



# STORM

11 - 13 MAR 2016  
CAMBER



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[www.ceroc.com/escape](http://www.ceroc.com/escape)

## PASSPORT TO DANCE

# Welcome

OVER 15 DIFFERENT DANCE STYLES  
TAUGHT MANY VARIED AND  
EXCITING WORKSHOPS OVER 50  
HOURS OF FREESTYLE DIFFERENT  
ROOMS PLAYING DIFFERENT  
STYLES OF MUSIC TEACHERS FROM  
ALL OVER THE UK DJ'S FROM  
FAR & WIDE LARGE GATHERING  
OF CEROC TEACHERS MASSAGE  
ZUMBA PILATES SWIMMING  
WORKSHOP DVDS TO TAKE HOME  
SELECTION OF DANCE SHOES  
AND CLOTHING ON SALE ON  
LINE BOOKING WITH IMMEDIATE  
CONFIRMATION GENDER  
CONTROLLED BOOKING SYSTEM



For over 10 years Ceroc have been hosting huge, fun-filled dance weekends that attract between 1000-2200 guests. To get that many like minded people continually congregating on dance weekends is a testimony to the passion of our dance community.

Our weekenders ethos as ever is to ensure we provide something for everyone; from beginner to advanced dancers and from the dedicated dance addicts to the social butterflies who love the fun!

There are over 40 classes scheduled including different dance styles and 5 rooms of freestyle offering various genres of music to appeal to everyone.

We always gender balance our weekends, but cannot control who opts to do which classes or dance in particular dance zones, so there may appear to be an imbalance at certain times, but at least you understand better the dynamic of this weekend.

At Camber you will find the pub is the daytime social hub, with pub quizzes, Swingers Hour and Sack the DJ, so if you want to step away from classes for a while and have a chat, laugh and some freestyle dancing, that's the place to go.

You can also find designated freestyle sessions in the Cyclone in the afternoon on Saturday and Sunday including the ever popular S'Funk hour.

There are 8 Escape Dance Weekenders every year and 3 of them are based at Camber, so if you love this one as much as we hope you will, you can get your next Camber fix on the 1st July. On-line bookings open for 'Jamfest' after this event.

Have a fabulous weekend!

The Escape Committee

# Exceedingly Useful Information

## PARKING

Parking is limited at Camber and consequently we sell parking vouchers leading up to the event. If you have not booked on-site parking then you will need to park off-site as we have sold out of spaces. Please note, you may be ticketed by the local authorities if you park illegally with any wheel on the pavement or grass. We cannot be held responsible for any loss or damage to vehicles. We may be able to let cars on-site from Sunday 2pm (check at the gate).

This is the only event we charge for parking and this is simply to encourage car-sharing as there are not enough parking spaces on-site and the town can't cope with excessive street parking. By charging for parking, we have been able to hold the price of accommodation.

## PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the main foyer of the Centre. The main Pontins reception is also manned and there is security on duty all night.

## CLASS ROTATION

Although we don't encourage it, it is possible to remain with a fixed partner in all classes. There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist.

## DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind as we will not be held responsible for any injuries that you incur. There will be hours of dancing so remember to stay fresh and wash your hands regularly.

## ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

**LINEN AND TOWELS** Pontins are no longer providing these items. You can buy linen from reception Singles £5 and Doubles £8 to take home with you.

## ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. Keeping the water heater on permanently will use a lot more electricity so you are advised to switch it off when not in use.

## WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Masterclasses, Argentine Tango Sessions, Massage and buy from a range of Ceroc and Style DVD's.

## PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of CEROC and may be used by them at any time.

Our official photographer is Graham Farey and all photos taken over the weekend can be found on his Facebook group [www.facebook.com/maidstonephotography](http://www.facebook.com/maidstonephotography)

## WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

## I'M HUNGRY!!!

No problem! There are various places to get food on site including take away pizza, chicken etc at Whistle Stop situated outside the Queen Vic entrance, Hot Meals in Sands Restaurant situated behind the arcade, or for those looking to self cater a Nisa Convenience Store is also on-site.

## CHECKOUT INFORMATION

You need to check out by **10am on Monday 14th March 2016**.

Please leave your keys at reception or with the security gate upon departure.

## DVD's OF STORM CLASSES

DVD of workshops taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20 (£25+ after the event). Near the Weather Info Desk on Sunday to get your copy before they sell out!!! NB: Starters Orders (Beginners), SILC™ and Master classes are not included.

