



BLUSH

03 - 05 FEB 2012

SOUTHPORT

PASSPORT TO DANCE

WWW.CEROC.COM/ESCAPE

OVER 15 DIFFERENT DANCE STYLES
TAUGHT MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING DIFFERENT
STYLES OF MUSIC TEACHERS FROM
ALL OVER THE UK & ABROAD
DJ'S FROM FAR & WIDE LARGE
GATHERING OF CEROC TEACHERS
MASSAGE PILATES ZUMBA
SWIMMING WORKSHOP DVDS
TO TAKE HOME SELECTION OF
DANCE SHOES AND CLOTHING
ON SALE ON LINE BOOKING
WITH IMMEDIATE CONFIRMATION
GENDER CONTROLLED BOOKING
SYSTEM



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WELCOME

Welcome to yet another fun packed, foot pounding dance weekend extravaganza at Southport.

Hopefully Jack Frost will be kind to us this weekend, but as his event usually attracts the true hardcore dancers I can't imagine the cold will make any difference.

If this is your first visit to an Escape Weekend event then we hope it lives up to your expectations and opens your eyes to the huge dance scene that we are all a part of.

Our weekender ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

Our team of teachers & DJs come from far and wide so you may see some familiar faces as well as some who can showcase something new and different, displaying their own particular style.

Ceroc 'Escape' events are all about participation, fun, learning and social interaction.

You will find over 40 classes and workshops detailed in this booklet and these sessions are free to attend.

Joining us from the US again is the ever popular Lucky Skillen, the talented Blues & Swing Dancer / Teacher.

Hopefully this guide will give you all the information that you need, but if you have any queries visit the Weather Centre between 10am - 10pm.

As ever if you have any feedback please email ceroc7@ceroc.com or grab a member of crew over the weekend.

Have a great weekend!

The Escape Committee

EXCEEDINGLY USEFUL INFORMATION

PARKING

There is ample parking at Pontins in Southport so there is no need to book a parking space in advance.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the middle foyer near Stand Out Dancewear. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

It will be possible to remain with a fixed partner in all classes if you choose. There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist and ensure that people are not standing out for long.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands frequently.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

CHECKOUT INFORMATION

You need to check out by 10am on Monday 6th February 2012. Please leave your keys at the security gate upon departure.

DVD OF BLUSH WORKSHOPS

DVD of workshops taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20 (£25 after the event, online). Yes, **THIS SUNDAY!** There is no need to reserve, just go to the Weather Centre on Sunday to get your copy before they sell out! We are open till 10pm on Sunday.
You will also be able to buy other DVDs, such as popular Blues DVDs, Hot New Moves DVD, Intermediate DVDs at the Weather Centre throughout the weekend.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Private Lessons & Massage and buy from a range of Ceroc and Style DVD's. You can also drop your feedback form here once completed and torn out from the centre of this booklet.

WHAT'S ON TV?

The PTV channel on your TV will show a live feed from the main Thunderball Room. There are 4 other channels available.

TOWEL SWAPPING

If you have Club accommodation you can swap your towels during your stay. Ask reception for a towel swap.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

I'M HUNGRY!!!

No problem there! Bake'n'bite provides freshly baked crusty baguettes, croissant, sweet pastries and savoury snacks; Nisa convenience store provides all your essentials and a lot more, plus you can eat at the restaurant in the Pub located on site, the fish and chip shop and burger bar in the main foyer.

WHIRLWIND BAZAAR

Forgotten your velvet two piece or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear Range are on hand to sort you out. Located in the middle foyer between the main ballroom and the pub. www.standoutdancewear.co.uk

SWIMMING POOL

The swimming pool will be open from 4pm - 7pm on Friday and 7am - 7pm on Saturday & Sunday.

COLOURED WRIST BANDS?

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards.

When you are wearing the wristbands you can leave and re-enter the site at any time.

These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners.

These will be held in the Main Ballroom & Cyclone Dance Zone. These workshops will be progressive and totally rewarding.

Starting at 7pm on Friday and continuing throughout the weekend there will be 5 X 1 hour long classes in total.

