

PRIVATE
POD PARTIES
SEE INSIDE



20 - 22 MAY 2011

SEARCH

SOUTHPORT

Blues Set @ Cyclone
Friday Night 1am

Tango Set @ Cyclone
Saturday Night 11.30pm

*Enjoy his musical talents
whether you dance Blues,
Tango or not!*



JOE POWERS
World Renowned
Award Winning
Harmonica
Virtuoso

PASSPORT TO DANCE

WWW.CEROC.COM/ESCAPE

OVER 15 DIFFERENT DANCE STYLES
TAUGHT MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING DIFFERENT
STYLES OF MUSIC TEACHERS FROM
ALL OVER THE UK DJ'S FROM FAR
& WIDE LARGE GATHERING OF
CEROC TEACHERS MASSAGE HAIR
& BEAUTY PILATES AEROBICS
SWIMMING WORKSHOP DVDS
TO TAKE HOME SELECTION OF
DANCE SHOES AND CLOTHING
ON SALE ON LINE BOOKING
WITH IMMEDIATE CONFIRMATION
GENDER CONTROLLED BOOKING
SYSTEM



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WELCOME

Welcome to yet another fun packed, foot pounding dance weekend extravaganza at Southport.

If this is your first visit to an Escape Weekend event then we hope it lives up to your expectations and opens your eyes to the huge dance scene that we are all a part of.

Our weekender ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

Our team of teachers & DJs come from far and wide so you may see some familiar faces as well as some who can showcase something new and different, displaying their own particular style.

Ceroc 'Escape' events are all about participation, fun, learning and social interaction.

You will find over 40 classes and workshops detailed in this booklet and with the exception of Masterclasses, these sessions are free. For Masterclasses you will need to find a partner to book as they are taught in fixed couples. There is a cost of £5 per head as the numbers are limited.

We have a couple of surprises at this event, the amazing Joe Powers and a new dance venue in the shape of a giant inflatable marquee.

Hopefully this guide will give you all the information that you need, but if you have any queries visit the Weather Centre between 10am - 10pm.

As ever if you have any feedback please email ceroc7@ceroc.com or grab a member of crew over the weekend.

Have a great weekend!

The Escape Committee

EXCEEDINGLY USEFUL INFORMATION

PARKING

There is ample parking at Pontins in Southport so there is no need to book a parking space in advance.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the middle foyer near Stand Out Dancewear. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

It will be possible to remain with a fixed partner in all classes if you choose. There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist and ensure that people are not standing out for long.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not premitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands frequently.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

CHECKOUT INFORMATION

You need to check out by 11am on Monday 23rd May 2011.
Please leave your keys at the security gate upon departure.

DVD's OF SCORCH CLASSES

DVD's of all classes taking place over the weekend (with exception of masterclasses), will be on sale from 10am on Sunday morning priced at £20. There is no need to reserve a copy just go to the Weather Centre on Sunday to pick up your copy. You will also be able to buy DVD's from past events as well as Blues, Hot New Moves, Intermediate and Beginners DVD's at the Weather Centre throughout the weekend.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Masterclasses, Private Lessons, Massage and buy from a range of Ceroc and Style DVD's.

WHAT'S ON TV?

The PTV channel on your TV will show a live feed from the main Thunderball Room. There are 4 other channels available.

TOWEL SWAPPING

If you have Club accommodation you can swap your towels during your stay. Ask reception for a towel swap.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

I'M HUNGRY!!!

No problem there! Bake'n'bite provides freshly baked crusty baguettes, croissant, sweet pastries and savoury snacks; Nisa convenience store provides all your essentials and a lot more, plus you can eat at the restaurant in the Pub located on site, the fish and chip shop and burger bar in the main foyer.

WHIRLWIND BAZAAR

Forgotten your velvet two piece or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear Range aren't on hand to sort you out. Located in the middle foyer between the main ballroom and the pub.

StandOut
DANCEWEAR
www.standoutdancewear.co.uk

COLOURED WRIST BANDS?

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards.

When you are wearing the wristbands you can leave and re-enter the site at any time.

These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners.

These will be held in the Main Ballroom & Cyclone Latin Quarter. These workshops will be progressive and totally rewarding.

Starting at 7pm on Friday and continuing throughout the weekend there will be 5 X 1 hour long classes in total.

CEROC FOR NEW INTERMEDIATE DANCERS

These classes can be identified with (-Int) in the schedule at the back of this booklet.

