

CEROC



DANCE • LAUGHTER • MEMORIES

14 - 16 OCT 2011

SPLASH

INTRODUCING ARGENTINE TANGO SUPERSTARS
ALEXANDRA WOOD & PABLO GARCÍA



PASSPORT TO DANCE

WWW.CEROC.COM/ESCAPE

OVER 15 DIFFERENT DANCE STYLES
TAUGHT MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING DIFFERENT
STYLES OF MUSIC TEACHERS FROM
ALL OVER THE UK & ABROAD
DJ'S FROM FAR & WIDE LARGE
GATHERING OF CEROC TEACHERS
MASSAGE PILATES ZUMBA
SWIMMING WORKSHOP DVDS
TO TAKE HOME SELECTION OF
DANCE SHOES AND CLOTHING
ON SALE ON LINE BOOKING
WITH IMMEDIATE CONFIRMATION
GENDER CONTROLLED BOOKING
SYSTEM



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WELCOME

Welcome to yet another fun packed, foot pounding dance weekend extravaganza at Southport.

If this is your first visit to an Escape Weekend event then we hope it lives up to your expectations and opens your eyes to the huge dance scene that we are all a part of.

Our weekender ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

Our team of teachers & DJs come from far and wide so you may see some familiar faces as well as some who can showcase something new and different, displaying their own particular style.

Ceroc 'Escape' events are all about participation, fun, learning and social interaction.

You will find over 40 classes and workshops detailed in this booklet and these sessions are free to attend.

The October Splash event has traditionally been our Argentine Tango inspired weekend and International Tango Pros Alexandra Wood & Pablo Garcia will be taking you on the Argentine Tango journey this weekend.

Hopefully this guide will give you all the information that you need, but if you have any queries visit the Weather Centre between 10am - 10pm.

As ever if you have any feedback please email ceroc7@ceroc.com or grab a member of crew over the weekend.

Have a great weekend!

The Escape Committee

EXCEEDINGLY USEFUL INFORMATION

PARKING

There is ample parking at Pontins in Southport so there is no need to book a parking space in advance.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the middle foyer near Stand Out Dancewear. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

It will be possible to remain with a fixed partner in all classes if you choose. There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist and ensure that people are not standing out for long.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not premitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands frequently.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

CHECKOUT INFORMATION

You need to check out by 10am on Monday 17th October 2011.
Please leave your keys at the security gate upon departure.

DVD OF SPLASH WORKSHOPS

DVD of workshops taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20 (£25 after the event, online). Yes, **THIS SUNDAY!** There is no need to reserve, just go to the Weather Centre on Sunday to get your copy before they sell out! We are open till 10pm on Sunday.
You will also be able to buy other DVDs, such as popular Blues DVDs, Hot New Moves DVD, Intermediate DVDs at the Weather Centre throughout the weekend.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Private Lessons & Massage and buy from a range of Ceroc and Style DVD's.

WHAT'S ON TV?

The PTV channel on your TV will show a live feed from the main Thunderball Room. There are 4 other channels available.

TOWEL SWAPPING

If you have Club accommodation you can swap your towels during your stay. Ask reception for a towel swap.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

I'M HUNGRY!!!

No problem there! Bake'n'bite provides freshly baked crusty baguettes, croissant, sweet pastries and savoury snacks; Nisa convenience store provides all your essentials and a lot more, plus you can eat at the restaurant in the Pub located on site, the fish and chip shop and burger bar in the main foyer.

WHIRLWIND BAZAAR

Forgotten your velvet two piece or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear Range aren't on hand to sort you out. Located in the middle foyer between the main ballroom and the pub.

StandOut
DANCEWEAR
www.standoutdancewear.co.uk

COLOURED WRIST BANDS?

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards.

When you are wearing the wristbands you can leave and re-enter the site at any time.

These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners.

These will be held in the Main Ballroom & Cyclone Dance Zone. These workshops will be progressive and totally rewarding.

Starting at 6pm on Friday and continuing throughout the weekend there will be 5 X 1 hour long classes in total.

CEROC FOR NEW INTERMEDIATE DANCERS

These classes can be identified with (-Int) in the schedule at the back of this booklet.

CLOAKROOM

There will be no cloakroom facility due to lack of use at previous events.