CEROC FOR NEW INTERMEDIATE DANCERS

These classes can be identified with (-Int) in the schedule at the back of this booklet. Alternatively you can try the classes billed as (All) - these are other dance styles taught from beginner level.

CLOAKROOM

There will be no cloakroom facility due to lack of use at previous events.

GRAND DESIGN

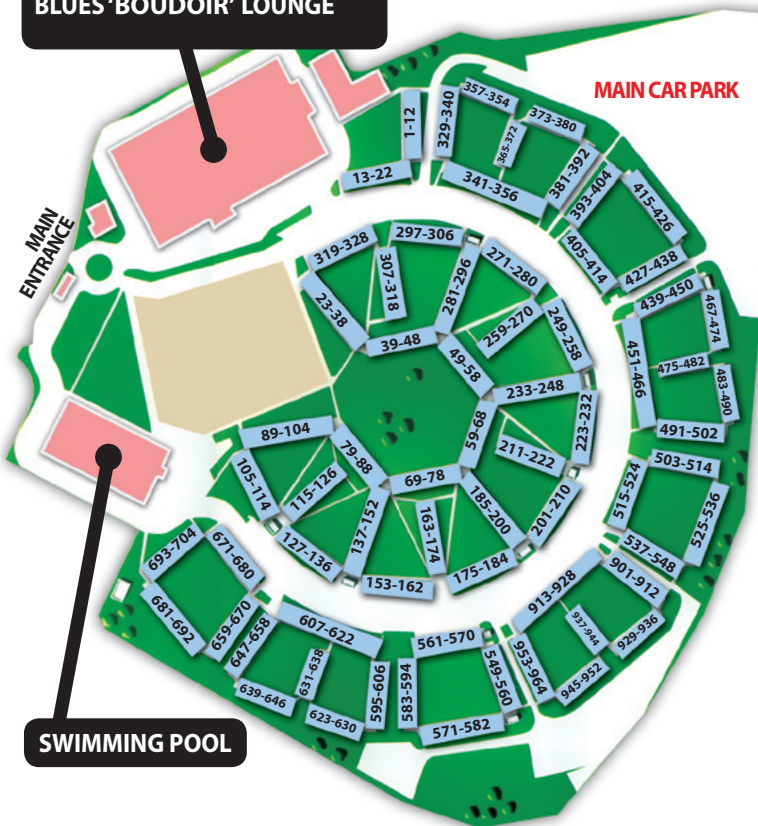
Pontins new owners have already started the process of giving every apartment a make-over. You may be one of the lucky ones this weekend that gets an apartment that has already had the treatment. Eventually every apartment will have had a 'face-lift'.

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

SOUTHPORT

THUNDERBALL ROOM
LATIN 'CYCLONE' QUARTER
BLUES 'BOUDOIR' LOUNGE



LIST OF ACTIVITIES

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book or approach the teachers directly. Charges £50 per hour payable to the teachers directly.

SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing you brought your own CD collection. The decks will be waiting for you in the Blues Lounge at certain times of the day. There is a schedule on the wall in the Boudoir to book your slot.

CABARET

Join us at 10.30pm on Saturday night in the main ballroom to see some of our teachers perform during the Teachers' spotlight performances.

GREAT ESCAPE COMPETITION

If you want to enter the Great Escape Competition be in the ballroom by 10:30pm on Saturday in preparation for competition commencement which will take place at some time during the Cabaret.

DAY TIME DANCING

There will be non-stop dancing in the Boudoir throughout the weekend. You will also find Swingers Hour in the Pub during the afternoon on both Saturday and Sunday afternoon to get your heart racing for the ultimate cardiovascular workout & S'Funk Hour for some Soul Funk Classics on Saturday afternoon.

MILONGA

For the growing following of Tango Dancers, Marc Forster & Warren Richardson AKA Dance Inspired will be hosting Milongas on Saturday and Sunday in the Cyclone Latin Quarter.

