

Masterclasses Bliss 2018

During the course of the weekend there will be a number of Masterclasses on offer. These classes are for those of you who feel you really want to get to grips with the styles on offer in a smaller more interactive group. A maximum of 30 people can be accepted on these workshops and are for fixed partners only so you would need to find a partner to make the booking (with the exception of Ladies Styling & Solo Contemporary). A charge of £5 per head is in place for Masterclasses and you can book and pay for your masterclass at the Weather Centre situated in the main foyer upon arrival.

Fly Low: Baby Aerials (PARTNERED MASTERCLASS) Disclaimer Required

Tony & Hayley Epps

Saturday 10.45am

Tony & Hayley are the ultimate adrenalin junkies. In this Baby Aerials Masterclass they will be covering moves where you get the follow airborne...but not too high! Learn safe technique, stylish execution and innovative new daredevil stunts.

Please remember that aerial moves of any description cannot be danced on the freestyle dance-floor for safety reasons

Suitable for Intermediate+ dancers and above

Mastering Movement (PARTNERED MASTERCLASS)

Kieran Moore & Charlie Brownlee

Saturday 12 noon

When multi gold medalists (including the UK's current Grand Master) choreograph a Masterclass sharing their top Champs secrets, you'd be a fool not to give it a try. Expect a series of complex, showstopping, competition winning moves with a wealth of hints and tips how to lead, follow and style effectively. Learn from the best, and take your dancing repertoire to a Championship level.

Suitable for Advanced dancers

Ladies Styling 1&2 (SOLO MASTERCLASS)

Becki Rendell

Saturday 1.15pm and Sunday 6.15pm

With a background in Ceroc, Salsa, Line Dance, Merengue, Zumba & Bachata, Becki has many styles to add variation and the wow factor to her Ceroc dancing. As an experienced Ladies Styling instructor, you can expect this Masterclass to incorporate Top - Toe Basics & Posture, Ceroc Rock Back Step with Latin Style, Spare Arms and Combinations, Shoulders, Hips and Hand Movements.

There is so much to cover in Ladies Styling that 1 hour won't really cut through everything, so at this Camber Becki is teaching part 2. This session covers - Top to Toe Basics & Posture, Spinning & Spotting, Ronde from Spins, Stylish Walks & Solo Footwork Patterns. It is not necessary to complete Ladies Styling 1 to participate in this Masterclass

Suitable for All solo females

Light & Shade (PARTNERED MASTERCLASS)

Caine Langford & Danielle Moore

Saturday 2.30pm

Caine and Danni are exceptional teachers and have the ability to break even the most complex move down into an achievable format. Come and learn the most impressive moves in their repertoire, paying close attention to how to add dynamic variation into your dancing. Change levels, speeds and the quality of your movement to reflect the music and give your dancing a professional edge.

Suitable for Advanced dancers

Competition 101 (PARTNERED MASTERCLASS)

Lyndsey Bennett

Saturday 3.45pm

Join the organiser of the legendary Welsh Champs and competition royalty Lyndsey Bennett to learn the secrets of success that create and award winning performance on the competition floor. Covering styling, technique, move innovation, creativity, connection and character – all vital judging criteria at any Championships – Lyndsey will give you the skills to go away, prepare hard, and climb the competition ladder.

Suitable for All dancers

Standout Seducers (PARTNERED MASTERCLASS) Disclaimer Required

Matt Blain and Victoria Pollard

Saturday 5pm

Thrill-seekers unite! Daring seducers, jaw-dropping dips and the most exhilarating drops, all whilst keeping the lady's feet firmly on the ground. Championship Masters Matt & Victoria love a crowd-pleasing 'wow' move, and this Masterclass will give you a wealth of new and exciting show-stoppers that will be sure to win you spontaneous applause!

Suitable for Advanced dancers

ARGENTINE TANGO – STRICTLY JUST THE SHOWY STUFF (PARTNERED MASTERCLASS)

Warren & Irina

Saturday 6.15pm

You love watching Argentine Tango on Strictly and really want to try it. *But...*you've heard it's really difficult and takes years of practice just to master the technique of 'simple walking'. Well not for this Masterclass! Warren & Irina pull out all the stops to give you some really fancy, flashy, sexy Argentine Tango moves, just like you've seen on Strictly. These can be used to spice up your Ceroc, but best of all, no Argentine Tango experience is required.

Warren has run TangoBootCamp for more than 10 years and has taught many thousands of people to dance Argentine Tango. He also runs the UK's biggest Argentine Tango Festival. He has danced Ceroc for many years and is still a partner in the Hove Ceroc Franchise.

Suitable for All dancers

What The Duck? (PARTNERED MASTERCLASS)

Adam Deller

Sunday 10.45am

Ducks look impressive and give your freestyle a real WOW factor, however they can feel uncomfortable and dizzying if they are not lead and followed properly. Adam gives you the secrets to safe and effective execution, and offers a range of freestylable duck variations that you can inject into your repertoire straight away. Look like a pro with effortless style.

Suitable for Intermediate dancers and above

Shag (PARTNERED MASTERCLASS)

Lyndsey Bennett

Sunday 12 noon

Just in time for Swingers Hour, Lyndsey brings you a brand new style of Rock 'n' Roll for you and your partner to sample. Up tempo, energetic and undeniably the most fun you will have all weekend. You can learn the basic step, practise some creative and varied patterns, and then head downstairs to show off your new skills in the Boudoir bar during Mike Ellard's set!

Suitable for Intermediate+ dancers and above

Xcite (PARTNERED MASTERCLASS) Disclaimer Required

Karen Toko (Name wrong in booklet)

Sunday 1.15pm

Karen is a dance floor wizard. She is the master of a plethora of tricks, styles and techniques and in this Masterclass she will be compiling a range of her favourite advanced skills, constructed together into an exciting routine. Expect energetic moves full of fast flowing Ducks, Drops, Spins, Illusion Turns and Tricks...the perfect menu for any Advanced dancer looking for innovation, dynamism and the ultimate weekender challenge!

Suitable for Advanced dancers

Telepathy (PARTNERED MASTERCLASS)

Toni Sails

Sunday 2.30pm

Toni is renowned for his creativity on the dance floor. His Telepathy Masterclass explores how to lead and follow the freshest moves with a sixth-sense accuracy.

Using body positioning to determine the next movement, your dance is less 'lead and follow' and more a fluid conversation between 2 dancers. This allows for more freedom of expression, hence both the lead and follow stay on the same wave-length, with expert connection, throughout the entire dance.

Suitable for Advanced dancers (Different to booklet)

Blues Musicality (PARTNERED MASTERCLASS)

Marc Forster & Rachel Pears

Sunday 3.45pm

Who better to teach you the skills of moving with the music than the very masters of the Blues room themselves. Marc & Rachel take you through a range of skills that allow you to adapt your dancing to the accompaniment being played, hit the breaks, reflect the ambience and become 1 with your partner and the music.

Suitable for Intermediate+ dancers and above

Heels, Toes & Slides – Men's Styling (SOLO MASTERCLASS)

Ekow Oduro

Sunday 5pm

Men, if you want to be the most stylish guy on the dance floor, come and learn the skills from...well...the most stylish guy on the dance floor. Ekow never fails to impress in freestyle and competitions alike with his innovative style and crowd-pleasing tricks. This lads-only Masterclass will teach you how to move with confidence and provide you with some jaw-dropping movements that you can practise in freestyle as soon as you get onto the floor.

Suitable for All solo males