GRAND DESIGN

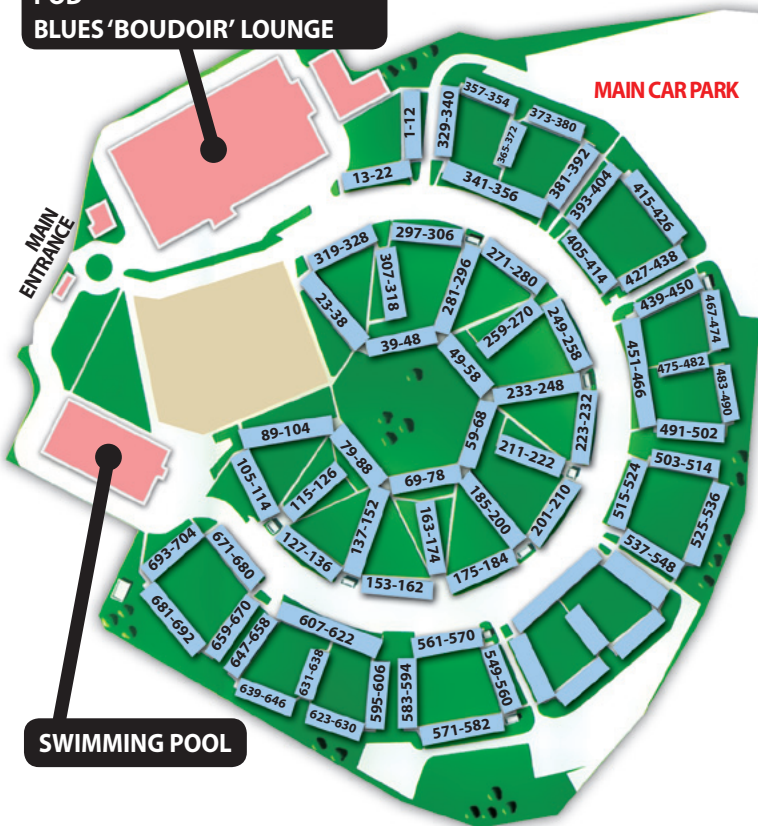
Pontins new owners have already started the process of giving every apartment a make-over. You may be one of the lucky ones this weekend that gets an apartment that has already had the treatment.

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

SOUTHPORT

THUNDERBALL ROOM
LATIN 'CYCLONE' QUARTER
POD
BLUES 'BOUDOIR' LOUNGE



LIST OF ACTIVITIES

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book or approach the teachers directly. Charges £50 per hour payable to the teachers directly.

SWIMMING POOL

The swimming pool will be open from 4pm - 7pm on Friday and 7am - 7pm on Saturday & Sunday.

SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing you brought your own CD collection. The decks will be waiting for you in the Blues Lounge at certain times of the day. There is a schedule on the wall in the Boudoir to book your space. There are also Sack the DJ Sets in the Cyclone on Saturday evening before the Milonga commences. 8.30pm - 11.30pm and you can register your name for those particular sets on the Sack the DJ schedule in the Cyclone.

CABARET

Join us at 10.30pm on Saturday night in the main ballroom to see Dance Pros Alex & Pablo perform Argentine Tango displays. You can also participate in the Great Escape Competition at this time.

ARGENTINE TANGO CLASSES

There will be 5 Tango Classes during the weekend being led by International Tango Pros Alexandra Wood & Pablo Garcia. Alex has spent much of this year touring with Vincent and Flavia's sellout 'Midnight Tango' show. She has also recently worked on a Tango Othello project with the Royal Shakespeare Company. Pablo Garcia is truly an international tango superstar. Hailing from Buenos Aires, Pablo is one of the most in demand teachers and performers across the world. He is protege of two of the world's most famous tango legends. He had the honour of spending many years studying and working closely with the late Osvaldo Zotto, who took him under his wing and helped develop his flowing, graceful style.

The classes are for different standards of Argentine Tango dancer from complete beginner to the more intermediate dancer.

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be on hand offering a variety of treatments.

BOOKING INFO

All Treatments need to be booked in advanced at the 'Ceroc Wellbeing' desk located in the main foyer.

Cash Payments only.