PURE BLUES

We regularly have requests for Pure Blues Music. For the Blues lovers here are your key times to look out for: 10.30pm - 1.30am Friday night in the Cyclone, 1.30am - 3.30am Friday night in the Boudoir (Pub), 1.30am - 3.30am Saturday night in the Pub, 5pm-6pm Sunday afternoon, 12.30am - 2.30am Saturday also in the Pub.

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be on hand offering a variety of treatments.

BOOKING INFO

All Treatments need to be booked in advanced at the 'Ceroc Wellbeing' desk located in the main foyer.

Cash Payments only.

Deep tissue massage (£20 for 30min)

Great for releasing aches and restoring tired muscles.

Indian Head Massage (£20 for 30 mins)

Treatment involves massage of the head, neck & facial areas with the intention of manipulating energy flow.

Acupuncture (£20 for 30 mins)

Uses fine sterile needles placed in specific points on the body to balance energy.

Kinesiology (£20 for 30 mins)

Gentle muscle testing, good for relieving and preventing muscle strain.

Reflexology (£40 for 60 mins)

Stimulation of pressure points in the feet to correspond to body organs. Results can include break-up of stress and release of toxins.

THE GODS OF THUNDER

The evenings will consist of 3 rooms playing different music from our outstanding line-up of DJ's from across the UK.

The Main Ballroom playing popular and new uptempo sounds from evening until 4.30am on Saturday and Sunday morning and 3.30am on Monday morning.

The Latin 'Cyclone' Quarter playing set genres including Milonga and WCS

The Blues 'Boudoir' Lounge, otherwise known as the 'Pub' will be the non-stop music hot-spot. Playing traditional Escape Chill Out tunes whilst the Milonga sets are taking place in the Cyclone to suit the Blues and WCS enthusiasts and switching to Pure and Eclectic Blues whilst WCS is being played in the Cyclone.

Our Gods of Thunder this weekend are:

Marc Forster, David 'Rocky' Rokov, Warren 'Dance Inspired' Richardson, Mike Sailsman, Chris Baker, Chris Uren, Hayley Nicholls, Mike Ellard, Rachel Pears, Sheena 'Tiggerbabe' Assiph, Dale 'Smood' St Rose, Rob 'Reverend' Ambridge, Craig Addison, Garry Turner, Vince 'SilverFox' Silva, Ian 'OXOs' Morgan, Kieran Moore, 'Steve J' Joynton, James Parkinson & Richard Oliver

THANKS

Our weekend events would not be the success that they are without the assistance of our crew. It's the people behind the scenes from set-up through to take down, who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Marc Forster, Chris Baker, Alan Finch & Myles Woodhouse.

WORKSHOP DVD AVAILABLE THIS SUNDAY

All workshops* from this weekend

How can you remember all workshops from this weekend? We have the solution!

We're selling DVDs to take home with you on Sunday. Yes, this Sunday! From 10am near Info Desk till 10pm. 2 DVD discs. £20 special discounted price, usually £25.

*Complete Beginners and theory based classes are not included.

LIMITED
AVAILABILITY
**GRAB
YOUR COPY
BEFORE
THEY
SELL OUT**

Freestyle
Be filmed at
Thunderball Room
on Saturday!
Near the stage
for 30 mins after
Cabaret Hour

Your ESCAPE Plan

BLUSH
SOUTHPORT

You are **HERE** Southport

SWISH
NORFOLK

17 - 19 FEB 2012 Norfolk

STORM
CAMBER

09 - 11 MAR 2012 Camber

LONDON **ceroC**
champs

06 MAY 2012 London

SCORCH
SOUTHPORT

15 - 17 JUN 2012 Southport

Viva Las Vegas
CAMBER

25 - 27 MAY 2012 Camber

SPLASH
SOUTHPORT

28 - 30 SEP 2012 Southport

BREEZE
SOMERSET

12 - 14 OCT 2012 Somerset

BLISS
CAMBER

09 - 11 NOV 2012 Camber

Ceroc Dance Holidays MedFest

www.clubdanceholidays.com

Calpe, Spain

16 - 23 September 2012



Weekend Options also available

For booking & further information contact:

Club Dance Holidays

Tel +44 08702 866000 Fax +44 08702 866001

Email: info@www.clubdanceholidays.com

Website: www.clubdanceholidays.com



NEW MOVES VOL 1 DVD

CEROC
Instructional DVD

This instructional DVD will teach you 49 new moves that have been added to the Ceroc teaching syllabus.