CLOAKROOM

There will be no cloakroom facility due to lack of use at previous events.

GRAND DESIGN

Pontins new owners have already started the process of giving every apartment a make-over. You may be one of the lucky ones this weekend that gets an apartment that has already had the treatment. It's hoped that by the time we come back for Splash that all apartments will have been done.... Yippee

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

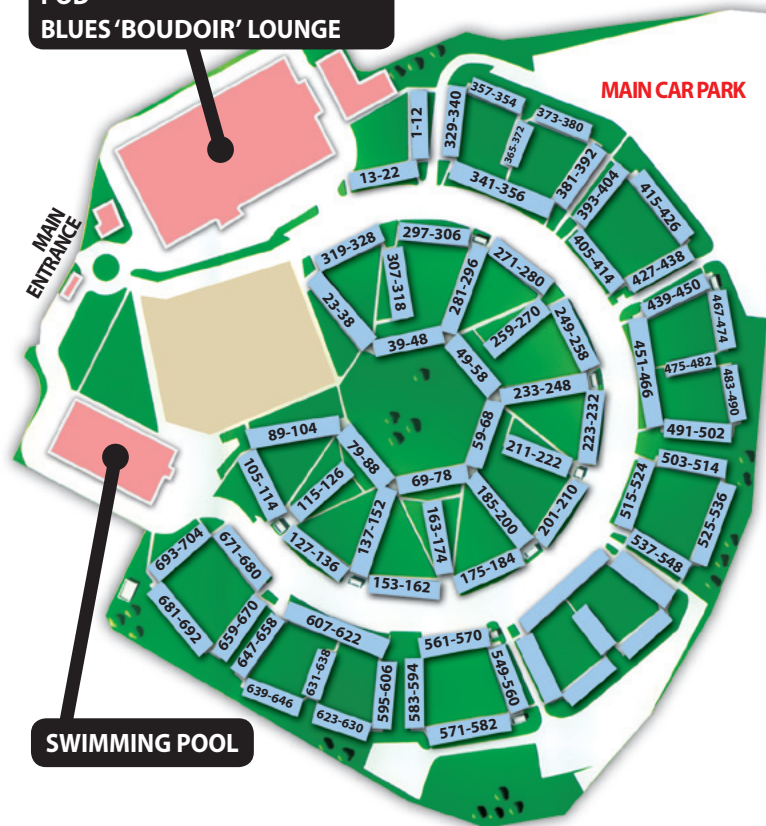
SOUTHPORT

THUNDERBALL ROOM
LATIN 'CYCLONE' QUARTER
POD
BLUES 'BOUDOIR' LOUNGE

MAIN CAR PARK

MAIN
ENTRANCE

SWIMMING POOL



LIST OF ACTIVITIES

MASTERCLASSES

These are classes with a maximum capacity of 30 people in fixed couples and have been put in place for those people really hoping to master the art of the dances and styles billed. These are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head.

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book or approach the teachers directly. Charges £50 per hour payable to the teachers directly.

SWIMMING POOL

The swimming pool will be open from 4pm - 7pm on Friday and 7am - 7pm on Saturday & Sunday.

SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing you brought your own CD collection. The decks will be waiting for you in the Blues Lounge at certain times of the day. There is a schedule on the wall in the Boudoir to book your space. Please also check the Marquee listing.

PRIVATE POD PARTIES

Introducing private pod parties! Ever want to get together with just your mates dancing to the music you love without interruption. The chalet's can be a bit of a squeeze for dancing, so hire the POD for FREE! Check out the schedule outside the POD and put your name down to book your time and space.

CABARET HOUR

Join us at 10.30pm on Saturday night in the main ballroom to see our teachers spotlight their dance style. You can also participate in the Great Escape Competition at this time.

GREAT ESCAPE COMPETITION

Be the first couple through to the final of the Ceroc Champs 2012. If you want to enter the Great Escape Competition be in the ballroom by 10pm in preparation for competition commencement which will take place at some time around the Cabaret Hour.

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be on hand offering a variety of treatments to keep you feeling refreshed and revitalised.

Booking Info

All Treatments need to be booked in advanced at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

Deep tissue massage (£20 for 30min)

Great for releasing aches and restoring tired muscles. Our team are registered and insured by the professional body for Sports Massage in the UK.

Reflexology (£20 for 30min)

Great for stress and body, unblocking energy pathways and toxin release by stimulating pressure points located in the feet that correspond to body organs.