Deep tissue massage (£20 for 30min)

Great for releasing aches and restoring tired muscles.

Indian Head Massage (£20 for 30 mins)

Treatment involves massage of the head, neck & facial areas with the intention of manipulating energy flow.

Acupuncture (£20 for 30 mins)

Uses fine sterile needles placed in specific points on the body to balance energy.

Kinesiology (£20 for 30 mins)

Gentle muscle testing, good for relieving and preventing muscle strain.

Top to Toe Massage (£40 for 60 mins)

Combining Indian Head, Osteopathic therapy, massage and reflexology.

DAY TIME DANCING

There will be non-stop dancing in the Boudoir throughout the weekend. You will also find Swingers Hour in the Pub during the afternoon on both Saturday and Sunday afternoon to get your heart racing for the ultimate cardiovascular workout.

GREAT ESCAPE COMPETITION

Be the first couple through to the final of the Ceroc Champs 2012. If you want to enter the Great Escape Competition be in the ballroom by 10pm on Saturday in preparation for competition commencement which will take place at some time during the Cabaret.

MILONGA

For the growing following of Tango and those who follow Alex & Pablo's classes this weekend, Marc Forster & Warren Richardson AKA Dance Inspired will be hosting Milongas on Friday, Saturday and Sunday in the Cyclone Latin Quarter.

PURE BLUES

We regularly have requests for Pure Blues Music and there is always a presence of this kind of music when WCS is being played in the Cyclone. For the Blues lovers here are your key times to look out for: 1.30am - 3.30am Friday night, 5pm-6pm Saturday, 2.30am-4.30am Saturday, 8.30pm-10.30pm Sunday. All these sets take place in the Boudoir (Pub)

THANKS

Our weekend events would not be the success that they are without the assistance of our crew. It's the people behind the scenes from set-up through to take down, who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Marc Forster, Chris Baker, Alan Finch & Myles Woodhouse.

THE GODS OF THUNDER

The evenings will consist of 3 rooms playing different music from our outstanding line-up of DJ's from across the UK.

The Main Ballroom playing popular and new uptempo sounds from evening until 4.30am on Saturday and Sunday morning and 3.30am on Monday morning.

The Latin 'Cyclone' Quarter playing set genres including Milonga and WCS

The Blues 'Boudoir' Lounge, otherwise known as the 'Pub' will be the non-stop music hot-spot. Playing traditional Escape Chill Out tunes whilst the Latin and Milonga sets are taking place in the Cyclone to suit the Blues and WCS enthusiasts and switching to Pure and Eclectic Blues whilst WCS is being played in the Cyclone.

Our Gods of Thunder this weekend are:
Marc Forster, David 'Rocky' Rokov, Warren 'Dance Inspired' Richardson, Mike Sailsman, Chris Baker, Chris Uren, Hayley Nicholls, Mike Ellard, Rachel Pears, Sheena 'Tiggerbabe' Assiph, Dale 'Smood' St Rose, Rob 'Reverend' Ambridge, Craig Addison, Garry Turner, Vince 'SilverFox' Silva, James Parkinson & Richard Oliver

Your ESCAPE Plan

SPLASH
SOUTHPORT

You Are Here! **Southport**

BLISS
CAMBER

11 - 13 NOV 2011 **Camber**

BLUSH
SOUTHPORT

03 - 05 FEB 2012 **Southport**

SWISH
NORFOLK

17 - 19 FEB 2012 **Norfolk**

STOAM
CAMBER

09 - 11 MAR 2012 **Camber**

LONDON **ceroc
champs**

TBA 2012 **London**

SCORCH
SOUTHPORT

TBA 2012 **Southport**

Viva Las Vegas
CAMBER

25 - 27 MAY 2012 **Camber**

BREEZE
SOMERSET

TBA 2012 **Somerset**

Ceroc Dance Holidays MedFest

Check out
www.clubdanceholidays.com
for 2012 dates



Weekend Options also available

For booking & further information contact:

Club Dance Holidays

Tel +44 08702 866000 Fax +44 08702 866001

Email: info@www.clubdanceholidays.com

Website: www.clubdanceholidays.com



WORKSHOP DVD

AVAILABLE **THIS SUNDAY**

All workshops* from this weekend

How can you remember all workshops from this weekend? We have the solution!

