

PASSPORT TO DANCE

DIFFERENT DANCE EXCITING WORKSHOPS 24 FREESTYLE DANCING PI AYING ALFRESCO WORKSHOP SELECTION DANCE SHOES AND GENDER BOOKING



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WELCOME

Welcome to Scorch, the 'Hot' Ceroc Weekender at Southport!

Whether you've been on a Ceroc weekender or not we would like to take this opportunity to welcome you and provide you with all the information that you will need to enjoy this weekend.

With rave reviews about our debut Southport Weekender in March we hope this one too will meet and exceed expectations.

The round the clock freestyle and international guest teachers went down a storm and so your schedule reflects these highly popular ingredients plus, weather permitting, alfresco dancing, so remember to apply your sunblock and peppermint foot cream!

The evenings will consist of 3 rooms of different music brought to you by a top line-up of DJ's and consisting of uptempo, popular and new sounds in the Main Ballroom; Latin, WCS and Milonga's in the Latin Quarter and a plethora of genres in the non-stop music hotspot - the Blues Lounge. To help you choose where you want to be at what times the weekend schedule in this booklet not only details the classes and teachers but also the DJ sets so that you can follow your favourite master of the decks.

This weekend also presents Jason Colacino & Duplessey Monic Walker, performers and professional dancers making their debut visit to the UK from the States. With a huge portfolio of dance genres, this weekend, Jason & Duplessey focus on WCS & Argentine Tango.

Of course, not everyone is interested in learning new styles, so to compliment these classes there are over 20 Ceroc move and style classes at varying levels, including beginners, so that there is something for everyone.

Hopefully this guide will give you all the information that you need to make this dance extravaganza an ultimate Ceroc experience, but if not there will be a manned information desk (Weather Centre) from 10am - 10pm all over the weekend to help you with your enquiries.

We don't expect to always get everything right and therefore any feedback that you wish to offer will be gratefully received. Please speak to me on-site or email scorch@ceroc.com

Have a fabulous time! Mike Ellard

EXCEEDINGLY USEFUL INFORMATION

PARKING

There is ample parking at Southport, so you should find somewhere to park easily.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated between the Boudoir and the Thunderball Room. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

It will be possible to remain with a fixed partner in all classes if you choose. There will inevitably be more of 1 gender than another in some classes however our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist and ensure people are not standing out for long.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

CHECKOUT INFORMATION

You need to check out by 10.30am on Monday 1st June 2009. Please leave your keys at the security gate upon departure.

COLOURED WRIST BANDS?

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances and by roaming stewards.

When you are wearing the wristbands you can leave and re-enter the site at any time.

These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

WHERE AND WHEN?

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners.

These will be held in the Main Ballroom & the Latin Quarter. These workshops will be progressive, and totally rewarding.

Starting at 6pm on Friday and continuing throughout the weekend there

will be 5 classes in total.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

I'M HUNGRY!!!!

No problem there! Bake'n'bite provides freshly baked crusty baguettes, croissant, sweet pastries and savoury snacks; Nisa convenience store provides all your essentials and a lot more, plus you can eat at one of the 3 eateries on site. Take a look at the Planet Scorch map for locations.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Private Lessons, Video Clinic & buy DVD's

WHAT'S ON TV?

The PTV channel on your TV will be showing Ceroc footage from previous events.

TOWEL SWAPPING

If you have Club accommodation then you can swap your towels during your stay. Please ask at reception for a towel swap.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate.

CLOAKROOM

There will be no cloakroom facility due to lack of use on previous events.

PHOTOGRAPHS AND FILMING

All recordings and photographs taken by Ceroc at this event are the property of Ceroc and may be used by them at any time.

WHIRLWIND BAZAAR

Forgotten your favorite Velvet two piece or danced a hole in your shoes - then don't panic as Balca & her Stand-Out Dancewear range are on hand to sort you out. www.standoutdancewear.co.uk

CEROC MERCHANDISE

A wide range of Ceroc DVD's including Beginners, Intermediate, Ceroc Champs, Blues and also a DVD of previous Escape Weekenders will be on sale at the Weather Centre.

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.



