

SWISH

A weekend like no other

Friday 21st February - Monday 24th February 2014

Welcome to **SWISH 2014!** For those of you joining us for the first time, we wish you a very warm welcome and we hope that you thoroughly enjoy your first Swish experience. For those of you returning for another year we thank you for your continued support. We could not run such a great event without you.

During this Escape weekend, we will be offering you over 30 varied dance workshops and, in addition, there are a number of diverse sporting activities including the Segway Challenge and Giant Swing along with the Rock Climbing Wall, Clay Pigeon Shooting, Archery and the Ultimate Game of Volleyball, to name just a few. Don't forget to also check out the newly refurbished Jacuzzi, Steamroom and Sauna! The Sunday Lunchtime Karaoke will once again be making an appearance with the winner of the challenge having a chance to perform in Sunday night's Finale show. Who'll win? You decide! We hope to see lots of you being brave enough to give it a go.

The Potters Theatre Company have prepared another three brand new shows to entertain you, so sit back and relax, after dinner at 9.00pm each evening. Freestyle will kick off from 10.00pm continuing until the early hours of the morning. If this wasn't enough and to keep you dancing all night, there will be a midnight snack available free of charge in the Terrace Bar. Saturday night will be an optional smart dress evening with a 'One Game Wonder' Bingo Challenge and the 'Great Escapee' dance competition. Please take a moment to read this programme to ensure that you don't miss out on any of the activities.

On behalf of Ceroc and Potters Resort we welcome you to Swish and we hope that you have a fantastic weekend.



Useful Information



Meals

All main meals are served in the Garden Restaurant or Gallery Lounge (aka the Chill Out Room). You can arrive at your leisure between...

Breakfast: 8.30am – 10.00am (Sat/Sun) and 9.30am (Mon)
Lunch: 12.30pm – 1.30pm
Dinner: 6.30pm – 7.30pm
Midnight Snack: Will be served at midnight in the Terrace Bar



Black Rock Grill

The Black Rock Grill is a stylish and contemporary restaurant overlooking the Norfolk coast. The Black Rock Grill offers a unique dining experience to those wishing to try something exciting and a little different.

The fixed price offers a delicious choice of satisfying starters, indulgent desserts and of course the unique Black Rock main course; a selection of the freshest fillets, seafood and shellfish are presented to your table along with your own volcanic 'Hot Rock' on which you cook the ingredients exactly to your own taste.

The price is £25.00 and can be booked in advance or on the day. Places are subject to availability and can be booked at Reception.



Water

Tap water is available from any of the bars and there is a water fountain by the Squash Courts.



Facilities / Activities

The following activities are available FREE OF CHARGE and can be played at any time when the facilities are not in use by a scheduled event.

All the equipment you will need is available from the Sports Kiosk (next to the Main Room Bar) in exchange for your room key: Adventure Golf, Badminton, Bowls, Darts, Football, Pitch & Putt (Par 3), Table Tennis, Tennis, Swimming, Sauna, Steam Rooms, Jacuzzi and Techno Gym.

There is a small charge for the activities below:

Pool Tables, Squash / Racquet Ball, Ten-Pin Bowling, Gaming Machines.



Have You Come On your Own?

If so, please look out for the 'Meeting Area' signs in the Theatre, Main Room and Chill Out Room. Hopefully you will meet lots of familiar faces and new people here.



Photo Wizards

Potters resident photographer will be outside the Garden Restaurant on Saturday evening between 7.30pm and 9.00pm to take your formal portrait poses. Your pictures will then be available to purchase on Sunday morning, so please visit the Photo Centre between the Main Dance Room and the International Bowling Arena.

Useful Information

Swish DVD 2014

It's impossible to attend all the classes this weekend... and how can you remember everything you learn? Well we have the solution!!! We are producing the official Swish DVD which contains all the classes from the weekend.

The DVD will be available to purchase from Sunday morning at 10.00am from the Ceroc Information Desk at the special discounted rate of £20 (usually £25+p&p online). There is limited availability so grab your copy before they sell out and take it home with you!



Practice Music

With more new dance styles appearing at this event, we felt it was important to give you a chance to practice your new steps directly after your class.

Therefore, where the schedule permits after a specialist class e.g. West Coast Swing, suitable music will be played in the Chill Out Room, Theatre or Small Sports Hall. Please check the schedule for details.



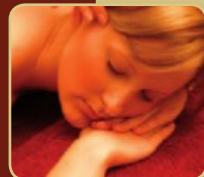
Re-Booking Swish

To rebook this event for 20th – 23rd February 2015 at this year's prices before it goes up next month, please visit the brand new 'Booking Lounge' (by the main entrance) from 9.00am – 5.00pm on Saturday or Sunday and from 9.00am on Monday morning. Alternatively, you can visit www.ceroc.com/swish after the event. Please see the back of this booklet for room options and prices.



