



SEARCH

06 - 08 JUN 2014

SOUTHPORT



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PASSPORT TO DANCE

www.ceroc.com/escape

DIFFERENT DANCE STYLES
TAUGHT MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING VARIED STYLES
OF MUSIC TEACHERS FROM ALL
OVER THE UK DJ'S FROM FAR
& WIDE LARGE GATHERING OF
CEROC TEACHERS MASSAGE
ZUMBA SWIMMING WORKSHOP
DVDs TO TAKE HOME SELECTION
OF DANCE SHOES AND CLOTHING
ON SALE ON LINE BOOKING
WITH IMMEDIATE CONFIRMATION
GENDER CONTROLLED BOOKING
SYSTEM



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WELCOME

Welcome to one of the biggest dance weekenders on the planet.

We would like to thank you for your patience at Check-in, Pontins have over 2,500 guests leaving on Friday, and they have but hours to clean over 700 apartments.

Our weekenders ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

We do try hard to gender balance our events, but the problem we are finding is fewer girls are interested in taking the classes, so we are finding men over in some of the classes, but then the appearance of girls over in the freestyle. We obviously can't force you to do the classes in the day and then dance all night, but at least you understand better the dynamic of this weekend.

You will find over 40 classes and workshops detailed in this booklet and these sessions are free to attend. We also have 10 Masterclasses for those of you looking to learn the techniques and moves in a smaller group. Naturally we save some of the more jaw dropping moves for this environment, including Aerials, to alleviate any risk and to help you achieve them.

You may notice a marked improvement in the sound quality this weekend in the Thunderballroom with the introduction of a £40,000 state of the art sound system. This, coupled with the other 24 tonnes of equipment should hopefully help create the best Southport ever!

Our Southport events are continuing to grow in popularity. However, the numbers have been capped to reflect last year.

Have a Great Weekend!

The Escape Committee

EXCEEDINGLY USEFUL INFORMATION

PARKING

There is ample parking at Pontins in Southport so there is no need to book a parking space in advance.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the middle foyer near Stand Out Dancewear. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

Although we don't encourage it, it is possible to remain with a fixed partner in all classes.

There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands frequently.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

CHECKOUT INFORMATION

You need to check out by **10am** on Monday 9th June 2014. Please leave your keys at the security gate upon departure.

DVD OF SCORCH WORKSHOPS

DVD of workshops taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20 (£25 after the event, online). Go to the Weather Centre on Sunday to get your copy before they sell out! We are open till 10pm on Sunday. NB: the Beginners classes are not included in the Weekender DVD however a Beginners Ceroc DVD can be purchased on the weekend with all Beginners Moves included.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Private Lessons, Masterclasses, Massage and buy a range of Ceroc and Style DVD's. Please remember to leave us your feedback form from the centre of this booklet.

COLOURED WRIST BANDS?

You are required to wear your gender coloured wristband all weekend. You cannot access the main entertainment's complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances and by roaming stewards. These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

TOWEL SWAPPING

Linen and towels are no longer provided by Pontins.

WIFE SWAPPING

Provided by Ceroc immediately after the Cabarets.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. Remember to turn the Water Heater off.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

WHAT'S ON TV?

The PTV channel on your TV will show a live feed from the main Thunderball Room. There are 4 other channels available.

I'M HUNGRY!!!

The Chip shop will be open at times over the weekend. The Nisa convenience store provides all your essentials, plus you can eat at the restaurant in the Queen Vic.

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be offering a variety of treatments.

BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

Deep tissue massage (£20 for 30min)

Great for releasing aches and restoring tired muscles.

Osteopathic Treatment (£20 for 30 mins)

Focuses on total body health by treating and strengthening the musculoskeletal framework

Acupuncture (£20 for 30 mins)

Uses fine sterile needles placed in specific points on the body to balance energy.

Kinesiology (£20 for 30 mins)

Gentle muscle testing, good for relieving and preventing muscle strain.

Top to Toe Massage (£40 for 60 mins)

Combining Indian Head, Osteopathic therapy, massage & reflexology

Acupressure Massage (£20 for 30 mins)

Targets deep points of pain and tension in the back, neck & shoulders.

