

**BLISS**

08 - 10 NOV 2013  
CAMBER



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***PASSPORT TO DANCE***

***[www.ceroc.com/escape](http://www.ceroc.com/escape)***

OVER 15 DIFFERENT DANCE STYLES  
TAUGHT MANY VARIED AND  
EXCITING WORKSHOPS OVER 50  
HOURS OF FREESTYLE DIFFERENT  
ROOMS PLAYING DIFFERENT  
STYLES OF MUSIC TEACHERS FROM  
ALL OVER THE UK DJ'S FROM FAR  
& WIDE LARGE GATHERING OF  
CEROC TEACHERS MASSAGE HAIR  
& BEAUTY PILATES SWIMMING  
WORKSHOP DVDS TO TAKE HOME  
SELECTION OF DANCE SHOES  
AND CLOTHING ON SALE ON  
LINE BOOKING WITH IMMEDIATE  
CONFIRMATION GENDER  
CONTROLLED BOOKING SYSTEM



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## WELCOME

Welcome to Camber Sands, home to the biggest dance weekenders.

Our weekenders ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

We try hard to gender balance our events, but the problem we are finding is fewer girls are interested in the classes, so we have men over in many classes, but then the appearance of girls over in the freestyle. We obviously can't force anyone to dance in the day or the evening, but at least you now understand better the dynamic of the weekend.

Ceroc 'Escape' events are all about participation, whether that be the dance, social or performance aspects of the weekend, so there are opportunities for you to learn choreography which you can perform in the team cabaret performance, pub quizzes, Karaoke and of course the competitions.

You will find over 40 classes and workshops detailed in this booklet and with the exception of Masterclasses these classes are free to attend.

Hopefully this guide will give you all the information that you need, but if you have any queries visit the Weather Centre between 10am - 10pm.

We appreciate that the linen and towel change by Pontins is an inconvenience, but we have held our prices for the third year despite annual rent increases in recognition of this change.

We are pleased to say that every apartment has now been decorated along with new flooring.

Finally, the bookings for Blush & Storm are already open.

Have a great weekend!

The Escape Committee

## EXCEEDINGLY USEFUL INFORMATION

### PARKING

Parking is limited at Camber and consequently we sell parking vouchers leading up to the event. If you have not booked on-site parking then you will need to park off-site as we have sold out of spaces. Please note, you may be ticketed by the local authorities if you park illegally with any wheel on the pavement or grass. We cannot be held responsible for any loss or damage to vehicles. We may be able to let cars on-site from Sunday 2pm (check at the gate).

### PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the main foyer of the Centre. The main Pontins reception is also manned and there is security on duty all night.

### CLASS ROTATION

It will be possible to remain with a fixed partner in all classes if you choose. There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist.

### DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind as we will not be held responsible for any injuries that you incur. There will be hours of dancing so remember to stay fresh and wash your hands regularly.

### ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

### ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. Please be aware that keeping the water heater on permanently will use a lot more electricity so you are advised to switch it off when not in use.

### WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Masterclasses, Private Lessons, Argentine Tango Sessions, Massage and buy from a range of Ceroc and Style DVD's.

### LINEN AND TOWELS

Pontins are no longer providing these items. You can buy linen from reception Singles £5 and Doubles £8 to take home with you.

### PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of CEROC and may be used by them at any time.

### WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

### I'M HUNGRY!!!

No problem! There are various places to get food on site including take away pizza, chicken etc at Whistle Stop situated outside the Queen Vic entrance, Hot Meals in Sands Restaurant situated behind the arcade, or for those looking to self cater a Nisa Convenience Store is also on-site.

### CHECKOUT INFORMATION

You need to check out by 10am on Monday 11th November 2013. Please leave your keys at reception or with the security gate upon departure.

### DVD's OF BLISS CLASSES

DVD's of all classes taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20. Go to the Weather Centre on Sunday to pick up your copy.

