



BLUSH

27 FEB - 01 MAR 2015
SOUTHPORT



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www.ceroc.com/escape

PASSPORT TO DANCE

DIFFERENT DANCE STYLES
TAUGHT MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING VARIED STYLES
OF MUSIC TEACHERS FROM ALL
OVER THE UK
DJ'S FROM FAR & WIDE LARGE
GATHERING OF CEROC TEACHERS
MASSAGE SWIMMING WORKSHOP
DVDs TO TAKE HOME SELECTION
OF DANCE SHOES AND CLOTHING
ON SALE ON LINE BOOKING
WITH IMMEDIATE CONFIRMATION
GENDER CONTROLLED BOOKING
SYSTEM



WELCOME

Welcome to one of the biggest dance weekends on the planet.

Our weekend ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

We do try hard to gender balance our events, but the problem we are finding is fewer girls are interested in taking the classes, so we are finding men over in some of the classes, but then the appearance of girls over in the freestyle in the evenings. We obviously can't force you to do the classes in the day and then dance all night, but at least you understand better the dynamic of this weekend.

You will find over 40 classes and workshops detailed in this booklet and these sessions are free to attend. We also have 10 Masterclasses for those of you looking to learn the techniques and moves in a smaller group.

At Southport you will find the pub is the daytime freestyle hub, so if you want to step away from classes for a while, socialise or relax then pop into the pub where we are hosting 24 hour freestyle!

The weather can be a bit of a lottery this weekend, which is why this event attracts the 'hardcore'. So a huge thank you to all those of you who have braved the conditions and won't be put off by the odd Hurricane!

Have a Great Weekend!

The Escape Committee

EXCEEDINGLY USEFUL INFORMATION

PARKING

There is ample parking at Pontins in Southport so there is no need to book a parking space in advance.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the middle foyer near Stand Out Dancewear. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

Although we don't encourage it, it is possible to remain with a fixed partner in all classes.

There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands frequently.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

CHECKOUT INFORMATION

You need to check out by **10am** on Monday 2nd March 2015. Please leave your keys at the security gate upon departure.

DVD OF BLUSH WORKSHOPS

DVD of workshops taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20 (£25 after the event, online). Go to the Weather Centre on Sunday to get your copy before they sell out! We are open till 10pm on Sunday.

NB: the Beginner and Master classes are not included on the Weekender DVD. A Beginners Ceroc DVD can be purchased this weekend with all Beginners Moves included.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Private Lessons, Masterclasses, Massage and buy a range of Ceroc and Style DVD's. Please remember to leave us your feedback form from the centre of this booklet.

COLOURED WRIST BANDS?

You are required to wear your gender coloured wristband all weekend. You cannot access the main entertainment's complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances and by roaming stewards. These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

TOWEL SWAPPING

Linen and towels are no longer provided by Pontins.

WIFE SWAPPING

Provided by Ceroc immediately after the Cabarets.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. Remember to turn the Water Heater off.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

WHAT'S ON TV?

The PTV channel on your TV will show a live feed from the main Thunderball Room. There are 4 other channels available.

I'M HUNGRY!!!

The Chip shop will be open at times over the weekend. The Nisa convenience store provides all your essentials, plus you can eat at the restaurant in the Queen Vic.

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

CEROC 'WELLBEING'

BOOKING: All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

Great for releasing aches and restoring tired muscles.

Focuses on total body health by treating and strengthening the musculoskeletal framework

Uses fine sterile needles placed in specific points on the body to balance energy.

Gentle muscle testing, good for relieving and preventing muscle strain.