Relaxing Seat Chair Massage (£20 for 30 mins)

Relaxing fully clothed massage to provide relief from tired muscles

Reiki (£20 for 30 mins)

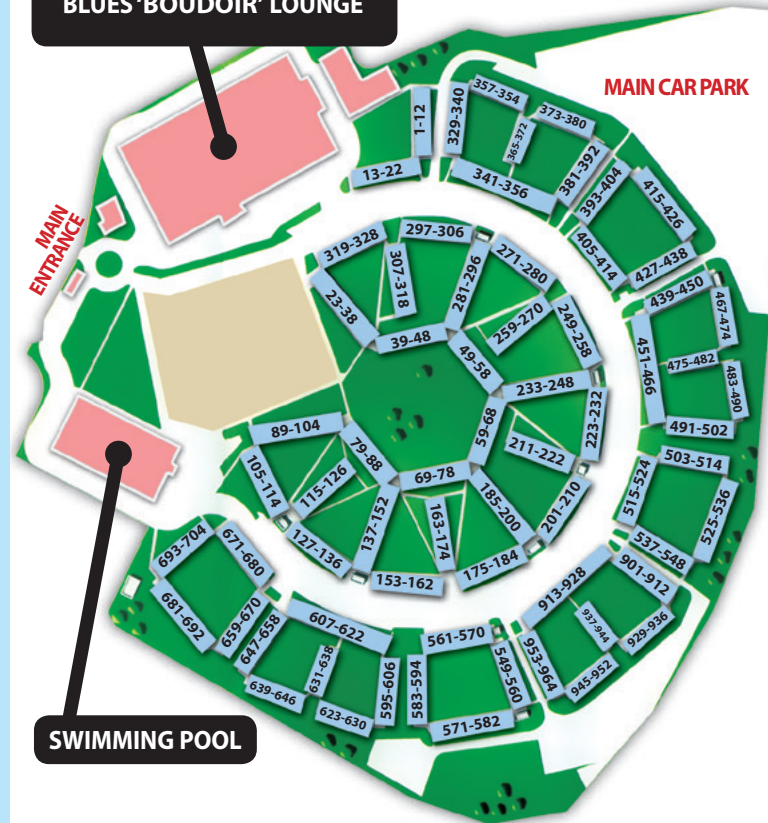
Japanese treatment to balance and enhance energy to boost vitality

Natural Face-Lift Massage (£20 for 30 mins)

Intense tissue lifting treatment for face, neck, head & mind

SOUTHPORT

THUNDERBALL ROOM
LATIN 'CYCLONE' QUARTER
BLUES 'BOUDOIR' LOUNGE



LIST OF ACTIVITIES

DAY TIME DANCING

There will be non-stop dancing in the Boudoir throughout the weekend, Sack the DJ, Swingers Hour, S'Funk, & Chill Out. Whatever's playing the Boudoir & the Sun-deck will be a buzzing hub of daytime freestyle dancing.

LATIN QUARTER / CYCLONE

This dance space is used for classes during the day and a range of specific genre freestyles in the evening. Look out for:

- Latin
- Pure Blues
- Milonga (Argentine Tango Freestyle)
- Silent Disco
- WCS Freestyle

SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing you brought your own CD collection. The decks will be waiting for you in the Blues Lounge at certain times of the day. There is a schedule on the wall in the Boudoir to book your slot. No double slots please.

CABARET

Join us at 10.30pm on Saturday night in the main ballroom for performances and entertainment.

GREAT ESCAPEE COMPETITION

If you want to enter the Great Escape Competition be in the ballroom by 10pm on Saturday in preparation for competition commencement which will take place at some time during the Cabaret.

SWIMMING POOL

The swimming pool will be open Fri, Sat & Sun. Check at reception for times.

SILENT DISCO

On Friday & Saturday night you can find the Silent Disco in the Cyclone. If you've never tried this before, its a blast! Grab a pair of headsets as you go into the room and then choose your channel. There are 3 channels available so that you can always find something you want to dance to..... Just make sure your partner is on the same channel as you! Depending upon the weather, we may host a couple of impromptu Silent Discos just outside the main building - look out for the posters.