## WHIRLWIND BAZAAR

Forgotten your Leopard skin dungarees or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear Range are located in the Main foyer. [www.standoutdancewear.co.uk](http://www.standoutdancewear.co.uk)

## CLOAKROOM

There will be no cloakroom facility due to lack of use at previous events

## COLOURED WRIST BANDS

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards. When you are wearing a wristband you can leave and re-enter the site at any time.

These wristbands can only be removed with scissors and therefore cannot fall off by accident. If you lose your security wristband you will have to buy a replacement (£99).

## CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners. These will be held in the Cyclone Dance Zone & the Tempest Studio which is located in the far left corner of the main ballroom. These workshops will be progressive and totally rewarding.

Starting at 7.30pm on Friday and continuing throughout the weekend there will be 6 classes in total.

## CEROC FOR NEW INTERMEDIATE DANCERS

Based on feedback from past events we also schedule classes for very early intermediate dancers so that we appeal to everyone. There are 7 of these over the course of the weekend, but also plenty of beginner sessions in other styles that will help your partner dancing in general. Look out for sessions that say (All) or (-Int)

## WHERE AND WHEN?

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

## TERMS AND CONDITIONS

All Terms and Conditions apply and can be found on our website.

# CAMBER



# List of Activities

## MASTERCLASSES

With a maximum capacity of 34 people in fixed couples (excluding Ladies Styling & Solo Street), these sessions are for those people wanting to master the art of the dances and styles billed. These classes are pre-bookable at the Weather Centre at a charge of £5 per head.

- **Ladies Styling 1 & 2 (All) with Becki Rendell** - solo ladies only, this masterclass will teach you about posture, movement, arms etc. to help make you a more elegant and stylish mover.
- **Baby Aerials (Int+/Adv) with Tony & Hayley** - Covering mini aerials to get your partner sweeping and flying.
- **Secrets of Connection with Ekow & Sarve** - Breaking down the key techniques for 'in-tune' connection.
- **Head Rolls (Adv) with Toni Sails** Learning technique for this stylish movement to help keep balance and execute properly.
- **Zouk 2 (Int Zouk) with Ekow & Sarve** - For those people who are already experienced in Zouk, this develops your skills further.
- **Super Seducers (Adv) with Steve Thomas** - Ultimate drops that make you go wow!
- **Aerials (Adv) with Tony & Hayley**- Get airborne in this adrenaline pumping masterclass (NB: aerials cannot be performed on the freestyle dance-floor)
- **Solo Street (All) with Tim Stevens** - Introduction to Solo Street Dance suitable for anyone.
- **Ducks (Int+/Adv) with Karen & Joe** - Mastering the art of these tricky moves.
- **Mastering Slotting (Int+) with Carl & Mel** - Get tidy, become a clearer lead, look more dynamic and stylish.

## MILONGA & ARGENTINE TANGO CLASSES

There will be Milongas on Friday, Saturday & Sunday in the Tempest Studio. There will be 3 Argentine Tango classes in the Tempest Studio. These are bookable at the Weather Centre. There is no charge for these classes, however you must book due to space in the room.

## DAY TIME DANCING

Aside from dancing in the Boudoir you will find freestyle dance sessions on Saturday & Sunday afternoon in the Cyclone.

## SACK THE DJ

Stand up for what you believe in - your chance to have a go providing that you brought your own CDs. The decks will be waiting for you in the Boudoir.

## WCS SACK THE DJ & FREESTYLE

WCS DJs are invited to book themselves an hour slot during the allotted times on Friday and Saturday night in the Boudoir. 12am - 3am.

## GREAT ESCAPEE COMPETITION

If you want to enter the Great Escapee Competition and win your place in the Ceroc Champs Final 2016 then be in the ballroom by 10.45pm. The competition will take place at some time around the Cabarets.

## LUNCHTIME QUIZ

Test your wits against your friends. Quiz Masters Steve & Carl. Teams of 6 or less Saturday & Sunday. Be prepared, these quiz's are for over 18's!

## SILENT DISCO

If you've never tried Silent Disco before, this is a must. We supply the headsets, you choose the channel from 3 playlists. Change channel as often as you like. Friday and Saturday night only from midnight to 2am in the Cube.

## PERFORMANCE CLASSES

Lisa Richardson will be taking these sessions that will culminate in a Performance on Saturday night. Participate in the performance by doing the 3 Performance Classes on Saturday from 2.30pm in the Tempest Studio. Dress code for the performance - Black with Neon accessories.