### WHIRLWIND BAZAAR

Forgotten your Leopard skin dungarees or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear Range are located in the Main foyer. [www.standoutdancewear.co.uk](http://www.standoutdancewear.co.uk)

**StandOut**  
DANCEWEAR  
[www.standoutdancewear.co.uk](http://www.standoutdancewear.co.uk)

## CLOAKROOM

There will be no cloakroom facility due to lack of use at previous events

## COLOURED WRIST BANDS?

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards. When you are wearing the wristbands you can leave and re-enter the site at any time.

These wristbands can only be removed with scissors and therefore cannot fall off by accident. If you lose your security wristband you will have to buy a replacement (£99).

## CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners. These will be held in the Main Ballroom & the Tempest Studio which is located in the far left corner of the main ballroom. These workshops will be progressive and totally rewarding.

Starting at 7.30pm on Friday and continuing throughout the weekend there will be 6 classes in total.

## CEROC FOR NEW INTERMEDIATE DANCERS

Based on feedback from past events we also schedule classes for very early intermediate dancers so that we appeal to everyone. There are 6 of these over the course of the weekend, but also plenty of beginner sessions in other styles that will help your partner dancing in general. Look out for sessions that say (All) or (-Int)

## WHERE AND WHEN?

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

## TERMS AND CONDITIONS

All Terms and Conditions apply and can be found on our website.

# CAMBER



# LIST OF ACTIVITIES

## MASTERCLASSES

With a maximum capacity of 34 people in fixed couples (excluding Ladies Styling which is for solo ladies) these sessions are for those people wanting to master the art of the dances and styles billed. These are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable (as a couple) at the Weather Centre at a charge of £5 per head. They can be identified in the schedule at the back of this book with a double asterix

- **Ladies Styling 1 & 2 (All) with Becki Rendell** - solo ladies only, this masterclass will teach you about posture, movement, arms etc. to make you a more elegant and stylish mover.
- **Cream (Adv) with Tim Sant** - Advanced Ceroc class with plenty of tricky and fast thinking moves. This masterclass will help you develop advanced techniques and teach you a great routine.
- **WCS X 2 sessions with Kieran & Charlie** - For experienced WCS dancers, there are 2 WCS masterclasses available this weekend. Visit the weather centre to get more information.
- **Breakin' AKA Breakdance (All) with Tim Stevens** - This is an introduction to Breakdance that anyone can participate in. When you watch Tim dance Ceroc you'll see enviable funky style and this comes from his Urban Street background.
- **Super Drops (Adv) with Lisa Richardson** - Learn powerful drops that make you go wow in a safe small group environment.
- **Baby Aerials (Adv) with Lisa Richardson** - Get your partner airborne! Small lifts keeping the ladies feet below mans waist level. Remember you cannot do aerials of any description on the freestyle dance-floor.

## PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book, or approach the teachers directly. Charges £50 per hour payable to the teachers directly.

## MILONGA & ARGENTINE TANGO CLASSES

For Tango lovers, there will be Milongas on Friday, Saturday & Sunday in the Tempest Studio. There will be 2 Argentine Tango classes before the Milonga Sessions on Friday & Sunday in the Tempest Studio. These are bookable at the Weather Centre. There is no charge for these classes, however you must book due to space in the room.

## DAY TIME DANCING

Aside from dancing in the Boudoir (including Swingers Hour & Funk'd Up) outside of the scheduled entertainment you will find freestyle dance sessions in Cyclone on Saturday & Sunday afternoon and in the Cube 5pm - 7pm on Saturday

## SACK THE DJ

Stand up for what you believe in - your chance to have a go providing that you brought your own CDs. The decks will be waiting for you in the Boudoir.

## WCS SACK THE DJ & FREESTYLE

New to this event, we are pleased to introduce specific WCS freestyle in the Boudoir on Friday & Saturday night. WCS DJs are invited to book themselves an hour slot during the allotted time.

## GREAT ESCAPEE COMPETITION

If you want to enter the Great Escapee Competition and win your place in the Ceroc Champs Final 2013 then be in the ballroom by 10.30pm. The competition will take place at some time around the Cabarets.

## LUNCHTIME QUIZ & KARAOKE

Test your wits against your friends and have great fun with Quiz Masters Stevie T and Gordon. Teams of 6 or less Saturday and Sunday. Karaoke will be on Saturday night from 6.30pm-7.30pm.

