



# BLISS

06 - 08 NOV 2015  
CAMBER



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# PASSPORT TO DANCE

OVER 15 DIFFERENT DANCE STYLES  
TAUGHT MANY VARIED AND  
EXCITING WORKSHOPS OVER 50  
HOURS OF FREESTYLE DIFFERENT  
ROOMS PLAYING DIFFERENT  
STYLES OF MUSIC TEACHERS FROM  
ALL OVER THE UK DJ'S FROM  
FAR & WIDE LARGE GATHERING  
OF CEROC TEACHERS MASSAGE  
ZUMBA SWIMMING WORKSHOP  
DVDS TO TAKE HOME SELECTION  
OF DANCE SHOES AND CLOTHING  
ON SALE ON LINE BOOKING  
WITH IMMEDIATE CONFIRMATION  
GENDER CONTROLLED BOOKING  
SYSTEM



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## WELCOME

Welcome to Camber Sands, home to the biggest dance weekenders.

Our weekender ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

You will find over 40 classes and workshops detailed in this booklet and with the exception of Masterclasses, these classes are free to attend. Masterclasses are billed at various levels and are not just for advanced dancers. Go to the Weather Centre and you can find out more about each of the masterclasses billed.

Ceroc 'Escape' events are all about participation, whether that be the dance, social or performance aspects of the weekend, so there are opportunities for you to learn choreography which you can perform in the team cabaret performance, pub quizzes and Sack The DJ.

Our DJs work tirelessly before these weekenders to deliver your favourite classics and the hottest releases - head upstairs for our uptempo party anthems, and downstairs for a smooth, down-tempo Silc vibe. And don't forget to explore the other varied musical adventures scattered around the building.

Hopefully this guide will give you all the information that you need, but if you have any queries visit the Weather Centre between 10am - 10pm.

Have a great weekend!

The Escape Committee

## EXCEEDINGLY USEFUL INFORMATION

### PARKING

Parking is limited at Camber and consequently we sell parking vouchers leading up to the event. If you have not booked on-site parking then you will need to park off-site as we have sold out of spaces. Please note, you may be ticketed by the local authorities if you park illegally with any wheel on the pavement or grass. We cannot be held responsible for any loss or damage to vehicles. We may be able to let cars on-site from Sunday 2pm (check at the gate).

This is the only event we charge for parking and this is simply to encourage car-sharing as there are not enough parking spaces on-site and the town can't cope with excessive street parking. By charging for parking, we have been able to hold the price of accommodation.

### PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the main foyer of the Centre. The main Pontins reception is also manned and there is security on duty all night.

### CLASS ROTATION

Although we don't encourage it, it is possible to remain with a fixed partner in all classes. There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably. There will be row organisers in all classes to assist.

### DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind as we will not be held responsible for any injuries that you incur. There will be hours of dancing so remember to stay fresh and wash your hands regularly.

### ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

**LINEN AND TOWELS** Pontins are no longer providing these items. You can buy linen from reception Singles £5 and Doubles £8 to take home with you.

### ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. Keeping the water heater on permanently will use a lot more electricity so you are advised to switch it off when not in use.

### WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Masterclasses, Argentine Tango Sessions, Massage and buy from a range of Ceroc and Style DVD's.

### PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of CEROC and may be used by them at any time.

Our official photographer is Graham Farey and all photos taken over the weekend can be found on his facebook group [www.facebook.com/maidstonephotography](http://www.facebook.com/maidstonephotography)

**WATER** We have organised complimentary water from coolers in the main dance venues (subject to availability).

### I'M HUNGRY!!!

No problem! There are various places to get food on site including take away pizza, chicken etc at Whistle Stop situated outside the Queen Vic entrance, Hot Meals in Sands Restaurant situated behind the arcade, or for those looking to self cater a Nisa Convenience Store is also on-site.

### CHECKOUT INFORMATION

You need to check out by **10am on Monday 9th November 2015**. Please leave your keys at reception or with the security gate upon departure.

### DVD's OF BLISS CLASSES

DVD's of all classes taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20. NB the beginner Ceroc classes are not on this DVD but a DVD of just the beginners moves is on sale at the weather centre Go to the Weather Centre on Sunday to pick up your copy.