## ZUMBA® PILATES & POOL

There will be ZUMBA & Pilates classes this weekend. Please wear appropriate clothing and footwear (TRAINERS & FITNESS WEAR). Take a mat or towel with you for Pilates. Check at reception re pool opening times.

## PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for guidance or help, or, if you know who you want a lesson with approach the teacher directly. Charges £50 per hour payable to the teachers directly.

## CEROC X CLASSES

Learn the routine for the Ceroc X category at the Ceroc Champs 2016. These classes will show you styling tips for the routine as well as teach you the moves.

# CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be offering a variety of treatments.

## BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

### **Deep tissue massage (£25 for 30min)**

Great for releasing aches and restoring tired muscles.

### **Osteopathic Treatment (£25 for 30 mins)**

Focuses on total body health by treating and strengthening the musculoskeletal framework

### **Acupuncture (£25 for 30 mins)**

Uses fine sterile needles placed in specific points on the body to balance energy.

### **Kinesiology (£25 for 30 mins)**

Gentle muscle testing, good for relieving and preventing muscle strain.

### **Top to Toe Massage (£50 for 60 mins)**

Combining Indian Head, Osteopathic therapy, massage & reflexology

### **Sports Injuries Treatments (£25 for 30 mins)**

If you have specific injuries we can provide diagnosis and treatment

### **Relaxing Massage (£25 for 30 mins)**

Stroking massage with essential oils to relieve stress, tension, pain etc

### **Reflexology (£25 for 30 mins)**

Using pressure points in the feet to treat a wide range of body ailments

# THE GODS OF THUNDER

The evenings will consist of 5 rooms playing different music from our outstanding line-up of DJ's.

The Thunder Ballroom playing popular and new uptempo sounds from evening until 3.30/ 4am

Cyclone will be the non-stop music hot-spot. You can also find afternoon freestyle sessions in this room, including Ceroc, SILC & S'funk

Boudoir (sometimes referred to as the 'Pub' by those people disenfranchised with the corporate symbolism that we work tirelessly to promote in the arduous pursuit of brand allegiance). This is the home of daytime dancing including Swingers Hour and on Friday & Saturday nights WCS Sack the DJ freestyle.

The Cube - Silent Disco on Friday and Saturday night

Tempest Studio - Milonga Freestyles & Pure Blues Lounge

Our Gods of Thunder this weekend are:

*Marc Forster, David Rokov, Rachel Pears, Dale 'Smood' St Rose, Jonny Gammon, Keith Evans, James Ross, Kieran Moore, Garry Turner, Lisa Benson, Hayley Epps, Paul Brooks, Toni Sails, Craig Addison, Vince Silva & Warren 'Dance Inspired' Richardson*

## THANKS

Our weekend events would not be the success that they are without our great crew. It's the people behind the scenes from set-up through to take down who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Head Bull Myles Woodhouse and his many Calves.



WWW.CEROC.COM/ESCAPE

**STOAM**  
CAMBER

You are HERE!

Camber

**BLAZE**

24 APR - 01 MAY 2016 Cyprus

LONDON **ceroc**  
**champs**

01 MAY 2016

London

**SCORCH**  
SOUTHPORT

10 - 12 JUN 2016

Southport

**jamfest**  
It's all about the music

01 - 03 JUL 2016

Camber

**SPLASH**  
SOUTHPORT

02 - 04 SEP 2016

Southport

**BREEZE**  
SOMERSET

14 - 16 OCT 2016

Somerset

**BLISS**  
CAMBER

04 - 06 NOV 2016

Camber

**SWISH**  
NORFOLK

17 - 19 FEB 2017

Norfolk

**BLUSH**  
SOUTHPORT

TBA 2017

Southport

**CEROC CRUISE**

07 - 21 MAR 2017

Caribbean

# MEDFEST



The Biggest Dance Holiday on the Planet

[www.ceroc.com/escape](http://www.ceroc.com/escape)

[theteam@clubdanceholidays.co.uk](mailto:theteam@clubdanceholidays.co.uk)

Tel: 02070994816

**club** new  
space  
dance





# Cruise with CEROC in 2017

Embarking upon the exquisite MSC Poesia.  
14 Nights (full board) Cruising around  
the beautiful Caribbean coastlines.  
Prices from £135 per person per night.  
(You need to book now, before the price spirals and the availability disappears)



