



CEROC



DANCE • LAUGHTER • MEMORIES

28-30 SEP 2012

SPLASH

PASSPORT TO DANCE

WWW.CEROC.COM/ESCAPE

DIFFERENT DANCE STYLES TAUGHT
MANY VARIED AND
EXCITING WORKSHOPS OVER 50
HOURS OF FREESTYLE DIFFERENT
ROOMS PLAYING DIFFERENT
STYLES OF MUSIC TEACHERS FROM
ALL OVER THE UK & ABROAD
DJ'S FROM FAR & WIDE LARGE
GATHERING OF CEROC TEACHERS
MASSAGE ZUMBA SWIMMING
WORKSHOP DVDS TO TAKE HOME
SELECTION OF DANCE SHOES
AND CLOTHING ON SALE ON
LINE BOOKING WITH IMMEDIATE
CONFIRMATION GENDER
CONTROLLED BOOKING SYSTEM



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WELCOME

Welcome to yet another fun packed, foot pounding dance weekend extravaganza at Southport.

If this is your first visit to an Escape Weekend event then we hope it lives up to your expectations and opens your eyes to the huge dance scene that we are all a part of.

Our weekenders ethos is to ensure that we provide classes of all levels for dancers of every standard. We believe in teaching you moves, styles and techniques that you can realistically take away with you and immediately put into your dancing.

Our team of Teachers & DJs come from far and wide so you may see some familiar faces as well as the ever popular Tango Pros, Jenny Frances & Ricardo Oria teaching 5 Argentine Tango Classes, and performing in our cabarets on Saturday night.

You will find nearly 40 classes and workshops detailed in this booklet and these sessions are free to attend. There are also some Masterclasses charged at £5 per head for small, fixed couple groups.

We also have Silent Disco on Saturday night in the Cyclone, which is a must if you've never tried it before.

Also new to this event we have the Pure Party Zone on Friday night where you can dance for a whole hour to your favourite music; Motown, Latin, Club & Funk'd-up.

Hopefully this guide will give you all the information that you need, but any queries visit the Weather Centre between 10am - 10pm.

As ever if you have any feedback please email ceroc7@ceroc.com or grab a member of crew over the weekend.

Have a great weekend!

The Escape Committee

EXCEEDINGLY USEFUL INFORMATION

PARKING

There is ample parking at Pontins in Southport so there is no need to book a parking space in advance.

PROBLEMS?

If you have any problems or questions please come to the 'Weather Information Centre' situated in the middle foyer near Stand Out Dancewear. The main Pontins reception is also manned and there is security on duty all night.

CLASS ROTATION

It will be possible to remain with a fixed partner in all classes if you choose. There will inevitably be more of one gender than another in some classes. However our gender balancing policy should alleviate this problem considerably.

DANCE ETIQUETTE

Please be considerate of your partner and fellow dancers and remember airsteps are not permitted for safety reasons. Take care when doing any form of drop keeping safety and spatial awareness at the forefront of your mind. There will be hours of dancing so remember to stay fresh and wash your hands frequently.

ACCOMMODATION

Just to remind you, your apartment will not be cleaned during the weekend. All breakages or problems must be reported at the Pontins reception window. If your electricity is metered, you will need tokens. See 'Electricity' below.

CHECKOUT INFORMATION

You need to check out by **10am** on Monday 1st October 2012. Please leave your keys at the security gate upon departure.

DVD OF SCORCH WORKSHOPS

DVD of workshops taking place over the weekend, will be on sale from 10am on Sunday morning priced at £20 (£25 after the event, online). Go to the Weather Centre on Sunday to get your copy before they sell out! We are open till 10pm on Sunday.

WEATHER INFORMATION CENTRE

Located in the main foyer, this is where you can book Private Lessons, Masterclasses, Massage and buy a range of Ceroc and Style DVD's. You can also drop your feedback form here once completed and torn out from the centre of this booklet.

COLOURED WRIST BANDS?

You are required to wear your gender coloured wristband all weekend. You cannot access the main entertainment's complex where all the workshops and freestyle dancing is to be held, and where the bars and restaurants are situated without a correctly coloured wrist band. Wristbands will be checked at all entrances or by roaming stewards. These wristbands cannot fall off by accident, they can only be removed with scissors and therefore if you lose your security wristband you will have to buy a replacement (£99).