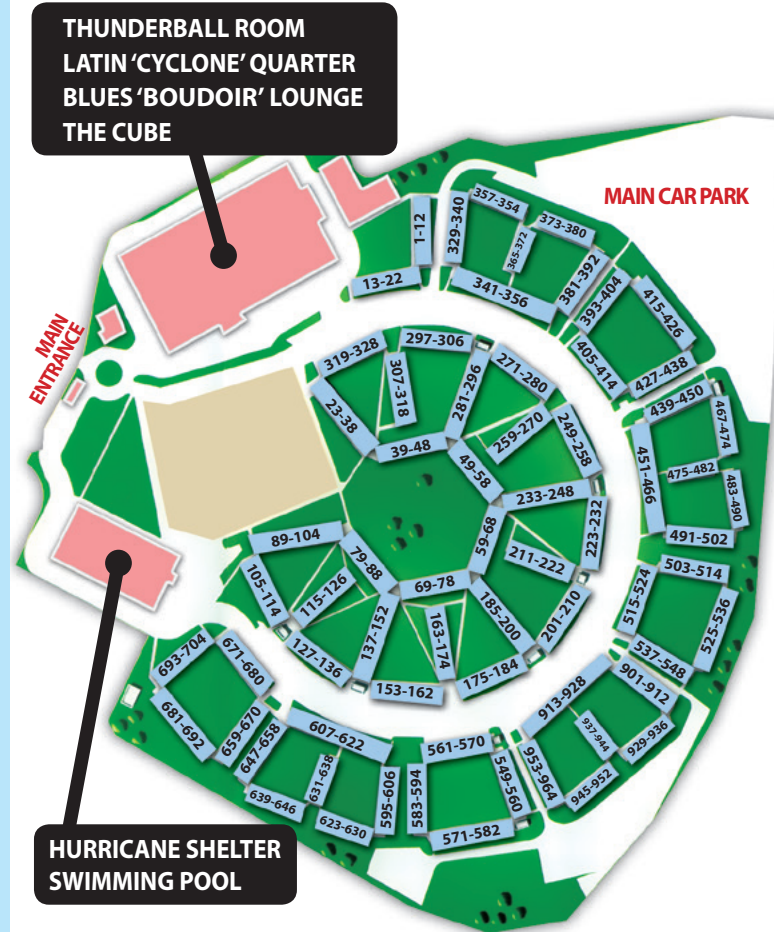
Combining Indian Head, Osteopathic therapy, massage & reflexology

Targets deep points of pain and tension in the back, neck & shoulders.

Relaxing fully clothed massage to provide relief from tired muscles

Japanese treatment to balance and enhance energy to boost vitality

Intense tissue lifting treatment for face, neck, head & mind



LIST OF ACTIVITIES

DAY TIME DANCING

There will be non-stop dancing in the Boudoir throughout the weekend, Sack the DJ, Swingers Hour, S'Funk, & Chill Out. Whatever's playing the Boudoir will be a buzzing hub of daytime freestyle dancing.

LATIN QUARTER / CYCLONE

This dance space is used for classes during the day and a range of specific genre freestyles in the evening. Look out for:

Latin Mix, WCS Freestyle, Milonga (Argentine Tango Freestyle), Silent Disco.

THE CUBE

Situated in the main foyer, this tented dance space is used for Masterclasses during the day and will also be used in the evening for Pure Blues and Milonga hosted by Marc Forster and Rachel Pears. Friday night: Milonga 11pm - 1am, Blues Lounge 1am - 3am. Saturday: Blues Lounge 2am - 4am

SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing you brought your own CD collection. The decks will be waiting for you in the Blues Lounge at certain times of the day. There is a schedule on the wall in the Boudoir to book your slot. No double slots please.

CABARET

Join us at 11pm on Saturday night in the main ballroom for performances and entertainment.

GREAT ESCAPEE COMPETITION

If you want to enter the Great Escape Competition be in the ballroom by 10.30pm on Saturday in preparation for competition commencement which will take place at some time during the Cabaret.

SWIMMING POOL

The swimming pool will be open Fri, Sat & Sun. Check at reception for times.

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability or approach the teachers directly before or after classes. Charges £50 per hour payable directly to the teachers.

SILENT DISCO

On Friday & Saturday night you can find the Silent Disco in the Cyclone. If you've never tried this before, it's a blast! Grab a pair of headsets as you go into the room and then choose your channel. There are 3 channels available so that you can always find something you want to dance to..... Just make sure your partner is on the same channel as you!

MASTERCLASSES

Masterclasses are small classes that are taught in fixed couples. They provide teacher interaction and the opportunity to master the art or technique being taught. You do not have to be an advanced dancer to participate! You do however have to book in advance at £5 per head in a fixed partnership.