A truly memorable holiday

[www.cerocruise.com](http://www.cerocruise.com)



## STORM WEEKENDER FEEDBACK

The good, the bad and the downright ugly!  
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

## ...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.

# CEROC INSTRUCTIONAL DVDS



NEXT SOUTHPORT WEEKENDER

10 - 12 JUN 2016

**SEARCH**

MORE INFO & BOOKING

[WWW.CEROC.COM/ESCAPE](http://WWW.CEROC.COM/ESCAPE)

NEXT CAMBER WEEKENDER

01 - 03 JUL 2016



**jamfest**  
it's all about the music

# Great Escapee Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote!

Qualify for the Great Escapee Category of the 2016 Ceroc Championships. This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekender then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2017.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10.45pm.

For more info about Champs, please visit **[www.CerocChamps.com](http://www.CerocChamps.com)**



[www.cerocchamps.com](http://www.cerocchamps.com)

SUNDAY  
1ST  
MAY  
2016  **ceroc**  
**champs**

The London Champs is Cerocs' very own National Institution. This year is our 18th Championships and that means it started in the last decade, so is our longest standing annual national event and it's entirely possible we will have competitors this year who were not born when we ran the first one in 1998.

I've been involved with the Champs for the last 15 years and have seen quite a few changes in location and format but can genuinely say that the Champs now is a fabulous event for both competitors and spectators.

We have made it as easy as possible for regular dancers to take part, so if you haven't competed previously then make this year your year to experience the adrenaline and endorphines that make taking part in the Champs so exciting and addictive.

I'm very proud of this event and would love for you to share the Champs experience with me and our dedicated team.

Hopefully see you on the 1st May.

*David Bradley - Event organiser*

[www.cerocchamps.com](http://www.cerocchamps.com)



FREESTYLE FILMING ON SATURDAY EVENING  
IN THUNDERBALL ROOM FROM THE STAGE

WORKSHOPS\* FROM THIS WEEKEND

# WORKSHOP DVD AVAILABLE THIS SUNDAY

HOW CAN YOU REMEMBER ALL THE WORKSHOPS  
FROM THIS WEEKEND? WE HAVE THE SOLUTION!

WE'RE SELLING DVDS TO TAKE HOME WITH YOU  
ON SUNDAY FROM 10AM TILL 8PM NEAR INFO DESK.

2 DVD DISCS SET INCLUDING CABARET AND FREESTYLE FOOTAGES

£20 EVENT DISCOUNTED PRICE, USUALLY £25

LIMITED AVAILABILITY  
GRAB YOUR COPY BEFORE THEY SELL OUT!

Note: This DVD does not include Starters Orders (Beginners), SILC™, fee-based Master classes.

## Teachers

### BECKI RENDELL (BR) (B&D)

This hip shaking, fire cracker has style in abundance, drawn from the many different styles of dance she practises. She moves like a latino lovely and is the girl to teach you ladies styling. She also works with partner Dean for the couples classes which include Bachata this weekend.

### BRETT STEWART (BS)

If Disney drew a Ceroc Prince it would be Brett, so the Dorset members are lucky ladies! He's a stylish and musical dancer and he's teaching 2 classes this weekend. Even if you are an early intermediate dancer you can take some of his style away with you.

### CAINE & DANNI (C&D)

These South Coast teachers are being booked for events across the country, making this young couple hot property. They ooze style with a sleek & slotted dynamic making them a joy to watch. Take a lead from this inspiring couple.

### CARL & MEL (C&M)

Organiser of the popular Bristol Switch freestyles along with John Baker. Carl loves the challenging dynamic of slower-tempo music. You can also spot him co-compering the Pub Quiz's.

### CRAIG ADDISON (CA)

You'll soon see why Craig is the face of Zumba UK when you experience one of his high energy, fun packed, unique party classes. Also teaching Ceroc and Dj'ing this weekend, prepare to have fun and be inspired.

### DALE ST ROSE (DS)

Smooth by style and 'Smoody' by nature! Dale is a multi-competition winner with a background in many genres of dance, that allow him to inject originality and creativity into the dance, giving him his own unique style. Guys take a leaf out of his book and get 'smoody'!

### EMMA & ALEX (E&A)

These guys were permanent fixtures on the Ceroc weekenders from day 1, 10 years ago! Having drifted off to other countries and different dance genres for a time, they are back dancing together at Storm and we can't wait!