LIST OF ACTIVITIES

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book or approach the teachers directly. Charges £50 per hour payable to the teachers (£10 supplement for Jason & Duplessey).

PILATES. POOL

There will be Pilates classes each day.

You will need to bring your own mat / towel if you attend.

The pool will be open: from 4pm - 7pm on Friday, 7am - 7pm on Saturday & Sunday.

SACK THE DJ

Stand up for what you belive in - your chance to have a go providing you brought your own CD collection. The decks will be waiting for you in the Blues Lounge at certain times of the day and in reception.

FREESTYLE

3 rooms playing different styles - Milonga, WCS Tunes, Latin, Blues, Rare Groove, Ceroc Uptempo Mix, Swing $\&\ S'Funk.$

CABARET HOUR

Join us at 10.30pm on Saturday to see Jason & Duplessey amongst others display their amazing dance ability.

THANKS

Our weekend events would not be the success that they are

without the assistance provided by our crew. It's the people behind the scenes from set-up through to take down, who often go unrecognised, and we would therefore like to offer our appreciation to all the crew, from Floor Layers, Wristband Checkers & Row Organisers to 'Weather Girls & Boys', Registration Crew & Taxi Dancers.

A special note of thanks must also go to Martin McElroy (Mac) and Marc Forster who's dedication to the set-up on every one of our events is hugely appreciated.

CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be on hand offering a variety of treatments to keep you feeling fresh and revitalised.

Deep tissue massage (£20 for 40min)

Great for releasing aches and restoring tired muscles.

Reflexology (£20 for 40min)

Great for stress and body, unblocking energy pathways and toxin release by stimulating pressure points located through the feet.

Indian Head Massage (£20 for 40 mins)

Treatment involves massage of the head, neck and facial areas with the intention of manipulating energy flow.

Acupuncture (£20 for 40 mins)

Uses fine sterile single use needles placed in specific points on the body to balance energy.

Kinesiology (£20 for 40 mins)

Gentle muscle testing and energy balancing, good for relieving and preventing muscle strain.

Hair Styling

Missed out on your visit to the haidresser before Southport? Well not to worry, Lisa will be on site for ladies and gents cutting, colouring and styling. Visit the Weather Centre to see what's on offer and at what price.

Booking Info

All Treatments need to be booked in advanced at the 'Ceroc Wellbeing' desk located in the main fover.

Payments to made when booking - cash only. Early booking is advisable as treatments usually sell out.

MUSIC & DANCING

'The Gods of Thunder'

The evenings will consist of 3 rooms of different music played by bringing together the biggest line-up of DJ's on the scene. There will be lots of opportunities for the DJ's to play a real eclectic mix of music as well as regular sounds so that you can dance through the night and day.

The **Main Ballroom** playing popular and new uptempo sounds from the evening until 4.30am on Saturday and Sunday morning and until finally closing at 3.30am on Monday morning.

The **Latin 'Cyclone' Quarter** playing set genre pieces including pure Latin followed by Milonga and changing to WCS tunes as 'pm' turns to 'am'.

The **Blues 'Boudoir' Lounge**, otherwise known as the pub and the room with that extra bit of va va voom, will be the non-stop music hot spot. Playing a traditional variation of Escape Chill-Out tunes whilst the Latin and Milonga sets are taking place in the Latin Quarter, to suit all those Blues & WCS enthusiasts and then losing the funky beat attractive to the Westies switching to Pure & Eclectic Blues until... well... when everyone goes home!

During the day-time the Blues Lounge becomes the music enthusiasts haven with set genres including Swingers Hour for a fast a furious fix, Chill-Out, S'Funk (that's Soul Funk!) and Rare Groove. And of course since so many of you love your opportunities on the decks there will still be a few Sack the DJ slots to make sure the music just keeps on playing!