## SILENT DISCO

If you've never tried Silent Disco before, this is a must. We supply the headsets, you choose the channel from 3 playlists. Change channel as often as you like. It's a sight to behold and not to be missed. Friday and Saturday night only from midnight to 2am in the Cube.

## PERFORMANCE CLASSES

Karen Brooks & Joe Toko will be taking these sessions that will culminate in a Performance on Saturday night. Participate in the performance by doing the 3 Performance Classes on Saturday from midday with Karen & Joe in the Tempest Studio. Wear Street / Casual Clothes for the performance. (Jeans, Tracksuits etc)

## ZUMBA®, YOGA & POOL

There will be ZUMBA & Yoga classes this weekend. Please wear appropriate clothing and footwear (TRAINERS & FITNESS WEAR). For Yoga please bring a mat / towel to the session. Check at reception re pool opening times.



# CEROC 'Wellbeing'

Throughout the weekend a team of professionally qualified complimentary practitioners will be on hand offering a variety of treatments.

## BOOKING INFO

All Treatments need to be booked in advanced at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

### **Deep Tissue Massage (£20 for 30min)**

Great for releasing aches and restoring tired muscles.

### **Reflexology (£20 for 30min)**

Stimulation of pressure points in the feet to correspond to body organs. Results can include break-up of stress and release of toxins.

### **Osteopathic Treatment (£20 for 30min)**

Focuses on total body health by treating and strengthening the musculoskeletal framework.

### **Acupressure Massage (£20 for 30 mins)**

Targets the deep points of pain and tension in your back, neck and shoulders to gently ease the stress, strains and tension we all carry.

### **Acupuncture (£20 for 30 mins)**

Fine sterile needles placed in specific points on the body to balance energy.

### **Reiki (£20 for 30 mins)**

Japanese technique for stress reduction, relaxation and the promotion of healing.

### **Kinesiology (£20 for 30 mins)**

Gentle muscle testing, good for relieving and preventing muscle strain.

### **Top to Toe Massage (£40 for 60 mins)**

Combining Indian Head, Osteopathic therapy, massage and reflexology.

### **Relaxing Seated Chair Massage (£20 for 30 mins)**

Fully clothed massage to provide relief from tired and aching muscles to make you feel deeply relaxed and totally energised ready for the long night ahead.

### **Natural Face-Lift Massage (£20 for 30 mins)**

This is an intense tissue lifting treatment for the face, neck, head and mind. The treatment will leave your skin feeling toned, yet supple and reduce the appearance of wrinkles, scars and blemishes leaving you feeling relaxed, confident and beaming with vitality.

## THE GODS OF THUNDER

Over the last 22 Escape weekenders we have put together an outstanding team of DJ's and continually add new upcoming talent to the mix to ensure that the music is always an inspiration. With DJ's from across the UK, we're hoping that this mix will provide the diversity of music that we think an event like this needs.

In the evenings there will be 3 rooms of Freestyle - Thunder Ballroom for Ceroc Classics; Cyclone for Chill-Out Music and Tango tunes in the Milongas taking place in Tempest Studio. See who's billed for each set in our schedule at the back of this booklet!

Our Gods of Thunder this weekend are:

*Marc Forster, David Rokov, Garry Turner, Paul Brooks, Hayley Nicholls, Chris Baker, Rachel Pears, Dale 'Smood' St Rose, Richard Oliver, Kieran Moore, Warren Richardson 'Dance Inspired', Jonny Gammon, James Ross, Miranda Hewitt-Williams, Mike Griffin, Craig Addison & Erick Wilson*

## THANKS

Our weekend events would not be the success that they are without the assistance of our crew. It's the people behind the scenes from set-up through to take down, who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Marc Forster, Chris Baker, Alan Finch, Stu Bassie and Myles Woodhouse.

