

BLUSH

SOUTHPORT

04 - 06 FEB 2011

PASSPORT TO DANCE

WWW.CEROC.COM/ESCAPE

OVER 15 DIFFERENT DANCE STYLES
TAUGHT MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING DIFFERENT
STYLES OF MUSIC TEACHERS FROM
ALL OVER THE UK DJ'S FROM FAR
& WIDE LARGE GATHERING OF
CEROC TEACHERS MASSAGE HAIR
& BEAUTY PILATES AEROBICS
SWIMMING WORKSHOP DVDS
TO TAKE HOME SELECTION OF
DANCE SHOES AND CLOTHING
ON SALE ON LINE BOOKING
WITH IMMEDIATE CONFIRMATION
GENDER CONTROLLED BOOKING
SYSTEM



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WELCOME

Welcome to yet another fun packed, foot pounding dance weekend extravaganza at Southport.

If this is your first visit to an Escape Weekend event then we hope it lives up to your expectations and opens your eyes to the huge dance scene that we are all a part of.

Our weekender ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

Our team of teachers & DJs come from far and wide so you may see some familiar faces as well as some who can showcase something new and different, displaying their own particular style.

Ceroc 'Escape' events are all about participation, fun, learning and social interaction.

You will find over 40 classes and workshops detailed in this booklet and with the exception of Masterclasses, these sessions are free. For Masterclasses you will need to find a partner to book as they are taught in fixed couples (with the exception of Solo Street). There is a cost of £5 per head as the numbers are limited.

Hopefully this guide will give you all the information that you need, but if you have any queries visit the Weather Centre between 10am - 10pm.

As ever if you have any feedback please email ceroc7@ceroc.com or grab a member of crew over the weekend.

Have a great weekend!

The Escape Committee

EXCEEDINGLY USEFUL INFORMATION

PARKING

There is ample parking at Pontins in Southport so there is no need to book a parking space in advance.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the middle foyer near Stand Out Dancewear. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

It will be possible to remain with a fixed partner in all classes if you choose. There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist and ensure that people are not standing out for long.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not premitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands frequently.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

CHECKOUT INFORMATION

You need to check out by 11am on Monday 7th February 2011.
Please leave your keys at the security gate upon departure.

DVD's OF BLUSH CLASSES

DVD's of all classes taking place over the weekend (with exception of masterclasses), will be on sale from 10am on Sunday morning priced at £20. There is no need to reserve a copy just go to the Weather Centre on Sunday to pick up your copy. You will also be able to buy DVD's from past events as well as Blues, Intermediate and Beginners DVD's at the Weather Centre throughout the weekend.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Masterclasses, Private Lessons, Massage and buy from a range of Ceroc and Style DVD's.

WHAT'S ON TV?

The PTV channel on your TV will show a live feed from the main Thunderball Room. There are 4 other channels available.

TOWEL SWAPPING

If you have Club accommodation you can swap your towels during your stay. Ask reception for a towel swap.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

I'M HUNGRY!!!

No problem there! Bake'n'bite provides freshly baked crusty baguettes, croissant, sweet pastries and savoury snacks; Nisa convenience store provides all your essentials and a lot more, plus you can eat at the restaurant in the Pub located on site, the fish and chip shop and burger bar in the main foyer.

WHIRLWIND BAZAAR

Forgotten your velvet two piece or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear Range aren't on hand to sort you out. Located in the middle foyer between the main ballroom and the pub.

StandOut
DANCEWEAR
www.standoutdancewear.co.uk

COLOURED WRIST BANDS?

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards.

When you are wearing the wristbands you can leave and re-enter the site at any time.

These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

WHERE AND WHEN?

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners.

These will be held in the Main Ballroom & Cyclone Latin Quarter. These workshops will be progressive and totally rewarding.

Starting at 7pm on Friday and continuing throughout the weekend there will be 5 X 1 hour long classes in total.

CEROC FOR NEW INTERMEDIATE DANCERS

These classes can be identified with (-Int) in the schedule at the back of this booklet.