Indian Head Massage (£20 for 30 mins)

Treatment involves massage of the head, neck and facial areas with the intention of manipulating energy flow.

Acupuncture (£20 for 30 mins)

Uses fine sterile single use needles placed in specific points on the body to balance energy.

Reiki (£20 for 30 mins)

Japanese technique for stress reduction & relaxation that also aides healing.

Kinesiology (£20 for 30 mins)

Gentle muscle testing and energy balancing, good for relieving and preventing muscle strain and persistent pain

Swedish Massage (£30 for 40 mins)

A relaxing treatment using long stroking techniques and essential oils. Light or medium pressure can be adopted to relieve stress, tension, headaches etc.

Full Body Wrap + Facial & Head/Foot Massage (£40 for 60 mins)

Lose up to 10 inches instantly with a relaxing body wrap. Reduce the appearance of cellulite and give your metabolism a boost to kick start a detox or weight loss program.

Hair & Beauty Treatments (£ various)

Including Facials, Waxing, Manicures & Pedicures, Hair Cutting, Colouring, Styling & Blow Dry.

DAY TIME DANCING

There will be non-stop dancing in the Boudoir throughout the weekend. You can also use the POD for some quiet dance time when masterclasses are not taking place, so there is plenty of time to practice the moves that you've just learned in the classes you attend. You will also find Swingers Hour in the Pub during the afternoon on both Saturday and Sunday afternoon to get your heart racing for the ultimate cardiovascular workout.

MILONGA

For the growing following of Tango, Marc & Rachel with Warren Richardson AKA Dance Inspired will be hosting Milongas on Saturday and Sunday in the Cyclone Latin Quarter. To get you in the spirit of things Marc & Rachel will be running a Tango re-cap class and Milonga fundamentals session just before the 1st Milonga of the weekend.



JOE POWERS We are pleased to announce that award winning Harmonica virtuoso, Joe Powers will be playing at Scorch. Known throughout the world as a premier Tango artist, his musical interests also include Jazz Fusion, Classical & Blues to name a few. Having shared the stage with Gotan Project, Pink Martini and many others he has also accompanied Jamie Cullum live on stage. You can watch and listen to Joe play on Friday night at 1am in the Cyclone Latin Quarter and also at 11.30pm on Saturday night.

Whether you dance Blues / Tango or not why not grab a drink and watch this master at work.

THANKS

Our weekend events would not be the success that they are without the assistance of our crew. It's the people behind the scenes from set-up through to take down, who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Marc Forster, Chris Baker, Alan Finch & Myles Woodhouse

THE GODS OF THUNDER

The evenings will consist of 3 rooms playing different music from our outstanding line-up of DJ's from across the UK.

The **Main Ballroom** playing popular and new uptempo sounds from evening until 4.30am on Saturday and Sunday morning and 3.30am on Monday morning.

The **Latin 'Cyclone' Quarter** playing set genres including pure Latin, Blues, Milonga and WCS

The **Blues 'Boudoir' Lounge**, otherwise known as the 'Pub' will be the non-stop music hot-spot. Playing traditional Escape Chill Out tunes whilst the Latin and Milonga sets are taking place in the Cyclone to suit the Blues and WCS enthusiasts and switching to Pure and Eclectic Blues whilst WCS is being played in the Cyclone.

(Please also refer to the Marquee section).

Our Gods of Thunder this weekend are:

Marc Forster, David 'Rocky' Rokov, Warren 'Dance Inspired' Richardson, Ian 'OXO's Morgan, Mike Sailsman, Chris Baker, Chris Uren, Hayley Nicholls, Mike Ellard, Rachel Pears, Sheena 'Tiggerbabe' Assiph, Dale 'Smood' St Rose, Rob 'Reverend' Ambridge, Craig Addison, Jamie McGregor, Al Griffin, Garry Turner, Vince 'SilverFox' Silva, John Baker, Sally 'DJ Bunnie' Pownall, Alison 'ZebraWoman' Banning

Official Ceroc Photos

www.CerocPix.com

*Please ask our official photographer for photos! Request Only!
Downloadable photos available online soon after the event.*

Location: Thunderball Room. Near the stage.