# Your ESCAPE plan



You are HERE! Camber



21 - 23 FEB 2014 Norfolk



28 FEB - 02 MAR 2014 Southport



14-16 MAR 2014 Camber



TBA 2014 London



06-08 JUN 2014 Southport



04-06 JUL 2014 Camber



TBA 2014



26-28 SEP 2014 Southport



10 - 12 OCT 2014 Somerset

# Ceroc Dance Holidays

## MedFest

Calpe, Spain

14th September 2014



Over 500 dancers last year  
... a truly awesome holiday

0207 099 4816

[theteam@clubdanceholidays.co.uk](mailto:theteam@clubdanceholidays.co.uk)

[www.ceroc.com/escape](http://www.ceroc.com/escape)



# All New Instructional DVDs

BEGINNERS

CLASSICS

intermediate

Here  
Come  
the Girls  
(Ladies Styling)

NEW  
MOVES  
VOL2



## Cruise with CEROC in 2014

Following an awesome maiden Ceroc Cruise with over 400 dancers in September, we will be announcing soon our plans for next year.

Keep an eye on our web-site for more details:

[www.cerocruise.com](http://www.cerocruise.com)





# WEEKENDER FEEDBACK

The good, the bad and the downright ugly!  
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

# ...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.

[www.ceroc.com/escape](http://www.ceroc.com/escape)

**BLUSH**

**SOUTHPORT**

**28 FEB - 02 MAR 2014**

Next Southport weekender.  
Remember you need to book early for  
Southport especially if you are a girl.  
The earlier you book, the cheaper the price.  
Bookings now open.



**Stand Out**

[standoutdancewear.co.uk](http://standoutdancewear.co.uk)



**£25**

**OR**

**2 for £45**



**Enjoy 50% off this weekend on selected lines of  
dance shoes and clothing, pop into our shop as  
soon as you can, while stocks last!!!**

# Great Escapee Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote!

Qualify for the Great Escapee Category of the 2014 Ceroc Championships. This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekend then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2015.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10.30pm.

For more info about Champs, please visit **[www.CerocChamps.com](http://www.CerocChamps.com)**



[www.cerocchamps.com](http://www.cerocchamps.com)

  
**CEROC** **ceroc**  
**champs**





# WORKSHOP DVD AVAILABLE THIS SUNDAY

**All workshops\* from this weekend**

**How can you remember all workshops from this weekend? We have the solution!**

**We're selling DVDs to take home with you on Sunday.**

**Yes, this Sunday! From 10am near Info Desk.**

**2 DVD discs. £20 special discounted price, usually £25.**

**If you missed or all soldout, please order at**

**[www.ceroc.com/dvd\\_escape](http://www.ceroc.com/dvd_escape)**

**LIMITED  
AVAILABILITY  
GRAB  
YOUR COPY  
BEFORE  
THEY  
SELL OUT**

**Freestyle**

Be filmed at  
Thunderball Room  
on Saturday!  
Near the stage  
after/before  
Cabaret Hour

## Teachers

### BECKI RENDELL (BR)

With a background in Ceroc, Salsa, Merengue, Line Dance and Kizomba, Becki brings you style and innovation this weekend. Her Ladies Styling Masterclasses are broken down into different areas of style focus and you can find out what she's teaching at the Weather Centre.

### BRETT STEWART (BS)

Someone recently said that if Disney drew a Ceroc Prince it would be Brett, so the Dorset members are lucky ladies! This weekend he will be teaching you some of the best new moves added to the Ceroc Syllabus in 2013 as well as a few of his favourite blocks and stops.

### CAINE & DANNI (C&D)

South Coast teacher Caine may be a youngster, but already has proven his talents at 3 venues. With a smooth, slotted style he and multiple competition winning partner, Danni will show you dynamism and style.

### CRAIG ADDISON (CA)

This London based Ceroc & ZUMBA teacher is hot property in London. His ZUMBA classes are amongst the busiest in the country and you'll find out why when you participate. Watch out for his fast and furious Velocity class this weekend.

### DALE ST ROSE aka Smood (DS)

Dale has won more competitions than Camber has seagulls, including the Ceroc Championships and the Open Blues Champs in 2007, 2009 & 2012. He also took home 1st place in the Blues showcase category at Breeze just a month ago.

