that will culminate in a Performance on Saturday night. Participate in the performance by doing the 3 Performance Classes on Saturday from midday in the Tempest Studio. 70's inspired Cha Cha!

ZUMBA®, FITSTEPS & POOL

There will be ZUMBA & FitSteps classes this weekend. Please wear appropriate clothing and footwear (TRAINERS & FITNESS WEAR). Check at reception re pool opening times.

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book, or approach the teachers directly. Charges £50 per hour payable to the teachers directly.

CEILIDH

Join the Scottish crew, Lorna & Callum for high energy and a bucket load of fun in this Ceilidh class, and if you feel inclined, participate in the Ceilidh dances during the cabaret hour too.

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be offering a variety of treatments.

BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

Deep tissue massage (£25 for 30min)

Great for releasing aches and restoring tired muscles.

Osteopathic Treatment (£25 for 30 mins)

Focuses on total body health by treating and strengthening the musculoskeletal framework

Acupuncture (£25 for 30 mins)

Uses fine sterile needles placed in specific points on the body to balance energy.

Kinesiology (£25 for 30 mins)

Gentle muscle testing, good for relieving and preventing muscle strain.

Top to Toe Massage (£50 for 60 mins)

Combining Indian Head, Osteopathic therapy, massage & reflexology

Sports Injuries Treatments (£25 for 30 mins)

If you have specific injuries we can provide diagnosis and treatment

Relaxing Massage (£25 for 30 mins)

Stroking massage with essential oils to relieve stress, tension, pain etc

Reflexology (£25 for 30 mins)

Using pressure points in the feet to treat a wide range of body ailments

THE GODS OF THUNDER

The evenings will consist of 5 rooms playing different music from our outstanding line-up of DJ's.

The Thunder Ballroom playing popular and new uptempo sounds from evening until 3.30/ 4am. DJ Battles on Saturday Night

Cyclone will be the non-stop music hot-spot. Playing traditional Escape Chill Out & Blues tunes

Boudoir (otherwise known as the Pub). This is the home of daytime dancing including Swingers Hour & Funk'd Up and on Friday & Saturday nights WCS Sack the DJ freestyle.

The Cube - Silent Disco on Friday and Saturday night

Tempest Studio - Milonga Freestyles & Blues Lounge

Our Gods of Thunder this weekend are:

Marc Forster, David Rokov, Dale 'Smood' St Rose, Jonny Gammon, John Baker, James Ross, Kieran Moore, Garry Turner, Miranda Hewitt-Green, Keith Evans, Paul Brooks, Vince Silva, Dayle Blencowe, Hayley Epps, Craig Addison, Toni Sails & Warren 'Dance Inspired' Richardson

THANKS

Our weekend events would not be the success that they are without our great crew. It's the people behind the scenes from set-up through to take down who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Head Bull Myles Woodhouse and his many Calves.

WWW.CEROC.COM/ESCAPE



You are HERE!

Camber



04 - 06 SEP 2015 Southport



30 SEP - 10 OCT 2015



09 - 11 OCT 2015 Somerset



06 - 08 NOV 2015 Camber



19 - 22 FEB 2016 Norfolk



26-28 FEB 2016 Southport



11-13 MAR 2016 Camber



01 MAY 2016 London



01 - 03 JUL 2016 Camber

MEDFEST



The Biggest Dance Holiday on the Planet

www.ceroc.com/escape

theteam@clubdanceholidays.co.uk

Tel: 02070994816



A large white MSC Divina cruise ship sailing on the blue sea, leaving a white wake. The ship has multiple decks with balconies and a small pool on the upper deck.

Cruise with CEROC in 2015

Departing 30th September
aboard the magnificent MSC Divina.
10 - day Western Mediterranean cruise.
Workshops, freestyles and the all important
drinks package!



A truly memorable holiday

www.cerocruise.com

JAMFEST WEEKENDER FEEDBACK

The good, the bad and the downright ugly!
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.

NEXT SOUTHPORT WEEKENDER

04 - 06 SEP 2015

SPLASH

MORE INFO & BOOKING

WWW.CEROC.COM/ESCAPE

NEXT CAMBER WEEKENDER

06 - 08 NOV 2015

BLISS

09 - 11 OCT 2015

BREEZE
SOMERSET

Over 50 hours of freestyle
Over 30 varied & exciting workshops
3 rooms playing different styles of music


European Blues Championships
The Neo-Blues Competition for 21st Century Blues Dancers

Including Blues Open, DWAS
and Masters Invitational
Apply today, email val@cerocpr.co.uk

FOR INSTANT AND SECURE BOOKINGS
WWW.CEROC.COM/ESCAPE

Great Escapee Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote!