Our Gods of Thunder this weekend are a truly brilliant line-up of DJ's:

John Baker, Marc Forster, David Rokov (DJ Rocky), Garry Turner, Rob Ambridge (The Reverend), Ian (Oxo's) Morgan, Mike Ellard, Marie Delort, Sheena Assiph (Tiggerbabe), Rachel Pears, Dale St Rose, Annette Mahoney, Kam Rahman, Chris Uren, Jamie McGregor, Alison (ZebraWoman) Banning, Toby (Kenobe) Cross, Steve Kemp

Ceroc Dance Holidays

Go in search of calm and tranquil weather systems and find them with Club Dance Holidays



Barcelona & Med Fest Lloret de Mar



Weekend Options also available
For booking & further information contact:
Club Dance Holidays
Tel +44 08702 866000 Fax +44 08702 866001

Email: info@danceholidays.com Website: www.ceroc.com/escape





16 - 18 OCT 2009

With a new Recession Busting Price Crash this possibly has to be the cheapest weekender on the planet. We are offering three nights accommodation, workshops and all your entertainment from as little as £29.99 per person.

We are also offering a 1/3rd off gender balanced bookings to help persuade the girls to drag more men along*.

Budget 1 male, 1 female £58.75 p.p*
Classic 1 male, 1 female £76.60 p.p*
Club 1 male, 1 female £82.50 p.p*
* includes Gender Discount

* The first 100 apartments booked that are equally gender balanced will be entitled to a 33% cashback at the event providing all occupants register together. This offer therefore does not apply to single occupancy or same sex bookings. Please see web site for full terms and conditions.

www.ceroc.com/splash

SPLASH 2009 OFFER FORM
COMPLETE THIS PAGE AND HAND IT INTO
THE WEATHER CENTRE AT THIS EVENT BEFORE 6PM ON SUNDAY.

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ADDRESS:

EMAIL:

PHONE NUMBER:

Gender Balance Discount

The bookings for Splash will go live next week, all attendees this weekend can guarantee themselves a gender balanced cashback of 33%.

Simply hand this form into the Weather Centre with a cash deposit of £20.

This deposit will entitle you to book an equally gender balanced apartment and then receive a 33% cashback of the total value of the apartment when you register at Splash providing that all occupants register at exactly the same time.

This offer therefore does not apply to single occupancy or same sex bookings. But it does apply to say an apartment with 3 males and 3 females. This offer is about trying to improve the gender balancing at Southport in particular encouraging women to bring men with them. At Scorch, we did not sell out yet we had over 600 girls on a waiting list. When you book online you will pay the full price (although note we have a new Credit Crunch price list for this Southport event), and when you turn up at the event you will be given an actual cashback providing that all occupants are able to register at exactly the same time.

If one of your friends for example is not able to make the event or is late, then you will be able to collect your keys and enjoy the weekend, but you will not be entitled to the cash back. This requirement is necessary to protect the integrity of the gender balancing, which unfortunately is being outwitted by some people desperate to attend our events.



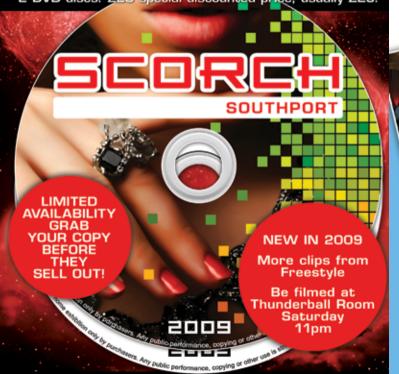


YOUR ESCAPE MAP

SCORCH SOUTHPORT	YOU ARE HERE!	Southport
EFEEZE SOMERSET	02 - 04 OCT 2009	Somerset
SPLASH SOUTHPORT	16 - 18 OCT 2009	Southport
ELISS CAMBER	13-15 NOV 2009	Camber
SWISH NORFOLK	19 - 21 FEB 2010	Norfolk
STORM CAMBER	TBA 2010	Camber
BLU5H SOUTHPORT	TBA 2010	Southport
CHAMPS	TBA 2010	London
Viva Las Vegas	TBA 2010	Camber

SCORCH DVD AVAILABLE ON SUNDAY All workshops* from this weekend

There are so many workshops this weekend, how can you remember them all?!? We have a solution! We are selling DVDs for you to take home with you on Sunday! Yes, this Sunday! From 9am near Info Desk. 2 DVD discs. £20 special discounted price, usually £25.



Official Ceroc Photos

www.CerocPix.com



Photographs taken this weekend will be available to download from the bargain price of 59p' online.
Please visit our web site and download that great shot of you!

