

CEROC

ESCAPE

DANCE • LAUGHTER • MEMORIES

BREEZE

SOMERSET

01 - 03 OCT 2010



PASSPORT TO DANCE

OVER 15 DIFFERENT DANCE STYLES
TAUGHT THE UK OPEN BLUES
CHAMPIONSHIP MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING DIFFERENT STYLES
OF MUSIC MILONGA TEACHERS FROM
ALL OVER THE UK DJ'S FROM FAR &
WIDE LARGE GATHERING OF CEROC
TEACHERS PUB QUIZ KARAOKE
MASSAGE AEROBICS SWIMMING
PILATES VIDEO CLINIC PRIVATE
LESSONS MASTERCLASSES POLE
DANCING WORK SHOP DVDS
TO TAKE HOME SELECTION OF
DANCE SHOES AND CLOTHING
ON SALE ONLINE BOOKING & IM-
MEDIATE CONFIRMATION GENDER
CONTROLLED BOOKING SYSTEM



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WELCOME

Welcome once more to Brean Sands, home to another fantastic Ceroc Weekender and also the UK Open Blues Championships.

Our weekender ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

Our team of teachers & DJs come from far and wide so you may see some familiar faces as well as some who can showcase something new and different, displaying their own particular style.

Ceroc 'Escape' events are all about participation, whether that be the dance, social or performance aspects of the weekend so there are opportunities all round for you to participate from entering the competition, attending the classes, joining in the pub quiz and karaoke.

Lets talk more about the Blues Champs! Heats are on Saturday night with Finals on Sunday night. On Sunday afternoon, there will be a Blues Dance with a Stranger competition so even if you've only tried Blues this weekend give it a go! We have introduced a new category this year - Blues Showcase and you can see these performances in the Main Ballroom on Saturday night.

Of course the Blues Champs may not float everyone's boat so whilst this is going on you will always find freestyle dancing or classes taking place in the alternative dance spaces.

Hopefully this guide will give you all the information that you need to make this dance extravaganza the ultimate Ceroc experience, but if not there will be a manned information desk (Weather Centre) from 10am - 10pm during the weekend to help you with your enquiries.

If we've missed something please let us know ceroc7@ceroc.com

Have a great weekend!

EXCEEDINGLY USEFUL INFORMATION

PARKING

There is ample parking at Brean, so you should easily find somewhere to park.

PROBLEMS?

If you have any problems or questions please visit the 'Weather Information Centre' situated in the main foyer of the Centre. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

It will be possible to remain with a fixed partner in all classes if you choose. There will inevitably be more of 1 gender than another in some classes, however our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist and ensure people are not standing out for too long.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember Airsteps are not permitted for safety reasons. Take care when doing any form of Drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands regularly for hygiene purposes.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

CHECKOUT INFORMATION

You need to check out by 10am on Monday 4th October 2010. Please leave your keys at the security gate upon departure.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Masterclasses, Private Lessons, Video Clinic, Pole Dancing & buy from an extensive range of Ceroc and Style DVD's.

WHAT'S ON TV?

The PTV channel on your TV will hopefully show a live feed from the main Thunderball Room. There are 4 other channels available.

TOWEL SWAPPING

If you have Club or Classic Plus accommodation you can swap your towels during your stay. The Towel Store is located within the accommodation office which can be found by car park number 1. Opening times are advertised as 9am - 8pm and towel supply is subject to availability.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. There are also electricity token vending machines in the main reception and they cost £1 each. Only £1 coins and 50 pence pieces can be accepted at the machines.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

I'M HUNGRY!!!!

No problem there! There are various places to get food on site including Fish & Chips from Captain Cod. A good selection of hot and cold food in the Queen Victoria restaurant, late night snacks from Downtown Diner and for those looking to self cater in your chalets a Nisa Convenience store is also on-site.

These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

These will be held in the Main Ballroom & the Tempest Studio. These workshops will be progressive, and totally rewarding. Starting at 6pm on Friday and continuing throughout the weekend there will be 5 classes in total.

There is no charge to enter the Blues Championships and you can register your entry in the Chill Out Zone (Cyclone) from Friday night at 10pm to midnight and on Saturday from midday until 5pm. If entering the UK Open Champs please bear in mind that the finals are finishing on Sunday night and results & prize giving will be at around midnight.

All Terms & Conditions apply and can be found on our website.