- Ladies Styling 1 & 2 - All levels for solo ladies
- Dips & Drops Introduction - Perfect if you are new to dips and drops (Int)
- Scrolling - Working the floor in a slot using various fig 8 & whip movements
- Daring Drops - Impressive Dips & Drops (Int+ / Adv)
- Simple & Powerful Lifts (Int+ / Adv)
- Who's the Daddy? - Techniques for switching the lead (Int+)
- Baby Aerials - Int+ / Advanced Level
- Aerials - Big Lifts for adrenalin junkies (Adv)
- Musicality Toolbox - 4 techniques to make your dancing more musical (Int)

NB: Aerials and Airsteps are not permitted on the freestyle dance floor for safety reasons. Please feel free to use them for performances and in competition.

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners. These will be held in the Main Ballroom & Cyclone Dance Zone. These workshops will be progressive and totally rewarding.

Starting at 7pm on Friday and continuing throughout the weekend.

CEROC X ROUTINE

Each year at the Ceroc Championships people from all over the country join together to enter the Ceroc X category. This is choreography taught in Ceroc classes across the country and the people who best style it up... win! At this event you can get a head start and learn the choreography with plenty of time to practice and embellish it in order to take home that all important trophy.

THE GODS OF THUNDER

The evenings will consist of 3/4 rooms playing different music from our outstanding line-up of DJ's.

The Main Ballroom playing popular and new uptempo sounds from evening until 4.30am on Saturday and Sunday morning and 3.30am on Monday morning.

The Latin 'Cyclone' Quarter playing set genres including Latin, Milonga, and WCS

The Cube playing set genres of Milonga and Blues

The 'Boudoir' Chill Out Lounge, otherwise known as the 'Pub' will be the non-stop music hot-spot. Playing traditional Escape Chill Out tunes whilst the Milonga sets are taking place in the Cyclone to suit the Blues and WCS enthusiasts and switching to Pure and Eclectic Blues whilst WCS is being played in the Cyclone.

Our Gods of Thunder this weekend are:

Marc Forster, David Rokov, Chris Uren, Hayley Nicholls, Rachel Pears, Sheena 'Tiggerbabe' Assiph, Dale 'Smood' St Rose, Paul Foster, Caroline Houlton, Jonny Gammon, Kevin Sambridge, James Ross, Mark O'Reilly, Roger Brent, James Richardson, Roy Blewitt & Clive Gidney

THANKS

Our weekend events would not be the success that they are without our great crew. It's the people behind the scenes from set-up through to take down who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Head Bull Myles Woodhouse and his many Calfs.



BLAZE

A different destination every year
for a limited number

Daily classes and workshops with the Ceroc team

Pool parties most days

Freestyle dancing every night

Gala evening fancy dress farewell party

Optional group excursion to Venice

Return flights from Gatwick
(regional departures available at a supplement)

Return transfer from Venice Airport

All local drinks included with dinner (beer & wine)

www.ceroc.com/escape
tel: 02070994816

WWW.CEROC.COM/ESCAPE

BLUSH
SOUTHPORT

You are HERE!

Southport

STOAM
CAMBER

13 -15 MAR 2015

Camber

LONDON **ceroc**
champs

03 MAY 2015

London

SCORCH
SOUTHPORT

05 - 07 JUN 2015

Southport

jamfest
It's all about the music

03 - 05 JUL 2015

Camber

SPLASH
SOUTHPORT

04 - 06 SEP 2015

Southport

CEROC
CRUISE

30 SEP - 10 OCT 2015

BREEZE
SOMERSET

09 - 11 OCT 2015

Somerset

BLISS
CAMBER

06 - 08 NOV 2015

Camber

SWISH
NORFOLK

TBA 2016

Norfolk

Ceroc Dance Holidays

MedFest

Calpe, Spain

13th - 20th September 2015



Over 500 already booked
... a truly awesome holiday

0207 099 4816

theteam@clubdanceholidays.co.uk

www.ceroc.com/escape

club 
dance

A large white MSC Divina cruise ship sailing on the blue sea, leaving a white wake. The ship has multiple decks with balconies and a small pool on the deck.

Cruise with CEROC in 2015

Departing 30th September
aboard the magnificent MSC Divina.
10 - day Western Mediterranean cruise.
Workshops, freestyles and the all important
drinks package!



A truly memorable holiday

www.cerocruise.com

BLUSH WEEKENDER FEEDBACK

The good, the bad and the downright ugly!
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.