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability or approach the teachers directly. Charges £50 per hour payable to the teachers.

MASTERCLASSES

Masterclasses are small classes that are taught in fixed couples. They provide teacher interaction and the opportunity to master the art or technique being taught. You do not have to be an advanced dancer to participate! You do however have to book in advance at £5 per head in a fixed partnership.

- Ladies Styling 1 & 2 - All levels for solo ladies
- In the Spotlight - Musicality, Flair & Wow Moves (Int+)
- Aerials - For Advanced Dancers
- SuperDrops 1 - Impressive Dips & Drops (Int+/ Adv)
- SuperDrops 2 - Impressive Dips & Drops (Adv)
- Spin & Turn Technique - Advanced techniques for couples
- Baby Aerials 1 - Int+ / Advanced Level
- WCS 1 & 2 - Intermediate WCS classes

CEILIDH

Join the Ceroc Scotland team on Saturday afternoon for some Ceilidh Dancing. Suitable for all dancers, come and learn some of their traditional dances and have a bucket load of fun. If you've never been to a Ceilidh before, then you've never lived. The Scots are promising fun, madness, lots of Tartan and a work-out to match no other.

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners. These will be held in the Main Ballroom & Cyclone Dance Zone. These workshops will be progressive and totally rewarding.

Starting at 7pm on Friday and continuing throughout the weekend.

BEACH

In the hot weather, the Southport Beach is glorious and often groups of people will head down for fun and frolics in the sea & sand. Obviously we don't want to send you away from the classes and day time entertainment, but if the weather is as 'Scorching' as we hope its worth a visit!

THE GODS OF THUNDER

The evenings will consist of 3 rooms playing different music from our outstanding line-up of DJ's.

The Main Ballroom playing popular and new uptempo sounds from evening until 4.30am on Saturday and Sunday morning and 3.30am on Monday morning.

The Latin 'Cyclone' Quarter playing set genres including Latin, Milonga, Blues and WCS

The 'Boudoir' Chill Out Lounge, otherwise known as the 'Pub' will be the non-stop music hot-spot. Playing traditional Escape Chill Out tunes whilst the Milonga sets are taking place in the Cyclone to suit the Blues and WCS enthusiasts and switching to Pure and Eclectic Blues whilst WCS is being played in the Cyclone.

Our Gods of Thunder this weekend are:

Marc Forster, David Rokov, Garry Turner, Chris Uren, Hayley Nicholls, Rachel Pears, Sheena 'Tiggerbabe' Assiph, Dale 'Smood' St Rose, Paul Foster, Caroline Houlton, Jonny Gammon, Kevin Sambridge, Miranda Hewitt-Williams, James Ross, Mark O'Reilly, John Baker, Vince Silva, Craig Addison, Kieran Moore, Gerry Burke & Clive Gidney

THANKS

Our weekend events would not be the success that they are without our great crew. It's the people behind the scenes from set-up through to take down, who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Head Bull Myles Woodhouse and his many Calfs.

Special Promotion

while stocks last!

All Dresses

£24.99

End of Line Dance Shoes

£14.99



www.standoutdancewear.co.uk



You are HERE! Southport



04-06 JUL 2014 Camber



05 - 07 SEP 2014 Southport



27 SEP - 04 OCT



10 - 12 OCT 2014 Somerset



07 - 09 NOV 2014 Camber



20 - 22 FEB 2015 Norfolk



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TBA 2015 Camber



TBA 2015 London

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visiting Venice, Dubrovnik and Istanbul.
Over 400 already booked.
Further price hike expected soon - so get in quick!



A truly memorable holiday

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WEEKENDER FEEDBACK

The good, the bad and the downright ugly!
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.

CEROC INSTRUCTIONAL DVDS



NEXT SOUTHPORT WEEKENDER

05 - 07 SEP 2014

SPLASH

MORE INFO & BOOKING

WWW.CEROC.COM/ESCAPE

NEXT CAMBER WEEKENDER

07 - 09 NOV 2014

BLISS

Great Escapee Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote!

Qualify for the Great Escapee Category of the 2015 Ceroc Championships. This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekend then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2016.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10pm.