### WHIRLWIND BAZAAR

Forgotten your Leopard skin dungarees or danced a hole in your shoes - then don't panic as Balca and her Stand Out Dancewear Range are located in the Main foyer. [www.standoutdancewear.co.uk](http://www.standoutdancewear.co.uk)

## CLOAKROOM

There will be no cloakroom facility due to lack of use at previous events

## COLOURED WRIST BANDS?

By now you will have been given a coloured wrist band. You are required to wear your wristband all weekend and they are coloured by gender. You cannot access the main entertainments complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards. When you are wearing the wristbands you can leave and re-enter the site at any time.

These wristbands can only be removed with scissors and therefore cannot fall off by accident. If you lose your security wristband you will have to buy a replacement (£99).

## CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners. These will be held in the Cyclone Dance Zone & the Tempest Studio which is located in the far left corner of the main ballroom. These workshops will be progressive and totally rewarding.

Starting at 7.30pm on Friday and continuing throughout the weekend there will be 6 classes in total.

## CEROC FOR NEW INTERMEDIATE DANCERS

Based on feedback from past events we also schedule classes for very early intermediate dancers so that we appeal to everyone. There are 7 of these over the course of the weekend, but also plenty of beginner sessions in other styles that will help your partner dancing in general. Look out for sessions that say (All) or (-Int)

## WHERE AND WHEN?

Take a look at the events listing in this booklet which lists all the workshops happening during each day of the event. There is also a booking desk for the Ceroc Wellbeing sessions.

## TERMS AND CONDITIONS

All Terms and Conditions apply and can be found on our website.

# CAMBER



- 1 SUPERMARKET
- 2 QUEEN VIC PUB
- 3 STANDOUT DANCEWEAR SHOP
- 4 SWIMMING POOL

# LIST OF ACTIVITIES

## MASTERCLASSES

With a maximum capacity of 34 people in fixed couples (excluding Ladies Styling & Solo Street), these sessions are for those people wanting to master the art of the dances and styles billed. These classes are pre-bookable (as a couple) at the Weather Centre at a charge of £5 per head.

- **Ladies Styling 1 & 2 (All) with Becki Rendell** - solo ladies only, this masterclass will teach you about posture, movement, arms etc. to make you a more elegant and stylish mover.
- **Baby Aerials (Int+/Adv) with Tony & Hayley** - Covering mini aerials to get your partner sweeping and flying.
- **Tangles with Toni Sails (Adv)** - Advanced tricky moves with head ducks and complex arm patterns
- **Duo Styling (All) with Tim Sant** - Looking at alternative styles of movement to suit various types of music
- **Zouk 1 & 2 (All) with Ekow Oduro** - 2 introductory classes to Zouk. This dance is the latest latin inspired close hold dance with plenty of sultry sex appeal!
- **Super Seducers (Adv) with Steve Thomas** - Ultimate drops that make you go wow!
- **Aerials (Adv) with Tony & Hayley** - Get airborne in this adrenaline pumping masterclass (NB: aerials cannot be performed on the freestyle dance-floor)
- **Solo Street (All) with Tim Stevens** - Introduction to Solo Street Dance suitable for anyone.
- **TAG (Int+) with Tony, Hayley & Jon** - 2 leaders and 1 follow seamlessly switching partners.

## MILONGA & ARGENTINE TANGO CLASSES

There will be Milongas on Friday, Saturday & Sunday in the Tempest Studio. There will be 3 Argentine Tango classes in the Tempest Studio. These are bookable at the Weather Centre. There is no charge for these classes, however you must book due to space in the room.

## DAY TIME DANCING

Aside from dancing in the Boudoir you will find freestyle dance sessions on Saturday & Sunday afternoon in the Cyclone

## SACK THE DJ

Stand up for what you believe in - your chance to have a go providing that you brought your own CDs. The decks will be waiting for you in the Boudoir.

## WCS SACK THE DJ & FREESTYLE

WCS DJs are invited to book themselves an hour slot during the allotted times on Friday and Saturday night in the Boudoir. 12am - 3am.

## GREAT ESCAPEE COMPETITION

If you want to enter the Great Escapee Competition and win your place in the Ceroc Champs Final 2016 then be in the ballroom by 11pm. The competition will take place at some time around the Cabarets.