CLOAKROOM

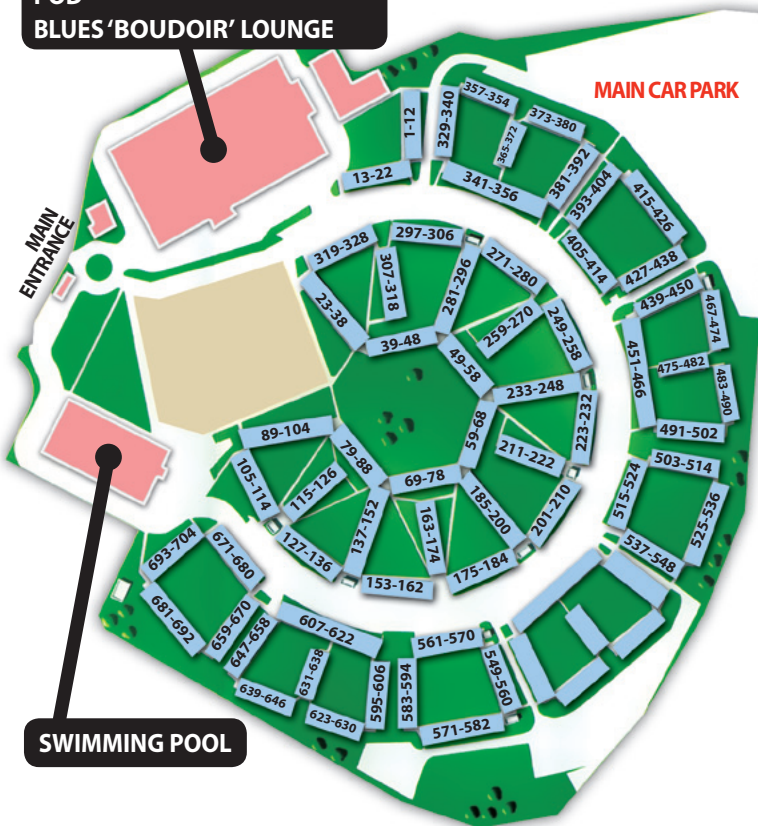
There will be no cloakroom facility due to lack of use at previous events.

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

SOUTHPORT

THUNDERBALL ROOM
LATIN 'CYCLONE' QUARTER
POD
BLUES 'BOUDOIR' LOUNGE



LIST OF ACTIVITIES

MASTERCLASSES

These are classes with a maximum capacity of 20 people in fixed couples and have been put in place for those people really hoping to master the art of the dances and styles billed. These are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head. They can be identified in the schedule at the back of this book with a double asterix ** NB Solo Street does not need to be booked in couples for obvious reasons.

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book or approach the teachers directly. Charges £50 per hour payable to the teachers directly.

SWIMMING POOL

The swimming pool will be open from 4pm - 7pm on Friday and 7am - 7pm on Saturday & Sunday.

SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing you brought your own CD collection. The decks will be waiting for you in the Blues Lounge at certain times of the day. There is a schedule on the wall in the Boudoir to book your space.

FREESTYLE

3 Rooms playing different styles including - Milonga (Tango Freestyle), Ceroc mid - uptempo mix, Blues, Latin, WCS tunes, Swingers Hour. Check out the schedule at the back of this booklet to see what's going on where and when.

CABARET HOUR

Join us at 10.30pm on Saturday night in the main ballroom to see our teachers spotlight their dance style. You can also participate in the Great Escape Competition at this time.

ZUMBA

The latest fitness craze to sweep the nation is here at Southport. Get up early, put your trainers and your fitness gear on to get a fabulous dance inspired workout with teacher - Sarah Maunder from Manchester.

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be on hand offering a variety of treatments to keep you feeling refreshed and revitalised.

Booking Info

All Treatments need to be booked in advanced at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

Deep tissue massage (£20 for 30min)

Great for releasing aches and restoring tired muscles. Our team are registered and insured by the professional body for Sports Massage in the UK.

Reflexology (£20 for 30min)

Great for stress and body, unblocking energy pathways and toxin release by stimulating pressure points located in the feet that correspond to body organs.

Indian Head Massage (£20 for 30 mins)

Treatment involves massage of the head, neck and facial areas with the intention of manipulating energy flow.

Acupuncture (£20 for 30 mins)

Uses fine sterile single use needles placed in specific points on the body to balance energy.