CEROC INSTRUCTIONAL DVDS



PRIZM
ONE OF THE BIGGEST FREESTYLES IN HISTORY

3am Finish - 3 Rooms

Headliner DJ's and incredible venue
Sweet & savoury pancakes at Midnight

Book online at www.cerocfusion.co.uk

Charter Hall, Cowdray Avenue, Colchester, Essex, CO1 1YH

SATURDAY 16TH MAY 2015



Great Escapee Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote!

Qualify for the Great Escapee Category of the 2015 Ceroc Championships. This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekender then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2016.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10pm.

For more info about Champs, please visit www.CerocChamps.com



NEXT SOUTHPORT WEEKENDER

05 - 07 JUN 2015

SCORCH

MORE INFO & BOOKING

WWW.CEROC.COM/ESCAPE

NEXT CAMBER WEEKENDER

13 - 15 MAR 2015

STORM

FREESTYLE FILMING ON SATURDAY EVENING
IN THUNDERBALL ROOM FROM THE STAGE

ALL WORKSHOPS* FROM THIS WEEKEND



WORKSHOP DVD AVAILABLE THIS SUNDAY

HOW CAN YOU REMEMBER ALL THE WORKSHOPS
FROM THIS WEEKEND? WE HAVE THE SOLUTION!

WE'RE SELLING DVDS TO TAKE HOME WITH YOU

ON SUNDAY FROM 10AM TILL 8PM NEAR INFO DESK.

2 DVD DISCS SET INCLUDING CABARET AND FREESTYLE FOOTAGES

£20 SPECIAL DISCOUNTED PRICE, USUALLY £25

LIMITED AVAILABILITY
GRAB YOUR COPY BEFORE THEY SELL OUT!

*STANDARD BEGINNERS CLASSES & FEE-BASED MASTERCLASSES ARE NOT INCLUDED.

Teachers

BECKI RENDELL (BR)

With a background in Ceroc, Salsa, Merengue, Line Dance & Kizomba, Becki brings you style and innovation in her Ladies Styling Masterclass and introduces you to a little Salsa styling

BEX HOLMES (BH)

Bex maybe pint-sized but her cheeky teaching style and creativity could fill buckets. This young rising star has taught & performed across the UK. Placed 3rd in the Open & 1st in Double Trouble at the Ceroc Champs 2014.

CAINE & DANNI (C&D)

From the South Coast and being booked for events across the country, this young couple are hot property. They ooze style with a sleek and slotted dynamic making them a joy to watch. Take a lead from this inspiring couple!

CARL & MEL (C&M)

Organiser of the popular Bristol Switch freestyles along with John Baker. Carl loves challenging chill out music and the dynamics of dancing to this genre. He and wife Mel help you make it musical and keep time.

DALE ST ROSE (DS)

This guy has won more competitions than Pontins has seagulls! From Ceroc to Blues to Showcases, Dale's the man with the moves! Check out his wide range of classes to adopt some of his competition winning style.

FRANCK & SHEENA (F&S)

Our North of the border star teachers will unify us all by breaking down technique in an easy and fun way to get you freestyling smarter, smoother and more confidently.

GREG URCH (GU)

Teacher from the South West, Greg had a busy 2014 teaching on the Ceroc Pontins weekends and the Ceroc Cruise. He and partner Sam introduce you to an Advanced Whips class this weekend plus something Fun, Fresh and Funky for the intermediate dancers out there.

JAMES & JENNY (J&J)

James & Jenny Richardson teach in the North East of the country both individually and as a teaching partnership. Bringing you 3 classes this weekend there's something for everyone.

JAMIE STORMER (JS)

Young teacher with spin technique befitting his background in figure skating makes Jamie the ideal person to help you master the art of spinning. He teaches 2 classes this weekend including a Masterclass.

LYNDSEY & MARK (L&M)

From South Wales, and organisers of the Welsh Champs, Mark & Lyndsey breath fresh funky life to their venues with energetic moves and routines. Experts at Double Trouble look out for them and Lyndsey's rising star daughter, Cara, who makes up the trio for Double Trouble.