NOTE: Use of SLR Cameras at the event is not allowed. Please contact CerocPix team for approval. Photographs available to purchase at CerocPix.com are permitted for private, noncommercial use only. Photographs cannot be published, sold, reproduced, transferred, distributed, or otherwise commercially exploited in anymanner whatsoever.

* Launch promo price, subject to change without any notice.

02 - 04 OCTOBER 2009



In its fourth year and having sold out the last three years.

This is the only weekender to incorporate a major dance championship.

This event still has the usual workshops and freestyle for beginners and Advanced dancers.

But this event is also home of

The UK Blues Championships WWW.CEROC.COM/BREEZE

TEAM SCORCH

ALEX CUMBERBIRCH (AC)

Ceroc teacher from the West Midlands - Alex has style, attitude and a great aptitude for adopting new dance styles. Join her 'Simply Slotted' class to get the WCS style with easy Ceroc based moves.

CHRIS BAKER (CB)

Chris teaches and now runs Ceroc in the North East following a short spell in Oz. This weekend he brings you some Dips & Drops for Beginners, Hot New Moves for Intermediates, and a Fast & Furious routine for the Advanced among you giving Beginners' Ceroc moves the X Factor!

DALE ST ROSE (DS)

This guy has won more competitions than Southport has Seagulls, including the Ceroc Champs Open and the Open Blues Champs last year. He's even done pretty well in the WCS Champs. This time Dale brings some of his Latin influence to the Ceroc dance-floor.

DEBBIE ATTWOOD (DA)

This Midlands lass is pure fun and pure style! She has a huge repertoire of dance talents and bags of charisma that will keep those dancers dipping a toe into the Intermediate world of dance motivated and achieving!

FRANCK & SHEENA (F&S)

Franck & Sheena are real crowd pleasers and every now and then we manage to tempt them out of Scotland to share their talents with the rest of us. Connection and Lead & Follow are at the route of all their classes and will be sure to have an impact on your freestyle dancing.

HUMPHREY EUWIN (HE)

Known simply as 'H', he has been teaching Ceroc for 10 years. Having come from a background of Lindy Hop and Jazz dance, H has developed a funky syncopated swing style of Modern Jive.

JAMIE McGREGOR (JM)

Jamie our stylish, young Scottish dancer & DJ, who has made London his home, has a fantastically smooth style that exudes great body lines and musical interpretation. Hand chosen by an ITV Production crew this year Jamie was asked to show fashion guru, Trinny a few moves for National TV.

JASON & DUPLESSEY (J&D)

Representing our dance 'Adventure' and leading our teacher line-up is stage performer and professional WCS & Argentine Tango Dancer Jason Colacino partnered by choreographer and Salsa diva Duplessey-Monic Walker both from the USA. Between them their accolades are endless including performances in Tango Y Mas, Robert Royston's Swango, MTV 3 and many more.

KALI FRASER (KF)

Popular Ceroc teacher Kali from Greater Manchester, devotes her time this weekend to our Ceroc virgins who after 5 classes with her will be impossible to keep off the dance-floor.

KATE HAMMERSLEY (KH)

Dance lover & Pilates instructor Kate will be up bright and early each morning to get you stretched and warmed up for the day ahead with an introduction to Pilates. Please make sure that you take a towel or yoga mat with you if participating in these classes.

LYNDSEY & MARK (L&M)

Wales is loaning us this amazing competition winning couple with their funky style. You can see Lyndsey & Mark getting 'Funky and Disorderly' on Sunday taking the tempo up and energy levels soaring. A great class for the hip and enthusiastic!

MARC & RACHEL (M&R)

Creators of their own stylised dance known as 'Cuban Blues' Marc & Rachel are experts on slow, close, smooth, connected routines as well as Chill Out zone gurus.

PHIL & ALEX MOTLEY (P&A)

These 2 have been seen recently taking prizes galore away with their fantastic showcase routines. Phil and Alex - teachers in Middlesbrough are inspirational to watch and charismatic on stage.

SARAH TAYLOR & TOM BAKER (S&T)

This 2 teacher duo combine their competition winning talents to teach you the style that works for them and could catapult you into the realms of musicality with their Isolation and Breaks class.