Saturday 21:30-22:30 and 23:30-00:30

Sunday 22:00-23:00

Your ESCAPE Plan

SCORCH
SOUTHPORT

You Are Here! Southport

OPEN
Viva Las Vegas
CAMBER

03 - 05 JUN 2011 Camber

OPEN
BREEZE
SOMERSET

30 SEP - 02 OCT 2011 Somerset

SPLASH
SOUTHPORT

14 - 16 OCT 2011 Southport

BLISS
CAMBER

11 - 13 NOV 2011 Camber

BLUSH
SOUTHPORT

TBA 2012 Southport

SOLD OUT
SWISH
NORFOLK

17 - 19 FEB 2012 Norfolk

STORM
CAMBER

TBA 2012 Camber

LONDON **ceroc**
champs

TBA 2012 London

Ceroc Dance Holidays

MedFest : Calpe

18-25 September 2011



Weekend Options also available

For booking & further information contact:

Club Dance Holidays

Tel +44 08702 866000 Fax +44 08702 866001

Email: info@www.clubdanceholidays.com

Website: www.clubdanceholidays.com



WORKSHOP DVD

AVAILABLE THIS **SUNDAY**

All workshops* from this weekend

How can you remember all workshops from this weekend? We have the solution!

We're selling DVDs to take home with you on Sunday.

Yes, this Sunday! From 10am near Info Desk.

2 DVD discs. £20 special discounted price, usually £25.

**Complete Beginners and theory based Master classes are not included.*

SC



**SOUTHPORT
MAY 2011**

Freestyle

Be filmed at
Thunderball Room
on Saturday!
Near the stage
for 30 mins after
Cabaret Hour

**LIMITED
AVAILABILITY
GRAB
YOUR COPY
BEFORE
THEY
SELL OUT**

2011

PRIVATE POD PARTIES



Introducing private pod parties!

Ever want to get together with just your mates dancing to the music you love without interruption.

The chalets can be a bit of a squeeze for dancing, so hire the POD for FREE!

Check out the schedule outside the POD and put your name down to book your time and space.

NEW MOVES VOL 1 DVD

CEROC
Instructional DVD

This instructional DVD will teach you 49 new moves that have been added to the Ceroc teaching syllabus.

Our dance takes its inspiration from the vast spectrum of other dance forms. What's also really exciting about learning to dance with Ceroc is that we don't stand still, and the dance is constantly evolving.

This DVD is easy to follow and it includes a demo and slow teach for all the 49 new moves.

These moves are really only suitable for people that are comfortable with the Intermediate classes. The moves are a mix of easy, medium & hard Intermediate moves.

**AVAILABLE AT WEATHER INFO DESK
OR ONLINE WWW.CEROC.COM**

Getting married?
Having a party?
Need a dance floor?
No event too small
Prices from £150

www.CheapDanceFloors.co.uk

Cheap dance floors UK offer a very stylish, portable and adaptable temporary flooring solution to suit the needs of any type of event. Our dance floors can be used at weddings, birthday parties, discos, dance events, conferences etc. We offer an economical, no fuss dance floor anywhere in London and the rest of the UK.

**danceflooruk@gmail.com
07595595941**



14 - 16 OCT 2011

Having a great weekend?

What to do it all again?

Well most of us will be back in October.

**There's every chance that by October all
apartments will have had a make-over.**

**Remember the earlier you book,
the cheaper the price.**

**Bookings and more info:
www.ceroc.com/splash**

Camber Weekender

03-05 June 2011

www.ceroc.com/VivaLasVegas



The High Rollers Weekender!
Incorporating the usual workshops and freestyle,
but with added attraction of a themed Viva Las
Vegas Saturday entertainment with
Casino Tables, Showgirls & Cabarets.
(Over 1500 Booked already)

Great Escapee Competition

This new competition is now a feature at all of our major Weekenders. The winners are determined by the audience, and they will compete in the 'Great Escapee' final at the London Champs (May 2012).

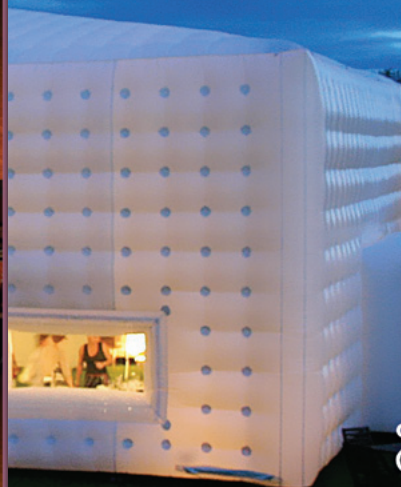
This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekender then you get automatic entry to the National Ceroc Championship.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2013.