MAJA KOCANOVA (MK)

The Brazilians might not be able to put a stadium together, but they gave us all hot rhythms. Our very own Latin Queen deserves her own World Cup for her inspiring technique, sweeping footwork, dance attitude and sassy Latin style.

MARC & RACHEL (M&R)

Multi- talented & incredibly versatile, Marc & Rachel are always kept busy on our weekends. Day or night these guys will be working somewhere to provide entertainment, whether that be teaching or DJ'ing. Host of the Milongas and Blues Lounge, Argentine Tango and Ceroc Teachers, they are worth their weight in gold!

NICOLA DI FOLCO (ND)

From Scotland and now one of our resident Escape teachers, Nicola has brought on many Beginners at our Southport weekenders. Once again she is the leader of these sessions, so if you are a beginner you will be in capable hands to progress you onto the Freestyle dance-floor.

STEVE THOMAS (ST)

From Kent, the organiser and host of the ever popular Rochester Dance Junction events, Steve has been teaching for over 10 years. His engaging and charismatic teaching style makes him a popular choice whatever technique or style he is teaching.

TIM SANT (TS)

This young, highly talented dancer and teacher has a huge following that grows with each City he visits. As Head of Dance for Ceroc, Tim offers the latest techniques, the hot style and innovative choreography. Having just choreographed the latest champs Ceroc X routine you can see it here for the 1st time with 2 classes this weekend. Get a head start and enter!

TONY & HAYLEY (T&H)

This funky young partnership have many Ceroc Weekenders under their belt. As the adrenalin junkies that they are, their Aerials classes are always a popular choice.

Schedule



THUNDERBALL ROOM (Fun Factory)



LATIN CYCLONE QUARTER (Lunars)



BLUES BOUDOIR LOUNGE (Queen Vic)



CUBE (Foyer)

SCHEDULE KEY

- Workshops are shown in **RED**
- (Beg) These classes are suitable for complete beginners.
- (-Int) Early Intermediate Lesson.
- (Int) Regular Intermediate Lesson.
- (Int+) More difficult Intermediate Lesson.
- (Adv) For advanced dancers who pick up moves easily.
- (All) Suitable for everyone.

***Masterclasses - book in advance at the Weather Centre

SILENT DISCO - Grab a head set and choose your f/style channel

Latin Mix - Mid to Uptempo Latin music for Ceroc Freestyle

Milonga - Argentine Tango Freestyle

WCS - Freestyle suitable for West Coast Swing Dancing

Ceroc X - see page 7 of this booklet for more information

	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic Pub	The Cube
18:00-19:00	Closed	Closed	15.00 - 19.00 Sack the DJ <i>Open Decks with DJ and Room Host Marc Forster</i>	
19:00-20:30	Ceroc F/Style Caroline Houlton	Starters Orders (Beg) EM <i>Ceroc for Beginners</i>	19.00-20.30 Chill Out Zone Chris Uren <i>Slow, Smooth Freestyle</i>	
20:30-21:30	Ceroc X part 1 (Int) TS <i>All new Champs Routine</i>	Starters Orders (Beg) EM <i>Ceroc for Beginners to 9pm</i>	20.30-21.30 Chill Out Zone Kevin Sambridge	
21:30-22:30	Ceroc F/Style Mark O Reilly	Beginners F/Style James Ross <i>9pm - 10pm</i>	21.30-22.30 Chill Out Zone Clive Gidney	
22:30-23:30 23:30-00:30	Ceroc F/Style Chris Uren Ceroc F/Style David Rokov	Swing & Latin Marc Forster ¹⁰⁻¹¹ SILENT DISCO <i>11pm - 1am</i>	22.30-23.30 Chill Out Zone Smood 23.30-00.30 Chill Out Zone Tiggerbabe	Milonga Marc Forster
00:30-01:30 01:30-02:30	Ceroc F/Style Roy Blewitt Ceroc F/Style Tiggerbabe	SILENT DISCO WCS Kevin Sambridge <i>1-2am</i>	00.30-01.30 Chill Out Zone Paul Foster 01.30-02.30 Chill Out Zone Smood	Milonga Marc Forster until 1am Blues Lounge with Marc Forster
02:30-03:30 03:30-04:30	Ceroc F/Style Hayley Nicholls Ceroc F/Style Jon Gammon	WCS Clive Gidney <i>2-3am</i> Closed	02.30-03.30 Chill Out Zone Roger Brent 03.30-04.30 Chill Out Zone David Rokov	& Rachel Pears - 1- 3am
04:30-	Closed	Closed	04.30-05.30 Chill Out Zone Kevin Sambridge 05.30-07.00 Chill Out Zone Paul Foster	