LIST OF ACTIVITIES

POLE DANCING EXPLAINED

Everyone's doing it! From 'A' list celebs to even the Women's Institute, there can be no doubt that Pole Dancing has arrived. In our dance environment pole dancing helps you to develop better posture and body movement so you'll be body rippling your way around the floor! Numbers for these workshops are limited and therefore you will have to put your name down on the list available at the Weather centre. Ladies Only.

Please wear shorts, jogging bottoms or trousers that can be rolled up.

MASTERCLASSES These are intensive classes with a maximum capacity of 34 people in fixed couples and have been put in place for those people really hoping to master the art of the dances and styles billed. These are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head. They can be identified in the schedule at the back of this book with a double asterix **

PRIVATE LESSONS Some teachers are available for private lessons, please visit the Weather Information Centre for room availability & approach the teachers directly. Charges £50 per hour payable to the teachers.

BLUES CHAMPIONSHIPS This is the 4th UK Open Blues Championships taking place at BREEZE. The competition will be held across the Saturday & Sunday with Heats commencing at 11pm on Saturday night & the Finals on Sunday from 9.30pm. There will also be a Blues Dance with a Stranger Contest on Sunday afternoon from 1.15pm. The Blues Showcase Competitors will be performing in the Main Thunder Ballroom at 10pm. To register your entry please visit the Competition Desk in the Cyclone Dance Zone from 10pm to midnight on Friday night & midday - 5pm on Saturday. Entry to each competition is free subject to availability. Winners of the Dance with a Stranger Competition get automatic entry to the Open Final provided neither is already competing in the category.

AEROBICS, PILATES, POOL Aerobics is taking place under the guise of Get Up & Go with Tim Stevens. Obviously suitable aerobic wear will be required with good sports trainers and if you intend to do Pilates you will need to bring your own mat / towel. The pool will be open: 4pm-7pm FRI, 7am-10am & 1pm-7pm SAT & SUN

ESCAPE WELLBEING TREATMENTS

Quality - Indulgence - Value

Deep tissue sports massage (£20 for 30min)

Great for releasing aches and restoring tired muscles. Each therapist has in-depth knowledge of muscle, nerve and skeletal function and can treat you from top to toe.

Reflexology (£20 for 30min)

Great for stress and body, unblocking energy pathways and toxin release by stimulating pressure points located through the feet.

Indian Head Massage (£20 for 30 mins)

Treatment involves massage of the head, neck and facial areas with the intention of manipulating energy flow.

Hot Stones (£30 for 40 mins)

Super smooth, heated, basalt stones are massaged into your muscles to relieve tension and promote deep relaxation.

Swedish Massage (£30 for 40 mins)

This is a relaxing massage that uses long stroking techniques with essential oils. Ideal for stress, tension, pain and headaches.

Aromatherapy (£30 for 40min)

Highly relaxing treatment that could send you to sleep! Using essential oils and relaxing music

Kinesiology (£20 for 30min)

If you suffer from persistent pain kinesiology can help you diagnose the problem. treatment usually includes acupuncture or deep tissue massage.

Acupuncture (£20 for 30min)

Rebalance energy and promote well being through the insertion of sterile single use hair thin needles.

Full Body Wrap (plus facial & head/foot massage) (£40 for 60min)

Lose inches, give your metabolism a boost and feel energised.

Hair Cutting & Styling (£/min - Various)

Cut, Re-Style, Colour, Highlights

Beauty Treatments (£/min - Various)

Facials, manicures, pedicures, waxing, make-up,

Booking Info

All Treatments need to be booked in advanced at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

SACK THE DJ

Stand up for what you believe in - your chance to have a go providing you brought your own CD collection. The decks will be waiting for you in the Boudoir.

LUNCHTIME QUIZ

Test your wits against your peers and have great fun with Quizmasters Steve & Gordon. Teams of 6 or less in the Boudoir on Saturday & Sunday.

CEROC X FACTOR

The usual Karaoke - take your pick from a list of tunes. Hosts Steve & Gordon will provide you with excellent entertainment including a judging panel.