We're selling DVDs to take home with you on Sunday. Yes, this Sunday! From 10am near Info Desk till 10pm. 2 DVD discs. £20 special discounted price, usually £25.

**Complete Beginners and theory based classes are not included.*

WWW.CEROC.COM/SHOP



COMING SOON ONLINE

SP

**SOUTHPORT
OCT 2011**

Freestyle

Be filmed at
Thunderball Room
on Saturday!
Near the stage
for 30 mins after
Cabaret Hour

**LIMITED
AVAILABILITY
GRAB
YOUR COPY
BEFORE
THEY
SELL OUT**

2011

Over the coming weeks, Ceroc will be launching a new DVD.

For the first time, a group of the best female dancers have come together to share their Style secrets.

Keep an eye on
www.ceroc.com for the launch.

NEW MOVES VOL 1 DVD

CEROC
Instructional DVD

This instructional DVD will teach you 49 new moves that have been added to the Ceroc teaching syllabus.

Our dance takes its inspiration from the vast spectrum of other dance forms. What's also really exciting about learning to dance with Ceroc is that we don't stand still, and the dance is constantly evolving.

This DVD is easy to follow and it includes a demo and slow teach for all the 49 new moves.

These moves are really only suitable for people that are comfortable with the Intermediate classes. The moves are a mix of easy, medium & hard Intermediate moves.

**AVAILABLE AT WEATHER INFO DESK
OR ONLINE WWW.CEROC.COM**

Getting married?
Having a party?
Need a dance floor?
No event too small
Prices from £150

www.CheapDanceFloors.co.uk

Cheap dance floors UK offer a very stylish, portable and adaptable temporary flooring solution to suit the needs of any type of event. Our dance floors can be used at weddings, birthday parties, discos, dance events, conferences etc. We offer an economical, no fuss dance floor anywhere in London and the rest of the UK.

**danceflooruk@gmail.com
07595595941**

www.ceroc.com/blush

BLUSH

SOUTHPORT

03 - 05 FEB 2012

Next Southport weekend in February.
Remember you need to book early for
Southport especially if you are a girl.

Remember the earlier you book,
the cheaper the price. Bookings open soon!

www.ceroc.com/storm

STORM

CAMBER

09 - 11 MAR 2012

Most popular Camber weekend.
Tickets for Camber events are hotter than
an exclusive night club in the Earth's core
where the air conditioning has failed.

Bookings open soon!

Great Escapee Competition

This new competition is now a feature at all of our major Weekenders. The winners are determined by the audience, and they will compete in the 'Great Escapee' final at the London Champs (May 2012).

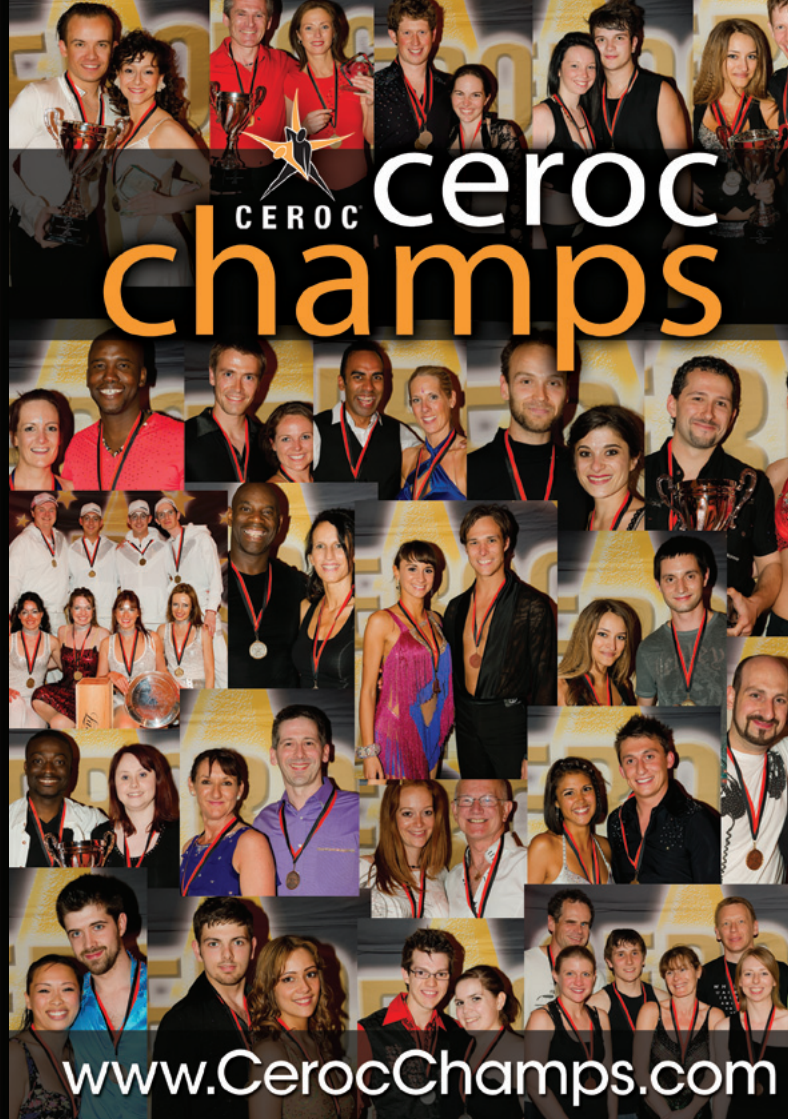
This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekend then you get automatic entry to the National Ceroc Championship.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2013.