## LUNCHTIME QUIZ

Test your wits against your friends. Quiz Master Stevie T. Teams of 6 or less Saturday & Sunday. Be prepared, these quiz's are for over 18's!

## SILENT DISCO

If you've never tried Silent Disco before, this is a must. We supply the headsets, you choose the channel from 3 playlists. Change channel as often as you like. Friday and Saturday night only from midnight to 2am in the Cube.

## PERFORMANCE CLASSES

Lisa Richardson will be taking these sessions that will culminate in a Performance on Saturday night. Participate in the performance by doing the 3 Performance Classes on Saturday from 2.30pm in the Tempest Studio.

## ZUMBA® & POOL

There will be ZUMBA classes this weekend. Please wear appropriate clothing and footwear (TRAINERS & FITNESS WEAR). Check at reception re pool opening times.

## PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for guidance or help, or, if you know who you want a lesson with approach the teacher directly. Charges £50 per hour payable to the teachers directly.

# CEROC 'WELLBEING'

Throughout the weekend a team of professionally qualified complimentary practitioners will be offering a variety of treatments.

## BOOKING INFO

All Treatments need to be booked in advance at the 'Ceroc Wellbeing' desk located in the main foyer. Cash Payments only.

### **Deep tissue massage (£25 for 30min)**

Great for releasing aches and restoring tired muscles.

### **Osteopathic Treatment (£25 for 30 mins)**

Focuses on total body health by treating and strengthening the musculoskeletal framework

### **Acupuncture (£25 for 30 mins)**

Uses fine sterile needles placed in specific points on the body to balance energy.

### **Kinesiology (£25 for 30 mins)**

Gentle muscle testing, good for relieving and preventing muscle strain.

### **Top to Toe Massage (£50 for 60 mins)**

Combining Indian Head, Osteopathic therapy, massage & reflexology

### **Sports Injuries Treatments (£25 for 30 mins)**

If you have specific injuries we can provide diagnosis and treatment

### **Relaxing Massage (£25 for 30 mins)**

Stroking massage with essential oils to relieve stress, tension, pain etc

### **Reflexology (£25 for 30 mins)**

Using pressure points in the feet to treat a wide range of body ailments

# THE GODS OF THUNDER

The evenings will consist of 5 rooms playing different music from our outstanding line-up of DJ's.

The Thunder Ballroom playing popular and new uptempo sounds from evening until 3.30/ 4am

Cyclone will be the non-stop music hot-spot. You can also find afternoon freestyle sessions in this room, including Ceroc, SILC & S'funk

Boudoir (otherwise known as the Pub). This is the home of daytime dancing including Swingers Hour and on Friday & Saturday nights WCS Sack the DJ freestyle.

The Cube - Silent Disco on Friday and Saturday night

Tempest Studio - Milonga Freestyles & Pure Blues Lounge

Our Gods of Thunder this weekend are:

*Marc Forster, David Rokov, Rachel Pears, Dale 'Smood' St Rose, Jonny Gammon, David Greaves, James Ross, Kieran Moore, Garry Turner, Lisa Benson, Miranda Hewitt-Green, Hayley Epps, Paul Brooks, Toni Sails, Craig Addison, Vince Silva & Warren 'Dance Inspired' Richardson*

## THANKS

Our weekend events would not be the success that they are without our great crew. It's the people behind the scenes from set-up through to take down who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Head Bull Myles Woodhouse and his many Calves.

WWW.CEROC.COM/ESCAPE

**BLISS**  
CAMBER

You are HERE!

Camber

**SWISH**  
NORFOLK

19 - 22 FEB 2016

Norfolk

**BLUSH**  
SOUTHPORT

26-28 FEB 2016

Southport

**STORM**  
CAMBER

11-13 MAR 2016

Camber

**BLAZE**

24 APR - 01 MAY 2016

Cyprus

LONDON **ceroc  
champs**

01 MAY 2016

London

**SCORCH**  
SOUTHPORT

10 - 12 JUN 2016

Southport

**jamfest**  
It's all about the music

01 - 03 JUL 2016

Camber

**SPLASH**  
SOUTHPORT

02 - 04 SEP 2016

Southport

**CEROC  
CRUISE**

28 SEP 2016, 7 nights

**BREEZE**  
SOMERSET

TBA 2016

Somerset

# MEDFEST



The Biggest Dance Holiday on the Planet

[www.ceroc.com/escape](http://www.ceroc.com/escape)