SATURDAY				
	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic Pub	The Cube
09:30-10:30		Starters Orders (Beg) ND <i>Complete Beginners Ceroc class</i>	09.30 - 10.30 Sack the DJ <i>Open Decks</i>	Closed
10:45-11:45	Ceroc X 2 (Int) TS <i>Part 2 of the Champs Routine</i>	Change it Up (-Int) BH <i>Classic Move Variations</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>	*** Ladies Styling 1 BR <i>Masterclass book in advance</i>
12:00-13:00	All the C's (Int+) J&J <i>Control, Connection, Creativity</i>	Hot New Moves (Int) DS <i>Intermediate New Moves</i>	12.00 - 13.30 Sack the DJ <i>Open Decks</i>	*** Dips & Drops Intro ST <i>Masterclass book in advance</i>
13:15-14:15	Argentine Tango 1 (All) M&R <i>Intro to Argentine Tango</i>	Smooth & Sassy (Adv) C&D <i>Smooth routine with advanced moves</i>	13.30-14.30 Swingers Hour Chris Uren <i>Swing Freestyle</i>	*** Simple & Powerful Lifts MK <i>Masterclass book in advance</i>
14:30-15:30	Dynamo (Adv) TS <i>Advanced Ceroc Routine</i>	Salceroc (Int) BR <i>Ceroc Routine with Salsa Style</i>	14.30-15.30 Chunky James Richardson & Jon Gammon <i>Chilled & Funky</i>	*** Daring Drops L&M <i>Masterclass book in advance</i>
15:45-16:45	Perfectly Chilled (Int) ST <i>Smooth routine for Chill Out Zone</i>	Ultimate Reaction (Int+) F&S <i>Frame & Core for Perfect Connection</i>	15.30-17.00 Chill Out Zone David Rokov	*** Musicality Toolbox BH <i>Masterclass book in advance</i>
17:00-18:00	Kizomba (All) DS <i>Close hold musical dance</i>	Smooth Links (Int) J&J <i>Seamless, Flowing Routine</i>	17.00-18.00 Chill Out Zone Marc Forster	Closed - No entry
18:15-19:15	Revolver (Int+) JS <i>Routine with lots of spins and turns</i>	Energy & Fire (Adv) MK <i>Dramatic moves, style & momentum</i>	18.00 -19.00 Sack the DJ	Closed - No entry
19:30-20:30	Room Closed	Starters Orders (Beg) ND <i>Beginners Ceroc</i>	19.00 - 20.30 Sack the DJ	Closed - No entry
SATURDAY NIGHT				
20:30-21:30	Ceroc F/Style James Ross	Tango Re-Cap M&R <i>from 9.30</i>	20.30-21.30 Chill Out Zone Kev Sambridge	Closed - No entry
21:30-23.00	Ceroc F/Style Mark O'Reilly	Milonga Marc Forster 10pm	21.30-23.00 Chill Out Zone Rachel Pears	
23:00-00.00	Cabarets, Competition (JG DJ)	Milonga to midnight	23.00-00.00 Chill Out Zone Paul Foster	
00:00-00.30	Ceroc F/Style Jon Gammon	SILENT DISCO	00.00-00.30 Chill Out Zone Paul Foster	
00:30-01:30	Ceroc F/Style Chris Uren	SILENT DISCO	00.30-01.30 Chill Out Zone Smood	
01:30-02:30	Ceroc F/Style Caroline Houlton	SILENT DISCO to 2am	01.30-02.30 Chill Out Zone Tiggerbabe	
02:30-03:30	Ceroc F/Style Roy Blewitt	WCS Clive Gidney 2-3am	02.30-03.30 Chill Out Zone David Rokov	Blues Lounge Marc & Rachel <i>2am -4am</i>
03:30-04:30	Ceroc F/Style Hayley Nicholls	WCS Roger Brent 3-4am	03.30-04.30 Chill Out Zone Jon Gammon	
04:30-05:30	Closed	Closed	04.30-05.30 Chill Out Zone Paul Foster	
05:30-07:00	Closed	Closed	05.30-07.00 Chill Out Zone Clive Gidney	
07:00-	Closed		07.00 - Close Sack the DJ	