So get your fave dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret Hour so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10pm.

For more info about Champs, please visit www.CerocChamps.com



www.CerocChamps.com

Gender Balancing

As you know, we made the decision to introduce gender balancing into the weekender market as we believe very strongly that both boys and girls should have the same freestyle opportunities.

Unfortunately, however there is an increasing problem which is jeopardising our best efforts. Essentially, there is an increasing number of girls outwitting our booking process by booking an apartment for say 3 boys and 3 girls yet only the girls are turning up to the event.

At one of our recent events the number of men that didn't turn up was significant and although we appreciate that there will always be genuine reasons for people dropping out, the numbers involved are increasing and too great to be legitimate in our opinion.

For the time-being we cannot think of a way of preventing this happening, and therefore we are pleading with you to respect the spirit of the gender balancing as it's simply not fair on everyone else.

This event should be gender balanced to within 39 people.

Teachers

ALEXANDRA WOOD & PABLO GARCIA

Tango Pros Alexandra Wood & Pablo Garcia. Alex has spent much of this year touring with Vincent and Flavia's sellout 'Midnight Tango' show. Pablo Garcia is truly an international tango superstar. Hailing from Buenos Aires, Pablo is one of the most in demand teachers and performers across the world.

ALEX FAULKNER (AF)

Competition winning and talented choreographer, Alex Faulkner has been teaching on the Escape Weekenders since the first one in 2006 despite his still tender age. This weekend Alex gets you into a frenzy over his footwork.

CRAIG ADDISON (ZUMBA)

Qualified Ceroc and Zumba teacher Craig is full of enthusiasm and energy. At this event he is livening you up with some latin inspired workout routines in our high energy get up and go ZUMBA® classes

CHRIS & LEAH (C&L)

Chris Baker, once our youngest ever Ceroc teachers, now runs his own dance empire in the North East. Full of charm, charisma and dance-floor attitude the routines he teaches are stylish and creative and Leah with a Pole Dance background makes the aerials they teach look oh so easy!

DALE ST ROSE (DS)

Dale has won more competitions than Southport has seagulls, including the Ceroc Championships and the Open Blues Champs in 2007 and 2009. He also took home joint 1st place in the Blues showcase category in 2010 and just won the PRO Am at the recent Welsh Champs.

DEBBIE ATTWOOD (DA)

This Midlands lass with a West Midlands dance empire is pure fun and style! She has a huge repertoire of dance talents and bags of charisma. Her high energy, enthusiasm and style will leave you wanting more!

EMMA PETTITT (EP)

This curly cutie and the other half of competition winning duo Emma & Alex, will be leading the way with Latin American this weekend. Despite being a truly amazing Ceroc dancer, Ballroom and Latin has taken Emma's heart in recent years so Cha Cha Cha and Rumba are where she is at for this event.