[theteam@clubdanceholidays.co.uk](mailto:theteam@clubdanceholidays.co.uk)

Tel: 02070994816

**club** ceroc  
escape  
dance





# Cruise with CEROC in 2016

Departing from Southampton aboard  
the magnificent MSC Splendida,  
7 day European cruise from £599 with  
the all important drinks package  
- truly a bargain!

(You need to book now, before the price spirals and the availability disappears)



A truly memorable holiday

[www.cerocruise.com](http://www.cerocruise.com)

## BLISS WEEKENDER FEEDBACK

The good, the bad and the downright ugly!  
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

## ...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.

# CEROC INSTRUCTIONAL DVDS



NEXT SOUTHPORT WEEKENDER

26 - 28 FEB 2016

**BLUSH**

MORE INFO & BOOKING

[WWW.CEROC.COM/ESCAPE](http://WWW.CEROC.COM/ESCAPE)

NEXT CAMBER WEEKENDER

11 - 13 MAR 2016

**STORM**

# Great Escapee Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote!

Qualify for the Great Escapee Category of the 2016 Ceroc Championships. This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekender then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2017.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 11pm.

For more info about Champs, please visit **[www.CerocChamps.com](http://www.CerocChamps.com)**



## Gender Balancing

As you know, we made the decision to introduce gender balancing into the weekender market as we believe very strongly that both boys and girls should have the same freestyle opportunities.

Unfortunately, however there is an increasing problem which is jeopardising our best efforts. Essentially, there is an increasing number of girls outwitting our booking process by booking an apartment for say 3 boys and 3 girls yet only the girls are turning up to the event.

At recent events the number of men not turning up has been significant and although we appreciate that there will always be genuine reasons for people dropping out, the numbers involved are increasing and too great to be legitimate in our opinion.

For the time-being we cannot think of a way of preventing this happening, and therefore we are pleading with you to respect the spirit of the gender balancing as it's simply not fair on everyone else.

This event should be gender balanced to within 49 people.

FREESTYLE FILMING ON SATURDAY EVENING  
IN THUNDERBALL ROOM FROM THE STAGE

ALL WORKSHOPS\* FROM THIS WEEKEND



# WORKSHOP DVD AVAILABLE THIS SUNDAY

HOW CAN YOU REMEMBER ALL THE WORKSHOPS  
FROM THIS WEEKEND? WE HAVE THE SOLUTION!

WE'RE SELLING DVDS TO TAKE HOME WITH YOU

ON SUNDAY FROM 10AM TILL 8PM NEAR INFO DESK.

2 DVD DISCS SET INCLUDING CABARET AND FREESTYLE FOOTAGES

**£20 SPECIAL DISCOUNTED PRICE, USUALLY £25**

**LIMITED AVAILABILITY  
GRAB YOUR COPY BEFORE THEY SELL OUT!**

## Teachers

### BECKI RENDELL (BR) (B&D)

This hip shaking, fire cracker has style in abundance, drawn from the many different styles of dance she practises. She moves like a latino lovely and is the girl to teach you ladies styling. She also works with partner Dean for the couples classes which include Cha Cha this weekend.

### BRETT STEWART (BS)

If Disney drew a Ceroc Prince it would be Brett, so the Dorset members are lucky ladies! He uses a range of blocks and stops in his own dancing, which makes him a stylish and musical dancer. He's teaching 2 classes this weekend and even if you are an early intermediate dancer you can take some of his style away with you.

### CAINE & DANNI (C&D)

These South Coast teachers are being booked for events across the country, making this young couple hot property. They ooze style with a sleek & slotted dynamic making them a joy to watch. Take a lead from this inspiring couple.

### CRAIG ADDISON (CA)

You'll soon see why Craig is the face of Zumba UK when you experience one of his high energy, fun packed, unique party classes. Also teaching Ceroc and Dj'ing this weekend, prepare to have fun and be inspired.