### EKOW & SARVE (E&S)

This dance pairing are hot stuff with amazing style on the dance-floor. Be woo'd and mesmerised as you watch them Zouk and take their connection tips away with you. He's versatile, cool and stylish! She is sexy, sultry & sassy!



### **GEMMA PEARCE (GP)**

Bubbly, smiley and super sweet, Gemma is charming and full of energy. Join her for Pilates and get stretched out and supple for the days and nights ahead.

### **GLEN BROOKS (GB)**

Glen Brooks from Ceroc Nights has been teaching in the Essex area and co-hosts the Swiss weekend for the last 10 years. Get energised and learn what to do with your feet!

### **GREG URCH (GU)**

Teacher from the South West, Greg has taught on the Ceroc Cruise as well as many Escape weekends. He and partner Sam are teaching 2 classes this weekend to keep you 'perpetually' on the floor!

### **KAREN & JOE (K&J)**

Amazing choreographer and team leader in the award winning Ceroc Nights Cabaret Team. She and partner Joe will also be teaching some new and interesting 'Ducks', so get ready to 'roll & dip'.

### **KIERAN & CHARLIE (K&C)**

Smooth as 'SILC', effortlessly stylish and a joy to watch! This couple are fabulous teachers with a creative repertoire of moves that seamlessly work together for smooth routines, taught with enough technique to get you gliding like them.

### **JAMIE EDDY (JE)**

One of the newest teachers from Ceroc South Wales, Jamie has a style of his own with bags of funk and swagger. This is his first solo teaching trip onto the Escape stage and gets you focussed on Connection.

### **LISA MADDOCKS (LM)**

Lisa has an amazing talent for choreography and performances. A stage coach teacher, Lisa is used to putting on productions and is a Ceroc Team Cabaret winner. Spend Saturday afternoon with Lisa learning choreography to perform on Saturday night. Get your moment in the spotlight!

### **LYNDSEY BENNETT (LB)**

From South Wales, and organiser of the Welsh Champs, with partner Mark, breathe fresh funky life to their venues. With 7 Open Championship titles and many other category wins, Lyndsey's classes this weekend will inspire.

### **MARC FORSTER & RACHEL PEARS (M&R)**

This popular teaching duo, have gained a strong reputation for excellent events. Pursuing their passion for Blues & Tango they are back at this event with fresh insight into the music and the dance.

### **STEVE THOMAS (ST)**

He doesn't look old enough, but London lad Steve has been teaching in the South East for over 16 years. His laid back and humorous approach can make even the most technical things seem simple. You'll always go away from his classes with something new and a big smile on your face. Have a giggle with him as he hosts the pub quizzes too!

### **STUART HUMPHREY (SH)**

One of our newest teachers at Camber, Stuart comes with an abundance of enthusiasm and energy to inspire the Beginners who he will be mentoring this weekend to get them onto the freestyle dance-floor with confidence.

### **TIM SANT (TS)**

Talented, creative, enthusiastic, sociable and very easy on the eye, this dance chameleon is one of our weekend veterans. It only takes 1 visit to his action packed classes, or one whirlwind dance in the evening to realise why.

### **TIM & HEATHER (TSH)**

Previous winners of the Funk'd uP & Open categories, with Street style that makes them stand out on the dance-floor, Tim & Heather bring funky flavour to their classes. This time Tim will be teaching a Solo Street masterclass to get you funky up like them and you can also learn some sabotage styling and cool recovery!

### **TONY & HAYLEY EPPS (T&H)**

Recently married and another Ceroc match made in heaven, these funky freestylers are adrenaline junkies with a passion for airborne moves. Attend their masterclasses and get some lift off!

### **TONI SAILS (TOS)**

London teacher, Toni has already developed a style of his own, which he teaches at his regular Sunday night classes - ToneZ. Enjoy his tricky classes this weekend to give your dance another dimension.

### **WARREN & IRINA (W&I)**

From Brighton based Tango Bootcamps, Warren is one of our weekender Milonga DJs and is a popular Tango teacher. At this event he will be providing 3 Argentine Tango classes to fast-track people on their way to the Milongas with his dance partner Irina.

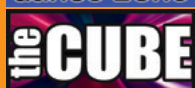
# Schedule



**THUNDERBALL ROOM (Fun Factory)**



**CYCLONE DANCE ZONE (Lunars)**



**CUBE (upstairs before Thunderball Room)**



**TEMPEST STUDIO > off Thunderball Room**



**BOUDOIR (Queen Vic)**

## \* PERFORMANCE CLASS

Workshop with Lisa Maddocks: Follow her 3 Classes on Saturday afternoon and perform with her in the cabaret on Saturday Evening.