Our dance takes its inspiration from the vast spectrum of other dance forms. What's also really exciting about learning to dance with Ceroc is that we don't stand still, and the dance is constantly evolving.

This DVD is easy to follow and it includes a demo and slow teach for all the 49 new moves.

These moves are really only suitable for people that are comfortable with the Intermediate classes. The moves are a mix of easy, medium & hard Intermediate moves.

**AVAILABLE AT WEATHER INFO DESK
OR ONLINE WWW.CEROC.COM**

Getting married?
Having a party?
Need a dance floor?
No event too small
Prices from £150

www.CheapDanceFloors.co.uk

Cheap dance floors UK offer a very stylish, portable and adaptable temporary flooring solution to suit the needs of any type of event. Our dance floors can be used at weddings, birthday parties, discos, dance events, conferences etc. We offer an economical, no fuss dance floor anywhere in London and the rest of the UK.

**danceflooruk@gmail.com
07595595941**

WEEKENDER FEEDBACK

The good, the bad and the downright ugly!
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.

www.ceroc.com/storm

www.ceroc.com/scorch



STORM

CAMBER

SCORCH

SOUTHPORT

09 - 11 MAR 2012

Most popular Camber weekender.
Tickets for Camber events are hotter than
an exclusive night club in the Earth's core
where the air conditioning has failed.
BOOKINGS OPEN NOW!

15 - 17 JUN 2012

Next Southport weekender in June.
Remember you need to book early for
Southport especially if you are a girl.
Remember the earlier you book,
the cheaper the price. Bookings open soon.

Great Escapee Competition

This competition is now a feature at all of our major Weekenders . The winners are determined by the audience, and they will compete in the 'Great Escapee' final at the London Champs (May 2012).

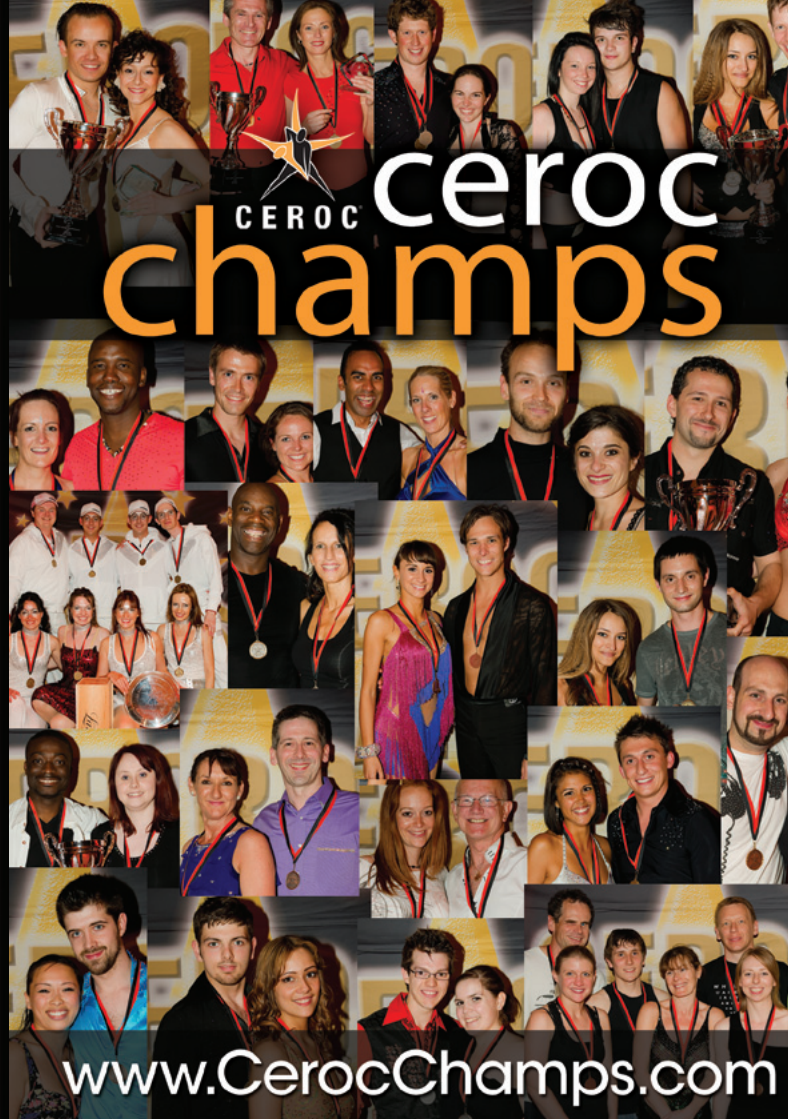
This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekend then you get automatic entry to the National Ceroc Championship.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2013.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret Hour so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10pm.