BREEZE VIDEO CLINIC

There is the opportunity at VLV to have your dancing videoed, analysed and reviewed by Ceroc teachers at the 'VLV Video Clinic'. To book a slot for this please visit the 'Weather Information Centre' in the main reception area. Video analysis will cost £30.00 for 45 minutes plus copy of DVD

DAY TIME DANCING

Aside from dancing in the boudoir outside of the scheduled entertainment you will find freestyle dance sessions in Cyclone from 2.30pm - 4.45pm on Saturday and amidst the Dance with a Stranger Comp on Sunday. Featured DJ sets in the Boudoir include Swingers Hour for those who like it fast and S'Funk for a trip down the retro Soul memory lane. All we need is for that early October sun to come out for some more alfresco dancing.

MILONGA

For Tango lovers Marc & Rachel will be hosting a Milonga on Friday & Saturday night in the Tempest Studio see schedule for timings.

WHIRLWIND BAZAAR

Forgotten your favourite Lycra Hot Pants or danced a hole in your shoes then don't panic as Balca & her Stand Out Dancewear Range are on hand to sort you out. Footwear and dance clothes can be found in the Thunder Ballroom. www.standoutdancewear.co.uk

MUSIC

'The Gods of Thunder'

Getting the music right at an event like this is probably the biggest challenge of the weekend.

Over the last 10 Escape weekenders we have put together an outstanding team of DJ's and continually add new upcoming talent to the mix to ensure the music is always an inspiration.

With DJ's from all across the UK, we're hoping that this mix will provide the diversity of music that we think an event like this needs.

To make it more interesting there will always be the opportunity to listen to some of your fellow dancers trying their music collections out in the Boudoir every day during the 'Sack the DJ' sessions and there will also be additional daytime dancing sessions in the Cyclone on Saturday & Sunday afternoon. See the schedule for timings.

Our evenings at Breeze as ever will have 2 rooms of Freestyle - Thunder Ballroom for Ceroc Classics and Cyclone for Chill-Out Lounge music. Additionally there will be 2 hours of Tango tunes in the Milonga on Friday & Saturday.

See who's billed for each set in our schedule at the back of this booklet!

THANKS

Our weekend events would not be the success that they are without the assistance provided by our crew.

It's the people behind the scenes from set-up through to take down, who often go unrecognised, and we would therefore like to offer our appreciation to all the crew, from Floor Layers, Wristband Checkers & Row Organisers to 'Weather Girls & Boys', Registration Crew & Taxi Dancers. A special note of thanks must also go to Marc Forster, Chris Baker, Alan Finch and Myles Woodhouse who's dedication to the set-up on every one of our events is hugely appreciated.

YOUR ESCAPE MAP

BREEZE
SOMERSET

YOU ARE HERE!

Somerset

SPLASH
SOUTHPORT

15 - 17 OCT 2010

Southport

BLISS
CAMBER

26 - 28 NOV 2010

Camber

BLUSH
SOUTHPORT

4 - 6 FEB 2011

Southport

SOLD OUT

SWISH
NORFOLK

18 - 20 FEB 2011

Norfolk

STOAM
CAMBER

11 - 13 MAR 2011

Camber

LONDON
**ceroc
champs**

1 MAY 2011

London

SCORCH
SOUTHPORT

20 - 22 MAY 2011

Southport

Viva **Las Vegas**
CAMBER

10 - 12 JUN 2011

Camber

Ceroc Dance Holidays

Viva Espana!

Majorca!

5 nights : 04-09 June 2011



Weekend Options also available

For booking & further information contact:

Club Dance Holidays

Tel +44 08702 866000 Fax +44 08702 866001

Email: info@www.clubdanceholidays.com

Website: www.clubdanceholidays.com



WORKSHOP DVD AVAILABLE ON SUNDAY

All workshops* from this weekend

There are so many workshops this weekend,
how can you remember them all !? We have a solution!
We're selling DVDs for you to take home with you on Sunday!
Yes, this Sunday! From 10am near Info Desk.
2 DVD discs. £20 special discounted price, usually £25.

BREEZE



CEROC ESCAPE WEEKENDER

CEROC

FREESTYLE

Be filmed at
Thunderball Room
on Saturday!

Near the stage
for 30 mins after
Cabaret Hour

2010
MERSET

**LIMITED
AVAILABILITY
GRAB
YOUR COPY
BEFORE
THEY
SELL OUT!**

Official Ceroc Photos

www.CerocPix.com



**Photographs taken this weekend
will be available to buy and
download online.**

**Please visit our web site and
download that great shot of you!
PLEASE ASK EMILIA FOR PHOTOS!**



NOTE: Use of DSLR Cameras at the event is not allowed. Please contact CerocPix team for approval. You are not allowed to publish any photos/videos taken from this event. Photographs available to purchase at CerocPix.com are permitted for private, noncommercial use only. Photographs cannot be published, sold, reproduced, transferred, distributed, or otherwise commercially exploited in anymanner whatsoever.