## \*\* MASTERCLASSES

These are classes with a maximum capacity of 34 people in fixed couples (except Ladies Styling & Solo Street) and are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head.

## (-Int) BASIC INTERMEDIATE CLASSES

For those people trying to bridge the gap between Beginners and Intermediate classes. These sessions will help your technique to improve your lead and follow and enhance your repertoire.

**ZUMBA®** Wear appropriate footwear and clothing for these classes.

**PILATES** Please take a towel or mat with you

**ARGENTINE TANGO CLASSES** Due to room size, please reserve your space on the Argentine Tango Classes at the Weather Centre. No charge.

	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
18:00-19:00	Closed	Closed	Closed	Closed	Sack the DJ Open Decks
19:00-20:00	Ceroc F/Style <b>James Ross</b> Ceroc Classic Tunes	Closed	<b>Starters Orders SH</b> Ceroc for Beginners from 7.30	Closed	Sack The DJ! Open Decks
20:00-21:00	<b>Ceroc X 1 (Int) TS</b> See page 7 of the booklet for info	Closed	<b>Starters Orders</b> Ceroc for Beginners until 9.30	Closed	Sack The DJ! Open Decks
21:00-22:00	<b>Cheeky Charleston (All) E&amp;A</b> Bags of fun - bring a hat if you can!	Closed Closed	<b>Argentine Tango (All) W&amp;I</b> Pre-Milonga Intro 9.30-10.30pm	Closed	Sack The DJ! Open Decks
22:00-23:30 23:30-00:30	Ceroc F/Style <b>Lisa Benson</b> Ceroc F/Style <b>Jon Gammon</b>	SILC Zone <b>Rachel Pears</b> SILC Zone <b>Marc Forster</b>	<b>Milonga Dance Inspired</b> Milonga <b>Dance Inspired</b> 1am	Closed	Sack The DJ! <b>WCS Sack the DJ 00:00</b>
00:30-01:30 01:30-02:30	Ceroc F/Style <b>Garry Turner</b> Ceroc F/Style <b>Paul Brooks</b>	SILC Zone <b>Smood</b> SILC Zone <b>Kieran Moore</b>	<b>Blues Lounge</b> 1am - 3am <b>Blues Lounge</b> <b>Marc &amp; Rachel</b>	<b>Silent Disco</b> <b>midnight to 2am</b>	<b>WCS Sack the DJ 01:00</b> <b>WCS Sack the DJ 02:00</b>
02:30-03:30 03:30-04:30	Ceroc F/Style <b>Hayley Epps</b> Closed	SILC Zone <b>Garry Turner</b> SILC Zone <b>Vince Silva</b>	<b>Blues Lounge</b> <b>Marc &amp; Rachel</b>	Closed	
04:30-	Closed	SILC Zone <b>Jon Gammon</b>	Closed	Closed	