For more info about Champs, please visit www.CerocChamps.com



www.CerocChamps.com

Gender Balancing

As you know, we made the decision to introduce gender balancing into the weekender market as we believe very strongly that both boys and girls should have the same freestyle opportunities.

Unfortunately, however there is an increasing problem which is jeopardising our best efforts. Essentially, there is an increasing number of girls outwitting our booking process by booking an apartment for say 3 boys and 3 girls yet only the girls are turning up to the event.

At recent events the number of men not turning up has been significant and although we appreciate that there will always be genuine reasons for people dropping out, the numbers involved are increasing and too great to be legitimate in our opinion.

For the time-being we cannot think of a way of preventing this happening, and therefore we are pleading with you to respect the spirit of the gender balancing as it's simply not fair on everyone else.

This event should be gender balanced to within 41 people.

Teachers

CRAIG ADDISON (CA)

Qualified Ceroc and Zumba teacher has more energy than one of those toys on a Duracell advert, and apparently he is also way more cute. Get ready for some lively latin inspired workout routines.

CHRIS BAKER & LEAH PECON (C&L)

Chris Baker, once our youngest ever Ceroc teachers, now runs his own dance empire in the North East. Full of charm, charisma and dance-floor attitude the routines he teaches are stylish and creative and Leah with a Pole Dance background makes drops look easy and weightless - its all about core!

DALE ST ROSE (DS)

Dale has won more competitions than Southport has seagulls, including the Ceroc Championships and the Open Blues Champs in 2007 and 2009. He also took home joint 1st place in the Blues showcase category in 2010 and just won the PRO Am at the last Welsh Champs.

DEBBIE ATTWOOD (DA)

Whoever said Birmingham was all about canals and the Rotunda had clearly never been to one of Debbie's classes. She is more cutting edge than any High Speed link, and has the energy and enthusiasm that would shame any striking factory picket line - a common feature of the Midlands!

FIONA SIDDIQUI (FS)

You may know Fi from Dublin or lurking about in the South of England, and if you do you will already know that she has an elegant style, grace and poise.

FRANCK PAULY & SHEENA ASSIPH (F&S)

Scotland's finest are back this weekend with more dance expertise. Both Franck and Sheena have the ability to break down technique in an easy and fun way to get you dancing smarter. They make even the most basic moves look and feel fantastic.

GEMMA PEARCE (GP)

Full of life, energy and smiles, Gemma is a regular Ceroc & ZUMBA teacher in Oxfordshire. This weekend she introduces you to Cha Cha Steps to be used within the Ceroc dance so get ready to syncopate and take it straight onto the dance-floor that night!

KIERAN MOORE (KM)

This young teacher from the West Midlands is a true dance genius. dream with a repertoire of moves that gel together smoothly. It looks effortless, feels fantastic and makes him oh so popular! Guys try and grab a class, and girls grab him for a dance.

KERRY RUTHERFORD (KR)

Experienced teacher from the North East, Kerry is popular with her local dancers. This weekend she invests her time in our new dancers. So beginners, you can expect to get to know Kerry well this weekend if you join her for all 5 progressive beginners sessions. The first beginners class is at 6pm on Friday night - see you there!