### DALE ST ROSE (DS)

Smooth by style and 'Smood' by nature! Dale is a multi-competition winner with a background in many genres of dance, that allow him to inject originality and creativity into the dance, giving him his own unique style. Guys take a leaf out of his book and get 'smood'!

### DEBBIE ATTWOOD (DA)

Debbie is a true Ceroc Pro and apart from the Austin Allegro is the best thing to come out of Birmingham. We drag Debs to Medfest and Blaze, because she's simply awesome!

### **EKOW & SARVE (E&S)**

This dance pairing are hot stuff with amazing style on the dance-floor. Be woo'd and mesmerised as you watch them Zouk their way through the masterclasses. He's versatile, cool and stylish! She is sexy, sultry & sassy!

### **JON GAMMON (JG)**

Taking our beginners on their progressive journey this weekend is Jon Gammon. If you are brand new, or even if you have done a few classes, Jon will put together a class programme to ensure your confidence is boosted for freestyle

### **KIERAN & CHARLIE (K&C)**

Smooth as 'SILC', effortlessly stylish and a joy to watch! This couple are fabulous teachers with a creative repertoire of moves that seamlessly work together for smooth routines, taught with just enough technique to get you gliding like them.

### **LISA MADDOCKS (LM)**

Lisa has an amazing talent for choreography and performances. A stage coach teacher, Lisa is used to putting on productions and is a Ceroc Team Cabaret winner. Spend Saturday afternoon with Lisa learning choreography to perform on Saturday night. Get your moment in the spotlight!

### **LYNDSEY BENNETT (LB)**

From South Wales, and organiser of the Welsh Champs, with partner Mark, breathes fresh funky life to their venues with energetic moves and routines. With 7 Open Championship titles and many other category wins, Lyndsey's classes this weekend will inspire and challenge your dancing, on and off the competition dance-floor.

### **MARC FORSTER & RACHEL PEARS (M&R)**

It's been a busy year for this DJ & Teaching Duo, with Ceroc Buckingham gaining a strong reputation for excellent events. Pursuing their passion for Blues & Tango they are back at this event with fresh insight into the music and the dance.

### **STEVE THOMAS (ST)**

He doesn't look old enough, but London lad Steve has been teaching in the South East for over 16 years. His laid back and humorous approach can make even the most technical things seem simple. You'll always go away from his classes with something new and a big smile on your face.

### **TIM SANT (TS)**

Talented, creative, enthusiastic, sociable and very easy on the eye, this dance chameleon is one of our weekend veterans. It only takes 1 visit to his action packed classes, or one whirlwind dance in the evening to realise why.

### **TIM & HEATHER (TSH)**

Previous winners of the Funk'd uP & Open categories, Tim & Heather bring plenty of funky flavour into their classes. This weekend they will be joined by previous Neo-Blues title winners, Matt Brown & Zuki Savage, to give you some Awesome Foursome fun and Tim will also be providing his signature street dance techniques in a Solo Street masterclass.

### **TONY & HAYLEY EPPS (T&H)**

Recently married and another Ceroc match made in heaven, these funky freestylers are adrenaline junkies with a passion for airborne moves. At this event they will also be teaching a Tag class with Jon Gammon, so get partner swapping with seamless ease.

### **TONI SAILS (TOS)**

Ceroc London teacher, Toni has already developed a style of his own, which he teaches at his regular Sunday night classes - ToneZ. Enjoy his masterclass this weekend to add expression, movement and space into the dance.

### **WARREN & IRINA (W&I)**

From Brighton based Tango Bootcamps, Warren is one of our weekenders Milonga DJs and is a popular Tango teacher. At this event he will be providing 3 Argentine Tango classes to fast-track people on their way to the Milongas with dance partner Irina.

# Schedule



**THUNDERBALL ROOM (Fun Factory)**



**CYCLONE DANCE ZONE (Lunars)**



**CUBE (upstairs before Thunderball Room)**



**TEMPEST STUDIO > off Thunderball Room**



**BOUDOIR (Queen Vic)**

## \* PERFORMANCE CLASS

Workshop with Lisa Maddocks: Follow her 3 Classes on Saturday afternoon and perform with her in the cabaret on Saturday Evening.