SATURDAY					
	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
09:30-10:30	Closed	Closed	<b>PILATES (All) GP</b> <i>Take a mat or towel</i>	Closed	Closed
10:45-11:45	<b>Ceroc X 2 (Int) LB</b> <i>Part 2 - see page 7 of the booklet</i>	<b>ZUMBA® (All) CA</b> <i>latin dance work out</i>	<b>Foundation Variation (-Int) GU</b> <i>Beginner Move Variations</i>	<b>Starters Orders (Beg) SH</b> <i>Beginners Ceroc</i>	<b>Sack The DJ!</b> <i>Open Decks from 11am</i>
12:00-13:00	<b>SILC Foundation (Int) TS</b> <i>Intro to the SILC Zone</i>	<b>Hot New Moves (Int+) K&amp;J</b> <i>New Moves</i>	<b>Classic Cocktail 1 (-Int) DS</b> <i>Classic Move Medley</i>	<b>**Ladies Styling 1 BR</b> <i>Masterclass (Pre-Book )</i>	<b>Sack The DJ!</b> <i>Open Decks</i>
13:15-14:15	<b>Latin Fusion (Int+) E&amp;A</b> <i>Latin Styling and footwork</i>	<b>Sabotage (Int) T&amp;H</b> <i>Ladies Hijacks and Mens Recovery</i>	<b>Simply Slotted (-Int) C&amp;D</b> <i>keep it tidy &amp; dynamic</i>	<b>**Secrets of Connection E&amp;S</b> <i>Masterclass (Pre-Book )</i>	<b>Lunchtime Quiz</b> <i>1pm - 2.30pm</i>
14:30-15:30	<b>Pure Blues 1 (All) M&amp;R</b> <i>Intro to Blues</i>	<b>She's Behind You (Int+) BS</b> <i>Moves led behind your back</i>	<b>*Performance Class LM</b> <i>Choreography to perform</i>	<b>**Head Rolls TOS</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
15:45-16:45	<b>SILC Progressive (Int+) K&amp;C</b> <i>Step it up in the SILC zone</i>	<b>Ceroc F/Style Garry Turner</b> <i>3.30pm-4.30pm Freestyle</i>	<b>*Performance Class LM</b> <i>Choreography to perform</i>	<b>**Baby Aerials T&amp;H</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
17:00-18:00	<b>Dip &amp; Drop Intro (Int) ST</b> <i>A range of intermediate drops</i>	<b>SILC Zone Vince Silva</b> <i>4.30-6pm Freestyle</i>	<b>*Performance Class LM</b> <i>Choreography to perform</i>	<b>**Mastering Slotting C&amp;M</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
18:15-19:15	<b>Connection Perfection (Int+) JE</b> <i>Improve your lead &amp; follow</i>	<b>SILC Zone Smood</b> <i>6-7.30pm Freestyle</i>	<b>Tango 2 (Int) W&amp;I</b> <i>Argentine Tango class 2</i>	Closed	<b>Sack the DJ</b> <i>Open Decks to 7.30pm</i>
19:30-20:00	Closed	Closed	Closed	<b>Starters Orders (Beg) SH</b> <i>Beginners Ceroc</i>	Closed
SATURDAY NIGHT					
20:30-21:30 21:30-22:00	<b>Ceroc F/Style James Ross</b> <b>Ceroc F/Style James Ross</b>	Closed	Closed	Closed	Closed Closed
22:00-23:00 23:00-00:00	<b>Ceroc F/Style Keith Evans</b> <b>Cabarets &amp; Competition (JG)</b>	<b>SILC Zone Paul Brooks</b> <b>SILC Zone Paul Brooks</b>	Closed	Closed	Closed Closed
00:00-01:00 01:00-02:00	<b>Ceroc F/Style Garry Turner</b> <b>Ceroc F/Style Tim Sant</b>	<b>SILC Zone Rachel Pears</b> <b>SILC Zone Smood</b>	<b>Milonga Dance Inspired</b> <b>Milonga Dance Inspired</b>	<b>Silent Disco</b> <b>midnight to 2am</b>	<b>WCS Sack the DJ</b> <b>WCS Sack the DJ</b>
02:00-03:00 03:00-04:00	<b>Ceroc F/Style Lisa Benson</b> <b>Ceroc F/Style Hayley Epps</b>	<b>SILC Zone Craig Addison</b> <b>SILC Zone Garry Turner</b>	<b>Blues Lounge Marc &amp; Rachel</b> <b>Blues Lounge Marc &amp; Rachel</b>		<b>WCS Sack the DJ</b>
04:00-05:00 05:00-06:00	Closed Closed	<b>SILC Zone Kieran Moore</b> <b>SILC Zone Vince Silva</b>		Closed	
06:00-	Closed				