For more info about Champs, please visit www.CerocChamps.com



BREEZE

SOMERSET

10 - 12 OCT 2014

Over 50 hours of freestyle across
3 rooms playing different styles of music.

A stunning location in the West country.

WWW.CEROC.COM/BREEZE

**European Blues
Championships**

The Neo-Blues Competition for 21st Century Blues Dancers

FREESTYLE FILMING ON SATURDAY EVENING
AT THUNDERBALL ROOM FROM THE STAGE

ALL WORKSHOPS* FROM THIS WEEKEND

WORKSHOP DVD AVAILABLE THIS SUNDAY

HOW CAN YOU REMEMBER ALL WORKSHOPS FROM
THIS WEEKEND? WE HAVE THE SOLUTION! **WE'RE
SELLING DVDS TO TAKE HOME WITH YOU ON SUNDAY
FROM 10AM TILL 8PM NEAR INFO DESK. 2 DVD DISCS.
£20 SPECIAL DISCOUNTED PRICE, USUALLY £25
ONLINE AT WWW.CEROC.COM/DVD**

LIMITED AVAILABILITY.
GRAB YOUR COPY BEFORE THEY SELL OUT!

Teachers

BECKI RENDELL (BR)

With a background in Ceroc, Salsa, Merengue, Line Dance & Kizomba, Becki brings you style and innovation in her Ladies Styling Masterclass and introduces you to a little Salsa styling

CAINE & DANNI (C&D)

With names that you would normally associate with pets, this awesome couple will make you sit-up and beg for more. They ooze style with a sleek and slotted dynamic making them a joy to watch. Take a lead from this inspiring couple!

CRAIG ADDISON (CA)

Craig hosts some of London's largest Zumba classes & events and is now the official face of Zumba UK. An unmissable class this weekend, where Craig guarantees he will leave you with a smile as you work up a latin inspired sweat!

DALE ST ROSE (DS)

This guy has won more competitions than Pontins has seagulls! From Ceroc to Blues to Showcases, Dale's the man with the moves! Check out his classes to adopt some of his competition winning style.

DEBBIE ATTWOOD (DA)

The Midlands has become a hot-bed of famous Dees lately, but this Dee does an amazing job and the benefits are all yours - brilliant choreography, heaps of fun, and more cutting edge than any High Speed link.

FRANCK & SHEENA (F&S)

Our North of the border star teachers will unify us all by breaking down technique in an easy and fun way to get you freestyling smarter, smoother and more confidently.

JAMIE STORMER (JS)

Young teacher with spin technique befitting his background in figure skating makes Jamie the ideal person to help you master the art of spinning. He teaches 2 classes this weekend including his Spin Masterclass.

JENNI HARRISON & GARY RISEBOROUGH (J&G)

Star Showcase performers, Jenni & Gary are performing this weekend and given that their showcase is Samba inspired, they will be introducing you to this Latin American Dance this weekend.

KIERAN & CHARLIE (K&C)

The only infectious thing about these two Chicklets from Bernard Matthew's country is their truly ground-breaking style and choreography. This awesome partnership are great teachers and inspiring dancers.

MAJA KOCANOVA (MK)

The Brazilians might not be able to put a stadium together, but they gave us all hot rhythms. Our very own Latin Queen deserves her own World Cup for her inspiring technique, sweeping footwork, dance attitude and sassy Latin style.

MARC & RACHEL (M&R)

Want to learn Argentine Tango this weekend? Marc & Rachel will be teaching 2 Argentine Tango classes this weekend, as well as hosting the Milonga freestyle sessions. You'll also find them both DJ'ing in the Chill Out Zone & teaching some Neo-Blues.

TIM & HEATHER (TST)

Wales - the country where you get a great shag, a delicious hot-pot and a smashing jumper all from the same animal. Cutting a rug on this weekend's Shag-pile are two of Wales's finest. Former winners of the Scottish Champs open.

NICOLA Di FOLCO (ND)

Taking our Beginners on their fast-track journey this weekend is Scotland's Nicola Di Folco. Charming and encouraging, she will be taking 5 classes this weekend.