So get your fave dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret Hour so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10pm.

For more info about Champs, please visit www.CerocChamps.com



We are delighted to announce that for this event, we hopefully have an additional dance space.

We say hopefully, because it's subject to an inspection by the relevant authorities.

The plan is for this new space to be used for 'Sack the DJ' - both professional and amateur.

So if you have some music with you this weekend, why not give it a go.

There will be a schedule in the marquee for you to put your name down.

As for how late we go on, this will depend upon the complaints from the neighbours (you know those posh people in Club apartments).

30 SEP - 02 OCT 2011

BREEZE

SOMERSET

THE UK
BLUES CHAMPS

This is the only weekender to incorporate
a major dance championship.
This event still has the usual workshops and freestyle
for Beginners to Advanced dancers.

Enter in advance for
****** Blues Showcase ******

Only 8 couples may enter - apply today
email val@cerocpr.co.uk

WWW.CEROC.COM/BREEZE

Teachers

ALEX FAULKNER (AF)

At this weekend we see a dream partnership return! Both Alex Faulkner and Emma Pettitt are teaching this weekend and after many many competition wins together its great to see that they will be taking to the stage together again. Alex will be leading Work the Floor & Ceramba.

CRAIG ADDISON (ZUMBA)

Qualified Ceroc and Zumba teacher Craig is full of enthusiasm and energy. At this event he is livening you up with some latin inspired workout routines in our high energy get up and go ZUMBA® classes

CARL ADAMS (CA)

Partner organiser of the popular Bristol Switch freestyles, Carl loves challenging chill out music and the dynamics of dancing to this genre. So be dynamic with him and wife Mel this weekend.

DALE ST ROSE (DS)

Also known as Smood, Dale has won more competitions than Southport has seagulls, including the Ceroc Championships and the Open Blues Champs in 2007 and 2009. He also took home joint 1st place in the Blues showcase category in 2010.

DEBBIE ATTWOOD (DA)

This Midlands lass if pure fun and style! She has a huge repertoire of dance talents and bags of charisma.

EMMA PETTITT (EP)

This curly cutie and the other half of the Emma & Alex teaching duo will be leading the way with Ballroom, Latin and Fusion Styles this weekend. Cha Cha Cha, Strictly Jive for Fast Dancing & Jango are where she is at.

FRANK PAULY & SHEENA ASSIPH (F&S)

Scotlands finest! Known for their fabulous lead & follow technique classes. Franck and Sheena will really help you grasp the fundamentals of connection taking your dancing to the next level.

JAMIE STOREY (JS)

Returning Ceroc teacher, Jamie is just back from a sabbatical as Peter Pan at Disney! Still full of youth a few years later, his dancing has blossomed even further and his spin technique is much sought after, so get in a spin with Jamie on Saturday.

LYNDSEY CHIVERS & MARK KERR (L&M)

From Wales, this amazing competition winning couple with their young style will get your energy levels soaring. They always make you funky but this time they're Tagging too and asking Who is the Boss?

MARC FORSTER & RACHEL PEARS (M&R)

This adorable couple with a huge fan base created their own style known as Cuban Blues, perfect for the Chill Out Zone. Since then Argentine Tango has been their love and so you can find them in the Latin Cyclone Quarter for much of time this weekend during Milongas. They are both great DJ's too so follow their tracks in freestyle!

MAJA KOCANOVA (MK)

Ceroc's latin queen and owner of Ceroc Addiction stretching from Shrewsbury to Manchester! The gracious Maja will be mixing a unique cocktail of hot rhythms, inspiring technique, sweeping footwork, plenty of dance attitude with her own unique and sassy latin style.

PHIL & ALEX MOTLEY (P&A)

This pair are known for their creative and original competition winning showcases. They are an inspiration to watch and charismatic on stage. Based in the North East, Phil & Alex don't make it to many of the Escape Weekends so make the most of their presence this weekend.

STEVE THOMAS (ST)

Long term Ceroc teacher from London and Kent, Steve was once the youngest Ceroc teacher. That was few years ago... he won't mind us saying! Now with over 10 years (oops) of teaching under his belt he still loves seeing the progress a beginner dancer makes and will be taking our newbies on that journey here at Southport.