Reiki (£20 for 30 mins)

Japanese technique for stress reduction & relaxation that also aides healing.

Kinesiology (£20 for 30 mins)

Gentle muscle testing and energy balancing, good for relieving and preventing muscle strain and persistent pain

Swedish Massage (£30 for 40 mins)

A relaxing treatment using long stroking techniques and essential oils. Light or medium pressure can be adopted to relieve stress, tension, headaches etc.

Aromatherapy (£30 for 40 mins)

A highly relaxing treatment using essential oils accompanied by relaxing music.

Full Body Wrap + Facial & Head/Foot Massage (£40 for 60 mins)

Lose up to 10 inches instantly with a relaxing body wrap. Reduce the appearance of cellulite and give your metabolism a boost to kick start a detox or weight loss program.

Beauty Treatments (£ various)

Including Facials, Waxing, Manicures & Pedicures

DAY TIME DANCING

There will be non-stop dancing in the Boudoir throughout the weekend. You can also use the POD for some quiet dance time when masterclasses are not taking place, so there is plenty of time to practice the moves you've just learned in the classes you attend. You will also find Swingers Hour in the Pub during the afternoon on both Saturday and Sunday afternoon to get your heart racing for the ultimate cardiovascular dancing.

MILONGA

For the growing following of Tango, Marc & Rachel with Warren Richardson AKA Dance Inspired will be hosting Milongas on Saturday and Sunday in the Cyclone Latin Quarter. To get you in the spirit of things Marc & Rachel will be running a Tango re-cap class and Milonga fundamentals session just before the 1st Milonga of the weekend

FREESTYLE FOR LATIN MUSIC LOVERS

If you love Latin tunes but don't do Tango there will be 3 hours of pure Latin music in the Cyclone Latin Quarter on Friday night and again for an hour on Sunday. See the schedule at the back of the booklet for timings

GREAT ESCAPE COMPETITION

If you want to enter the Great Escape Competition and win your place in the Ceroc Champs Final 2011 then be in the ballroom by 10pm in preparation for competition commencement which will take place at some time around the Cabaret Hour.

THANKS

Our weekend events would not be the success that they are without the assistance of our crew.

It's the people behind the scenes from set-up through to take down, who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team.

Special thanks go to Marc Forster, Chris Baker, Alan Finch & Myles Woodhouse

THE GODS OF THUNDER

The evenings will consist of 3 rooms playing different music from our outstanding line-up of DJ's from across the UK.

The **Main Ballroom** playing popular and new uptempo sounds from evening until 4.30am on Saturday and Sunday morning and 3.30am on Monday morning.

The **Latin 'Cyclone' Quarter** playing set genres including pure Latin, Milonga and WCS

The **Blues 'Boudoir' Lounge**, otherwise known as the 'Pub' will be the non-stop music hot-spot. Playing traditional Escape Chill Out tunes whilst the Latin and Milonga sets are taking place in the Cyclone to suit the Blues and WCS enthusiasts and switching to Pure and Eclectic Blues whilst WCS is being played in the Cyclone.

Our Gods of Thunder this weekend are:

Marc Forster, David 'Rocky' Rokov, Warren 'Dance Inspired' Richardson, Ian 'OXO's Morgan, Mike Sailsman, Graham Kingham, Chris Baker, Chris Uren, Hayley Nicholls, Mike Ellard, Rachel Pears, Sheena 'Tiggerbabe' Assiph, Dale 'Smood' St Rose, Rob 'Reverend' Ambridge, Craig Addison, Keith 'DJ Blue Boy' Furness, Richard Amis & Paul Foster

Official Ceroc Photos

www.CerocPix.com

*Please ask our official photographer for photos! Request Only!
Downloadable photos available online soon after the event.*

Location: Thunderball Room. Near the stage.