KATE HAMMERSLEY

Kate is our weekender Pilates Instructor and teaches 2 sessions this weekend.

KERRY RUTHERFORD (KR)

Experienced teacher from the North East, Kerry, makes her weekender teaching debut at Splash. With a naturally smooth and slotted style you can expect routines that reflect that in her classes.

MARC FORSTER & RACHEL PEARS (M&R)

This adorable couple with a huge fan base created their own style known as Cuban Blues, perfect for the Chill Out Zone. This weekend you get a rare chance to learn a new routine in this style. Also look out for their DJ sets as these 2 are masters of the decks!

MAJA KOCANOVA (MK)

Ceroc's latin queen and owner of Ceroc Addiction stretching from Shrewsbury to Manchester! The gracious Maja will be mixing a unique cocktail of hot rhythms, inspiring technique, sweeping footwork, plenty of dance attitude with her own unique and sassy latin style.

PHIL WEBB (PW)

Ceroc Open Champ 2 years running, Ceroc Scotland Champ twice, and 12 times Open & Shocase winner of smaller competitions and those are just Phil's Modern Jive accolades. As a junior & juvenile Ballroom & Latin Dancer, Phil was once number 1 in the country and even came 3rd at the Internationals at the Royal Albert Hall

STEVE THOMAS (ST)

Long term Ceroc teacher from London and Kent, Steve was once the youngest Ceroc teacher. That was few years ago... he won't mind us saying! Now with over 10 years (oops) of teaching under his belt he still loves seeing the progress a beginner dancer makes and will be taking our newbies on that journey here at Southport as well as introducing some F Words to our intermediate contingent.

TIM SANT (TS)

This young, highly talented dancer and teacher has a huge following in London and anywhere he visits. As Head of Dance for Ceroc and Winner of the 2009 Ceroc Champs Showcase Category, Tim always has lots to offer. Apart from anything else, his uplifting energy will be sure to rub off on you.

TIM STEVENS (TST)

Now teaching in Wales, but originally from the London and Surrey area, Tim is a Street Dancer by heart who has developed his own funky style in Ceroc and teaches popular classes in Wales. He shows you this weekend how to Funk up some Blues and shows you some of his own original new moves.

TONY EPPS & HAYLEY NICHOLLS (T&H)

This funky young partnership have quite a few Ceroc Weekenders under their belt and return to Southport with the ever popular drops class and Hayley's cheeky and stylish sabotages. You can also dance to Hayley's tunes in the main room.

VAL & DAVID ROKOV (V&D)

Former Blues Champions and creators of Utopia, the popular Chill Out Freestyles, Val & David are full of smooth style. They say connection is key and when on the Blues & Chill Out Dance-floor, dancing as one is your target. Learn techniques, smooth sequences and moves from them this weekend to make you hot in the Boudoir!

Schedule



THUNDERBALL ROOM (Fun Factory)



LATIN CYCLONE QUARTER (Lunars)



BLUES BOUDOIR LOUNGE (Queen Vic)

SCHEDULE KEY

- Workshops are shown in **RED**
- (Beg) These classes are suitable for complete beginners.
- (Beg+) You should have done at least 6 classes.
- (-Int) Easy Intermediate Lesson.
- (Int) Regular Intermediate Lesson.
- (Int+) More difficult Intermediate Lesson.
- (Adv) For advanced dancers who pick up moves easily.
- (All) Suitable for everyone.
- (AT+) (Blues+) - progressive levels in Tango & Blues.
- ZUMBA - Dance inspired fitness class - wear suitable attire.
- Pilates - Take a towel or Mat