## \*\* MASTERCLASSES

These are classes with a maximum capacity of 34 people in fixed couples (except Ladies Styling & Solo Street) and are workshops rather than classes which will offer interaction with the teachers. These classes are pre-bookable at the Weather Centre at a charge of £5 per head.

## (-Int) BASIC INTERMEDIATE CLASSES

For those people trying to bridge the gap between Beginners and Intermediate classes. These sessions will help your technique to improve your lead and follow and enhance your repertoire.

**ZUMBA®** Wear appropriate footwear and clothing for these classes.

**ARGENTINE TANGO CLASSES** Due to room size, please reserve your space on the Argentine Tango Classes at the Weather Centre. No charge.

	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
18:00-19:00	Closed	Closed	Closed	Closed	Sack the DJ Open Decks
19:00-20:30	Ceroc F/Style <b>James Ross</b> Ceroc Classic Tunes	Closed	<b>Starters Orders JG</b> Ceroc for Beginners from 7.30	Closed	Sack The DJ! Open Decks
20:30-21:30	<b>Bliss Breaker (Int) TS</b> Intermediate Ice-Breaker Class	Closed	<b>Starters Orders</b> Ceroc for Beginners until 9.30	Closed	Sack The DJ! Open Decks
21:30-22:30	Ceroc F/Style <b>David Greaves</b>	Closed Closed	<b>Argentine Tango (All) W&amp;I</b> Pre-Milonga Intro	Closed	Sack The DJ! Open Decks
22:30-23:30 23:30-00:30	Ceroc F/Style <b>David Rokov</b> Ceroc F/Style <b>Garry Turner</b>	SILC Zone <b>Rachel Pears</b> SILC Zone <b>Vince Silva</b>	Milonga <b>Dance Inspired</b> Milonga <b>Dance Inspired</b>	Closed	Sack The DJ! <b>WCS Sack the DJ 00:00</b>
00:30-01:30 01:30-02:30	Ceroc F/Style <b>Jon Gammon</b> Ceroc F/Style <b>Paul Brooks</b>	SILC Zone <b>Smood</b> SILC Zone <b>Kieran Moore</b>	Blues Lounge <b>Marc &amp; Rachel</b> Blues Lounge <b>Marc &amp; Rachel</b>	<b>Silent Disco</b> <b>midnight to 2am</b>	<b>WCS Sack the DJ 01:00</b> <b>WCS Sack the DJ 02:00</b>
02:30-03:30 03:30-04:30	Ceroc F/Style <b>Hayley Epps</b> Closed	SILC Zone <b>David Rokov</b> SILC Zone <b>Garry Turner</b>	Blues Lounge <b>Marc &amp; Rachel</b>	Closed	
04:30-	Closed	SILC Zone <b>Miranda HG</b>	Closed	Closed	