Saturday 21:30-22:30 and 23:30-00:30

Sunday 22:00-23:00

Your ESCAPE Plan

OPEN

BLUSH
SOUTHPORT

You Are Here! **Southport**

SOLD OUT

SWISH
NORFOLK

18 - 20 FEB 2011 Norfolk

OPEN

STOAM
CAMBER

11 - 13 MAR 2011 Camber

OPEN

LONDON **cerochamps**

01 MAY 2011 London

SCORCH
SOUTHPORT

20 - 22 MAY 2011 Southport

Viva Las Vegas
CAMBER

03 - 05 JUN 2011 Camber

BREEZE
SOMERSET

30 SEP - 02 OCT 2011 Somerset

SPLASH
SOUTHPORT

14 - 16 OCT 2011 Southport

BLISS
CAMBER

11 - 13 NOV 2011 Camber

Ceroc Dance Holidays

MedFest : Calpe

18-25 September 2011



Weekend Options also available
For booking & further information contact:
Club Dance Holidays

Tel +44 08702 866000 Fax +44 08702 866001

Email: info@www.clubdanceholidays.com

Website: www.clubdanceholidays.com



WORKSHOP DVD

AVAILABLE THIS SUNDAY

All workshops* from this weekend

How can you remember all workshops from this weekend? We have the solution!

We're selling DVDs to take home with you on Sunday.

Yes, this Sunday! From 10am near Info Desk.

2 DVD discs. £20 special discounted price, usually £25.

**Complete Beginners and theory based Master classes are not included.*

BS

**SOUTHPORT
FEB 2011**

Freestyle
Be filmed at
Thunderball Room
on Saturday!
Near the stage
for 30 mins after
Cabaret Hour

**LIMITED
AVAILABILITY
GRAB
YOUR COPY
BEFORE
THEY
SELL OUT**

2011

Gender Balancing

As you know, we made the decision to introduce gender balancing into the weekender market as we believe very strongly that both boys and girls should have the same freestyle opportunities.

Unfortunately, however there is an increasing problem which is jeopardising our best efforts. Essentially, there is an increasing number of girls outwitting our booking process by booking an apartment for say 3 boys and 3 girls yet only the girls are turning up to the event.

At one of our recent events the number of men that didn't turn up was significant and although we appreciate that there will always be genuine reasons for people dropping out, the numbers involved are increasing and too great to be legitimate in our opinion.

For the time-being we cannot think of a way of preventing this happening, and therefore we are pleading with you to respect the spirit of the gender balancing as it's simply not fair on everyone else.

This event should be gender balanced to within 51 people.

NEW MOVES VOL 1 DVD

CEROC
Instructional DVD

This instructional DVD will teach you 49 new moves that have been added to the Ceroc teaching syllabus.

Our dance takes its inspiration from the vast spectrum of other dance forms. What's also really exciting about learning to dance with Ceroc is that we don't stand still, and the dance is constantly evolving.

This DVD is easy to follow and it includes a demo and slow teach for all the 49 new moves.

These moves are really only suitable for people that are comfortable with the Intermediate classes. The moves are a mix of easy, medium & hard Intermediate moves.

**AVAILABLE AT WEATHER INFO DESK
OR ONLINE WWW.CEROC.COM**

Getting married?
Having a party?
Need a dance floor?
No event too small
Prices from £150

www.CheapDanceFloors.co.uk

Cheap dance floors UK offer a very stylish, portable and adaptable temporary flooring solution to suit the needs of any type of event. Our dance floors can be used at weddings, birthday parties, discos, dance events, conferences etc. We offer an economical, no fuss dance floor anywhere in London and the rest of the UK.

**danceflooruk@gmail.com
07595595941**



DANCE • LAUGHTER • MEMORIES

STORM

CAMBER

2011

11-13 MARCH

This will be the 6th anniversary of our first ever Escape event and is already over 90% sold!

With 4 areas for workshops and freestyle, and more accommodation than any other Pontins Park this is the biggest weekender venue.

Remember the earlier you book, the cheaper the price.

Bookings and more info:

www.ceroc.com/storm

Camber Weekender

03-05 June 2011

www.ceroc.com/VivaLasVegas



PONTINS
CAMBER
SANDS



The High Rollers Weekender!
Incorporating the usual workshops and freestyle, but with added attraction of a themed Viva Las Vegas Saturday entertainment with Casino Tables, Showgirls & Cabarets.

Great Escapee Competition

Introducing the all new Ceroc Champs Heats - featured at all of our major Escape Weekenders and the audience vote!

Next year the Ceroc Championships will see a brand new category "Great Escapee". This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekend then get automatic entry to the National Ceroc Championship in 2011.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2012.