SUNDAY				
	Thunderball Room	Cyclone Latin Quarter	The Boudoir	the CUBE
09:30-10:30		Off the Blocks (Beg) ND <i>Beginners Ceroc</i>	09.30 - 10.30 Sack the DJ <i>Open Decks</i>	Private Lessons
10:45-11:45	F Words (Int) GU <i>Fun, Fresh & Funky</i>	Simple Slotting (-Int) ST <i>Slot technique for improved style</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>	***Baby Aerials T&H <i>Masterclass book in advance</i>
12:00-13:00	Double Trouble (Int+) L&M <i>1 lead 2 follows</i>	Argentine Tango 2 (IntAT) M&R <i>Taking Tango up a level</i>	12.00 - 13.30 Sack the DJ <i>Open Decks</i>	***Scrolling C&D <i>Masterclass book in advance</i>
13:15-14:15	Ramp it Up (Adv) T&H <i>Fast Paced, High Energy</i>	DH Dilemma (Int+) J&J <i>Routine holding both hands throughout</i>	13.30-14.30 Swingers Hour Mike Ellard	***Who's the Daddy? JS <i>Masterclass book in advance</i>
14:30-15:30	Hot New Moves (Int+) ST <i>Slightly trickier new moves</i>	Fight or Flight (Int) C&D <i>Creating & Using Momentum</i>	14.30-15.30 S'Funk David Rokov	***Ladies Styling 2 BR <i>Masterclass book in advance</i>
15:45-16:45	Body & Soul (Int+) DS <i>Synchronised style, feet & flow</i>	Only One (Int) C&M <i>Lead & Follow to keep time</i>	15.30-17.00 Chill Out Zone Tiggerbabe	***Aerials T&H <i>Masterclass book in advance</i>
17:00-18:00	Wicked Whips (Adv) GU <i>Advanced Whip Variations</i>	Freestyle Flow (-Int) F&S <i>Keeping F/Style going - tips & tricks</i>	17.00-18.00 Chill Out Zone Smood	Private Lessons
18:15-19:15	Blues (All) M&R <i>Intro to Blues</i>	Creating a Conversation (Int+) BH <i>Seamless Sabotage & Cool Recovery</i>	18.00-19.00 Chill Out Zone Roger Brent	Private Lessons
19:30-20:30	Room Closed until 8pm	Closed	19.00 - 20.30 Sack the DJ	Private Lessons
SUNDAY NIGHT				
20:00-21:30 21:30-22:30	Ceroc F/Style Roy Blewitt Ceroc F/Style Mark O Reilly		20.30-21.30 Chill Out Zone Kev Sambridge 21.30-22.30 Chill Out Zone Jon Gammon	Closed
22:30-23:30 23:30-00:30	Ceroc F/Style James Ross Ceroc F/Style Chris Uren	Milonga Marc Forster Milonga 10pm-12am	22.30-23.30 Chill Out Zone Tiggerbabe 23.30-00.30 Chill Out Zone Smood	Closed
00:30-01:30 01:30-02:30	Ceroc F/Style Jon Gammon Ceroc F/Style Caroline Houlton	WCS F/Style Clive Gidney 12-1.30 WCS F/Style Roger Brent	00.30-01.30 Blues Rachel Pears 01.30-02.30 Blues Tiggerbabe	Closed
02:30-03:30 03:30-04:30	Ceroc F/Style Hayley Nicholls Closed	Closed Closed	02.30-03.30 Chill Out Zone Kev Sambridge 03.30-04.30 Chill Out Zone Rachel Pears	Closed
04:30-06:30	Closed	Closed	04.30-06.30 Chill Out Zone Marc Forster	Closed



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Visit the Foyer to find the
'CUBE'

Available for Masterclasses in the
daytime and as a freestyle practice &
quiet zone . Also Tango on Friday night
and Blues on Friday & Saturday night

NOTE:

*The Silent Disco can be found in the
Cyclone / Latin Quarter
on Friday & Saturday nights.*



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