TOWEL SWAPPING

If you have Club accommodation you can swap your towels during your stay. Ask reception for a towel swap.

ELECTRICITY

If you are in Classic or Budget accommodation you will need tokens which feed the meter. Tokens can be purchased at Pontins Main reception counter and out of hours at Security at the Club Gate. Remember to turn the Water Heater off.

PHOTOGRAPHS AND FILMING

All recordings and photographs made during this event are the property of Ceroc and may be used by them at any time.

WATER

We have organised complimentary water from coolers in the main dance venues (subject to availability).

WHAT'S ON TV?

The PTV channel on your TV will show a live feed from the main Thunderball Room. There are 4 other channels available.

I'M HUNGRY!!!

No problem there! Bake'n'bite provides freshly baked crusty baguettes, croissant, sweet pastries and savoury snacks; Nisa convenience store provides all your essentials and a lot more, plus you can eat at the restaurant in the Pub located on site, the fish and chip shop and burger bar in the main foyer.

WHIRLWIND BAZAAR

Stand Out Dancewear Range are on hand for dance clothing and shoes. Located in the middle foyer between the main ballroom and the pub. www.standoutdancewear.co.uk

TERMS & CONDITIONS

All Terms & Conditions apply and can be found on our website.

SOUTHPORT

THUNDERBALL ROOM
LATIN 'CYCLONE' QUARTER
BLUES 'BOUDOIR' LOUNGE

MAIN CAR PARK

**MAIN
ENTRANCE**

SWIMMING POOL

Osteopathic Treatment (£20 for 30 mins)
Strengthens the musculoskeletal framework, including the joints, muscles & spine to positively affect the body's nervous, circulatory & lymphatic systems.

Uses fine sterile needles placed in specific points on the body to balance energy.

Gentle muscle testing, good for relieving and preventing muscle strain.

1 hour treatment combining indian head massage, osteopathic therapy, massage & reflexology

Targets dep points of pain and tension in the back neck & shoulders

Relaxing fully clothed massage to provide relief from tired muscles

LIST OF ACTIVITIES

DAY TIME DANCING

There will be non-stop dancing in the Boudoir throughout the weekend. You will also find Swingers Hour in the Pub on Saturday & Sunday to get your heart racing for the ultimate cardiovascular workout. S'Funk Hour for some Soul Funk Classics on Saturday afternoon along with Battle of the DJs on Sunday

MILONGA & ARGENTINE TANGO

Jenny Frances & Ricardo Oria will be teaching a range of Argentine Tango lessons this weekend at different levels for those new to the dance, and those a little more experienced. To dance what you have learned in freestyle check out the schedule for the Milongas.

PURE BLUES

We regularly have requests for Pure Blues Music. For the Blues lovers here are your key times to look out for: 10.30pm - 1.30am Friday night in the Cyclone, 1.30am - 3.30am Friday night in the Boudoir (Pub), 1.30am - 3.30am Saturday night in the Pub, 12.30am - 2.30am Saturday also in the Pub.

BATTLE OF THE DJs

On Sunday afternoon from 3pm - 5pm, you can dance to and witness Mike Sailsman, Steve J & Chris Uren battling it out with the ultimate DJ Tag session. They'll be ready to out do each other with a whole mix of fabulous music!

CEROC FOR BEGINNERS

In addition to the many advanced workshops this weekend, Ceroc has not forgotten its roots and we will be hosting workshops specifically designed for beginners.

These will be held in the Main Ballroom & Cyclone Dance Zone. These workshops will be progressive and totally rewarding.

Starting at 7pm on Friday and continuing throughout the weekend there will be 5 X 1 hour long classes in total.

SWIMMING POOL

The swimming pool will be open from 4pm - 7pm on Friday and 7am - 7pm on Saturday & Sunday.

PRIVATE LESSONS

Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book or approach the teachers directly. Charges £50 per hour payable to the teachers directly.

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Some teachers are available for private lessons, please visit the Weather Information Centre for availability and to book or approach the teachers directly. Charges £50 per hour payable to the teachers directly.

SACK THE DJ

Stand up for what you believe in - your chance to have a go, providing you brought your own CD collection. The decks will be waiting for you in the Blues Lounge at certain times of the day. There is a schedule on the wall in the Boudoir to book your slot. No multiple bookings.