* Online prices are subject to change without notice.

Great Escapee Competition

Enter 'Great Escapee' Dance Competition
Saturday night Thunder Ballroom

Introducing all new Ceroc Champs Heats
- featured at all of our major Escape
Weekenders and the audience vote!

Next year the Ceroc Championships will
see a brand new category "Great Escapee".
This category will have just 1 round at the
London Ceroc Champs and that will be the
FINAL, so all you have to do is win your
heat at a weekender then get automatic
entry to the National Ceroc Championship
in 2011.

Winners of the Great Escape Final will
receive a Free Chalet at an Escape
Weekend (Southport, Camber or Brean
Sands) in 2012.

So get your fave dancing shoes on, get
your supporters into the ballroom....
remember the spectators determine the
winners.

Heats will take place during the Cabaret
and Entertainment Hour at Viva Las Vegas
so competitors and would-be judges need
to be in the **Thunder Ballroom on Saturday
night by 9pm.**

For more info about Champs, please visit
www.cerocchamps.com



SPLASH

SOUTHPORT

15 -17 OCT 2010

ARGENTINE TANGO
RICARDO ORIA & JENNY FRANCES

WWW.CEROC.COM/SOUTHPORT



26-28 NOV 2010

This weekend has sold out.

**Camber Escape are the biggest
dance weekenders on the planet!**

**If you are thinking of attending any
Escape weekender in 2011, remember
to book early especially if you are
booking a female only apartment.**

Escape 2011 bookings opening soon.

BREEZE BRIGADE

ALEX FAULKNER (AF)

Amazing choreographer, creator of moves, performer, dancer and teacher - Alex is the full package. Choreography, Fluid Links and a Masterclass are what Alex brings to you this weekend.

CHRIS BAKER (CB)

Chris Baker, once our youngest ever Ceroc teacher now runs his Ceroc empire in the North East including Middlesbrough, Newcastle, Harrogate, Sunderland and Darlington. Full of charm, charisma and dance-floor attitude. The routines he teaches are Stylish and Creative.

HOWARD & NICOLA (H&N)

Blues Champions Howard and Nicola are very popular teachers who teach all over London and the U.K. Their relaxed, fun and clear teaching style will always leave you with some great moves and a smile on your face.

JAMIE & COLEEN (J&C)

Winners of the Ceroc Open Championships 2010, Jamie and dance partner Colleen, bring you stylishly smooth style that exudes great body lines and musical interpretation.

LYNDSEY & MARK (L&M)

Wales is loaning us this amazing couple with their funky style. You can see these inspirational dancers from the West demonstrating 'Funk and Disorderly' on Sunday. If that's the style for you then don't miss it!

MAJA KOCANOVA (MK)

Originally from Slovakia, Maja started Cerocing in New Zealand. Now teaching in sunny Stoke & Shrewsbury with a background in Latin & Ballroom, Tap & Slovakian dancing, Maja's Latin style routines are always popular.

MARC & RACHEL (M&R)

Creators of their own stylised dance known as 'Cuban Blues' Marc & Rachel are experts on slow, close, smooth, connected routines. With their love of Latin style and this weekend they are your leaders in Argentine Tango and will also be running the Milonga on Sunday night.

NICO GOYMER (NG)

Usually seen at Cheltenham, Nico has been on stage teaching for years! He favours smooth style and fluidity that works as well on the Ceroc dance-floor as well as the Chill Out Zone. Take some advanced moves from him and double the trouble!

NIGEL & NINA (N&N)

With Breeze being the home of the UK Open Blues Championships, top UK Blues Dancers Nigel Anderson and Nina Daines just had to be present! Their classes are always an inspiration and watching them dance is a sheer pleasure. Winners of numerous competitions most notably in the showcase and cabaret sections they will overwhelm Blues lovers with plenty of great tips, techniques and moves. Masterclass bookable at the Weather Centre

RICHARD & ZOE (R&Z)

Richard & Zoe teach in the South West and West and perform and compete regularly. Their dedication to dance shows through their moves and style - all of which is being shared with you this weekend.