SATURDAY					
	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
09:30-10:30	Closed	Closed	Closed	Closed	Closed
10:45-11:45	<b>SILC Foundation (Int) TS</b> <i>Intro to Chill Out Dancing</i>	<b>ZUMBA® (All) CA</b> <i>latin dance work out</i>	<b>Freestyle Confidence (-Int) ST</b> <i>Understanding Freestyle</i>	<b>Starters Orders (Beg) JG</b> <i>Beginners Ceroc</i>	<b>Sack The DJ!</b> <i>Open Decks</i>
12:00-13:00	<b>Tornado (Int+) LB</b> <i>Fast and furious spinning routine</i>	<b>Pure Blues 1 (All) M&amp;R</b> <i>Intro to Blues Dancing</i>	<b>Classic Cocktail 1(-Int) DS</b> <i>Classic Move Medley</i>	<b>**Ladies Styling 1 BR</b> <i>Masterclass (Pre-Book )</i>	<b>Sack The DJ!</b> <i>Open Decks</i>
13:15-14:15	<b>Smooth New Moves (Int+) C&amp;D</b> <i>New moves with unusual connection</i>	<b>Tips &amp; Tricks (Int) CA</b> <i>Leading techniques for hot moves</i>	<b>Simply Stylish (-Int) DA</b> <i>Classic Move Medley</i>	<b>**Zouk Beginners E&amp;S</b> <i>Masterclass (Pre-Book )</i>	<b>Lunchtime Quiz</b> <i>1pm - 2.30pm</i>
14:30-15:30	<b>SILC Progressive (Int+) TS</b> <i>Step it up in the SILC zone</i>	<b>Keeping it Smood (Int) DS</b> <i>Smooth new moves from Smood!</i>	<b>*Performance Class LM</b> <i>Choreography to perform</i>	<b>**Tangles TOS</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
15:45-16:45	<b>Dip &amp; Drop Intro (Int) ST</b> <i>Range of intermediate drops</i>	<b>Ceroc F/Style Garry Turner</b> <i>3.30pm-4.30pm Freestyle</i>	<b>*Performance Class LM</b> <i>Choreography to perform</i>	<b>**Tag T&amp;H</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
17:00-18:00	<b>Hips Don't Lie (Int+) BS</b> <i>Hip Led Moves</i>	<b>SILC Zone David Rokov</b> <i>4.30-6pm Freestyle</i>	<b>*Performance Class LM</b> <i>Choreography to perform</i>	Closed	<b>Sack the DJ</b> <i>Open Decks</i>
18:15-19:15	<b>Stretching Space (Int+) TOS</b> <i>Add dimension and connection</i>	<b>SILC Zone Smood</b> <i>6-7.30pm Freestyle</i>	<b>Tango 2 (Int) W&amp;I</b> <i>Argentine Tango class 2</i>	Closed	<b>Sack the DJ</b> <i>Open Decks</i>
19:30-20:00	Closed	Closed	Closed	<b>Starters Orders (Beg) JG</b> <i>Beginners Ceroc</i>	Closed
SATURDAY NIGHT					
20:30-21:30 21:30-22:00	<b>Ceroc F/Style James Ross</b> <b>Ceroc F/Style James Ross</b>	Closed	Closed	Closed	Closed Closed
22:00-23:00 23:00-00:00	<b>Ceroc F/Style Lisa Benson</b> <b>Cabarets &amp; Competition (JG)</b>	<b>SILC Zone Miranda HG</b> <b>SILC Zone Miranda HG</b>	Closed	Closed	Closed Closed
00:00-01:00 01:00-02:00	<b>Ceroc F/Style Garry Turner</b> <b>Ceroc F/Style Tim Sant</b>	<b>SILC Zone Marc Forster</b> <b>SILC Zone Rachel Pears</b>	<b>Milonga Dance Inspired</b> <b>Milonga Dance Inspired</b>	<b>Silent Disco</b> <b>midnight to 2am</b>	<b>WCS Sack the DJ</b> <b>WCS Sack the DJ</b>
02:00-03:00 03:00-04:00	<b>Ceroc F/Style Hayley Epps</b> <b>Ceroc F/Style Paul Brooks</b>	<b>SILC Zone Garry Turner</b> <b>SILC Zone Craig Addison</b>	<b>Blues Lounge Marc &amp; Rachel</b> <b>Blues Lounge Marc &amp; Rachel</b>		<b>WCS Sack the DJ</b>
04:00-05:00 05:00-06:00	Closed Closed	<b>SILC Zone Kieran Moore</b> <b>SILC Zone Smood</b>		Closed	
06:00-	Closed				