CABARET

Join us at 10.30pm on Saturday night in the main ballroom to see some of our Teachers Perform.

GREAT ESCAPE COMPETITION

If you want to enter the Great Escape Competition be in the ballroom by 10pm on Saturday in preparation for competition commencement which will take place at some point during the Cabaret.

MASTERCLASSES

Masterclasses are small classes that are taught in fixed couples. They provide teacher interaction and the opportunity to master the art or technique being taught. You do not have to be an advanced dancer to participate! You do however have to book in advance at £5 per head in your fixed partnership.

- Ladies Styling 1 & 2 - All levels for solo ladies
- Seducers - For Intermediate + Dancers
- Musicality - For Intermediate + Dancers
- WCS - There are 2 WCS masterclasses from Int level and up

PURE PARTY ZONE - CUBE

On Friday night in the corner of the main ballroom the Cube will be situated. This is a cordoned off zone where headsets will be issued and DJs will be playing specific genres for each hour:

- 11.30pm-12.30am Latin Hour with Smood (try out your Bachata, Cha Cha etc)
- 12.30am-1.30am Motown Hour with Chris Uren (dance to some old faves)
- 1.30am-2.30am Club Hour with Hayley Nicholls (energise & let your hair down)
- 2.30am-3.30am Funk'd Up with Mark Kerr (Soul Funk, R&B, Hip Hop)

THE GODS OF THUNDER

The evenings will consist of 3 rooms playing different music from our outstanding line-up of DJ's from across the UK.

The Main Ballroom playing popular and new uptempo sounds from evening until 4.30am on Saturday and Sunday morning and 3.30am on Monday morning.

The Latin 'Cyclone' Quarter playing set genres including Blues, Milonga and WCS

The Blues 'Boudoir' Lounge, otherwise known as the 'Pub' will be the non-stop music hot-spot. Playing traditional Escape Chill Out tunes whilst the Milonga & Blues sets are taking place in the Cyclone and switching to Pure and Eclectic Blues whilst WCS is being played in the Cyclone.

Our Gods of Thunder this weekend are:

Marc Forster, David 'Rocky' Rokov, Mike Sailsman, Chris Baker, Chris Uren, Hayley Nicholls, Mike Ellard, Rachel Pears, Sheena 'Tiggerbabe' Assiph, Dale 'Smood' St Rose, Garry Turner, Kieran Moore, 'Steve J' Joynton, Jon Gammon, James Parkinson, Mike Griffin, Richard Oliver, Hannah Lonsdale & Al Griffin

THANKS

Our weekend events would not be the success that they are without the assistance of our crew. It's the people behind the scenes from set-up through to take down, who often go unrecognised and we would therefore like to offer our appreciation to all the crew from Floor Layers, Wristband Checkers, Row Organisers, Taxi Dancers, Weather Centre Staff, Registration and the Duty Management Team. Special thanks go to Marc Forster, Chris Baker, Alan Finch & Myles Woodhouse.

HURRY Scorch Weekenders!

MASSIVE SALE

on shoes and clothing, while stocks last!

StandOut

DANCEWEAR

EDGY ELEGANCE
UNBEATABLE VALUE
MAXIMUM COMFORT



NEW WEBSITE
NEW RANGE
NEW SERVICES

WWW.STANDOUTDANCEWEAR.CO.UK



Your ESCAPE Plan

SPLASH
SOUTHPORT

You are **HERE!** Southport

BREEZE
SOMERSET

12 - 14 OCT 2012 Somerset

BLISS
CAMBER

09 - 11 NOV 2012 Camber

BLUSH
SOUTHPORT

01 - 03 FEB 2013 Southport

SWISH
NORFOLK

22 - 24 FEB 2013 Norfolk

STOAM
CAMBER

08 - 10 MAR 2013 Camber

LONDON **ceroc**
champs

05 May 2013 London

jamfest
It's all about the music

17 - 19 MAY 2013 Camber

SCORCH
SOUTHPORT

14 - 16 JUN 2013 Southport

Ceroc Dance Holidays

MedFest

www.clubdanceholidays.com
Calpe, Spain
2013



Weekend Options also available

For booking & further information contact:

Club Dance Holidays

Tel +44 08702 866000 Fax +44 08702 866001

Email: info@www.clubdanceholidays.com

Website: www.clubdanceholidays.com



All New Instructional DVDs



BEGINNERS



CLASSICS



intermediate



Here
Come
the Girls
(Ladies Styling)



NEW
MOVES
VOL2



Cruise with Ceroc from £79.90 per day

Cruises are the fastest growing holiday. Ceroc will be showing you how to cruise in style with dancing under the stars, dance workshops, great on-board facilities and terrific excursions. This promises to be a truly fantastic holiday, with the huge bonus of a Southampton departure.