### GREG URCH (GU)

Teacher from the South West, Greg has just finished teaching on the Ceroc Cruise & Breeze. What an Escape debut! This weekend he will inspire our newer intermediate dancers with some easy footwork to fill in the gaps and add some interesting variations onto beginner and foundation moves.



### **GLEN & JO (G&J)**

Glen Brooks and Jo Easterbrook both teach in the Essex area and Glen is also a Franchise partner. At this event our Beginners and Early Intermediate dancers will get plenty of continuity this weekend being taught a host of progressive classes from this duo.

### **KAREN & JOE (K&J)**

Amazing choreographer and team leader in the award winning Ceroc Nights Cabaret Team, Karen brings her extensive experience to the Performance Team Cabarets. She and partner Joe will also be teaching some new and interesting 'Ducks', so get ready to 'roll & dip'.

### **KIERAN & CHARLIE (K&C)**

From East Anglia, Kieran, and his teaching partner Charlie have been rising stars for some time, and after a number of teaching assignments on the Ceroc Weekenders, they have firmly found their place. Kieran was also the WCS UK European Open Newcomer in 2010.

### **LISA RICHARDSON (LR)**

Teacher from Kent, Lisa choreographed the winning National Ceroc Champs Team Cabaret in 2013 and she's got tricks up her sleeves that wow! So, this time, she is teaching 2 masterclasses suitable for the competition dance-floor; Baby Aerials and SuperDrops

### **LYNDSEY & MATT (L&M)**

Winners of the European Neo-Blues Open Championships 2013, Lyndsey & Matt will be teaching some Blues this weekend. You can also see Lyndsey teaching with Mark Kerr.

### **MARC FORSTER & RACHEL PEARS (M&R)**

This adorable couple with a huge fan base are proficient in Argentine Tango and Ceroc. They are also awesome DJs! This weekend you will find them splitting their time between the Milongas and the Chill Out room and teaching a suite of stylish classes.

### **LISA POWELL (LP) - YOGA**

### **MARK KERR & LYNDSEY (M&L & MK)**

Mixing it up, Mark Kerr, the other half and other teaching partner with Lyndsey will also be teaching Hot New Moves with Ellen this weekend. Of course it wouldn't be the same if Mark & Lyndsey didn't teach a class together so roll up for some Double Trouble with them both.

### **STEVE & ALISON (S&A)**

From Kent, the organiser and host of the ever popular Rochester Dance Junction events, Steve has been teaching Ceroc for over 10 years. His engaging and charismatic teaching style makes him and his partner Alison a popular choice. They were also key team members in the Winning Team Cabaret Performance at the UK Ceroc champs this year.

### **TIM SANT (TS)**

This young, highly talented dancer and teacher has a huge following that grows with each city he visits. As Head of Dance for Ceroc, Tim offers the latest techniques, the hottest style and innovative choreography. Join the huge club of people who literally LOVE his classes!

### **TIM STEVENS & HEATHER LAWSON (TSH)**

Tim is Street Dancer with enormous energy and an even bigger smile. Tim & Heather won the Open category at the Scottish Champs in 2012. You can also find out where Tim's funky style comes from if you join his Breakdance Masterclass.

### **TONY & HAYLEY (T&H)**

This funky young partnership are Weekender Veterans now with a following of fans. Expect drops and moves that make you go wow! Also look out for Hayley on the Decks rocking the Thunder Ballroom.

### **WARREN RICHARDSON (WR)**

From Brighton based Tango Bootcamps, Warren is one of our weekender Milonga DJ's and is a popular Tango teacher. At this event he will be providing 2 Argentine Tango classes to fast-track people on their way to the Milongas.

# Schedule



THUNDERBALL ROOM (Fun Factory)



CYCLONE DANCE ZONE (Lunars)



CUBE (upstairs before Thunderball Room)



TEMPEST STUDIO > off Thunderball Room



BOUDOIR (Queen Vic)

## \* PERFORMANCE CLASS

Workshop with Karen Brooks & Joe Toko: Follow their 3 Classes on Saturday afternoon and perform with her in the cabaret on Saturday Evening.

## \*\* MASTERCLASSES

These are classes with a maximum capacity of 34 people in fixed couples (except Ladies Styling & Breakdance) and are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head.