Qualify for the Great Escapee Category of the 2016 Ceroc Championships. This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekender then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2017.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10.45pm.

For more info about Champs, please visit www.CerocChamps.com



CEROC INSTRUCTIONAL DVDS



FREESTYLE FILMING ON SATURDAY EVENING
IN THUNDERBALL ROOM FROM THE STAGE

ALL WORKSHOPS* FROM THIS WEEKEND



WORKSHOP
DVD
AVAILABLE

THIS SUNDAY

HOW CAN YOU REMEMBER ALL THE WORKSHOPS
FROM THIS WEEKEND? WE HAVE THE SOLUTION!

WE'RE SELLING DVDS TO TAKE HOME WITH YOU
ON SUNDAY FROM 10AM TILL 8PM NEAR INFO DESK.

2 DVD DISCS SET INCLUDING CABARET AND FREESTYLE FOOTAGES
£20 SPECIAL DISCOUNTED PRICE, USUALLY £25

LIMITED AVAILABILITY
GRAB YOUR COPY BEFORE THEY SELL OUT!

*STANDARD BEGINNERS CLASSES & FEE-BASED MASTERCLASSES ARE NOT INCLUDED.

Teachers

BECKI & DEAN (BR)

With a background in Ceroc, Salsa, Merengue, Line Dance and Kizomba, Becki brings you style and innovation this weekend in her Ladies Styling Masterclass. With partner Dean, they will be leading the Performance Cabaret Classes as well as teaching some pure salsa.

BEX HOLMES (BH)

Bex maybe pint-sized but her cheeky teaching style and creativity could fill buckets. This young rising star has taught & performed across the UK. Placed 3rd in the Open & 1st in Double Trouble at the Ceroc Champs 2014.

BRETT & SARAH (BS)

Someone recently said that if Disney drew a Ceroc Prince it would be Brett, so the Dorset members are lucky ladies! This weekend he and partner Sarah, bring you 2 classes of different levels so that there is something for everyone.

CAINE & DANNI (C&D)

South Coast teacher Caine may be a youngster, but already has proven his talents at 3 venues and has had a regular spot on the Escape weekends for a couple of years. With a smooth, slotted style he and multiple competition winning partner, Danni will show you dynamism and sassy style!

CARL & MEL (C&M)

Organiser of the popular Bristol Switch freestyles along with John Baker. Carl loves challenging chill out music and the dynamics of this genre. He and wife Mel help you create dynamism and control it.

CRAIG ADDISON (CA)

This London based Ceroc & ZUMBA teacher is hot property in London. His ZUMBA classes are amongst the busiest in the country and you'll find out why when you participate. He's also to be found teaching a couple of Ceroc classes and manning the music decks.

DALE ST ROSE (DS)

Dale has won more competitions than Camber has seagulls, including the Ceroc Championships and the Open Blues Champs in 2007, 2009, 2012 & 2013. This weekend can learn some Hot New 'Smood' Moves from this smooth moving Ceroc Teacher. mm

DEBBIE ATTWOOD (DA)

Franchisee and Teacher in the West Midlands, Debbie is fun, sassy & stylish. Teaching on the circuit for about 14 years now, she's got expertise and a continually infectious enthusiasm for her art.

EKOW & SARVE (E&S)

Multi competition winner Ekow and Sarve bring you 2 masterclasses in Zouk, the latest, hottest, latin inspired dance to rampage across London and the UK. Close hold, sultry and sexy!

EMMA PETTITT (EP)

Bubbly, smiley, super sweet and a pocket rocket! Em has a long background in Ceroc teaching and a more recent passion for Ballroom & Latin. As such she is teaching FitSteps this weekend - the ballroom / latin american step fitness class.

GLEN BROOKS & JO EASTERBROOK (G&J)

Glen Brooks from Ceroc Nights and Jo Easterbrook both teach in the Essex area. They are teaching 3 classes this weekend including some Fancy Footwork

JON GAMMON (JG)

Franchisee and Teacher in Ceroc Yorkshire, Jon is a regular member of the weekender crew. One of the set-up Bulls and one of our fine DJs, Jon knows his way around Pontins pretty well. This time he is also teaching our progressive Beginners Classes.

KAREN & JOE (K&J)

Karen Brooks is one of the longest serving teachers on the weekender line-up, and choreographer of the multi competition winning dance troupe from Ceroc Nights. She and partner Joe teach some new moves this weekend.