So get your fave dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret Hour so competitors and would-be judges need to be **in the Thunder Ballroom on Saturday night by 10pm.**

For more info about Champs, please visit **www.CerocChamps.com**



Sponsored by



CEROC champs

SUN 01 MAY 2011

The XIII UK Dance Championship

Returning to the Fabulous Troxy E1!

Over 15 hours of dance, competition & entertainment, with more than 8 hours of freestyle through to 2am.

PLUS 3 BRAND NEW competition categories adding even more excitement to the mix...

This event is world renowned and brings together some of the best dancers from across the Globe. Held on the first May Bank Holiday Sunday at the world-famous 'Troxy' in East London.

There is non-stop dancing, entertainment, laughs and competition. Whether you compete, freestyle, spectate or just socialise you are guaranteed a fabulous Bank

Holiday packed full of action...

a weekend not to be missed!

www.CerocChamps.com

30 SEP - 02 OCT 2011

BREEZE

SOMERSET

THE UK BLUES CHAMPS

This is the only weekender to incorporate
a major dance championship.
This event still has the usual workshops and freestyle
for Beginners to Advanced dancers.

New Blues Champ Category!

**** **Blues Showcase** ****

Only 8 couples may enter - apply today
email val@cerocpr.co.uk

WWW.CEROC.COM/BREEZE

Teachers

CHRIS BAKER (CB)

Once our youngest ever Ceroc teachers and now running his own Ceroc empire in the North East, Chris is full of charm, charisma and dance-floor attitude. The routines he teaches are stylish & creative and his DJ sets 'pumping'!

CRAIG ADDISON (CA)

London teacher Craig is full of enthusiasm and energy. At this event he is taking you through Classics Plus so you can see some interesting variations on Classic Moves.

DALE ST ROSE (DS)

Also known as Smood, Dale has won more competitions than Southport has seagulls, including the Ceroc Championships and the Open Blues Champs in 2007 and 2009. He also took home joint 1st place in the Blues showcase category in 2010.

DEBBIE ATTWOOD (DA)

This Midlands lass is pure fun and style! She has a huge repertoire of dance talents and bags of charisma that will keep you coming back for more.

FRANK PAULY & SHEENA ASSIPH (F&S)

Scotland's finest! Known for their fabulous lead & follow technique classes. Frank and Sheena will really help you grasp the fundamentals in a fun and relaxed atmosphere.

GEMMA PEARCE (GP)

This curly cutie from Oxfordshire makes her weekender teaching debut at Blush so put your best foot forward and Mambo your way into her class.

LAURA BREADNER (LB)

This semi-professional dancer from the Isle of Man has an array of dance talents and this is her Escape debut.

LISA RICHARDSON (LR)

Teacher from Kent, Lisa, lives and breathes dance. With an extensive background in many dance styles as well as being a Stage Coach teacher, Lisa is hot on choreography. Join her for Spin City and All That Jazz this weekend.

LUCKY SKILLEN & EDEN (LS)

This American boy wonder with the huge smile, has been taken deeply into the hearts of the UK dance scene after frequent visits. With a background in Lindy, Blues, Ballroom, Tango..... the list is extensive, he always has tips, tricks and exercises to make the 'penny drop'. Eden, his elegant and poised dance partner has Tango as her primary dance, so between them, this New York couple will show you all a thing or 2.

LYNDSEY CHIVERS & MARK KERR (L&M)

From Wales, this amazing competition winning couple with their young style will get your energy levels soaring. They are going to make you funky, hot and dancing on that slot.

MARC FORSTER & RACHEL PEARS (M&R)

This adorable couple with a huge fan base created their own style known as Cuban Blues, perfect for the Chill Out Zone. Since then Argentine Tango has been their love and so you can find them in the Latin Cyclone Quarter for much of time this weekend during Milongas. They are both great DJ's too so follow their tracks in freestyle!

PHIL WEBB (PW)

Ceroc Open Champion 2 years running, Ceroc Scotland Champ twice, Blackpool champ 3 times and 12 times Open & Showcase winner in smaller competitions... and those are just Phil's Modern Jive Accolades! As a junior and juvenile Ballroom & Latin Dancer, Phil was once number 1 in the country. His classes are a must.