	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic Pub
18:00-19:00	Ceroc F/Style Chris Uren <i>Ceroc Classic Tunes</i>	Starters Orders (Beg) ST <i>Ceroc for Beginners</i>	14.00 - 19.00 Sack the DJ <i>Open Decks</i>
19:00-20:00	Splashdown Southport (Int) TS <i>Intermediate Ice-Breaker Class</i>	Starters Orders (Beg) ST <i>Ceroc for Beginners</i>	19.00-20.30 Chill Out Zone Rocky <i>Slow, Smooth Freestyle</i>
20:00-21:30	Ceroc F/Style James Parkinson	The Classics (-Int) T&H 8-9pm Ceroc F/Style Chris Uren	20.30-21.30 Chill Out Zone Garry Turner
21:30-22:30	Milonga Rhythm (All) A&P <i>Social Tango Intro Class</i>	Ceroc F/Style Chris Uren	21.30-22.30 Chill Out Zone Mike Sailsman
22:30-23:30 23:30-00:30	Ceroc F/Style Craig Addison Ceroc F/Style Tiggerbabe	Tango Practica Dance Inspired Milonga Dance Inspired	22.30-23.30 Chill Out Zone Smood 23.30-00.30 Chill Out Zone Marc Forster
00:30-01:30	Ceroc F/Style Garry Turner	Milonga Dance Inspired	00.30-01.30 Chill Out Zone SilverFox 01.30-02.30 Blues Lounge Rocky
01:30-02:30	Ceroc F/Style Richard Oliver	WCS F/Style Craig Addison	02.30-03.30 Blues Lounge Rachel Pears 03.30-04.30 Chill Out Zone SilverFox
02:30-03:30 03:30-04:30	Ceroc F/Style Reverend Ceroc F/Style Chris Baker	WCS F/Style Smood	04.30-05.30 Chill Out Zone Mike Sailsman 05.30-07.00 Chill Out Zone Tiggerbabe

SATURDAY

	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic Pub
09:30-10:30	Starters Orders (Beg) ST <i>Complete Beginners Ceroc class</i>	ZUMBA® (All) CA <i>Latin Dance inspired workout</i>	09.30 - 10.30 Sack the DJ <i>Open Decks</i>
10:45-11:45	Patterns & Paradass (All) A&P <i>Argentine Tango for Beginners</i>	Simply Latin (-Int) MK <i>Easy Ceroc moves with Latin Style</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>
12:00-13:00	Leans & Lunges (Int) DA <i>Routine of Leans, Lunges and Poses</i>	Cha Cha Cha (All) EP <i>Latin American Dance</i>	12.00 - 13.00 Sack the DJ <i>Open Decks</i>
13:15-14:15	F Words (Int+) ST <i>Fun, Flashy & Freestyleable</i>	Wobble (All) DS <i>New Line Dance from Louisiana</i>	13.00-14.30 Swingers Hour Mike Ellard <i>Swing Freestyle - for those that like it fast & hard</i>
14:30-15:30	Accelerations (Int+) TS <i>Use your core to travel the floor</i>	Giros with Sacadas (AT+) A&P <i>Argentine Tango for Improvers</i>	14.30-16.00 Chill Out Zone Tiggerbabe
15:45-16:45	Drop Zone (Int) T&H <i>Dips Drops & Seducers</i>	Blues Basics (All) V&D <i>Beginners Blues</i>	16:00-17.00 S'Funk SilverFox <i>Soul & Funk Classics</i>
17:00-18:00	Hot New Moves (Int+) TST <i>New Moves</i>	Rumba Rhythm (All) EP <i>Slow Latin American Dance</i>	17:00-18.00 Pure Blues Rocky <i>Practice your true Blues in this freestyle session</i>
18:15-19:15	Footwork Frenzy (Int+) AF <i>Syncopated footwork</i>	Liquid Latin (Int) MK <i>Smooth Latin Styled Routine</i>	18.00 - 19.00 Chill Out Zone Garry Turner
19:30-20:30	Elevate (Int+) C&L <i>Baby Aerials FIXED COUPLES ONLY</i>	Off the Blocks (Beg+) ST <i>Beginners Plus Ceroc</i>	19.00 - 20.30 Sack the DJ