## (-Int) BASIC INTERMEDIATE CLASSES

For those people trying to bridge the gap between Beginners and Intermediate classes. These sessions will help your technique to improve your lead and follow and enhance your repertoire.

**YOGA & ZUMBA®** Wear appropriate footwear and clothing for ZUMBA. Take a Yoga Mat or towel with you to YOGA

**ARGENTINE TANGO CLASSES** Due to room size, please reserve your space on the Argentine Tango Classes at the Weather Centre. No charge.

	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
18:00-19:00	Ceroc F/Style <b>James Ross</b> <i>Ceroc Classic Tunes</i>	Closed	Closed	Closed	DJ - Mark Kerr 5-6pm DJ - Smood 6-7pm
19:00-20:30	Ceroc F/Style <b>James Ross</b> <i>Ceroc Classic Tunes</i>	Closed	<b>Starters Orders G&amp;J</b> <i>Ceroc for Beginners from 7pm</i>	Closed	<b>Sack The DJ!</b> <i>Open Decks</i>
20:30-21:30	<b>Bliss Breaker (Int) TS</b> <i>Intermediate Ice-Breaker Class</i>	Closed	<b>Starters Orders G&amp;J</b> <i>Ceroc for Beginners until 9pm</i>	Closed	<b>Sack The DJ!</b> <i>Open Decks</i>
21:30-22:30	Ceroc F/Style <b>Jon Gammon</b>	Closed Chill Out <b>Richard Oliver 10pm</b>	<b>Argentine Tango (All) WR</b> <i>Pre-Milonga Intro</i>	Closed	<b>Sack The DJ!</b> <i>Open Decks</i>
22:30-23:30 23:30-00:30	Ceroc F/Style <b>Chris Baker</b> Ceroc F/Style <b>Garry Turner</b>	Chill Out <b>Richard Oliver</b> Chill Out <b>Jon Gammon</b>	<b>Milonga Dance Inspired</b> <b>Milonga Dance Inspired</b>	Closed	<b>Sack The DJ!</b> <b>WCS Sack the DJ</b>
00:30-01:30 01:30-02:30	Ceroc F/Style <b>Hayley Nicholls</b> Ceroc F/Style <b>Paul Brooks</b>	Pure Blues <b>Rachel Pears</b> Chill Out <b>David Rokov</b>	Closed	<b>Silent Disco</b> <b>midnight to 2am</b>	<b>WCS Sack the DJ</b> <b>WCS Sack the DJ</b>
02:30-03:30 03:30-04:30	Ceroc F/Style <b>Erick Wilson</b> Closed	Chill Out <b>Kieran Moore</b> Chill Out <b>Garry Turner</b>	Closed	Closed	
04:30-05:30	Closed	Chill Out <b>Smood</b>	Closed	Closed	