TIM SANT (TS)

This young, highly talented dancer and teacher has a huge following in London and anywhere he visits. As Head of Dance for Ceroc and Winner of the 2009 Ceroc Champs Showcase Category, Tim always has lots to offer. Apart from anything else, his uplifting energy will be sure to rub off on you.

TIM STEVENS (TST)

Now teaching in Wales, but originally from the London and Surrey area, Tim is a Street Dancer by heart and adds his fresh and funky style to his Ceroc classes too.

TOM BAKER & COLEEN MAN (T&C)

Tom walked away from the Open Category an undefeated winner having taken the prize 3 years in a row and in partnering Coleen he works with another Open Champion. Tom even picked up a WCS trophy on his first visit to a Competition in the States and with such natural raw talent in all things dance Tom and Coleen run the WCS masterclasses this weekend.

TONY EPPS & HAYLEY NICHOLLS (T&H)

This funky young partnership have quite a few Ceroc Weekenders under their belt and return to Southport with Aerials, and for a little more fun they team up with Chris Baker for 'Fat Man'. Play in this class and have a giggle with 2 men for every girl! You can also dance to Hayley's tunes in the main room.

VAL & DAVID ROKOV (V&D)

Former Blues Champions and creators of Utopia, the popular Chill Out Freestyles, Val & David are full of smooth style. They say connection is key and when on the Blues & Chill Out Dance-floor, dancing as one is your target. Learn techniques, smooth sequences and moves from them this weekend to make you hot in the Boudoir!

Schedule



THUNDERBALL ROOM (Fun Factory)



LATIN CYCLONE QUARTER (Lunars)



POD (aka Foyer Arcade)



BLUES BOUDOIR LOUNGE (Queen Vic)

SCHEDULE KEY

- Workshops are shown in **RED**
- (Beg) These classes are suitable for complete beginners.
- (Beg+) You should have done at least 6 classes.
- (-Int) Easy Intermediate Lesson.
- (Int) Regular Intermediate Lesson.
- (Int+) More difficult Intermediate Lesson.
- (Adv) For advanced dancers who pick up moves easily.
- (All) Suitable for everyone.
- (+AT) (+Blues) - progressive levels in Tango & Blues.
- Masterclasses - booked at the Weather Centre £5 per head.
- ZUMBA - Dance inspired fitness class - wear suitable attire.
- Private POD - Book the POD, take your i-POD and Friends

	Thunderball Room	Cyclone Latin Quarter	POD	The Boudoir 'Blues Lounge'
18:00-19:30	Ceroc F/Style Craig Addison <i>Ceroc Classic Tunes</i>	Closed	Closed	14.00 - 19.00 Sack the DJ <i>Open Decks</i>
19:30-20:30	Ceroc F/Style Craig Addison <i>Ceroc Classic Tunes</i>	Starters Orders (Beg) ST <i>Ceroc for Beginners</i>	Closed	19.00-20.30 Chill Out Zone Chris Uren <i>Slow, Smooth Freestyle</i>
20:30-21:30	Simply Scorching (Int) TS <i>Intermediate Ice-Breaker Class</i>	Ceroc F/Style Jamie McGregor	Closed	20.30-21.30 Chill Out Zone Mike Sailsman
21:30-22:30 22:30-23:30	Cha Cha Cha (All) EP Ceroc F/Style Chris Uren	Ceroc F/Style Jamie McGregor Latin F/Style Rachel Pears	PRIVATE POD!	21.30-22.30 Chill Out Zone DJ Bunnie
23:30-00:00 00:00-00:30	Ceroc F/Style OXO's Ceroc F/Style OXO's	Latin F/Style Rachel Pears Intro to Blue s Dance (All) D&V	PRIVATE POD!	22.30-23.30 Chill Out Zone Tiggerbabe 23.30-00.30 Chill Out Zone Garry Turner
00:30-01:00 01:00-01:30	Ceroc F/Style Chris Baker Ceroc F/Style Chris Baker	Blues F/Style Rocky Joe Powers Plays Blues	PRIVATE POD!	00.30-01.30 Chill Out Zone ZebraWoman 01.30-02.30 Chill Out Zone Mike Sailsman
01:30-02:00 02:00-02:30	Ceroc F/Style Jamie McGregor Ceroc F/Style Jamie McGregor	Joe Powers Plays Blues Blues F/Style Garry Turner	PRIVATE POD!	02.30-03.30 Chill Out Zone SilverFox 03.30-04.30 Chill Out Zone Smood
02:30-03:30 03:30-04:30	Ceroc F/Style Al Griffin Ceroc F/Style Hayley Nicholls	Blues F/Style Garry Turner	PRIVATE POD!	04.30-05.30 Chill Out Zone John Baker 05.30-07.00 Chill Out Zone OXO's