LUCKY SKILLEN (LS)

Back on tour from the USA, Lucky drops into Southport for a weekend visit. Blues and Swing dance expert, Lucky is full of charisma, charm and smiles. Feedback from his classes is always excellent and dancers repeatedly attend his classes to pick up all the tips and tricks that Lucky has to offer. Whatever style of dancer you are there is always something to be learned from Lucky's classes that can be applied to your lead and follow regardless of dance genre.

LYNDSEY CHIVERS & MARK KERR(L&M)

Mark & Lyndsey from South Wales ooze fresh and funky with energetic moves and routines. Breathing new life into the Ceroc dance scene in South Wales they are also the Welsh Champs Organisers. Always creative in their classes the locks and blocks they teach you this weekend will stop your partner in her tracks and add momentum, dynamism and variety to your dancing.

MARC FORSTER & RACHEL PEARS (M&R)

This adorable couple with a huge fan base created their own style known as Cuban Blues, perfect for the Chill Out Zone. This weekend you get a rare chance to learn a new routine in this style. Also look out for their DJ sets as these 2 are masters of the decks!

MAJA KOCANOVA (MK)

Ceroc's latin queen and owner of Ceroc Addiction stretching from Shrewsbury to Manchester! The gracious Maja will be mixing a unique cocktail of hot rhythms, inspiring technique, sweeping footwork, plenty of dance attitude with her own unique and sassy latin style.

TIM SANT (TS)

This young, highly talented dancer and teacher has a huge following in London and anywhere he visits. As Head of Dance for Ceroc and Winner of the 2009 Ceroc Champs Showcase Category, Tim always has lots to offer.

TIM STEVENS (TST)

Now teaching in Wales, but originally from the London and Surrey area, Tim is a Street Dancer by heart who has developed his own funky style in Ceroc and teaches popular classes in Wales. He shows you this weekend how to Funk up some Blues and shows you some of his own original new moves.

TONY EPPS & HAYLEY NICHOLLS (T&H)

This funky young partnership have quite a few Ceroc Weekenders under their belt and return to Southport with the ever popular drops class and Hayley's cheeky and stylish sabotages. You can also dance to Hayley's tunes in the main room.

WARREN RICHARDSON (WR)

Organiser & Teacher of Brighton based Tango Bootcamps, Warren is one of our weekender Milonga DJs. At this event he will be introducing you to Milonga Rhythm and Argentine Tango.

Schedule



THUNDERBALL ROOM (Fun Factory)



LATIN CYCLONE QUARTER (Lunars)



BLUES BOUDOIR LOUNGE (Queen Vic)

SCHEDULE KEY

- Workshops are shown in **RED**
- (Beg) These classes are suitable for complete beginners.
- (Beg+) You should have done at least 6 classes.
- (-Int) Easy Intermediate Lesson.
- (Int) Regular Intermediate Lesson.
- (Int+) More difficult Intermediate Lesson.
- (Adv) For advanced dancers who pick up moves easily.
- (All) Suitable for everyone.
- ZUMBA - Dance inspired fitness class - wear suitable attire.
- Pilates - Take a towel or Mat