TONY & HAYLEY (T&H)

This funky, young partnership have a few Ceroc weekends under their belt now but this will be their debut at Southport. Their aim this weekend is to revitalise your dancing with some fresh & funky style.

TIM SANT (TS)

Tim has been dancing for 5 years and is regularly teaches at different venues in London. A recent dance graduate Tim has great style and passion to offer his class and with boundless energy on the dance floor he will no doubt, dance you till you drop!

VAL & DAVID (V&D)

Blues is all about connection and no other couple connect the way these 2 do on the dance-floor. Creators of Utopia – the freestyles of the moment – Val & David will be offering classes to make you more at home in the Chill Out Zone.

VICKI MCFARLAND (VM)

Ceroc's new darling, Vicki has enviable style – both on the dance-floor and off! Winner of the Ceroc Champs Open Category 3 years running. A talented dancer and highly motivated choreographer. Sabotage and Cha Cha are her specialist areas this weekend.



Forgotten your favorite Velvet two piece or danced a hole in your shoes - then don't panic as Stand-Out Dancewear range are on hand to sort you out. Foot wear and dance clothes can be found near The Thunder Ballroom.

www.standoutdancewear.co.uk

SCORCH SCHEDULE



THUNDERBALL ROOM aka Fun Factory



LATIN 'CYCLONE' QUARTER aka Lunars



HURRICANE SHELTER aka Annex



BLUES 'BOUDOIR' LOUNGE aka Queen Vic

Schedule Key

- · Workshops are shown in RED
- · (Beg) These classes are suitable for complete beginners
- · (Beg+) You should have done at least 6 classes
- · (-Int) Basic Intermediate Classes
- · (Int) Regular Intermediate
- · (Int+) More difficult Intermediate Classes
- (Adv) For advanced dancers and those who pick routines up quickly and easily
- (All) Suitable for everyone this is particularly used where different dance styles are being taught at Beginner Level
- (Int AT) & (Int WCS) you will need to have done a beginners lesson in these dance styles at least
- · Milonga Tango Freestyle

*Workshops are in RED.

	Thunderball Room	Latin Cyclone Quarter	Hurricane Shelter	Blues Boudoir Lounge
17:00-18:00	Ice Breaker Tunes Chris Uren Ceroc classics to warm you up!	Closed	Closed	14.00 - 19.00 : Sack the DJ Open Decks
18:00-19:00	Starters Orders (Beg) [KF] Complete Beginners Ceroc class	Closed	Closed	19.00 - 20.30 : Chill Out Zone Garry Turner
19:00-20:30 20:30-21:30	Ceroc Classics Steve Kemp Ceroc Classics OXO's	8-9pm Starters Orders (Beg) [KF] Complete Beginners Ceroc class	Closed	20.30 - 21.30 : Chill Out Zone Paul Foster
21:30-22:30 22:30-23:30	Classic Moves (-Int) [DA] Argentine Tango (All) [J&D]	Ceroc Classics Kam Rahman Ceroc Classics Jamie McGregor	Closed	21.30 - 22.30 : Chill Out Zone Rocky 22.30 - 23.30 : Chill Out Zone Chris Uren
23:30-00:30 00:30-01:30	Ceroc Classics Steve Kemp Ceroc Classics Jamie McGegor	Milonga Marc Forster West Coast Sounds Mr Smood	Closed	23.30 - 00.30 : Chill Out Zone OXO's 00.30 - 01.30 : Blues Lounge Garry Turner
01:30-02:30 02:30-03:30	Ceroc Classics Marie Delort Ceroc Classics Annette Mahoney	West Coast Sounds John Baker West Coast Sounds Rocky	Closed	01.30 - 02.30 : Blues Lounge 02.30 - 03.30 : Blues Lounge Tiggerbabe
03:30-04:30 04:30-05:30	Ceroc Classics Reverend Closed	Closed Closed	Closed	03.30 - 04.30 : Blues Lounge ZebraWoman 04.30 - 05.30 : Blues Lounge SilverFox
05:30-07:30 07:30-close	Closed Closed	Closed Closed	Closed	05.30 - 07.30 : Blues Lounge John Baker 07.30 - close : Sack the DJ