KIERAN & CHARLIE (K&C)

From East Anglia, Kieran, and his teaching partner Charlie have been rising stars for some time, and after a number of teaching assignments on the Ceroc Weekenders, they have firmly found their place. They have smooth, effortless style that you will want to learn!

LISA MADDOX (LM)

All married and 'babied' up, Lisa can't stay away from her dancing passion. Despite running kids Stage Coach classes every Saturday, she's nipping along to Camber to teach Masterclasses on Sunday.

LORNA BAKER, CALUM MARTINDALE & THE SCOTS!

Join our fun loving Scottish team for the Ceilidh on Saturday afternoon. It promises to be fun and a good work-out all in one. We really are better together!

LYNDSEY, MARK & JAMIE (L&M) (L&J)

From South Wales, and organisers of the Welsh Champs, Mark & Lyndsey breath fresh funky life to their venues with energetic moves and routines. Lyndsey will also be teaching funky styling with newest teaching recruit, Jamie Eddy.

MARC FORSTER (MF)

Usually teaching with partner Rachel, Marc is flying solo this weekend whilst Rachel has non-dance commitments. He brings you 2 Body to Body classes this weekend helping you develop your close hold Bluesy technique and also hosts the Blues Lounge on each evening.

STEVE THOMAS (ST)

From the South East, the organiser and host of the ever popular Rochester Dance Junction events, Steve has been teaching Ceroc for over 16 years. His engaging and charismatic teaching style makes him a popular choice. You can also see him hosting the Pub Quiz.

TIM SANT (TS)

This young, highly talented dancer and teacher has a huge following that grows with each City he visits. As Head of Dance for Ceroc, Tim offers the latest techniques, the hot style and innovative choreography.

TIM & HEATHER (TSH)

With a Street style that makes them stand out on the dance-floor, Tim & Heather share a little Urban Flava with you this weekend to get you funky for the Chill Out Zone.

TONI SAILS (TOS)

As a fairly recent addition to the Ceroc London crew, Toni has already developed a style of his own, which he teaches at his regular Sunday night classes ToneZ. Enjoy his advanced class this weekend to add expression, movement and space into your dancing.

TONY & HAYLEY (T&H)

This teaching 'married' couple (yay, congrats to the newly weds!) are adrenaline junkies! Funky, fresh, energetic and fans of aerials and superdrops, you can join them on their Baby Aerial and Aerial Masterclasses.

WARREN RICHARDSON (WR)

From Brighton based Tango Bootcamps, Warren is one of our weekender Milonga DJs and is a popular Tango teacher. At this event he will be providing 3 Argentine Tango classes.

Schedule



THUNDERBALL ROOM (Fun Factory)



CYCLONE DANCE ZONE (Lunars)



CUBE (upstairs before Thunderball Room)



TEMPEST STUDIO > off Thunderball Room



BOUDOIR (Queen Vic)

* PERFORMANCE CLASS

Workshop with Becky & Dean: Follow her 3 Classes on Saturday afternoon and perform with her in the cabaret on Saturday Evening. Wear bright colours for this 70's disco theme.

** MASTERCLASSES

These are classes with a maximum capacity of 34 people in fixed couples (except Ladies Styling) and are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head.

(-Int) BASIC INTERMEDIATE CLASSES

For those people trying to bridge the gap between Beginners and Intermediate classes. These sessions will help your technique to improve your lead and follow and enhance your repertoire.

ZUMBA® & FitSteps Wear appropriate footwear and clothing for these classes.

ARGENTINE TANGO CLASSES Due to room size, please reserve your space on the Argentine Tango Classes at the Weather Centre. No charge.

	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
18:00-19:00	Closed	Closed	Closed	Closed	Sack the DJ with Host Marc Forster - 6-8pm
19:00-20:30	Ceroc F/Style James Ross <i>Ceroc Classic Tunes</i>	Closed	Starters Orders JG <i>Ceroc for Beginners</i>	Closed	Sack The DJ! <i>Open Decks</i>
20:30-21:30	Jump into Jamfest (Int) TS <i>Intermediate Ice-Breaker Class</i>	Closed	Starters Orders JG <i>Ceroc for Beginners until 9</i>	Closed	Sack The DJ! <i>Open Decks</i>
21:30-22:30	Ceroc F/Style Keith Evans	Closed	Argentine Tango (All) WR <i>Pre-Milonga Intro</i>	Closed	Sack The DJ! <i>Open Decks</i>
22:30-23:30 23:30-00:30	Ceroc F/Style David Rokov Ceroc F/Style Craig Addison	Chill Out Garry Turner Chill Out Miranda HG	Milonga Dance Inspired Milonga Dance Inspired	Closed	Sack The DJ! WCS Sack the DJ
00:30-01:30 01:30-02:30	Ceroc F/Style Jon Gammon Ceroc F/Style Paul Brooks	Chill Out Kieran Moore Chill Out John Baker	Blues Lounge Marc Forster Blues Lounge Marc Forster	Silent Disco midnight to 2am	WCS Sack the DJ WCS Sack the DJ
02:30-03:30 03:30-04:30	Ceroc F/Style Hayley Epps Closed	Blues Chill David Rokov Chill Out Vince Silva	Closed	Closed	
04:30-	Closed	Chill Out Garry Turner	Closed	Closed	