Aphrodite Beauty Studio

The Aphrodite Beauty Studios offer a wide range of beauty treatments from clinical procedures, sports injury massages and alternative therapies to beauty treatments all targeted to your specific needs. Please visit the studios adjacent to the swimming pool for a full list of treatments and prices.



House-Keeping

Hotel rooms are serviced daily and if you do not wish to be disturbed, please use the 'Do Not Disturb' sign in your room. Bungalows are only serviced on the Saturday morning of Swish, and if you do not wish to be disturbed at this time, please notify reception by 10.00pm on the Friday evening.



The GREAT ESCAPEE Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote! Quality for the Great Escapee Category of the 2014 Ceroc Championships.

This category will have just one round at the London Ceroc Champs and that will be the FINAL. So all you have to do is win your heat at the weekender then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekender (Southport, Camber or Brean Sands in 2015). So get your favourite dancing shoes on and get your supporters into the Theatre. Remember the spectators determine the winners.

Heats will take place prior to showtime so competitors and would-be judges need to be in the Theatre on Saturday night by 8.00pm.

For more info about the Champs, please visit

www.cerocchamps.com



STANDOUT DANCEWEAR WILL BE PRESENT AT SWISH OFFERING THE LATEST COLLECTION OF SHOES AND DANCE CLOTHING. MANY OF THE LINES ARE REALLY POPULAR, SO MAKE SURE YOU COME EARLY TO GET A FULL CHOICE!
MOST MAJOR CREDIT / DEBIT CARDS ARE ACCEPTED, ALONG WITH CASH.

OPENING HOURS

FRIDAY 21ST FEBRUARY - 3.00PM - 10.00PM
SATURDAY 22ND FEBRUARY - 10.30AM - 7.00PM
SUNDAY 23RD FEBRUARY - 10.30AM - 4.00PM



WWW.STANDOUTDANCEWEAR.CO.UK

Potters Theatre Company

Evening Entertainment

This talented and accomplished group of performers are one of the finest in the UK outside of London's West End. Every year they develop new and exciting shows for your enjoyment.

From concept, through to costume design, comedy writing, lighting, videography, music production, set building and choreography, the company literally create everything from scratch to the passionate performances that will have you on the edge of your seat every night, from start to finish!

Don't take our word for it, come and experience the Potters Theatre Company for yourself. You won't be disappointed!

FRIDAY

'MADE IN BRITAIN'

Britain's greatest songs together in one amazing show which draws on the best in popular music from the past 50 years

SATURDAY

'KINGS OF SWING'

This show is tribute to the Rat Pack. The timeless hits of Frank Sinatra, Dean Martin and Sammy Davies Jnr are given a fresh makeover by Potters Theatre Company

SUNDAY

'SHOWSTOPPERS'

Simply the best loved songs from stage and screen are brought together in one sensational production where we've hand-picked only the very best for an evening that truly lives up to its name

SILENT DISCO

FRIDAY & SATURDAY NIGHT

The Cube (Small Sports Hall)

11.30pm to 1.00am

**Hand in your accommodation key
in exchange for a pair of headphones**

**Choose from 3 music channels
and join the party!**



Teachers at Swish

Becki Rendell (BR)

Learn to pose, block, strut, roll, wave, and shape with the most stylish Ceroc teacher on the circuit. The amazing Becki Rendell is not a stranger to the competition dancefloor and her bursting trophy cabinet is testament to how Becki attracts the judges as she dances with style and confidence.

Boba Lee (BL)

Boba has been teaching Ceroc for 10 years and is a master at her craft. Originally trained as a Ballroom and Latin dancer, Boba's elegance and grace is evident in every move she makes. Her bubbly teaching style will motivate you and leave you wanting more.

Brooks Trio - Glen, Karen and Paul (GB) (KB) (PB)

Five times winners of the National Ceroc Championships team cabaret category and with over 28 years combined teaching experience these three are well equipped to run the Swish weekend. Over the course of this weekend you can find Karen teaching some Ducks and Dips, Glen teaching some Double Trouble and Paul looking after those of you who are new to Ceroc.

Dale St Rose (DR)

Dale originally trained in Salsa, West Coast Swing and Line Dancing and has now been teaching for Ceroc London for the past 7 years. During that time he has been the Blues open winner in 2007, 2009 and 2012, the Blues Showcase Winner in 2010 and 2013 and the Ceroc Scotland Showcase winner in 2012. On this weekend he will be teaching you some Bachata and Cha Cha Ceroc.