SATURDAY	*Workshops are in RED.
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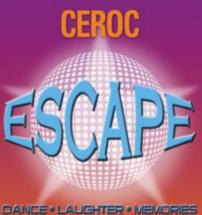
	Thunderball Room	Latin Cyclone Quarter	Hurricane Shelter	Blues Boudoir Lounge	
09:30-10:30	Starters Orders [KF] Complete Beginners Ceroc class	Pilates (All) [KH] Bring towel or mat	Closed	09.30 - 10.30 : Sack the DJ Open Decks	
10:45-11:45	Dips & Drops (-Int) [CB] Leans, Dips & Drops for Beginners	Isolation & Breaks (Int) [S&T] Body Isolation and Hitting Stops	Closed	10.45 - 11.45 : Sack the DJ Open Decks	
12:00-13:00	Crowd Control (Int) [TS] Double Trouble	Sabotage (Int) [VM] Routine with Ladies Hi-Jacks	Closed	12.00 - 13.00 : Sack the DJ Open Decks	
13:15-14:15	WCS Take 1 (All) [J&D] West Coast Swing Intro	Slo & Slinky (Int) [P&A] Slow, Sensual & Smooth routine	Closed	13.00 - 14.30 : Swingers Hour Mike Ellard Up tempo Swing Tunes	
14:30-15:30	Fast & Furious (Adv) [CB] Fun, Flashy & Freestylable	UTOPIA Style (Int+) [V&D] Adapt Ceroc to fit the Chill Zone	Closed	14.30 - 15.45 : Chill Out Zone Kenobe Blues, Latin & WCS Freestyle	
15:45-16:45	Blues Connection (All) [F&S] Lead & Follow in a Blues Context	Fluid Fusions (Int) [TS] Non-Stop, Seamless Ceroc	Closed	15.45 - 17.00 : S'Funk SilverFox Soul Funk Freestyle	
17:00-18:00	Footwork Frenzy (Int+) [HE] Syncopated footwork routine	Cuban Blues 1 (Int) [M&R] MJ with a slow, sexy latin feel	Closed	17.00 - 18.15 : Rare Groove Garry Turner Happening Tunes you probably don't know!	
18:15-19:15	Argentine Tango 2 (Int AT) [J&D] Part 2 of Argentine Tango	Simply Slotted (Int) [AC] WCS slotted look Ceroc style	Closed	18.15 - 19.30 : Chill Out Zone Tiggerbabe Blues, Latin & WCS Freestyle	
19:30-20:30	Classic Moves 2 (-Int) [DA] Intermediate foundation moves 2	Off the Blocks (Beg+) [KF] Beginners Plus Ceroc class	Closed	19:30 - 20.30 : Sack the DJ Open Decks	
	SATURDAY N	IGHT			
20:30-21:30 21:30-22:30	Ceroc Classics Kam Rahman Ceroc Classics Mr Smood	Latin Tunes Reverend Latin Tunes Kenobe	Closed	20.30 - 21.30 : Sack the DJ 21.30 - 22.30 : Chill Out Zone OXO's	
22:30-23:30 23:30-00:30	Cabaret Hour J&D & TS Ceroc Classics Chris Uren	Latin Tunes Marie Delort Milonga Marc Forster	Closed	22.30 - 23.30 : Sack the DJ 23.30 - 00.30 : Chill Out Zone ZebraWoman	
00:30-01:30 01:30-02:30	Ceroc Classics Annette Mahoney Ceroc Classics Kam Rahman	West Coast Sounds Mr Smood West Coast Sounds SilverFox	Closed	00.30 - 01.30 : Blues Lounge	
02:30-03:30 03:30-04:30	Ceroc Classics Marie Delort Ceroc Classics Rocky	West Coast Sounds Tiggerbabe Closed	Closed	02.30 - 03.30 : Blues Lounge John Baker 03.30 - 04.30 : Blues Lounge Marc Forster	
04:30-05:30 05:30-07:00	Closed Closed	Closed Closed	Closed	04.30 - 05.30 : Blues Lounge SilverFox Tiggerbabe	
07:00-close	Closed	Closed	Closed	07.00 - close : Sack the DJ	