RICHARD & HEATHER (R&H)

These fun South Coast teachers have been passing their expertise onto hundreds of dedicated dancers for the last 3 years. They'll be showing you their strictly smooth and stylish moves over this weekend. Great moves, musicality, style and having fun with your partner is what this duo are all about.

ROY POWER (RP)

Teacher & franchise owner for Ceroc Oxford, Roy has over 15 years experience. Renowned for his stylish and creative moves with a hint of Latino, his classes are always fun and challenging.

STEVE HUNT (SH)

Steve is currently sweeping up trophies on the WCS circuit in the US. His Ceroc teaching style combined with his love of WCS dance makes him the ideal person to teach you all about this dance style.

STEVE THOMAS (ST)

Quizmaster and Compere at Camber this London lad has the gift of the gab and the ability to entertain. He also relishes in teaching and developing new dancers so this weekend he will be leading the way for our Beginners.

TIM SANT (TS)

This young, highly talented dancer has a huge following of dancers in London. As Head of Dance for Ceroc and Winner of the 2009 Ceroc Champs Showcase category Tim always has lots to offer. Apart from anything else his enthusiasm and energy levels are sure to rub off on you.

TIM STEVENS (T&S & T&L)

Tim has been dancing on the Ceroc scene for some time, injecting his own 'Street' and funky style into whatever move he executes. With 11 years of Street Dance experience, and as an Aerobics Instructor this weekend you can expect to feel a bit of Timbo style wash over you in his specialist classes. You can also see him dancing with Lyndsey this weekend in the partnered street session.

TOM BAKER (TB)

A mere whipper snapper - its hard to believe that this young man was the undefeated Ceroc Open Champion for three years. As the son of Franchisee John Baker, Tom has lived and breathed Ceroc since he was a toddler. Tom is easy to spot, he'll be the one wearing shorts and a school tie. Watch him, dance with him and learn from him!

KATE HAMMERSLEY (KH) - Pilates

RICHARD & JO - Video Clinic

GENEVIEVE MOODY - Pole Dancing

StandOut
DANCEWEAR

BREEZE SCHEDULE



THUNDERBALL ROOM
aka Fun Factory



CYCLONE DANCE ZONE
aka Lunars



HURRICANE SHELTER
aka Captain Crocs



TEMPEST STUDIO
Annexe behind main block



THE BOUDOIR
aka Queen Vic

** MASTERCLASSES

These are classes with a maximum capacity of 34 people in fixed couples and are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head.

*** BASIC INTERMEDIATE CLASSES

For those people trying to bridge the gap between Beginners and Intermediate classes. These classes will teach you some foundation Intermediate moves called Classic's and Beginners Variations

PILATES Bring a towel or mat to the session.

AEROBICS AKA GET UP & GO

Please wear suitable sports attire and appropriate footwear!

BEGINNERS LESSONS

There are 6 lessons taking place this weekend for complete beginners under the guise of Starters Orders and Off the Blocks. These are progressive classes so that you leave the weekend with a new skill!

| | Thunderball Room | Cyclone Dance Zone | Hurricane Shelter | Tempest Studio | The Boudoir |
|-------------|---|---|-------------------|--|-----------------------------------|
| 18:00-19:00 | Ice Breaker Tunes Chris Baker <i>Ceroc Classic Tunes</i> | Closed | Closed | Starters Orders (ST) <i>Ceroc for Beginners</i> | Open for Drinks |
| 19:00-20:00 | ***And... Signal (Int) TB <i>Moves with Signals</i> | Closed | Closed | Starters Orders (ST) <i>Ceroc for Beginners</i> | Open for Drinks |
| 20:15-21:15 | Get into the Groove (Int) TS <i>Ceroc routine to get you going!</i> | Closed | Closed | Private Lessons <i>Personal One to One Tuition</i> | Sack the DJ! <i>Open Decks</i> |
| 21:30-23:00 | Ceroc F/Style Chris Uren <i>Popular Ceroc Mix</i> | Chill Out ZebraWoman (10pm) <i>Smooth Tunes</i> | Closed | Milonga (10pm - 11pm) <i>Tango Freestyle</i> | Sack the DJ! |
| 23:00-00:00 | Ceroc F/Style Kam Rahman <i>Popular Ceroc Mix</i> | Chill Out Howard Temple <i>Smooth Tunes</i> | Closed | Closed | Sack the DJ! |
| 00:00-01:00 | Ceroc F/Style Erick Wilson | Chill Out Rachel Pears | Closed | Closed | Sack the DJ! |
| 01:00-02:00 | Ceroc F/Style Jamie McGregor | Chill Out Garry Turner | | | |
| 02:00-03:00 | Ceroc F/Style Rocky | Chill Out SilverFox | Closed | Closed | Closed |
| 03:00-04:00 | Closed | Chill Out Marc Forster | | | |
| 04:00-05:00 | Closed | Chill Out OXO's | Closed | Closed | Closed |