SATURDAY					
	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
09:30-10:30	Closed	Closed	Starters Orders (Beg) JG <i>Beginners Ceroc</i>	Closed	Closed
10:45-11:45	Simple Smooth Seamless (int) TS <i>Simply Smooth Linking</i>	ZUMBA® (All) CA <i>Latin dance work out</i>	Simply Slotted (-Int) C&D <i>learn slotting for improved style</i>	**Ladies Styling BR <i>Masterclass (Pre-Book)</i>	Sack The DJ! <i>Open Decks</i>
12:00-13:00	Body to Body (Int) MF <i>Smooth Blues Class</i>	Fancy Feet (Int+) G&J <i>Leading & following footwork patterns</i>	*Performance Class B&D <i>Choreography to perform</i>	**Zouk Beginners E&S <i>Masterclass (Pre-Book)</i>	Sack The DJ! <i>Open Decks</i>
13:15-14:15	Fun 'n' Fresh (Int+) CA <i>FStyle toolkit to add fun to the dance</i>	Hot New Moves (Int) DS <i>New moves from 'Smood'</i>	*Performance Class B&D <i>Choreography to perform</i>	**WCS Intermediate K&C <i>Masterclass (Pre-Book)</i>	Aural Fixation! <i>Music Quiz 1- 2.30pm</i>
14:30-15:30	The Secret (Int+) TS <i>Essential dance understanding</i>	Tangles (Adv) TOS <i>Complicated, tangled L&F techniques</i>	*Performance Class B&D <i>Choreography to perform</i>	Ceilidh (All) Scots! <i>fun packed, high energy flings</i>	Motown Garry Turner <i>Freestyle 2.30-3.30pm</i>
15:45-16:45	Smooth New Moves (Int+) K&C <i>Moves from smooth movers K&C</i>	Ceroc F/Style John Baker <i>3.30-4.30pm Ceroc Freestyle</i>	Simply Stylish (-Int) K&J <i>Add style to easy moves</i>	Closed	Funk'd Up Mark Kerr <i>Freestyle 3.30 -4.30pm</i>
17:00-18:00	Creating a Conversation (Int+)BH <i>Sabotage and Cool Recovery</i>	Chill Out F/Style David Rokov <i>4.30pm - 6.15pm</i>	Foundation Variation (-Int)DS <i>Beginner Move Variations</i>	Closed	Sack the DJ <i>Open Decks</i>
18:15-19:15	It's Behind You! (Int+) BS <i>Moves led behind the back</i>	Urban Flava (Int+) TSH <i>Funky moves for Chill Out</i>	FitSteps (All) EP <i>ballroom & latin dance workout</i>	Closed	Sack the DJ <i>Open Decks</i>
19:30-20:00	Closed	Starters Orders (Beg) JG <i>Beginners Ceroc 7.30-8.30</i>	Argentine Tango 2 (All) WR <i>7.30 - 8.30</i>	Closed	Closed
SATURDAY NIGHT					
20:00-21:00 21:00-22:00	Ceroc F/Style Dayle Blencowe Ceroc F/Style James Ross	Closed	Closed	Closed	Closed Closed
22:00-23:00 23:00-00:00	Ceroc F/Style Keith Evans Cabarets & Competition (JG)	Chill Out Miranda HG Chill Out Craig Addison	Closed Closed	Closed	Closed Closed
00:00-01:00 01:00-02:00	BODJs - Paul B & Jon G BODJs - Garry T & John B	BODJs Marc F & Kieran M BODJs Toni s & Smood	Milonga Dance Inspired Milonga Dance Inspired	Silent Disco midnight to 2am	WCS Sack the DJ WCS Sack the DJ
02:00-03:00 03:00-04:00	BODJs - Craig A & Hayley E BODJs - Dayle B & Smood	BODJs David R & Vince S BODJs John B & Garry T	Blues Lounge Marc Forster Blues Lounge Marc Forster		WCS Sack the DJ
04:00-05:00 05:00-06:00	Closed Closed	Chill Out Vince Silva Chill Out Marc Forster		Closed	
06:00-	Closed				