PHIL & ALEX MOTLEY (P&A)

This pair are known for their creative and original competition winning showcases. They are an inspiration to watch and charismatic in stage. Based in the North East, Phil & Alex don't make it to many of the Escape Weekends so make the most of their presence this weekend.

TIM SANT (TS)

This young, highly talented dancer and teacher has a huge following in London and anywhere he visits. As Head of Dance for Ceroc and Winner of the 2009 Ceroc Champs Showcase Category, Tim always has lots to offer. Apart from anything else, his uplifting energy will be sure to rub off on you.

TIM STEVENS (TST)

Now teaching in Wales, but originally from the London and Surrey area, Tim is a Street Dancer by heart.... he's a true inspiration.

TOM BAKER (TB)

This young Ceroc Open Champion walked away from the Open Category an undefeated winner having taken the prize 3 years in a row. He even picked up a WCS trophy on his first visit to a Competition in the States.

TONY EPPS & HAYLEY NICHOLLS (T&H)

This funky young partnership have quite a few Ceroc Weekenders under their belt and return to Southport with Aerials, Drops and Advanced moves. You can also dance to Hayley's tunes in the main room.

VAL & DAVID ROKOV (V&D)

Former Blues Champions & creators of Utopia the popular Chill Out Freestyles, Val & David are full of smooth style. They say connection is key and when on the Blues & Chill Out Dance-floor, dancing as one is your target. Learn technique and moves from them this weekend to make you hot in the Boudoir!

Schedule



THUNDERBALL ROOM (Fun Factory)



LATIN CYCLONE QUARTER (Lunars)



POD (aka Foyer Arcade)



BLUES BOUDOIR LOUNGE (Queen Vic)

SCHEDULE KEY

- Workshops are shown in **RED**
- (Beg) These classes are suitable for complete beginners.
- (Beg+) You should have done at least 6 classes.
- (-Int) Easy Intermediate Lesson.
- (Int) Regular Intermediate Lesson.
- (Int+) More difficult Intermediate Lesson.
- (Adv) For advanced dancers who pick up moves easily.
- (All) Suitable for everyone.
- (IntAT) (IntBlues) - progressive levels in Tango & Blues.
- Masterclasses - booked at the Weather Centre £5 per head.
- ZUMBA - Dance inspired fitness class - wear suitable attire.

	Thunderball Room	Cyclone Latin Quarter	POD	The Boudoir 'Blues Lounge'
18:00-19:00	Ceroc F/Style Hayley Nicholls <i>Ceroc Classic Tunes</i>	Closed	Closed	14.00 - 19.00 Sack the DJ <i>Open Decks</i>
19:00-20:15	Ceroc F/Style Hayley Nicholls <i>Ceroc Classic Tunes</i>	Starters Orders (Beg) LB <i>Ceroc for Beginners</i>	Closed	19.00-20.00 Chill Out Zone Rocky <i>Slow, Smooth Freestyle</i>
20:15-21:15	Mambo Magic (Int) GP <i>Ceroc routine with Mambo steps</i>	Starters Orders (Beg) LB <i>Ceroc for Beginners</i>	Closed	20.00-21.30 Chill Out Zone Chris Uren
21:30-22:30	Ballrooming Blues 1 (All) LS <i>Social Blues with Foxtrot Patterns</i>	Ceroc F/Style Richard Amis	Closed	21.30-22.30 Chill Out Zone DJ Blue Boy
22:30-23:30 23:30-00:30	Ceroc F/Style Chris Baker Ceroc F/Style Smood	Latin F/Style Chris Uren Latin F/Style Reverend	Open to Chill / Practice	22.30-23.30 Chill Out Zone Paul Foster 23.30-00.30 Chill Out Zone Tiggerbabe
00:30-01:30 01:30-02:30	Ceroc F/Style Chris Uren Ceroc F/Style Marc Forster	Latin F/Style Reverend WCS F/Style DJ Blue Boy	Open to Chill / Practice	00.30-01.30 Chill Out Zone Rocky 01.30-02.30 Blues Lounge Smood
02:30-03:30 03:30-04:30	Ceroc F/Style Hayley Nicholls Ceroc F/Style Graham Kingham	WCS F/Style Craig Addison Closed	Open to Chill / Practice	02.30-03.30 Blues Lounge Tiggerbabe 03.30-04.30 Chill Out Zone OXO's
04:30-05:30	Closed	Closed	Open to Chill / Practice	04.30-05.30 Chill Out Zone Mike Sailsman 05.30-07.30 Chill Out Zone Rachel Pears