SATURDAY

| | Thunderball Room | Cyclone Dance Zone | Hurricane Shelter | Tempest Studio | The Boudoir |
|-------------|---|---|--|---|--|
| 09:30-10:30 | Get Up & Go TS Aerobics - <i>wear suitable attire</i> | Starters Orders (Beg) ST Ceroc for Beginners | Closed | Private Lessons Personal One to One Tuition | Closed |
| 10:45-11:45 | Smooth New Moves (Int) R&H New Moves with Smooth Style | WCS 1 (All) Steve Hunt Intro to West Coast Swing | Pole Dancing <i>Book at Weather Centre</i> | Private Lessons Personal One to One Tuition | Sack the DJ Open Decks |
| 12:00-13:00 | Ceroc Footwork (Int/Adv) N&N Using Syncopation | Street Duo (Int) T&L Funky Street Dance in Pairs | Pole Dancing <i>Book at Weather Centre</i> | **Spinning Masterclass with AF | Sack the DJ |
| 13:15-14:15 | Beautiful Moves (Int/Adv) H&N Moves with Style & Flair | Latin Seducers (Int) MK Latin Style Drops | Pole Dancing <i>Book at Weather Centre</i> | **Jiversity Masterclass with TS | Pub Quiz |
| 14:30-15:30 | Drop Zone (Int+/Adv) RP Challenging Dips & Drops | Ceroc Classics Erick Wilson Ceroc Tunes for Freestyle | Pole Dancing <i>Book at Weather Centre</i> | Private Lessons Personal One to One Tuition | Sack the DJ |
| 15:45-16:45 | Argentine Tango (All) M&R Step 1 of Argentine Tango Intro | Chill Out Lounge Chris Uren Smooth Tunes for Freestyle | Pole Dancing <i>Book at Weather Centre</i> | **Competition Blues Masterclass with N&N | S'Funk SilverFox Soul Funk Tunes |
| 17:00-18:00 | Wicked Whips (Int+) CB Momentum in Whip Variations | Breaks & Blocks (Int+) R&Z Musical Interpretation | Closed | **Connection Perfection Masterclass with H&N | ChillOut ZebraWoman Smooth Tunes |
| 18:15-19:15 | Advanced Jive (Adv) NG Ceroc advanced routine | Choreography (Int) AF choreography to music | Closed | Pilates (All) KH <i>Bring Yoga Mat or Towel</i> | Sack the DJ |
| 19:30-20:30 | Silky Slick Moves (Int) J&C Smooth Routine | Juke Joint Blues (All) N&N Old Style Blues from 20's & 30's | Closed | **Tango Intensive Masterclass with M&R | Ceroc X Factor Karaoke |

SATURDAY NIGHT

| | | | | | |
|-------------|-------------------------------------|---------------------------------|--------|-------------------------------|-------------|
| 20:30-21:00 | Ceroc Classics Smood | Closed | Closed | <i>Rehearsals (no entry)</i> | Sack the DJ |
| 21:00-22:00 | Ceroc Classics Smood | Blues Practice Zone | Closed | <i>Rehearsals (no entry)</i> | Sack the DJ |
| 22:00-22:30 | Blues Showcase Competition | Chill Out OXO's | Closed | Private Lessons | Sack the DJ |
| 22:30-23:00 | Ceroc Classics Erick Wilson | Chill Out OXO's | Closed | Private Lessons | Sack the DJ |
| 23:00-23:30 | Ceroc Classics Erick Wilson | Blues Championship Heats | Closed | Private Lessons | Sack the DJ |
| 23:30-00:30 | Ceroc Classics Smood | Chill Out Mike Sailsman | Closed | Milonga - Marc Forster | Sack the DJ |
| 00:30-01:30 | Ceroc F/Style Chris Baker | Chill Out SilverFox | Closed | Milonga - Marc Forster | |
| 01:30-02:30 | Ceroc F/Style Kam Rahman | Chill Out Rocky | Closed | Closed | |
| 02:30-03:30 | Ceroc F/Style Jamie McGregor | Chill Out Garry Turner | Closed | Closed | Closed |
| 03:30-04:30 | Closed | Chill Out John Baker | Closed | Closed | Closed |
| 04:30-06:30 | Closed | Chill Out ZebraWoman | Closed | Closed | Closed |