## SATURDAY

	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
09:30-10:30	<b>Starters Orders (Beg) G&amp;J</b> <i>Beginners Ceroc</i>	Closed	<b>Yoga (All) LP</b> <i>Bring a Mat</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	Closed
10:45-11:45	<b>Dip &amp; Drop Technique (Int) S&amp;A</b> <i>Introducing Int Dancers to Drops</i>	<b>ZUMBA® (All) CA</b> <i>latin dance work out</i>	<b>Foundation Variation (-Int) GU</b> <i>Beginner Move Variations</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>Sack The DJ!</b> <i>Open Decks</i>
12:00-13:00	<b>Sweet Slot (Int+) TS</b> <i>Keep your dancing on 'track'</i>	<b>Dynamic Style (Int) C&amp;D</b> <i>Sharp &amp; Stylish Routine</i>	<b>*Performance Class K&amp;J</b> <i>Choreography to perform</i>	<b>**Ladies Styling 1 BR</b> <i>Masterclass (Pre-Book )</i>	<b>Sack The DJ!</b> <i>Open Decks</i>
13:15-14:15	<b>Blues (All) L&amp;M</b> <i>Introduction to Blues</i>	<b>F Words (Int) T&amp;H</b> <i>Fun, Flashy &amp; Freestylable</i>	<b>*Performance Class K&amp;J</b> <i>Choreography to perform</i>	<b>**WCS Intermediate K&amp;C</b> <i>Masterclass (Pre-Book )</i>	<b>Lunchtime Quiz</b> <i>1pm - 2.30pm</i>
14:30-15:30	<b>Salceroc (Int) BR</b> <i>Ceroc with Salsa Style</i>	<b>Ceroc F/Style David Rokov</b> <i>2.15- 3.45pm Ceroc Freestyle</i>	<b>*Performance Class K&amp;J</b> <i>Choreography to perform</i>	<b>**Cream TS</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
15:45-16:45	<b>Chill Out 1 (Int) K&amp;C</b> <i>Introducing Chill Out Dancing</i>	<b>Chill Out F/Style Smood</b> <i>3.45 - 5pm Freestyle</i>	<b>Classic Moves 1 (-Int) G&amp;J</b> <i>1st set of Classic Moves</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>Sack the DJ</b> <i>Open Decks</i>
17:00-18:00	<b>New Moves of 2013 (Int) BS</b> <i>Some of the best new Ceroc moves</i>	<b>Funk'd Up 1 (Int+) TSH</b> <i>Ceroc with a Funky Edge</i>	<b>Classic Moves 2 (-Int) G&amp;J</b> <i>2nd Set of Classic Moves</i>	<b>Ceroc F/Style James Ross</b>	<b>Sack the DJ</b> <i>Open Decks</i>
18:15-19:15	<b>Nu-Line 1 (All) DS</b> <i>improve footwork &amp; have fun!</i>	<b>Ceroc to Tango (Int) M&amp;R</b> <i>Ceroc with Tango Patterns</i>	<b>Yoga (All) LP</b> <i>Bring a Mat</i>	<b>Ceroc F/Style James Ross</b>	<b>Karaoke</b> <i>6pm - 7.30pm</i>
19:30-20:00	Closed	<b>Starters Orders (Beg) G&amp;J</b> <i>Beginners Ceroc 7.30-8.30</i>	Closed	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	Closed

## SATURDAY NIGHT

20:00-21:00	<b>Ceroc F/Style Craig Addison</b>	Closed	Closed	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	Closed
21:00-22:00	<b>Ceroc F/Style Mike Griffin</b>				Closed
22:00-23:00	<b>Ceroc F/Style Erick Wilson</b>	<b>Chill Out Miranda H-W</b>	Closed	Closed	Closed
23:00-00:00	<b>Cabarets &amp; Competition (CB)</b>	<b>Chill Out Miranda H-W</b>			Closed
00:00-01:00	<b>Ceroc F/Style Garry Turner</b>	<b>Chill Out Richard Oliver</b>	<b>Milonga Marc Forster</b>	<b>Silent Disco</b>	<b>WCS Sack the DJ</b>
01:00-02:00	<b>Ceroc F/Style Paul Brooks</b>	<b>Pure Blues David Rokov</b>	<b>Milonga Dance Inspired</b>	<b>midnight to 2am</b>	<b>WCS Sack the DJ</b>
02:00-03:00	<b>Ceroc F/Style Hayley Nicholls</b>	<b>Chill Out Marc Forster</b>	<b>Milonga Dance Inspired</b>		<b>WCS Sack the DJ</b>
03:00-04:00	<b>Ceroc F/Style Smood</b>	<b>Chill Out Rachel Pears</b>			
04:00-05:00	Closed	<b>Chill Out Mike Griffin</b>		Closed	
05:00-06:00	Closed	<b>Chill Out Garry Turner</b>			