SATURDAY

	Thunderball Room	Cyclone Latin Quarter	POD	The Boudoir 'Blues Lounge,
09:30-10:30	Starters Orders (Beg) LB Complete Beginners Ceroc class	Zumba (All) SM Dance inspired workout	Open to Chill / Practice Personal One to One Tuition	09.30 - 10.30 Sack the DJ Open Decks
10:45-11:45	Latin Styling (Int) PW Ceroc with Latin Style	All New X-Styles (All) TS using 2011 beginners moves	Open to Chill / Practice	10.30 - 12.00 Sack the DJ Open Decks
12:00-13:00	Dips & Drops (Int) P&A Beginners Dips, Drops and Leans	Line Dance (All) DS Solo Class - line dance routine	Open to Chill / Practice	12.00 - 13.00 Sack the DJ Open Decks
13:15-14:15	Wicked Whips (Int+) CB Whips based on momentum	Footwork Frenzy (Int) DA Routine with syncopated patterns	Hot Drops Masterclass with T&H	13.00-14.30 Swingers Hour Chris Uren Swing Freestyle
14:30-15:30	Tangoed up in Blues 1 (Int+) LS Tango Blues Fusion	F Words (Int+) F&S Fun, Flashy & Freestylable	Tango Intensive Improvers Masterclass with M&R	14.30-16.00 Chill Out Zone Paul Foster
15:45-16:45	Groove the Blues (IntBlue) V&D Intermediate Blues Routine	Stops & Blocks (Int+) CB Musical interpretation with stops	Hot Drops Masterclass with T&H	16.00-17.00 Smood Hour Smood Eclectic mix from Smood!
17:00-18:00	Argentine Tango 1 (All) M&R Intro to Argentine Tango	Hot to Slot (Int) L&M Slot dance technique routine	Momentum Masterclass with LS	17.00-18.00 Chill Out Zone Mike Sailsman
18:15-19:15	All That Jazz (Int) LR Choreographed routine	Smooth Links (Int+) DS Smooth, fluid routine	Open to Chill / Practice	18.00 - 19.30 Sack the DJ
19:30-20:30	Classic Moves (-Int) TB Easy Intermediate Moves	Starters Orders (Beg) LB Complete Beginners Ceroc class	Open to Chill / Practice	19.30 - 20.30 Sack the DJ

SATURDAY NIGHT

20:30-21:30	Ceroc F/Style Richard Amis	Closed	Open to Chill / Practice	20.30-21.30 Chill Out Zone Reverend
21:30-22:30	Ceroc F/Style Chris Uren	Tango Re-Cap & Milonga M&R	Closed - room in use	21.30-22.30 Chill Out Zone Paul Foster
22:30-23:30	Cabarets, Competition	Milonga Dance Inspired	Open to Chill / Practice	22.30-23.30 Chill Out Zone Paul Foster
23:30-00:30	Ceroc F/Style OXO's	Milonga Marc Forster		23.30-00.30 Chill Out Zone Tiggerbabe
00:30-01:30	Ceroc F/Style Chris Baker	Milonga Marc Forster	Open to Chill / Practice	00.30-01.30 Chill Out Zone Rocky
01:30-02:30	Ceroc F/Style Graham Kingham	Milonga Dance Inspired		01.30-02.30 Chill Out Zone Rachel Pears
02:30-03:30	Ceroc F/Style Hayley Nicholls	WCS F/Style Tiggerbabe	Open to Chill / Practice	02.30-03.30 Blues Lounge Marc Forster
03:30-04:30	Ceroc F/Style Reverend	Closed		03.30-04.30 Chill Out Zone Mike Sailsman
04:30-05:30	Closed	Closed	Open to Chill / Practice	04.30-05.30 Chill Out Zone OXO's
05:30-06:30	Closed	Closed		05.30-07.00 Chill Out Zone DJ Blue Boy
07:00-	Closed		Open to Chill / Practice	07.00 - Close Sack the DJ