SUNDAY

| | Thunderball Room | Cyclone Dance Zone | Hurricane Shelter | Tempest Studio | The Boudoir |
|-------------|--|---|--|--|------------------------------|
| 09:30-10:30 | Closed | Off the Blocks (Beg) ST CeroC for Beginners | Closed | Private Lessons Personal One to One Tuition | Closed |
| 10:45-11:45 | ***X-Styles Latin (-Int) MK Take easy moves add latin style | Crowd Control (Int) NG Double Trouble | Pole Dancing Book at Weather Centre | Private Lessons Personal One to One Tuition | Sack the DJ |
| 12:00-13:00 | Fluid Links (Int) AF Smooth linking lesson | The Bluezroom (Int) H&N Chill Out Dance Fusion | Pole Dancing Book at Weather Centre | **Challenging & Smooth Masterclass with RP | Sack the DJ |
| 13:15-14:15 | Smooth Groove (Int) R&Z Dance Slotted - lose the bounce | Blues Dance with a Stranger Competition with freestyle between | Pole Dancing Book at Weather Centre | **Street Masterclass with T&S | Pub Quiz |
| 14:30-15:30 | Close & Sassy (Int+) RP Intimate Moves with attitude | Blues Dance with a Stranger Competition with freestyle between | Pole Dancing Book at Weather Centre | **Aerials Masterclass with CB | Sack the DJ |
| 15:45-16:45 | Burn the Floor (Int+) TS Use the floor and travel | WCS Take 2 (All) SH West Coast Fundamentals | Closed | Off the Blocks (Beg) ST CeroC for Beginners | Swingers Hour Mike Ellard |
| 17:00-18:00 | Hot New Moves (Int+) TB New Intermediate Moves | Funk & Disorderly (Int+) L&M High Energy & Funky | Closed | **Super Drops Masterclass with R&Z | WCS Hour John Baker |
| 18:15-19:15 | Lindy Hop (All) N&N Intro to this circular swing dance | ***Classics (-Int) R&H Foundation Intermediate Moves | Closed | Pilates (All) KH Bring Yoga Mat or Towel | CeroC X Factor Karaoke |
| 19:30-20:30 | CeroC F/Style Chris Baker Popular CeroC Mix | Closed | Closed | Private Lessons Personal One to One Tuition | Sack the DJ |

SUNDAY NIGHT

| | | | | | |
|-------------|------------------------------|--------------------------|--------|-----------------------------|-------------|
| 20:30-21:30 | CeroC F/Style Erick Wilson | Chill Out John Baker | Closed | Private Lessons | Sack the DJ |
| 21:30-22:00 | CeroC F/Style Erick Wilson | Blues Champs Semi Finals | | Personal One to One Tuition | Sack the DJ |
| 22:00-22:30 | CeroC F/Style Jamie McGregor | Chill Out John Baker | Closed | Private Lessons | Sack the DJ |
| 22:30-23:00 | CeroC F/Style Jamie McGregor | Blues Champs Finals | | Personal One to One Tuition | Sack the DJ |
| 23:00-00:00 | CeroC F/Style Garry Turner | Chill Out Rachel Pears | Closed | Closed | Closed |
| 00:00-00:15 | CeroC F/Style Kam Rahman | Prize Giving | | | Closed |
| 00:15-01:00 | CeroC F/Style Kam Rahman | Chill Out ZebraWoman | Closed | Closed | Closed |
| 01:00-02:00 | CeroC F/Style Smood | Chill Out Rocky | | | |
| 02:00-03:00 | CeroC F/Style Chris Uren | Chill Out SilverFox | Closed | Closed | Closed |
| 03:00-04:00 | Closed | Chill Out OXO's | | | |
| 04:00-05:00 | Closed | Chill Out Marc Forster | Closed | Closed | Closed |

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to bring you what we hope is a unique experience.

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Our Escape profits from 2009 have been reinvested
in a 'state of the art' powered 7000 Watt sound system.
We are not looking at playing the music any louder,
but the quality will be dramatically improved.

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