SUNDAY					
	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
09:30-10:30	Off the Blocks (Beg+) JG <i>Beginners Plus Ceroc</i>	Closed	FitSteps (All) EP <i>Ballroom & Latin dance workout</i>	Closed	Closed
10:45-11:45	Double Trouble (Int+) L&M <i>1 Lead 2 Follows</i>	Freestyle Confidence (Int) ST <i>Develop your freestyle skills</i>	Make it Funky (-int) TSH <i>Funk up some classic moves</i>	**Dips & Drops Intro LR <i>Masterclass (Pre-Book)</i>	Sack the DJ <i>Open Decks</i>
12:00-13:00	Playtime (Int) K&C <i>Play with Musicality</i>	Cross Body Salsa (All) B&D <i>Intro to this elegant Salsa Dance</i>	Classic Medley1 (-Int) G&J <i>Classic Moves</i>	**Baby Aerials T&H <i>Masterclass (Pre-Book)</i>	Sack the DJ <i>Open Decks</i>
13:15-14:15	Body to Body 2 (Int) MF <i>Rhythm based close hold</i>	funK'd Up (Adv) L&J <i>Super Funky Styling</i>	Step-up to Intermediate (-Int) CA <i>Fundamental foundation moves</i>	Competition Tips & TricksBH <i>Masterclass (Pre-Book)</i>	Big Fact Hunt <i>Pub Quiz 1 - 2:30pm</i>
14:30-15:30	Super Signature Moves (Adv) C&D <i>Adv moves including ducks & whips</i>	Blango (Int) DA <i>Blues Tango Fusion</i>	Simple Stops & Blocks (-Int)BS <i>Add some style & musicality</i>	**Zouk Intermediate E&S <i>Masterclass (Pre-Book)</i>	Swingers Hour (Mike) <i>Swing F/style</i>
15:45-16:45	Hot New Moves (Int+) K&J <i>Expand your repertoire</i>	Vintage Chill Vince Silva <i>Classic Chill Out Tunes 3.30 - 5pm</i>	Classic Medley 2 (-Int) G&J <i>More Classic Intermediate Moves</i>	**Super Seducers ST <i>Masterclass (Pre-Book)</i>	Sack the DJ <i>Open Decks</i>
17:00-18:00	Control & Momentum (Int+) C&M <i>Create balanced, dynamic energy</i>	S'Funk F/Style David Rokov <i>Soul Funk Mix 5pm - 6.15pm</i>	Connector (-Int) BH <i>Right to right hand moves only</i>	**Spinning ST <i>Masterclass (Pre-Book)</i>	Sack the DJ <i>Open Decks</i>
18:15-19:15	Contemporary Fusion (Int+) TOS <i>Expressive movement & space fusion</i>	ZUMBA® (All) CA <i>Latin Dance Workout</i>	Off the Blocks (Beg+) JG <i>Beginners Plus Ceroc</i>	**Aerials T&H <i>Masterclass (Pre-Book)</i>	Sack the DJ <i>Open Decks</i>
19:30-20:30	Closed	Closed	Closed	Closed	Sack the DJ <i>Open Decks</i>
SUNDAY NIGHT					
20:30-21:30	Ceroc F/Style Dayle Blencowe	Closed	Closed	Closed	Closed
21:30-22:30	Ceroc F/Style Paul Brooks	Chill Out Jon Gammon	Argentine Tango 3 WR	Closed	Closed
22:30-23:30	Ceroc F/Style James Ross	Chill Out Miranda HG	Milonga Dance Inspired	Closed	Closed
23:30-00:30	Ceroc F/Style Keith Evans	Chill Out Marc Forster	Milonga Dance Inspired	Closed	Closed
00:30-01:30	Ceroc F/Style David Greaves	Chill Out Smood	Milonga Dance Inspired	Closed	Closed
01:30-02:30	Ceroc F/Style Hayley Epps	Chill Out Miranda HG	Blues Lounge Marc Forster	Closed	Closed
02:30-03:30	Ceroc F/Style Jon Gammon	Chill Out Toni Sails			
03:30-04:30	Closed	Chill Out Craig Addison	Closed	Closed	Closed
04:30-05:30	Closed	Chill Out Marc Forster			
05:30-	Closed	Closed	Closed	Closed	Closed



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Friday & Saturday Night
(midnight - 2am)

Grab a pair of headphones,
choose from 3 music channels
and join the Silent Disco Party!

Plus ... Daytime Masterclasses

Check the schedule
for more details.



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