SUNDAY					
	Thunderball Room	Cyclone Dance Zone	Tempest Studio	Cube	The Boudoir
09:30-10:30	Closed	Closed	Closed	Closed	Closed
10:45-11:45	<b>Body Leads (Int)</b> <b>ST</b> <i>Leading through the body, not arms</i>	<b>Off the Blocks (Beg+)</b> <b>JG</b> <i>Beginners Plus Ceroc</i>	Closed	<b>**Solo Street TSH</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
12:00-13:00	<b>SILC Progressive 2 (Int+)</b> <b>K&amp;C</b> <i>Another smooth chill out routine</i>	<b>Cha Cha (Int)</b> <b>B&amp;D</b> <i>Intro to Cha Cha</i>	<b>Block Until You Stop (-Int)</b> <b>BS</b> <i>Intro to blocks &amp; stops</i>	<b>**Baby Aerials T&amp;H</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
13:15-14:15	<b>Suitably Swing (Int)</b> <b>LB</b> <i>Get ready for Swingers Hour</i>	<b>Dynamics (Int+)</b> <b>C&amp;D</b> <i>Creating, using, controlling momentum</i>	<b>Foundation Variation (-Int)</b> <b>CA</b> <i>Beginner Move variations</i>	<b>**Duo Styling TS</b> <i>Masterclass (Pre-Book )</i>	<b>Lunchtime Quiz</b> <i>1:00pm - 2:30pm</i>
14:30-15:30	<b>SILC Developmental (Adv)</b> <b>K&amp;C</b> <i>Advanced Chill Out Routine</i>	<b>Pure Blues 2 (All)</b> <b>M&amp;R</b> <i>Blues - class 2</i>	<b>Classic Cocktail2 (-Int)</b> <b>DS</b> <i>More Classic moves</i>	<b>**Zouk Intermediate E&amp;S</b> <i>Masterclass (Pre-Book )</i>	<b>Swingers Hour (Mike)</b> <i>Swing F/style</i>
15:45-16:45	<b>Awesome Foursome (Int+)</b> <b>TSH</b> <i>4 dancers, incorporating swapping</i>	<b>SILC Zone</b> <b>David Rokov</b> <i>3.30pm - 5pm</i>	<b>Simply Slotted (-Int)</b> <b>C&amp;D</b> <i>Intro to slotting</i>	<b>**Super Seducers ST</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
17:00-18:00	<b>Super Scrolls (Adv)</b> <b>DA</b> <i>Control momentum &amp; work the floor</i>	<b>S'Funk F/Style</b> <b>Kieran Moore</b> <i>5pm - 6.15pm</i>	<b>Off the Blocks (Beg+)</b> <b>JG</b> <i>Beginners Plus Ceroc</i>	<b>**Aerials T&amp;H</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
18:15-19:15	<b>Pushing the Envelope(Int+)</b> <b>M&amp;R</b> <i>Creative New Moves</i>	<b>ZUMBA® (All)</b> <b>CA</b> <i>Latin Dance Workout</i>	Closed	<b>**Ladies Styling 2 BR</b> <i>Masterclass (Pre-Book )</i>	<b>Sack the DJ</b> <i>Open Decks</i>
19:30-20:30	Closed	Closed	Closed	Closed	<b>Sack the DJ</b> <i>Open Decks</i>
SUNDAY NIGHT					
20:30-21:30	<b>Ceroc F/Style</b> <b>David Greaves</b>	Closed	Closed	Closed	<b>Sack the DJ until 9pm</b>
21:30-22:30	<b>Ceroc F/Style</b> <b>Paul Brooks</b>	<b>SILC Zone</b> <b>Garry Turner</b>	<b>Argentine Tango 3 W&amp;I</b>	Closed	Closed
22:30-23:30	<b>Ceroc F/Style</b> <b>James Ross</b>	<b>SILC Zone</b> <b>Rachel Pears</b>	<b>Milonga</b> <b>Dance Inspired</b>	Closed	
23:30-00:30	<b>Ceroc F/Style</b> <b>Smood</b>	<b>SILC Zone</b> <b>Marc Forster</b>	<b>Milonga</b> <b>Dance Inspired</b>	Closed	Closed
00:30-01:30	<b>Ceroc F/Style</b> <b>Lisa Benson</b>	<b>SILC Zone</b> <b>Jon Gammon</b>	<b>Milonga</b> <b>Dance Inspired</b>	Closed	Closed
01:30-02:30	<b>Ceroc F/Style</b> <b>Hayley Epps</b>	<b>SILC Zone</b> <b>Miranda HG</b>	<b>Blues Lounge</b> <b>Marc &amp; Rachel</b>	Closed	Closed
02:30-03:30	<b>Ceroc F/Style</b> <b>Jon Gammon</b>	<b>SILC Zone</b> <b>Toni Sails</b>	<b>Blues Lounge</b> <b>Marc &amp; Rachel</b>		
03:30-04:30	Closed	<b>SILC Zone</b> <b>Craig Addison</b>	Closed	Closed	Closed
04:30-05:30	Closed	<b>SILC Zone</b> <b>Marc Forster</b>			
05:30-	Closed	Closed	Closed	Closed	Closed



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(midnight - 2am)

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for more details & page 6 of this  
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