SATURDAY

	Thunderball Room	Cyclone Latin Quarter	POD	The Boudoir 'Blues Lounge,
09:30-10:30	Starters Orders (Beg) ST <i>Complete Beginners Ceroc class</i>	ZUMBA® (All) CA <i>Latin Dance inspired workout</i>	Open to Chill / Practice <i>Personal One to One Tuition</i>	09.30 - 10.30 Sack the DJ <i>Open Decks</i>
10:45-11:45	Simply Latin (-Int) MK <i>Easy Ceroc moves with Latin Style</i>	Funk Factory (Int+) TST <i>Funky Street Styled Ceroc Routine</i>	Open to Chill / Practice	10.30 - 12.00 Sack the DJ <i>Open Decks</i>
12:00-13:00	Strictly Jive (Int) EP <i>Ceroc style for Fast Music</i>	Resistance is not Futile (All) F&S <i>Connection using anchors etc.</i>	WCS Whips <i>Masterclass with T&C</i>	12.00 - 13.00 Sack the DJ <i>Open Decks</i>
13:15-14:15	Drop Zone (Int+) P&A <i>Dips Drops & Seducers</i>	Dynamic Dancing (Int) CA <i>Using Leverage & Momentum</i>	Open to Chill / Practice	13.00-14.30 Swingers Hour Chris Uren <i>Swing Freestyle - for those that like it fast & hard</i>
14:30-15:30	Essentially Tango (All) M&R <i>Intro to Argentine Tango</i>	Work the Floor (Int+) AF <i>Travelling Moves</i>	Open to Chill / Practice	14.30-15.45 Mix Tempo Funky John Baker <i>Contemporary R&B, Funky, Modern - all tempos</i>
15:45-16:45	Slides & Glides (Int+) TS <i>Using Slides for Musicality & Lines</i>	Latin Trio (Int) MK <i>Double Trouble with Latin Style</i>	WCS Passes <i>Masterclass with T&C</i>	15.45-16.45 Urban Anthems Dance Inspired <i>Soul & Street Tunes</i>
17:00-18:00	Groove the Blues 2 (+Blue) D&V <i>Intermediate Blues Routine</i>	Vertigo (Int+) T&H <i>Baby Aerials FIXED COUPLES</i>	Pilates (All) KH	16.45-18.00 Chill Out Zone SilverFox
18:15-19:15	Moves of the Movies (Int) DA <i>Learn some Big Screen Classics</i>	Slick Spins (Int) JS <i>Spin Technique & Routine</i>	Open to Chill / Practice	18.00 - 19.30 Sack the DJ
19:30-20:30	Ceramba (Int+) AF <i>Samba Ceroc Fusion</i>	Off the Blocks (Beg+) ST <i>Beginners Plus Ceroc</i>	Open to Chill / Practice	19.30 - 20.30 Sack the DJ

SATURDAY NIGHT

20:30-21:30	Ceroc F/Style Al Griffin	Latin F/Style Reverend	PRIVATE POD!	20.30-21.30 Chill Out Zone OXO's
21:30-22:30	Ceroc F/Style Chris Uren	Tango Re-Cap & Milonga M&R		21.30-22.30 Chill Out Zone OXO's
22:30-23:30	Cabarets, Competition	Milonga Marc Forster	PRIVATE POD!	22.30-23.30 Chill Out Zone Mike Sailsman
23:30-00:30	Ceroc F/Style Reverend	Joe Powers Plays Tango		23.30-00.30 Chill Out Zone Rocky
00:30-01:30	Ceroc F/Style Chris Baker	WCS F/Style Craig Addison	PRIVATE POD!	00.30-01.30 Blues Lounge John Baker
01:30-02:30	Ceroc F/Style Rocky	WCS F/Style Tiggerbabe		01.30-02.30 Blues Lounge DJ Bunnie
02:30-03:30	Ceroc F/Style Jamie McGregor	WCS F/Style Smood	Open to Chill / Practice	02.30-03.30 Blues Lounge Marc Forster
03:30-04:30	Ceroc F/Style John Baker	Closed		03.30-04.30 Chill Out Zone SilverFox
04:30-05:30	Closed	Closed	Open to Chill / Practice	04.30-05.30 Chill Out Zone ZebraWoman
05:30-06:30	Closed	Closed		05.30-07.00 Chill Out Zone Garry Turner
07:00-	Closed		Open to Chill / Practice	07.00 - Close Sack the DJ