## SUNDAY

	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
09:30-10:30	<b>Off the Blocks (Beg+) G&amp;J</b> <i>Beginners Plus Ceroc</i>	Closed	<b>Yoga (All) LP</b> <i>Bring a Mat</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	Closed
10:45-11:45	<b>Double Trouble (Int) M&amp;L</b> <i>1 lead &amp; 2 follows</i>	<b>Top Blocks (Int+) BS</b> <i>Blocks and stops</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>Sack the DJ</b> <i>Open Decks</i>
12:00-13:00	<b>Mojo Dojo (Int+) M&amp;R</b> <i>Find your Mojo with new moves &amp; hot tips</i>	<b>Sabotage (Int) T&amp;H</b> <i>Ladies Hi-Jacks</i>	<b>Simply Stylish (-Int) BR</b> <i>Add lovely style to easy moves</i>	<b>**Baby Aerials LR</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
13:15-14:15	<b>Hot New Moves (Int+) MK</b> <i>New moves</i>	<b>Roll &amp; Dip (Adv) K&amp;J</b> <i>Head Duck and Rolling moves</i>	<b>Easy Feet (-Int) GU</b> <i>Buy time using easy foot work</i>	<b>**WCS Intermediate K&amp;C</b> <i>Masterclass (Pre-Book )</i>	<b>Lunchtime Quiz</b> <i>1:00pm - 2:30pm</i>
14:30-15:30	<b>Scrolling (Adv) C&amp;D</b> <i>Work the floor with 8's and pivots</i>	<b>Funk'd Up 2 (Int) TSH</b> <i>Ceroc with Funky Style</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>**Ladies Styling 2 BR</b> <i>Masterclass (Pre-Book )</i>	<b>Swingers Hour (Mike)</b> <i>Swing F/style</i>
15:45-16:45	<b>Chill Out 2 (Int+) K&amp;C</b> <i>Routine for the Chill Out Zone</i>	<b>Ceroc F/Style Erick Wilson</b> <i>3.30pm - 5pm</i>	<b>***Classic Moves 3 (-Int) G&amp;J</b> <i>3rd set of classic moves</i>	<b>**Superdrops LR</b> <i>Masterclass (Pre-Book )</i>	<b>Funk'd Up (Mark Kerr)</b> <i>3.30-5pm</i>
17:00-18:00	<b>Drop Zone (Int+) S&amp;A</b> <i>Dips , Drops &amp; Seducers</i>	<b>S'Funk F/Style David Rokov</b> <i>5pm - 6pm</i>	<b>Off the Blocks (Beg+) CB</b> <i>Beginners Plus Ceroc</i>	<b>**Breakin' TSH</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
18:15-19:15	<b>Nu-Line (2) (All) DS</b> <i>Learn 2 new funky line dances</i>	<b>ZUMBA® (All) CA</b> <i>Latin fitness class</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>Sack the DJ</b> <i>Open Decks</i>
19:30-20:30	Closed		<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>Sack the DJ</b> <i>Open Decks</i>

## SUNDAY NIGHT

20:30-21:30	<b>Ceroc F/Style Craig Addison</b> <i>Popular CEROC Mix</i>	Closed	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>Private Lessons</b> <i>Personal One to One Tuition</i>	<b>Sack the DJ</b> <i>Open Decks</i>
21:30-22:30 22.30-23:30	<b>Ceroc F/Style Paul Brooks</b> <b>Ceroc F/Style Jon Gammon</b>	<b>Chill Out Miranda H-W</b> <b>Chill Out Richard Oliver</b>	<b>Argentine Tango 2 WR</b> <b>Milonga Dance Inspired</b>	Closed	Closed
23:30-00:30 00:30-01:30	<b>Ceroc F/Style Chris Baker</b> <b>Ceroc F/Style Mike Griffin</b>	<b>Chill Out Rachel Pears</b> <b>Pure Blues Garry Turner</b>	<b>Milonga Marc Forster</b> <b>Milonga Marc Forster</b>	Closed Closed	Closed Closed
01:30-02:30 02:30-03:30	<b>Ceroc F/Style Garry Turner</b> <b>Ceroc F/Style Jon Gammon</b>	<b>Chill Out David Rokov</b> <b>Chill Out Miranda H-W</b>	Closed	Closed	Closed
03:30-04:30 04:30-05:30	Closed Closed	<b>Chill Out Kieran Moore</b> <b>Chill Out Marc Forster</b>	Closed	Closed	Closed
	Closed	Closed Closed	Closed	Closed	Closed





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**Friday & Saturday Night**  
(midnight - 2am)

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and join the Silent Disco Party!

**Plus ... Daytime freestyle  
and Masterclasses**

Check the schedule  
for more details.



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