SATURDAY NIGHT

20:30-21:30	Ceroc F/Style James Parkinson	Sack the DJ	20.30-21.30 Chill Out Zone Rachel Pears
21:30-22:30	Ceroc F/Style Chris Uren	Sack the DJ	21.30-22.30 Chill Out Zone Smood
22:30-23:30	Cabarets, Competition	Sack the DJ	22.30-23.30 Chill Out Zone Mike Sailsman
23:30-00:30	Ceroc F/Style Tiggerbabe	Milonga Marc Forster	23.30-00.30 Chill Out Zone Mike Sailsman
00:30-01:30	Ceroc F/Style Reverend	Milonga Dance Inspired	00.30-01.30 Chill Out Zone Garry Turner
01:30-02:30	Ceroc F/Style Marc Forster	Milonga Dance Inspired	01.30-02.30 Chill Out Zone Rocky
02:30-03:30	Ceroc F/Style Craig Addison	WCS F/Style Garry Turner	02.30-03.30 Blues Lounge Rachel Pears
03:30-04:30	Ceroc F/Style Hayley Nicholls	WCS F/Style Garry Turner	03.30-04.30 Blues Lounge Tiggerbabe
04:30-05:30	Closed	Closed	04.30-05.30 Chill Out Zone Marc Forster
05:30-06:30	Closed	Closed	05.30-07.00 Chill Out Zone SilverFox
07:00-	Closed		07.00 - Close Sack the DJ

SUNDAY

	Thunderball Room	Cyclone Latin Quarter	The Boudoir
09:30-10:30	Off the Blocks (Beg+) ST <i>Beginners Plus Ceroc</i>	Pilates (All) KH <i>Take towel or mat along</i>	09.30 - 10.30 Sack the DJ <i>Open Decks</i>
10:45-11:45	Simply Seamless (Int) AF <i>Easy moves fused together</i>	X-Styles Smooth (-Int) KR <i>Smooth slotted and simple</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>
12:00-13:00	Framework (Int) PW <i>Using Frame techniques</i>	Funky Blues (Int+) TST <i>Slow, Close and Funky</i>	12.00 - 13.00 Sack the DJ <i>Open Decks</i>
13:15-14:15	Ochos & Ocho Cortados A&P <i>Argentine Tango for Beg/Imp</i>	Momentum (Int+) DS <i>Creating & using momentum</i>	13.00-14.30 Swingers Hour Chris Uren <i>Swing Freestyle</i>
14:30-15:30	Blues Seducer (Blues+) V&D <i>Blues routine of drops and seducers</i>	Wicked Whips (Adv) C&L <i>Whip variations</i>	14.30-16.00 Chill Out Zone Garry Turner
15:45-16:45	Dynamo (Adv) TS <i>Advanced Routine</i>	Voleos & Patadas A&P <i>Argentine Tango for Imp/Int</i>	16:00-17.30 Chill Out Zone SilverFox
17:00-18:00	Cuban Blues (Int+) M&R <i>Smooth and Bluesy</i>	Bachata (All) PW <i>Slow, Close Salsa Style Dance</i>	17.30-18.30 Chill Out Zone Mike Sailsman
18:15-19:15	So Sabotage (Int+) T&H <i>All new Ladies Hijacks</i>	It's a Wrap (Int) DA <i>Basket and wrapping moves</i>	18.30 - 19.30 Latin Hour Reverend <i>Latin Tunes for Freestyle</i>
19:30-20:30	ZUMBA® (All) CA <i>Latin Dance inspired workout</i>	Pilates (All) KH <i>Take towel or mat along</i>	19.30 - 20.30 Sack the DJ

SUNDAY NIGHT

20:30-21:30	Ceroc F/Style Reverend	WCS F/Style Craig Addison	20.30-21.30 Blues Lounge Garry Turner
21:30-22:30	Ceroc F/Style Reverend	WCS F/Style Tiggerbabe	21.30-22.30 Blues Lounge Mike Sailsman
22:30-23:30	Ceroc F/Style Chris Uren	Milonga Marc Forster	22.30-23.30 Chill Out Zone Smood
23:30-00:30	Ceroc F/Style James Parkinson	Milonga Dance Inspired	23.30-00.30 Chill Out Zone Rocky
00:30-01:30	Ceroc F/Style Garry Turner	Milonga Marc Forster	00.30-01.30 Chill Out Zone Richard Oliver
01:30-02:30	Ceroc F/Style Hayley Nicholls	Milonga Dance Inspired	01.30-02.30 Chill Out Zone Tiggerbabe
02:30-03:30	Ceroc F/Style Smood	Closed	02.30-03.30 Chill Out Zone SilverFox
03:30-04:30	Closed	Closed	03.30-04.30 Chill Out Zone Rachel Pears
04:30-06:30	Closed	Closed	04.30-06.30 Chill Out Zone Marc Forster

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