PHIL WEBB & EMMA PETTITT(P&E)

Phil & Emma are no strangers to the competition circuit. Phil started out as a Ballroom & Latin dancer, he has now settled into the Ceroc dance scene and teaches elegant style coupled with great routines. Emma has led competition winning dance troupes on the Ceroc scene for many years and has now landed in the Ballroom circuit, so this pairing is a perfect match.

STEVE THOMAS (ST)

Recently the historic town of Rochester in Kent has seen a revival of the May-day dance festival with its strong links to the Chimney Sweep tradition. We can all speculate whether Steve's Rochester Dance Junction events have sent people up their chimneys again, but one thing is for certain he will sweep you off your feet with his engaging and charismatic teaching style.

TIM SANT (TS)

This young, highly talented dancer and teacher has a huge following that grows with each City he visits. As Head of Dance for Ceroc, Tim offers the latest techniques, the hot style and innovative choreography. Join the huge club of people who literally LOVE his classes!

TONY & HAYLEY (T&H)

This funky young partnership have many many Ceroc Weekenders under their belt and return to Southport once again. As the adrenalin junkies that they are, Aerials is their thing this weekend. These classes can only be booked as Masterclasses and have restricted numbers, so if you want to do them book up early. They always sell out!

Schedule



THUNDERBALL ROOM (Fun Factory)



LATIN CYCLONE QUARTER (Lunars)



BLUES BOUDOIR LOUNGE (Queen Vic)



CUBE (Foyer)

SCHEDULE KEY

- Workshops are shown in **RED**
- (Beg) These classes are suitable for complete beginners.
- (-Int) Early Intermediate Lesson.
- (Int) Regular Intermediate Lesson.
- (Int+) More difficult Intermediate Lesson.
- (Adv) For advanced dancers who pick up moves easily.
- (All) Suitable for everyone.
- ZUMBA - Dance inspired fitness class - wear suitable attire.
- FITSTEPS - Ballroom & Latin Fitness Class - wear suitable fitness attire
- ***Masterclasses - book in advance at the Weather Centre
- SILENT DISCO - Grab a head set and choose your f/style channel
- Latin Groove - Mid to Uptempo Latin music for Ceroc Freestyle
- Milonga - Argentine Tango Freestyle
- WCS - Freestyle suitable for West Coast Swing Dancing

	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic Pub	The Cube
18:00-19:00	Closed	Closed	15.00 - 19.00 Sack the DJ <i>Open Decks with DJ and Room Host Marc Forster</i>	
19:00-20:15	Ceroc F/Style Caroline Houlton	Starters Orders (Beg) ND <i>Ceroc for Beginners</i>	19.00-20.30 Chill Out Zone Smood <i>Slow, Smooth Freestyle</i>	
20:15-21:15	Sizzling Ice-Breaker (Int) TS <i>Intermediate Ice-Breaker Class</i>	Starters Orders (Beg) ND <i>Ceroc for Beginners to 9pm</i>	20.30-21.30 Chill Out Zone Chris Uren	
21:30-22:30	Dips, Drops & Leans (Int) ST <i>Intro to Dips, Drops & Leans</i>	Ceroc F/Style Mark O Reilly <i>9pm - 10pm</i>	21.30-22.30 Chill Out Zone Kevin Sambridge	
22:30-23:30 23:30-00:30	Ceroc F/Style James Ross Ceroc F/Style Chris Uren	Latin Groove Rachel Pears 10-11 SILENT DISCO 11pm - 1am	22.30-23.30 Chill Out Zone Garry Turner 23.30-00.30 Chill Out Zone Vince Silva	Milonga Marc Forster 11pm - 1am
00:30-01:30 01:30-02:30	Ceroc F/Style Jon Gammon Ceroc F/Style Tiggerbabe	SILENT DISCO Blues David R & Garry T 1-2.30am	00.30-01.30 Chill Out Zone Miranda HW 01.30-02.30 Chill Out Zone John Baker	Milonga Marc Forster
02:30-03:30 03:30-04:30	Ceroc F/Style Hayley Nicholls Ceroc F/Style John Baker	WCS Kevin Sambridge WCS Clive Gidney	02.30-03.30 Chill Out Zone Kieran Moore 03.30-04.30 Chill Out Zone Smood	
04:30-	Closed Closed	Closed Closed	04.30-05.30 Chill Out Zone Marc Forster 05.30-07.00 Chill Out Zone Clive Gidney	