Caine Langford and Danni Moore (CL)

South Coast's teacher Caine, may be one of the younger teachers but he has already proven his teaching talents at his 3 venues, the Ceroc cruise and numerous weekenders. Teamed with his multiple competition winning partner Danni, you can expect smooth & slotted styles from this dynamic duo.

Jo Easterbrook (JE)

Ceroc Nights teacher Jo, has her roots in Ballroom and Latin dancing which she trained in for many years. Jo is a young and enthusiastic Ceroc Teacher who is not only a great teacher but is also an inspirational dancer having recently won three competition golds. Jo will be partnering Tim Sant and Dale St Rose this weekend and will also be looking after some of our beginner dancers.

Teachers at Swish

Kieran Moore and Charlie Brownlee (KC)

Charlie has been teaching Ceroc for 6 years and has a background in Ballroom, Latin, Contemporary and Ballet. Aside from Kieran's Ceroc background and experience, he was also titled West Coast Swing UK & European Open Newcomer Champion in 2010. With this combination of dance genres and the effortless style these two awesome dancers display, it's only natural that they would be at home in the Chill Out Zone. At the heart of this style though is musicality, which is why many dancers turn to it as they develop.

Marc Forster and Rachel Pears (MR)

Slinky, bluesy, elegant dancers Marc and Rachel have been introducing dancers to blues and Tango for a number of years and are back at Swish for the seventh year in a row. Not only are they awesome teachers but they are also top DJ's. You will find these two predominantly in the Chill Out room this weekend.

Mike and Linda Ellard (ME)

Mike is Ceroc's longest serving Ceroc teacher with an amazing 30 years teaching experience so he should be able to teach you a thing or two. Mike's classes along with Linda are light hearted and fun and if you are new to Ballroom and Latin but fancy giving it a try, join him just before lunchtime each day for a taster session.

Richard Beauvoison and Zoe Witheridge (RZ)

Richard and Zoe, have collectively, over 20 years of dance teaching and competition experience. In addition to the Ceroc Live and Ceroc Devon franchises that they run, both of them have been teaching and performing at venues across the country. Zoe has danced ballet, modern and tap bringing style and elegance and Richard has danced practically everything, giving the men presence and posture.

Steve Thomas (ST)

Funny guy Steve is so smooth that women love him and men want to be him, but don't let that detract from the fact that his classes are absolutely jam packed with vital information. He is a 'full time' teacher and will impress and motivate you with his inspiring classes this weekend.

Tim Sant (TS)

As Head of Dance for Ceroc, Tim is no stranger to the weekender scene. Every class he teaches delivers the hottest innovations in the world of Ceroc and the newest moves in the modern jive circuit. His classes this weekend will make you think, challenge your style, help you advance and leave you smiling from ear to ear.

PLEASE NOTE THAT PARTICIPATION IN ANY OF THE ACTIVITIES AT SWISH IS ENTIRELY AT YOUR OWN RISK. PLEASE TAKE CARE COMING ON AND OFF THE DANCE FLOORS AS SOME HAVE STEPS/RAMPS. FURTHER, TO MINIMISE THE RISK OF ANY SPILLAGES, PLEASE DO NOT TAKE DRINKS ACROSS THE DANCE FLOOR AND REPORT ANY SPILLAGES TO A MEMBER OF STAFF WHO WILL TAKE THE APPROPRIATE ACTION – THANK YOU.

DJ's at Swish

Alan Maskell (AM)

Alan started DJing many years ago and ran his own disco company. He joined Ceroc in 2001 and is also a Franchisee for Club Ceroc with venues at Uxbridge & West Drayton.

Buzby Allen (BA)

Buzby is one of the resident DJs here at Potters and is renowned for keeping the dance floor packed. Having started Ceroc himself eight years ago (when Swish began) with his own unique dance style, he hasn't looked back since. You will find Buzby in the Theatre spinning the Ceroc Classics prior to showtime.

Caine Langford (CL)

Caine is a regular DJ for his class nights and has recently been the DJ to the South Coast's biggest New Years Eve event. With his love for music, this youngster will provide you with a mix of old and new tracks to keep you on the dance floor!

Dale St Rose (DR)

Dale has a background in numerous music genres including West Coast Swing, Modern Jive, Salsa and Blues and has been DJing on the London scene as well as the weekends for a number of years. As a former Ceroc Champ, Blues winner in 2007, 2009 and 2012 and UK Blues Showcase joint winner for 2010 and current Blues Showcase Champion he certainly knows what makes up a great track to dance to.

David Greaves (DG)

David dabbled a bit as a DJ in the late 70s on the Thames riverboats with his cousin. He now averages around 200 gigs/parties a year. He got the Ceroc bug in the late 90s and learnt to dance with Ceroc Kent. He moved to Chelmsford in the late naughties and became the resident DJ there soon after with Ceroc Nights. When he's not on duty at the Ambulance Service, his radio show attracts listeners from all over the world.