	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic Pub
18:00-19:00	Ceroc F/Style James Parkinson <i>Ceroc Classic Tunes</i>		14.00 - 19.00 Sack the DJ <i>Open Decks</i>
19:00-20:15	Ceroc F/Style James Parkinson	Starters Orders (Beg) KR <i>Ceroc for Beginners 7-8pm</i>	19.00-20.30 Chill Out Zone Rocky <i>Slow, Smooth Freestyle</i>
20:15-21:15	Get the Party Started (Int) TS <i>Intermediate Ice-Breaker Class</i>	Starters Orders (Beg) KR <i>Ceroc for Beginners</i>	20.30-21.30 Chill Out Zone Chris Uren
21:30-22:30	Beginning Blues (All) LS <i>Intro to Blues Dancing</i>	Ceroc F/Style Smood <i>Ceroc Classic Tunes 9.15 - 10.30pm</i>	21.30-22.30 Chill Out Zone Garry Turner
22:30-23:30 23:30-00:30	Ceroc F/Style Chris Uren Ceroc F/Style OXOs	Blues Lounge Tiggerbabe Blues Lounge Garry Turner	22.30-23.30 Chill Out Zone Mike Sailsman 23.30-00.30 Chill Out Zone SilverFox
00:30-01:30	Ceroc F/Style Tiggerbabe	Blues Lounge Rocky	00.30-01.30 Chill Out Zone Reverend 01.30-02.30 Blues Lounge Steve J
01:30-02:30	Ceroc F/Style Craig Addison	WCS F/Style Garry Turner	02.30-03.30 Blues Lounge OXO's 03.30-04.30 Chill Out Zone Richard Oliver
02:30-03:30 03:30-04:30	Ceroc F/Style Smood Ceroc F/Style Hayley Nicholls	WCS F/Style Kieran Moore	04.30-05.30 Chill Out Zone Mike Sailsman 05.30-07.00 Chill Out Zone Tiggerbabe

SATURDAY

	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic Pub
09:30-10:30	Starters Orders (Beg) KR <i>Complete Beginners Ceroc class</i>	ZUMBA® (All) CA <i>Latin Dance inspired workout</i>	09.30 - 10.30 Sack the DJ <i>Open Decks</i>
10:45-11:45	Latin Styling (Int) MK <i>Style up your Ceroc with some Latin</i>	Smooth Links (Int+) DS <i>Develop Fluidity with this routine</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>
12:00-13:00	All Wrapped Up (Int+) T&H <i>Wrapping & Basket Variations</i>	Effortless Style (Int) KM <i>Dance Velvety Smooth!</i>	12.00 - 13.00 Sack the DJ <i>Open Decks</i>
13:15-14:15	Ballrooming (All) LS <i>Ballroom footpattern inspired Blues</i>	Leans & Lines (Int) FS <i>Create beautiful lines with leans</i>	13.00-14.30 Swingers Hour Chris Uren <i>Swing Freestyle - for those that like it fast & hard</i>
14:30-15:30	Essentially Tango (Int) M&R <i>Tango for Ceroc</i>	Simply Dips (-Int/Int) TS <i>Learn Dip Technique & Moves</i>	14.30-16.00 Chill Out Zone Garry Turner
15:45-16:45	Ultimate Drop Zone (Adv) C&L <i>Dips & Drops for the adv dancer</i>	Happy Feet (Int) F&S <i>Footwork using connection & frame</i>	16:00-17.00 S'Funk SilverFox <i>Soul & Funk Classics</i>
17:00-18:00	Locks & Blocks (Int+) L&M <i>Stop & Go! Add dynamism & control</i>	Hit that Break (Int) LS <i>Develop musicality and hit the stop</i>	17:00-18.00 Chill Out Zone Tiggerbabe
18:15-19:15	Flashy Moves (Adv) MK <i>Tricky Moves to Impress</i>	Simply Classics 1 (-Int) CA <i>Classic Moves for Newer Dancers</i>	18.00 - 19.00 Sack the DJ
19:30-20:30	Room Closed until 8pm	Starters Orders (Beg) KR <i>Beginners Ceroc</i>	19.00 - 20.30 Sack the DJ