SATURDAY				
	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic Pub	The Cube
09:30-10:30	Starters Orders (Beg) ND <i>Complete Beginners Ceroc class</i>	ZUMBA® (All) CA <i>Latin Dance inspired workout</i>	09.30 - 10.30 Sack the DJ <i>Open Decks</i>	Closed
10:45-11:45	Simply Stylish (-Int) MK <i>Simple Ceroc, Elegant Style</i>	Bachata (All) DS <i>Intro to Bachata</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>	Closed
12:00-13:00	Baby Got Back (Int) TS <i>1 simple technique to explode repertoire</i>	Ceilidh (All) Ceroc Scotland <i>See page 7 of the booklet</i>	12.00 - 13.30 Sack the DJ <i>Open Decks</i>	*** WCS 1 K&C <i>Masterclass book in advance</i>
13:15-14:15	Funk'd Up 1 (Int+) TSH <i>Funky Urban Routine</i>	Spot the Connection (Int) F&S <i>Using connection in spot turn variations</i>	13.30-14.30 Swingers Hour Chris Uren <i>Swing Freestyle</i>	*** In the Spotlight P&E <i>Masterclass book in advance</i>
14:30-15:30	Argentine Tango 1 (All) M&R <i>Intro to Argentine Tango</i>	Simply New (-Int) CA <i>Simple New Moves</i>	14.30-15.30 S'Funk Vince Silva	*** Ladies Styling BR <i>Masterclass book in advance</i>
15:45-16:45	Chill Out 1 (Int) K&C <i>Intro to Chill Out Dancing</i>	Cerocability (Int+) DA <i>Moves for more accomplished dancers</i>	15.30-17.00 Chill Out Zone Garry Turner	*** Baby Aerials T&H <i>Masterclass book in advance</i>
17:00-18:00	Infinity (Adv) TS <i>Advanced Smooth Linking</i>	Nu-Line (All) DS <i>Learn 2 Line Dances</i>	17.00-18.00 Chill Out Zone David Rokov	*** Superdrops 1 ST <i>Masterclass book in advance</i>
18:15-19:15	Cha Cha Ceroc (Int+) P&E <i>Ceroc with Cha Cha Patterns</i>	Dynamic Tempo (Int+) MK <i>Change the Speed, Change the Look</i>	18.00 -19.00 Chill Out Zone Kieran Moor	Private Lessons
19:30-20:30	Room Closed	Starters Orders (Beg) ND <i>Beginners Ceroc</i>	19.00 - 21.00 Sack the DJ	Private Lessons
SATURDAY NIGHT				
20:30-21:30	Ceroc F/Style Chris Uren	Closed	21.00-22.30 Chill Out Zone Miranda HW	Private Lessons
21:30-22:30	Ceroc F/Style James Ross	Argentine Tango 2 M&R 9-10pm		
22:30-23.30	Cabarets, Competition (JG DJ)	Milonga Marc Forster	22.30-23.30 Chill Out Zone Paul Foster	
23:30-00.30	Ceroc F/Style Jon Gammon	Milonga Marc Forster	23.30-00.30 Chill Out Zone Tiggerbabe	
00:30-01:30	Ceroc F/Style Garry Turner	SILENT DISCO	00.30-01.30 Chill Out Zone Smood	
01:30-02:30	Ceroc F/Style John Baker	SILENT DISCO	01.30-02.30 Chill Out Zone David Rokov	
02:30-03:30	Ceroc F/Style Caroline Houlton	WCS Kieran Moore	02.30-03.30 Blues Lounge Rachel Pears	
03:30-04:30	Ceroc F/Style Hayley Nicholls	WCS Kevin Sambridge	03.30-04.30 Blues Lounge John Baker	
04:30-05:30	Closed	Closed	04.30-05.30 Chill Out Zone Vince Silva	
05:30-07:00	Closed	Closed	05.30-07.00 Chill Out Zone Garry Turner	
07:00-	Closed		07.00 - Close Sack the DJ	