We have negotiated a bargain rate for our first Ceroc cruise. From £79.90 you can enjoy all your drinks, all your dining including 7-course lunches & dinners, sunbathing, swimming, library, gym, 36 dance classes and night's of freestyle hosted by top Ceroc DJs. We've even arranged free parking at the port, or if you prefer a free 'National Express' transfer.

4th Sept 2013

www.ceroccruise.com



WEEKENDER FEEDBACK

The good, the bad and the downright ugly!
All feedback is read and valued. You will even be entered into our **prize draw** to win your next weekender chalet for free!

1. Which was your favourite lesson and/or teacher?

2. Which classes were your least favourite and why?

3. Which DJs were hotter than Tabasco in suspenders?

4. Which tracks or music did you personally not enjoy?

5. Anything, in your opinion, that we shouldn't bother with next time?

...HAVE YOUR SAY

6. Any suggestions that you would like to see at future events?

7. Anything else that you would like to add?

8. How many Escape Weekenders have you ever attended?

Your Name

Your Email

Your Telephone Number

Please tear these pages out of your booklet and leave in the 'Feedback Box'. The box will be placed at reception during opening hours between 10am and 10pm. Thanks for your time.

www.ceroc.com/bliss

www.ceroc.com/blush

BLISS

CAMBER

BLUSH

SOUTHPORT

09 - 11 NOV 2012

Most popular Camber weekender.
Tickets for Camber events are hotter than
an exclusive night club in the Earth's core
where the air conditioning has failed.
Bookings open!

01 - 03 FEB 2013

Next Southport weekender.
Remember you need to book early for
Southport especially if you are a girl.
The earlier you book, the cheaper the price.
Bookings open soon.

Great Escapee Competition

The Ceroc Champs heats - featured at all of our major Escape Weekenders and the audience vote!

Qualify for the Great Escapee Category of the 2013 Ceroc Championships. This category will have just 1 round at the London Ceroc Champs and that will be the FINAL, so all you have to do is win your heat at a weekender then get automatic entry to the National Ceroc Championships.

Winners of the Great Escape Final will receive a Free Chalet at an Escape Weekend (Southport, Camber or Brean Sands) in 2014.

So get your favourite dancing shoes on, get your supporters into the ballroom.... remember the spectators determine the winners.

Heats will take place during the Cabaret slot so competitors and would-be judges need to be in the Thunder Ballroom on Saturday night by 10pm.

For more info about Champs, please visit www.CerocChamps.com



CEROC ESCAPE DANCE WEEKENDER

BREEZE

SOMERSET

12 - 14 OCT 2012

Over 50 hours of freestyle

Over 30 varied & exciting workshops

3 rooms playing different styles of music

THE UK BLUES CHAMPIONSHIPS

Including Blues Open, DWAS and Blues Showcases

FUNKED UP

Saturday Night Main Room Event

funked uP is all about musicality...

Expect soul, funk, r'n'b, funky blues & hip hop

WWW.CEROC.COM/BREEZE

WORKSHOP DVD AVAILABLE THIS SUNDAY

All workshops* from this weekend

How can you remember all workshops from this weekend? We have the solution!

We're selling DVDs to take home with you on Sunday. Yes, this Sunday! From 10am near Info Desk till 10pm. 2 DVD discs. £20 special discounted price, usually £25.

*Complete Beginners and theory based classes are not included.

**LIMITED
AVAILABILITY
GRAB
YOUR COPY
BEFORE
THEY
SELL OUT**

Freestyle
Be filmed at
Thunderball Room
on Saturday!
Near the stage
for 30 mins after
Cabaret Hour

Teachers

BECKI RENDELL (BR)

With a background in Ceroc, Salsa, Line Dance, Merengue, ZUMBA and Bachata, Becki oozes style. Hence she is the leader of the ladies this weekend teaching Ladies Styling across 3 masterclasses and she's also stepping up to teach the guys a thing or two in her Salseroc class and leading our Sunday evening ZUMBA session.