Garry Turner (GT)

Garry started working for Ceroc seven years ago having previously worked before through djing house music, rare groove, reggae, soul/funk/jazz, you name it - he's done it! He DJs two nights a week for Ceroc Kent and all the weekends. Garry has a passion for music and an ear for the best tunes.

Kieran Moore (KM)

Starting as a teacher and DJ for Ceroc Groove in the West Midlands almost before he was out of nappies, Kieran was the DJ at the popular XChange freestyles showcasing his love of soulful and funky music synonymous with Chill Out Zones. Founder of the hugely popular DUO Freestyles in Norfolk where the music is once again showcased at the highest level. He can also be heard DJing on the Ceroc Medfest Holiday and all of the Escape Weekenders and his background in Ceroc and West Coast Swing dance means that he has a great ear for music of all styles and genres.



DJ's at Swish

Marc Forster (MF)

Marc started life as a DJ way back in the 70s with a fisher price record player, 4 plastic records and a dream. Now playing around 6 nights a week he is an avid collector of fine music and loves reading the floor & pleasing the crowd.

Mike Ellard (ME)

Mike has not only been teaching dance for the last three decades, but he was also seen playing music at Ceroc well before CDs began. Mike's really excited about playing some of his favourite classic tracks this weekend in the Chill Out Room.

Paul Brooks (PB)

Paul has been DJing for Ceroc for over 14 years. He started in Kent, then Surrey and now at home with Ceroc Nights in Essex. He has DJ'd on numerous Ceroc weekends and has recently been part of the crew on the Ceroc Cruise holiday. He is currently head of music at the Ceroc Champs which he has done for the last couple of years. As a former radio DJ his sets consist of every type of music from every genre. He instinctively knows what the dance floor needs and is a true talent.

Rachel Pears (RP)

The lovely Rachel has an eye for talent, great taste and an ear for music. Known for her marathon mixing sessions at the London Champs, expertly blended Blues sets at the Daventry freestyles and dance weekend guest spots, this fine young lady is over the moon to be back with us at Swish.

Richard Beauvoison (RB)

Richard has DJ'd for over 25 years and has a regular slot at the popular two room event at The Hub and Big Bath Bashes in the West Country for Ceroc Live. He loves to DJ in the Chill Out or main room where you will hear him play a wide variety of music that you can interpret.

Robert Ellis (RE)

As resident DJ at two of Ceroc Fusion's venues and their Smooth Sundays, Robert is back at Swish for his 4th consecutive year. He is very excited to be here and playing his chilled out grooves that are perfect for your Smooth, Blues and West Coast moves!

MAIN ROOM (BOWLER'S ARENA)

THIS IS THE TYPE OF MUSIC YOU WOULD EXPECT TO HEAR ON A NORMAL CEROC NIGHT AND WILL COVER ALL TYPES OF MUSIC FROM MODERN, LATIN, SWING, BLUES AND R&B. THERE WILL BE A RANGE OF GENRES AND SPEEDS IN THIS ROOM.

THE CHILL OUT ROOM (GALLERY LOUNGE)

IN THIS ROOM, BLUES TUNES AND GENERALLY SLOWER MUSIC IS PLAYED.



Classes At A Glance

For Our Beginner Dancers

Beginners Introduction	Chill Out Room	Friday	4.00pm
Beginners Class 1	Chill Out Room	Saturday	10.00am
Beginners Class 2	Chill Out Room	Saturday	1.30pm
Beginners Class 3	Chill Out Room	Saturday	3.30pm
Beginners Class 4	Chill Out Room	Sunday	10.00am
Beginners Plus	Chill Out Room	Sunday	1.30pm
Classics Moves	Chill Out Room	Sunday	4.30pm

For Our Beginner Plus And Intermediate Dancers

Sweet Slot	Main Room	Friday	4.00pm
Secret Ingredient	Main Room	Saturday	10.00am
Momentum Control	Main Room	Saturday	1.30pm
Close Hold Blues	Theatre	Saturday	2.30pm
Double Trouble	Main Room	Saturday	4.30pm
Chill Out 1	Theatre	Sunday	10.00am
Hot New Moves	Main Room	Sunday	11.00am
Cha Cha Ceroc	Theatre	Sunday	12.00pm
Double Handed Dilemma	Main Room	Sunday	1.30pm
Simply Stylish	Theatre	Sunday	2.30pm
Hot New Moves 2	Main Room	Sunday	3.30pm
Playtime	Theatre	Sunday	4.30pm
Salceroc	Main Room	Sunday	4.30pm