SUNDAY				
	Thunderball Room	Cyclone Latin Quarter	The Boudoir	the CUBE
09:30-10:30	Off the Blocks (Beg) ND <i>Beginners Ceroc</i>	FitSteps (All) Emma Pettitt <i>Ballroom & Latin Fitness Class</i>	09.30 - 10.30 Sack the DJ <i>Open Decks</i>	Private Lessons
10:45-11:45	Simply Slotted (-Int) C&D <i>Intro to smooth, slotted dancing</i>	Sabotage (Int+) T&H <i>Ladies Hijacks</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>	Private Lessons
12:00-13:00	Chill Out 2 (Int+) K&C <i>More advanced chill out routine</i>	Role Reversal (Int) JS <i>Switch Lead & Follow Roles</i>	12.00 - 13.30 Sack the DJ <i>Open Decks</i>	*** Ladies Styling 2 BR <i>Masterclass book in advance</i>
13:15-14:15	Neo-Blues (Int) M&R <i>Intro to Modern Ceroc Blues</i>	Control & Momentum (Int+) CA <i>Add light & shade to your dancing</i>	13.30-14.30 Swingers Hour Mike Ellard	*** SuperDrops 2 ST <i>Masterclass book in advance</i>
14:30-15:30	Mambo Magic (Int) DA <i>Various Mambo patterns & moves</i>	Funk'd Up 2 (Adv) TSH <i>Funky Urban Routine</i>	14.30-15.45 Chill Out Zone John Baker	*** WCS 2 K&C <i>Masterclass book in advance</i>
15:45-16:45	Dynamo (Adv) C&D <i>Advanced Routine</i>	Samba (All) J&G <i>Intro to Sexy Samba</i>	15.45-17.00 Chill Out Zone Garry Turner	*** Spin & Turn Technique JS <i>Masterclass book in advance</i>
17:00-18:00	Wham Bam! (Int+) ST <i>Dynamic Routine with Dips & Drops</i>	Salceroc (Int+) BR <i>Ceroc Routine with Salsa Style</i>	17.00-18.00 Chill Out Zone David Rokov	*** Aerials T&H <i>Masterclass book in advance</i>
18:15-19:15	Work the Floor (Int+) F&S <i>Use the floor in this travelling sequence</i>	ZUMBA® (All) CA <i>Latin Dance inspired workout</i>	18.00-19.00 Chill Out Zone Marc Forster	Closed
19:30-20:30	Room Closed until 8pm	Closed	19.00 - 20.30 Sack the DJ	Closed
SUNDAY NIGHT				
20:00-21:30	Ceroc F/Style Craig Addison	Closed	20.30-21.30 Chill Out Zone Jon Gammon	Closed
21:30-22:30	Ceroc F/Style James Ross	Latin Groove Rachel Pears	21.30-22.30 Chill Out Zone Tiggerbabe	
22:30-23:30	Ceroc F/Style Mark O'Reilly	Milonga Marc Forster	22.30-23.30 Chill Out Zone Paul Foster	Closed
23:30-00:30	Ceroc F/Style Chris Uren	Milonga Marc Forster	23.30-00.30 Chill Out Zone Kieran Moore	
00:30-01:30	Ceroc F/Style Tiggerbabe	Latin Groove Chris Uren	00.30-01.30 Chill Out Zone John Baker	Closed
01:30-02:30	Ceroc F/Style Smood	WCS F/Style Miranda HW	01.30-02.30 Chill Out Zone Rachel Pears	
02:30-03:30	Ceroc F/Style Jon Gammon	WCS F/Style Gerry Burke	02.30-03.30 Chill Out Zone Vince Silva	Closed
03:30-04:30	Closed	Closed	03.30-04.30 Chill Out Zone Kev Sambridge	
04:30-06:30	Closed	Closed	04.30-06.30 Chill Out Zone Marc Forster	Closed



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Visit the Foyer to find the
'CUBE'

Available for Masterclasses in the
daytime and as a freestyle practice &
quiet zone in the evening

NOTE:

*The Silent Disco can be found in the
Cyclone / Latin Quarter
on Friday & Saturday nights.*

*(Also possible outdoor Silent Discos - see
posters).*



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