SUNDAY					
	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
09:30-10:30	Closed	Closed	Closed	Closed	Closed
10:45-11:45	<b>Morning Energiser (Int)</b> <b>GB</b> <i>Fast, Fun &amp; Freestylable</i>	<b>Off the Blocks (Beg+)</b> <b>SH</b> <i>Beginners Plus Ceroc</i>	<b>PILATES (All)</b> <b>GP</b> <i>Bring &amp; Mat or towel</i>	Closed	<b>Sack the DJ</b> <i>Open Decks from 11am</i>
12:00-13:00	<b>SILC Progressive 2 (Int+)</b> <b>TS</b> <i>Another smooth SILC routine</i>	<b>Bachata (Int)</b> <b>B&amp;D</b> <i>Intro to Cha Cha</i>	<b>Style &amp; Attitude (-Int)</b> <b>BS</b> <i>Keep it simple, change the look</i>	<b>**Aerials T&amp;H</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
13:15-14:15	<b>Suitably Swing (Int)</b> <b>LB</b> <i>Get ready for Swingers Hour</i>	<b>Signature Moves (Adv)</b> <b>C&amp;D</b> <i>Scrolling, Ducking, Switching, Whipping!</i>	<b>Classic Cocktail2 (-Int)</b> <b>DS</b> <i>More Classic moves</i>	<b>**Solo Street TSH</b> <i>Masterclass (Pre-Book )</i>	<b>Lunchtime Quiz</b> <i>1:00pm - 2:30pm</i>
14:30-15:30	<b>Perpetual Motion (Int+)</b> <b>GU</b> <i>Freestyle Flow</i>	<b>Pure Blues 2 (All)</b> <b>M&amp;R</b> <i>Blues - class 2</i>	<b>Easy Feet (-Int)</b> <b>GB</b> <i>Footwork to buy you time</i>	<b>**Zouk Intermediate E&amp;S</b> <i>Masterclass (Pre-Book )</i>	<b>Swingers Hour (Mike)</b> <i>Swing F/style</i>
15:45-16:45	<b>Nu-Line (All)</b> <b>DS</b> <i>Funky New Line Dance</i>	<b>SILC Zone</b> <b>Marc Forster</b> <i>3.30pm - 5pm</i>	<b>Beginner Dynamics (-Int)</b> <b>CA</b> <i>Stretch &amp; Spring for Dynamism</i>	<b>**Ladies Styling 2 BR</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
17:00-18:00	<b>SILC Developmental (Adv)</b> <b>K&amp;C</b> <i>Advanced SILC Routine</i>	<b>S'Funk F/Style</b> <b>Garry Turner</b> <i>5pm - 6.15pm</i>	<b>Off the Blocks (Beg+)</b> <b>SH</b> <i>Beginners Plus Ceroc</i>	<b>**Ducks K&amp;J</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
18:15-19:15	<b>Movement &amp; Feel (Int+)</b> <b>TOS</b> <i>Connection &amp; Movement to Music</i>	<b>ZUMBA® (All)</b> <b>CA</b> <i>Latin Dance Workout</i>	Closed	<b>**Super Seducers ST</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
19:30-20:30	Closed	Closed	Closed	Closed	<b>Sack the DJ</b> <i>Open Decks</i>
SUNDAY NIGHT					
20:30-21:30	<b>Ceroc F/Style</b> <b>James Ross</b>	Closed	Closed	Closed	<b>Sack the DJ until 9pm</b>
21:30-22:30	<b>Ceroc F/Style</b> <b>Paul Brooks</b>	<b>SILC Zone</b> <b>Garry Turner</b>	<b>Argentine Tango 3</b> <b>W&amp;I</b>	Closed	Closed
22:30-23:30	<b>Ceroc F/Style</b> <b>Keith Evans</b>	<b>SILC Zone</b> <b>Toni Sails</b>	<b>Milonga</b> <b>Dance Inspired</b>	Closed	Closed
23:30-00:30	<b>Ceroc F/Style</b> <b>Hayley Epps</b>	<b>SILC Zone</b> <b>Marc Forster</b>	<b>Milonga</b> <b>Dance Inspired</b>	Closed	Closed
00:30-01:30	<b>Ceroc F/Style</b> <b>Lisa Benson</b>	<b>SILC Zone</b> <b>Jon Gammon</b>	<b>Milonga</b> <b>Dance Inspired</b>	Closed	Closed
01:30-02:30	<b>Ceroc F/Style</b> <b>Smood</b>	<b>SILC Zone</b> <b>Kieran Moore</b>	<b>Blues Lounge</b> <b>Marc &amp; Rachel</b>	Closed	Closed
02:30-03:30	<b>Ceroc F/Style</b> <b>Jon Gammon</b>	<b>SILC Zone</b> <b>Vince Silva</b>	<b>Blues Lounge</b> <b>Marc &amp; Rachel</b>		
03:30-04:30	Closed	<b>SILC Zone</b> <b>Craig Addison</b>	Closed	Closed	Closed
04:30-05:30	Closed	<b>SILC Zone</b> <b>Marc Forster</b>			
05:30-	Closed	Closed	Closed	Closed	Closed





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**Friday & Saturday Night**  
(midnight - 2am)

Grab a pair of headphones,  
choose from 3 music channels  
and join the Silent Disco Party!

**Plus ... Daytime Masterclasses**

Check the schedule  
for more details & page 6 of this  
booklet for descriptions - Book at  
the Weather Desk.



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