For Our Intermediate Plus And Advanced Dancers

Illusion Moves	Theatre	Saturday	10.00am
Scrolling	Main Room	Saturday	11.00am
Bodywork	Main Room	Saturday	2.30pm
Switches	Main Room	Saturday	3.30pm
Tuck And Duck	Theatre	Saturday	4.30pm
Jango	Main Room	Sunday	10.00am
50 Shades	Theatre	Sunday	11.00am
Whips	Theatre	Sunday	1.30pm
Flashy Moves	Main Room	Sunday	2.30pm
Catch Me	Theatre	Sunday	3.30pm

Classes At A Glance

Speciality Dances

West Coast Swing for Beginners
Quickstep
Bachata for Beginners
Zumba
Ladies Styling
Argentine Tango
Rumba for Beginners
Fitsteps
West Coast Swing for Intermediates

Theatre	Saturday	11.00am
Main Room	Saturday	12.00pm
Theatre	Saturday	12.00pm
Small Sports Hall	Saturday	12.00pm
Theatre	Saturday	1.30pm
Theatre	Saturday	3.30pm
Main Room	Sunday	12.00pm
Small Sports Hall	Sunday	12.00pm
Chill Out Room	Sunday	2.30pm

Some Extra Information

50 Shades

Infuse your Ceroc & Blues dancing with musicality and personality

Bachata

A dance from the Dominican Republic with a three step hip motion followed by a tap

Bodywork

Keeping close frame to create power and drama

Catch Me

Drops and Dips Class

Fitsteps

Ballroom and Latin dances into a Fitness Class

Jango

Modern Jive fused with Tango Steps

Playtime

Basic musicality with basic intermediate and classic moves

Momentum Control

Learn how to use and control momentum to smooth out your dancing

Salceroc

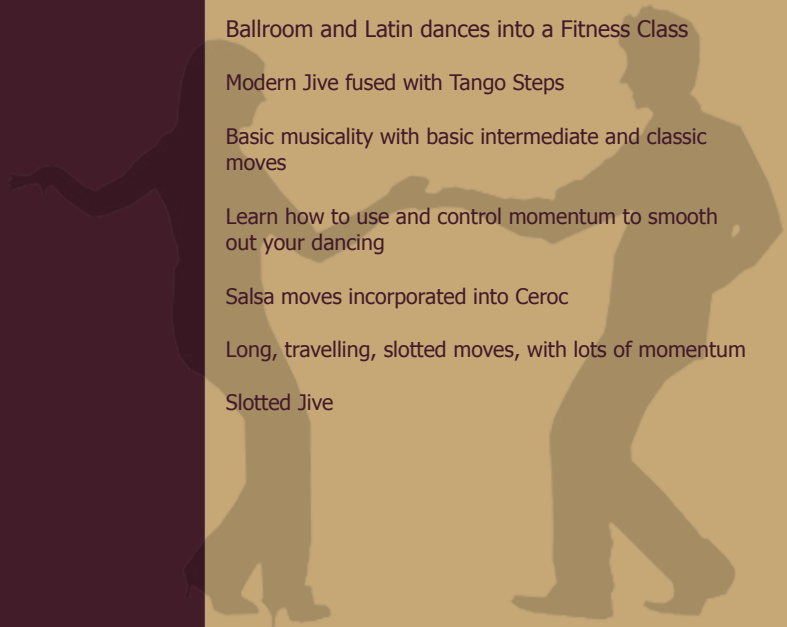
Salsa moves incorporated into Ceroc

Scrolling

Long, travelling, slotted moves, with lots of momentum

Sweet Slot

Slotted Jive



Friday 21 February 2014

TIME	MAIN ROOM	THEATRE	
4.00pm	Sweet Slot (Beginner's Plus) TS		
5.45pm	BUCKS FIZZ IN THE ATLAS THEATRE Meet 'n' Mingle Freestyle		
6.30pm	DINNER IS SERVED		
8.00pm		Live Music with Michelle Firminger	
8.30pm		Buzby (Freestyle Classics)	
9.00pm		Potters Theatre Company 'Made In Britain'	
9.30pm			
10.00pm	Garry Turner (Ceroc Classics)		
10.30pm			
11.00pm	Paul Brooks (Ceroc Classics)		Silent Disco Grab a pair of headphones and join the party! (The Cube - Small Sports Hall)
11.30pm			
Midnight	Richard Beauvoisin (Ceroc Classics)		
12.30am			
1.00am	Kieran Moore (Ceroc Classics)		
1.30am			
2.00am			
2.30am			
3.00am			
3.30am			
4.00am			