SUNDAY

	Thunderball Room	Cyclone Latin Quarter	POD	The Boudoir 'Blues Lounge'
09:30-10:30	Off the Blocks (Beg+) LB <i>Beginners Plus Ceroc</i>	Zumba (All) SM <i>Dance inspired workout</i>	Open to Chill / Practice	09.30 - 10.30 Sack the DJ <i>Open Decks</i>
10:45-11:45	Smooth Seducers (Int+) TS <i>Dips & Drops for more advanced</i>	X-Styles Street (All) TST <i>Beginners moves with Street style</i>	Open to Chill / Practice <i>First Move Variations</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>
12:00-13:00	Sweeping Circles (Int) F&S <i>Connection for Pivots & Penguins</i>	Funk & Disorderly (Int+) L&M <i>Funky routine to get hearts racing</i>	Liquid Links <i>Masterclass with TS</i>	12.00 - 13.00 Sack the DJ <i>Open Decks</i>
13:15-14:15	Repertoire Enhancer (Int) P&A <i>Moves, Moves, Moves</i>	Argentine Tango 2 (IntAT) M&R <i>Beg + Argentine Tango</i>	Solo Street <i>Masterclass with TST</i>	13.00-14.30 Swingers Hour Mike Ellard <i>Swing Freestyle</i>
14:30-15:30	Advanced Ceroc (Adv) T&H <i>Tricky Advanced Routine</i>	Ballrooming Blues 2 (IntBlu) LS <i>Blues with Foxtrot patterns 2</i>	Open to Chill / Practice	14.30-15.30 Urban Anthems Dance Inspired <i>Soul & Street tunes from back in the day</i>
15:45-16:45	Spin City (Adv) LR <i>Routine packed with Spins</i>	Light & Shade (Int+) V&D <i>Routine half, single & double time</i>	Baby Aerials <i>Masterclass with P&A</i>	15.30-17.00 Chill Out Zone OXO's
17:00-18:00	American Smooth (Int+) PW <i>Ceroc with American Smooth Style</i>	Tangoed up in Blues2 (Int+)LS <i>Tango Blues fusion 2</i>	Open to Chill / Practice	17.00-18.00 Chill Out Zone Smood
18:15-19:15	Classic Plus (Int) CA <i>Variations on Classic Moves</i>	Baby Aerials (Adv) T&H <i>Airsteps at low level</i>	Open to Chill / Practice	18.00 - 19.30 Sack the DJ
19:30-20:30	Awesome Foursome (Int) DA <i>Routine danced in foursome</i>	Closed	Open to Chill / Practice	19.30 - 20.30 Sack the DJ

SUNDAY NIGHT

20:30-21:30	Ceroc F/Style Graham Kingham	Closed	Open to Chill / Practice	20.30-21.30 Chill Out Zone Reverend
21:30-22:30	Ceroc F/Style Richard Amis	Latin F/Style OXO's		21.30-22.30 Chill Out Zone Mike Sailsman
22:30-23:30	Ceroc F/Style Chris Uren	Milonga Marc Forster	Open to Chill / Practice	22.30-23.30 Chill Out Zone DJ Blue Boy
23:30-00:30	Ceroc F/Style Craig Addison	Milonga Dance Inspired		23.30-00.30 Chill Out Zone Rocky
00:30-01:30	Ceroc F/Style Hayley Nicholls	WCS F/Style DJ Blue Boy	Open to Chill / Practice	00.30-01.30 Blues Lounge Smood
01:30-02:30	Ceroc F/Style Chris Baker	WCS F/Style Craig Addison		01.30-02.30 Blues Lounge OXO's
02:30-03:30	Ceroc F/Style OXO's	Closed	Open to Chill / Practice	02.30-03.30 Chill Out Zone Rachel Pears
03:30-04:30	Closed	Closed		03.30-04.30 Chill Out Zone Tiggerbabe
04:30-05:30	Closed	Closed	Open to Chill / Practice	04.30-06.30 Chill Out Zone Marc Forster
05:30-06:00	Closed	Closed		
06:00-	Closed	Closed	Open to Chill / Practice	Closed

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