SUNDAY *Workshops are in RED

	Thunderball Room	Latin Cyclone Quarter	Hurricane Shelter	Blues Boudoir Lounge
09:30-10:30	Off the Blocks (Beg+) [KF] Beginners Plus Ceroc	Pilates (All) [KH] bring yoga mat or towel	Closed	09.30 - 10.30 : Sack the DJ Open Decks
10:45-11:45	Cha Cha (All) [VM] Latin American Cha Cha Intro	Funky Fresh (Int) [T&H] Funky moves to freshen up u'r MJ	Closed	10.45 - 11.45 : Sack the DJ Open Decks
12:00-13:00	WCS Take 2 (Int WCS) [J&D] West Coast Swing - next step	Smooth Lines (Int) [JM] Mirrored Body Lines	Closed	12.00 - 13.00 : Sack the DJ <i>Open Decks</i>
13:15-14:15	Drop Zone (Int+) [HE] Drops & Seducers	Liquid Latin (Int+) [DS] Latin style MJ routine	Closed	13.00 - 14.30 - Swingers Hour Mike Ellard Up tempo Swing Tunes
14:30-15:30	Hot New Moves (Int+) [CB] New Moves for your repertoire	Jook Joints (Int) [F&S] Use upper body connection points	Closed	14.30 - 15.45 - S'Funk Rocky Soul Funk Freestyle
15:45-16:45	The 'F' Words (Int+) [P&A] Fun, Flashy & Freestylable	Swango (Int WCS) [J&D] Add tango footwork into your WCS	Closed	15.45 - 17.00 - Chill Out Zone SilverFox Blues, Latin & WCS Freestyle
17:00-18:00	Groove the Blues 2 (Int) [V&D] Intermediate Blues Class	Funk & Disorderly 5 (Int+) [L&M] Funky Fast Ceroc	Closed	17.00 - 18.15 - Chill Out Zone OXO's Blues, Latin & WCS Freestyle
18:15-19:15	Ceroc X Styles (All) [TS] Using Beg Moves to teach style	Cuban Blues 2 (Int+) [M&R] Cuban Blues part 2	Closed	17.00 - 18.15 - Rare Groove Chris Uren Happening Tunes you probably don't know!
19:30-20:30	Classic Moves + (Int) [T&H] Take the basics with a twist	Closed	Closed	19.30 - 02.30 : Sack the DJ Open Decks
	SUNDAY NIGH	4T		
20:30-21:30	Ceroc Classics Steve Kemp	Latin Tunes Rachel Pears	Closed	20.30 - 21.30 - Chill Out Zone Reverend
21:30-22:30	Ceroc Classics Kam Rahman	Latin Tunes ZebraWoman	Closed	21.30 - 22.30 - Chill Out Zone Paul Foster
22:30-23:30 23:30-00:30	Ceroc Classics Garry Turner Ceroc Classics Annette Mahoney	Milonga Marc Forster West Coast Sounds John Baker	Closed	22.30 - 23.30 - Chill Out Zone Kenobe 23.30 - 00.30 - Blues Lounge OXO's
00:30-01:30 01:30-02:30	Ceroc Classics Jamie McGregor Ceroc Classics Reverend	West Coast Sounds Mr Smood West Coast Sounds Tiggerbabe	Closed	00.30 - 01.30 - Blues Lounge Rachel Pears 01.30 - 02.30 - Blues Lounge ZebraWoman
02:30-03:30 03:30-04:30	Ceroc Classics John Baker Closed	Closed Closed	Closed	02.30 - 03.30 - Blues Lounge SilverFox 03.30 - 04.30 - Blues Lounge Rocky
04:30-06:30	Closed	Closed	Closed	04.30 - 06.30 - Blues Lounge Marc Forster

ESCAPE WITH CEROC

Ceroc is busier than ever and has become an international phenomena, and now we have put together a number of major events throughout the year. So grab your dance shoes and toothbrush and escape for the weekend and join hundreds of other dancers who share your passion.



DANCE , LAUGHTER , MEMURIES

CEROC WEEKENDERS

Ceroc are hosting a series of dance weekenders with accommodation from as little as £59!

Be the first to know... join the mailing list and receive priority notice of events email escape@ceroc.com with subscribe in the subject line.

www.ceroc.com/escape