Friday 21 February 2014

TIME	CHILL OUT ROOM	ACTIVITIES AND SPORTING PROGRAMME
4.00pm	Beginners Introduction (Beginners) JE	
5.45pm	BUCKS FIZZ IN THE ATLAS THEATRE Meet 'n' Mingle Freestyle	
6.30pm	DINNER IS SERVED	
8.00pm	Sack the DJ YOUR TURN to come and try your hand at DJing	
8.30pm		
9.00pm		
9.30pm		
10.00pm	David Greaves (Chill Out)	
10.30pm		
11.00pm	Rachel Pears (Chill Out)	
11.30pm		
Midnight	Garry Turner (Chill Out)	Midnight Snack (Terrace Bar)
12.30am		
1.00am	Caine Langford (Chill Out)	  
1.30am		
2.00am	Robert Ellis (Chill Out)	
2.30am		
3.00am	Marc Forster (Chill Out)	
3.30am		
4.00am		

Saturday 22 February 2014

TIME	MAIN ROOM	THEATRE
8.30am 10.00am	BREAKFAST IS SERVED	
10.00am	Secret Ingredient (Intermediate) TS	Illusion Moves (Advanced) ST
11.00am	Scrolling (Advanced) CL	West Coast Swing (Beginners to WCS) KC
12.00pm	Quickstep (Beginners) ME	Bachata (Beginners Plus) DR
12.30pm 1.30pm	LUNCH IS SERVED	
1.30pm	Momentum Control (Beginner's Plus) ST	Ladies Styling (Ladies Only - No Spectators) BR
2.30pm	Bodywork (Intermediate Plus / Advanced) TS	Close Hold Blues (Intermediate) RZ
3.30pm	Switches (Intermediate Plus) CL	Argentine Tango (All Dancers) MR
4.30pm	Double Trouble (Intermediate) GB	Tuck And Duck (Advanced) KB
5.30pm	TONIGHT IS OPTIONAL SMART DRESS	
6.30pm	DINNER IS SERVED (Bingo Sales will be on sale at reception between 11.00am - 5.00pm and in the Atlas Theatre between 7.30pm - 8.00pm)	
8.00pm		Bingo 'One Game Wonder' (Starts at 8.15pm)
8.15pm		Great Escapee Competition followed by Buzby (Freestyle Classics)
8.30pm		
9.00pm		Potters Theatre Company 'Kings Of Swing'
9.30pm		
10.00pm	Paul Brooks (Ceroc Classics)	
10.30pm		
11.00pm	Marc Forster (Ceroc Classics)	
11.30pm		Silent Disco Grab a pair of headphones and join the party! (The Cube - Small Sports Hall)
Midnight	David Greaves (Ceroc Classics)	
12.30am		
1.00am	Garry Turner (Ceroc Classics)	
1.30am		
2.00am		
2.30am		
3.00am		
3.30am		
4.00am		

Saturday 22 February 2014

TIME	CHILL OUT ROOM	ACTIVITIES AND SPORTING PROGRAMME
8.30am 10.00am	BREAKFAST IS SERVED	
10.00am	Beginners 1 (Beginners) PB	Archery 10.00am (Shooting Range)
11.00am	Freestyle Dancing (All Dancers) DG	Lunchtime Special 12.00pm (Terrace Bar)
12.00pm	Freestyle Dancing (All Dancers) PB	Zumba with Tim Sant 12.00pm (Small Sports Hall)
12.30pm 1.30pm	LUNCH IS SERVED	Clay Pigeon Shooting Pre book at Palms - £7.50 for 10 shots 2.30pm (Activity Field)
1.30pm	Beginners 2 (Beginners) KB	Air Rifle Shooting 2.30pm (Shooting Range)
2.30pm	Freestyle Dancing (All Dancers) DR	Giant Swing Pre book at Palms - max of 10 people 2.30pm (Outside)
3.30pm	Beginners 3 (Beginners) BL	Music Quiz 3.30pm (Terrace Bar)
4.30pm	Tango Practice Music MR	Kurling 4.30pm (Small Sports Hall)
5.30pm	Sack the DJ	Table Tennis Tournament 4.30pm (Large Sports Hall)
6.30pm	DINNER IS SERVED	
8.00pm	Sack the DJ YOUR TURN to come and try your hand at DJing	
8.15pm		
8.30pm		
9.00pm		
9.30pm		
10.00pm	Garry Turner (Chill Out)	
10.30pm		
11.00pm	Kieran Moore (Chill Out)	
11.30pm		
Midnight	Richard Beauvoisin (Chill Out)	Midnight Snack (Terrace Bar)
12.30am		
1.00am	Rachel Pears (Chill Out)	
1.30am		
2.00am	Caine Langford (Chill Out)	
2.30am		
3.00am	Robert Ellis (Chill Out)	
3.30am		
4.00am		