SUNDAY

	Thunderball Room	Cyclone Latin Quarter	POD	The Boudoir 'Blues Lounge'
09:30-10:30	Off the Blocks (Beg+) ST <i>Beginners Plus Ceroc</i>	ZUMBA® (All) CA <i>Latin Dance inspired workout</i>	Open to Chill / Practice	09.30 - 10.30 Sack the DJ <i>Open Decks</i>
10:45-11:45	FloorPlay (Int) P&A <i>Footwork Routine</i>	Nu-Line (All) DS <i>All New Funky Solo Line Dance</i>	Open to Chill / Practice	10.30 - 12.00 Sack the DJ <i>Open Decks</i>
12:00-13:00	Fat Man (Int) T&H plus Chris! <i>2 Leaders Joined & 1 Follow</i>	Jango (Int) EP <i>Ceroc Tango Fusion</i>	Open to Chill / Practice	12.00 - 13.00 Sack the DJ <i>Open Decks</i>
13:15-14:15	Tag (Int+) L&M <i>Steal that Girl</i>	Bachata (All) DS <i>Slow, Close Salsa Style Dance</i>	WCS Scrolling <i>Masterclass with T&C</i>	13.00-14.30 Swingers Hour Mike Ellard <i>Swing Freestyle</i>
14:30-15:30	Winning Moves (Adv) P&A <i>Wow Moves to Catch the Eye</i>	X-Style Blues (All) D&V <i>Easy Ceroc with Blues Style</i>	Open to Chill / Practice	14.30-15.30 Chill Out Zone OXO's
15:45-16:45	Keep Control of Me (Int+) TS <i>Blocks & Stops</i>	Lean on Me (Int) DA <i>Routine featuring various leans</i>	WCS Miscellaneous <i>Masterclass with T&C</i>	15.30-17.00 S'Funk SilverFox <i>Soul Funk Classics!</i>
17:00-18:00	Smooth Expansions (Adv) D&V <i>Adv Sequence of Smooth Links</i>	Tango Improvisation (+AT) M&R <i>Tango Basics with Musical Flow</i>	Pilates (All) KH	17.00-18.00 Chill Out Zone ZebraWoman
18:15-19:15	Eye to Eye Contact (Int) F&S <i>Visual Connection for Lead & Follow</i>	Who's the Boss? (Int+) L&M <i>Lead Switching</i>	Open to Chill / Practice	18.00 - 19.30 Sack the DJ
19:30-20:30	Street (All) TST <i>Solo Street Class</i>	Closed	Open to Chill / Practice	19.30 - 20.30 Sack the DJ

SUNDAY NIGHT

20:30-21:30	Ceroc F/Style OXO's	Latin F/Style DJ Bunnie	PRIVATE POD!	20.30-21.30 Chill Out Zone Al Griffin
21:30-22:30	Ceroc F/Style Garry Turner	Milonga Dance Inspired	PRIVATE POD!	21.30-22.30 Chill Out Zone John Baker
22:30-23:30	Ceroc F/Style Chris Uren	Milonga Marc Forster	PRIVATE POD!	22.30-23.30 Chill Out Zone Rachel Pears
23:30-00:30	Ceroc F/Style DJ Bunnie	Milonga Dance Inspired	PRIVATE POD!	23.30-00.30 Chill Out Zone Rocky
00:30-01:30	Ceroc F/Style Hayley Nicholls	WCS F/Style John Baker	PRIVATE POD!	00.30-01.30 Blues Lounge Garry Turner
01:30-02:30	Ceroc F/Style Smood	WCS F/Style Craig Addison	Closed	01.30-02.30 Blues Lounge Tiggerbabe
02:30-03:30	Ceroc F/Style Chris Baker	Closed	Closed	02.30-03.30 Chill Out Zone SilverFox
03:30-04:30	Closed	Closed		03.30-04.30 Chill Out Zone Mike Sailsman
04:30-05:30	Closed	Closed	Closed	04.30-06.30 Chill Out Zone Marc Forster
05:30-06:00	Closed	Closed		
06:00-	Closed	Closed	Closed	Closed

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