SATURDAY NIGHT

20:00-21:30	Ceroc F/Style Craig Addison 8pm	Milonga Rhythm (All) WR 9.30pm	20.30-21.30 Chill Out Zone Garry Turner
21:30-22:30	Ceroc F/Style Chris Uren	Fast Rhythmic Tango Class 9.30pm	21.30-22.30 Chill Out Zone Reverend
22:30-23:30	Cabarets, Competition	Milonga Dance Inspired	22.30-23.30 Chill Out Zone Reverend
23:30-00:30	Ceroc F/Style James Parkinson	Milonga Marc Forster	23.30-00.30 Chill Out Zone Rocky
00:30-01:30	Ceroc F/Style Tiggerbabe	Milonga Dance Inspired	00.30-01.30 Chill Out Zone Richard Oliver
01:30-02:30	Ceroc F/Style Marc Forster	WCS F/Style Steve J	01.30-02.30 Chill Out Zone Mike Sailsman
02:30-03:30	Ceroc F/Style Rocky	WCS F/Style Tiggerbabe	02.30-03.30 Blues Lounge Rachel Pears
03:30-04:30	Ceroc F/Style Chris Baker	Closed	03.30-04.30 Blues Lounge Marc Forster
04:30-05:30	Closed	Closed	04.30-05.30 Chill Out Zone OXOs
05:30-07:00	Closed	Closed	05.30-07.00 Chill Out Zone SilverFox
07:00-	Closed		07.00 - Close Sack the DJ

SUNDAY

	Thunderball Room	Cyclone Latin Quarter	The Boudoir
09:30-10:30	Off the Blocks (Beg+) KR <i>Beginners Plus Ceroc</i>	Pilates (All) KH Please take a mat / towel	09.30 - 10.30 Sack the DJ <i>Open Decks</i>
10:45-11:45	Cha Cha Ceroc (Int) GP <i>Cha Cha Patterns in Ceroc</i>	Street (All) TST <i>Solo Street Class</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>
12:00-13:00	Moves from the Movies (Int) DA <i>Moves from the Silverscreen</i>	Charlston (Int) LS <i>Partnered Lindy Inspired Dance</i>	12.00 - 13.00 Sack the DJ <i>Open Decks</i>
13:15-14:15	Dynamo (Adv) TS <i>Advanced Ceroc Routine</i>	Pure Tango (All) WR <i>Intro to Argentine Tango</i>	13.00-14.30 Swingers Hour Mike Ellard <i>Swing Freestyle</i>
14:30-15:30	Walk This Way (Int+) F&S <i>Work the floor, play with the tempo</i>	Cuban Blues (Int+) M&R <i>Latin Inspired Blues</i>	14.30-16.00 Chill Out Zone Kieran Moore
15:45-16:45	Slides (Int+) LS <i>Learn to Slide Solo & Partnered</i>	Funk the Blues (Int+) TST <i>Add funky style to your Blues</i>	16:00-17.00 Chill Out Zone Tiggerbabe
17:00-18:00	Rueda (Int) DA <i>Group Salsa Circle</i>	Smooth New Moves (Int+) DS <i>New Moves with Smooth Style</i>	17.00-18.00 Pure Blues Rocky
18:15-19:15	Baby Aerials (Int+) T&H <i>Fixed couples only - lift class</i>	Simply Classic 2 (-Int) GP <i>Moves for the Newer Dancer part 2</i>	18.00 - 19.30 Sack the DJ
19:30-20:30	Room Closed until 8pm	ZUMBA® (All) CA <i>Latin Dance inspired workout</i>	19.30 - 20.30 Sack the DJ

SUNDAY NIGHT

20:00-21:30	Ceroc F/Style Kieran Moore	Closed	20.30-21.30 Blues Lounge Reverend
21:30-22:30	Ceroc F/Style Garry Turner	Milonga Dance Inspired	21.30-22.30 Blues Lounge Mike Sailsman
22:30-23:30	Ceroc F/Style Reverend	Milonga Marc Forster	22.30-23.30 Chill Out Zone Smood
23:30-00:30	Ceroc F/Style Craig Addison	Milonga Dance Inspired	23.30-00.30 Chill Out Zone Richard Oliver
00:30-01:30	Ceroc F/Style OXOs	WCS F/Style Smood	00.30-01.30 Chill Out Zone Rachel Pears
01:30-02:30	Ceroc F/Style Chris Baker	WCS F/Style Craig Addison	01.30-02.30 Chill Out Zone Garry Turner
02:30-03:30	Ceroc F/Style Hayley Nicholls	Closed	02.30-03.30 Chill Out Zone Rocky
03:30-04:30	Closed	Closed	03.30-04.30 Chill Out Zone SilverFox
04:30-06:30	Closed	Closed	04.30-06.30 Chill Out Zone Marc Forster

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