Sunday 23 February 2014

TIME	MAIN ROOM	THEATRE
8.30am 10.00am	BREAKFAST IS SERVED	
10.00am	Jango (Intermediate Plus) RZ	Chill Out 1 (Intermediate) KC
11.00am	Hot New Moves (Intermediate) ST	50 Shades (Intermediate Plus) MR
12.00pm	Rumba (Beginners) ME	Cha Cha Ceroc (Intermediate) DR
12.30pm 1.30pm	LUNCH IS SERVED	
1.30pm	Double Handed Dilemma (Intermediate) GB	Whips (Advanced) CL
2.30pm	Flashy Moves (Advanced) RZ	Simply Stylish (Intermediate) BR
3.30pm	Hot New Moves 2 (Intermediates) MR	Catch Me (Advanced) KB
4.30pm	Salceroc (Intermediate) BR	Playtime (Intermediate) KC
5.30pm		
6.30pm	DINNER IS SERVED	
8.00pm		Live Music with Aaron Bolton
8.30pm		Buzby (Freestyle Classics)
9.00pm		Potters Theatre Company 'Showstoppers'
9.30pm		
10.00pm	Alan Maskell (Ceroc Classics)	
10.30pm		
11.00pm	Garry Turner (Ceroc Classics)	
11.30pm		
Midnight	Paul Brooks (Ceroc Classics)	
12.30am		
1.00am	David Greaves (Ceroc Classics)	
1.30am		
2.00am		
2.30am		
3.00am		
3.30am		
4.00am		

Sunday 23 February 2014

TIME	CHILL OUT ROOM	ACTIVITIES AND SPORTING PROGRAMME
8.30am 10.00am	BREAKFAST IS SERVED	Segway Challenge 10.00am - 12.00pm (Large Sports Hall)
10.00am	Beginners 4 (Beginners) BR	Air Rifle Shooting 11.00am (Shooting Range)
11.00am	Chill Out Practice Music KC	Short Volleyball 11.00am (Squash Courts) (Located next to the Chill Out Room)
12.00pm	Freestyle Dancing (All Dancers) AM	Lunchtime Karaoke Challenge 12.00pm (Terrace Bar)
12.30pm 1.30pm	LUNCH IS SERVED	Fitsteps with Kerry Tyrrell 12.00pm (Small Sports Hall)
1.30pm	Beginners Plus (Beginners Plus) BL	Badminton Tournament 2.30pm (Large Sports Hall)
2.30pm	West Coast Swing (Intermediate) KC	Climbing Wall 3.00pm – 5.00pm (Large Sports Hall)
3.30pm	Freestyle Dancing (All Dancers) GT	Team Olympics 3.30pm (Small Sports Hall)
4.30pm	Classic Moves (Beginners Plus) JE	Afternoon Quiz - General Knowledge 3.30pm (Terrace Bar)
5.30pm	Sack the DJ	Kurling 4.30pm (Small Sports Hall)
6.30pm	DINNER IS SERVED	
8.00pm	Sack the DJ YOUR TURN to come and try your hand at DJ'ing	
8.30pm		
9.00pm		
9.30pm		
10.00pm	Richard Beauvoisin (Chill Out)	
10.30pm		
11.00pm	Mike Ellard (Chill Out)	
11.30pm		
Midnight	Robert Ellis (Chill Out)	Midnight Snack (Terrace Bar)
12.30am		
1.00am	Dale St Rose (Chill Out)	
1.30am		
2.00am	Rachel Pears (Chill Out)	
2.30am		
3.00am	Marc Forster (Chill Out)	
3.30am		
4.00am		



OPTIONS FOR ONE PERSON

ACCOMMODATION TYPE	PRICE	REFERENCE CODE	EXTRA INFORMATION
Standard Bungalow	£245	B1	
Bungalow Plus	£265	BP1	
Hotel Premier	£309	H1	

OPTIONS FOR TWO PEOPLE

ACCOMMODATION TYPE	PRICE	REFERENCE CODE	EXTRA INFORMATION
Standard TWIN Bungalow	£235	B2T	Twin Beds
Standard DOUBLE Bungalow	£235	B2D	Double Bed
Bungalow Plus TWIN	£255	BP2T	Twin Beds
Bungalow Plus DOUBLE	£255	BP2D	Double Bed
Hotel Premier	£299	H2	Double or Twin Available (please specify)
Hotel Deluxe	£309	D2	Double or Twin Available (please specify)
Four Poster Room	£319	F2S	Double Only
Four Poster Suite	£339	F2L	Double Only
Hotel Penthouse	£349	P2	Double Only

OPTIONS FOR THREE PEOPLE

ACCOMMODATION TYPE	PRICE	REFERENCE CODE	EXTRA INFORMATION
Standard Bungalow	£225	B3	3 Single Beds in One Bedroom with One Bathroom
Bungalow Plus	£245	BP3	3 Single Beds in One Bedroom with One Bathroom
Hotel Premier	£289	H3	3 Single Beds in One Bedroom with One Bathroom
Hotel Deluxe	£299	D3	3 Single Beds in One Bedroom with One Bathroom

OPTIONS FOR FOUR PEOPLE

ACCOMMODATION TYPE	PRICE	REFERENCE CODE	EXTRA INFORMATION
Standard Bungalow DOUBLE and TWIN	£215	B4D	2 Bedrooms (Double Bed in first room and Twin Beds in second room) with 2 Bathrooms
Bungalow Plus TWIN ONLY	£235	BP4T	2 Bedrooms both with Twin Beds and 2 Bathrooms
Bungalow Plus DOUBLE and TWIN	£235	BP4D	2 Bedrooms (Double Bed in first room and Twin Beds in second room) with 2 Bathrooms
Hotel Penthouse	Penthouse £349	P4	Penthouse Room with Interconnecting Premier Twin Room for 4 People
	Premier £299		

OPTIONS FOR FIVE PEOPLE

ACCOMMODATION TYPE	PRICE	REFERENCE CODE	EXTRA INFORMATION
Bungalow Plus	£205	BP5	2 Bedrooms (Twin Beds in first room and 3 Single Beds in second room) with 2 Bathrooms

Please note all prices stated are per person

**A deposit of £75 per person is needed to
secure your place, subject to availability**



ceroc champs

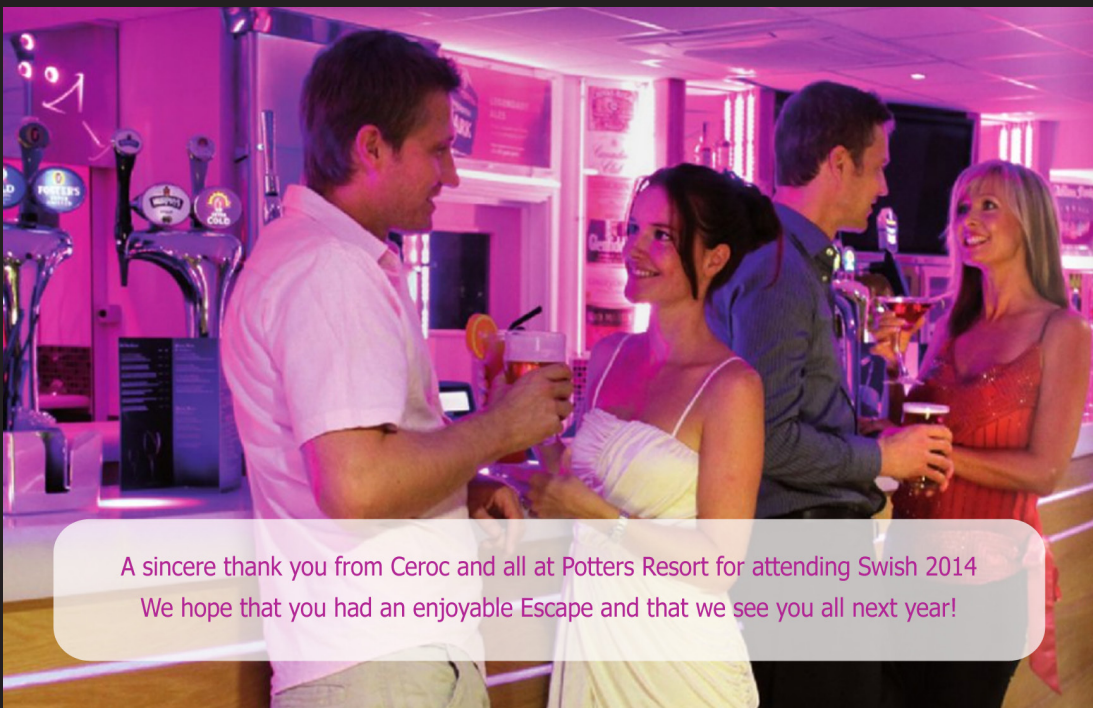
Saturday 24th May 2014

A full day of freestyle and competition. Bringing together some of the best dancers from across the Globe for **15 hours of dance**, competition, laughs & entertainment, with more than **8 hours of freestyle** through to 2.00am.

This event is now being held on a Saturday at the recently refurbished and now fabulous Watford Colosseum, boasting tiered seating, an impressive balcony and limited premium table seating on the stage. Whether you compete, freestyle, spectate or just socialise you are guaranteed a fabulous weekend not to be missed!

We will be organising additional events in and around London for this weekend to ensure your visit is complete so book your accommodation now!

www.cerocchamps.com



A sincere thank you from Ceroc and all at Potters Resort for attending Swish 2014
We hope that you had an enjoyable Escape and that we see you all next year!

www.ceroc.com/swish