DALE ST ROSE (DS)

This guy has won more trophies than Southport has seagulls! Main room, Blues Room, Chill Out Room....he's not lost in any space, and can style it up for any occasion. Girls... he loves to freestyle, so join the queue in the evenings.

EMMA PETTITT (EP)

Emma is a pocket rocket with posture, style and dance flowing through her veins. Winner of many Champs titles and bursting with choreography, amongst other things, she is bringing you some choreography this weekend to perform on Saturday night.

FRANCK & SHEENA (F&S)

Franck and Sheena from Scotland have the ability to break down technique in an easy and fun way to get you dancing smarter. They make even the most basic moves look and feel fantastic. 'Play Footsie' and learn some 'Sway Cool Moves' with them this weekend if you are an intermediate dancer. If you're a beginner you get the great pleasure of being taught by 2 of the best throughout the course of the weekend, as they take our beginners through their program too.

GLEN BROOKS (GB)

A prominent member of possibly the most awarded cabaret tea, Ceroc Nights. Glen is bringing the early intermediate dancers some Classic Moves to boost repertoire and give confidence on the dance-floor.

JAMIE STOREY (JS)

Young teacher with spin technique befitting his background in figure skating makes Jamie the ideal person to teach you how to spin fast, controlled and furiously!

JENNY FRANCES & RICARDO ORIA (J&R)

Argentine Tango Pros, Jenny & Ricardo, teach all over the world and after 10 years of teaching together, their connection, fluidity, presentation and explanations make learning easy. Once you have taken a class with this charismatic duo you will feel your tango has moved to the next level. Their style of dancing is rooted in the traditional Buenos Aires Tango Salon, where subtlety in interpretation and connection come first, and improvisation is everything.

KAREN BROOKS (KB)

When both of your parents are dance teachers it's no surprise that Karen from Ceroc Nights has been dancing since she was knee high and has natural talent and style. Choreography is one of her gifts so it's hardly surprising that her cabaret team has stomped to victory so many times.

KIERAN MOORE & CHARLIE BROWNLEE (K&C)

This young teaching couple who both teach for Ceroc have been rising stars for some time, and after a number of teaching assignments on the Ceroc Weekender circuit they have firmly found their place. Kieran was also titled West Coast Swing UK & European Open Newcomer 2010. See them teach both styles of dance this weekend.

LYNDSEY & MARK (L&M)

Mark & Lyndsey from South Wales ooze fresh and funky with energetic moves and routines. Breathing new life into the Ceroc dance scene in South Wales they are also the Welsh Champs Organisers. Always creative in their classes and Double Trouble is one of their many talents, so see them teach on Sunday along with Heather Lawson.

MAJA KOCANOVA (MK)

Ceroc's latin queen. The gracious Maja will be mixing a unique cocktail of hot rhythms, inspiring technique, sweeping footwork, plenty of dance attitude with her own unique and sassy latin style.

MARC & RACHEL (M&R)

Marc & Rachel are multi-talented and often pick up the Argentine Tango classes on our weekends as well as running the Milonga Sessions. This weekend we have a special treat as Marc & Rachel take the Ceroc stage and share some brand new moves!

RICHARD & ZOE (R&Z)

South West franchisees and teachers Richard & Zoe, have competed and showcased their talents countrywide. Always popular on the weekenders, their classes are highly attended. This weekend they bring you Drop Zone, Musicality and Coasting. Check out their classes and take your dancing up a notch.

STEVE & ALISON (S&A)

From Kent, the organiser and host of the ever popular Rochester Dance Junction events, Steve has been teaching Ceroc for over 10 years. He and his partner Alison have a beautiful, Bluesy flowing style and will be sharing their techniques this weekend with Ceroc to Blues and their Seducers Masterclass.

TIM SANT (TS)

This young, highly talented dancer and teacher has a huge following that grows with each City he visits. As Head of Dance for Ceroc, Tim offers the latest techniques, the hottest style and the most innovative choreography. Join the huge club of people who literally LOVE his classes!

TIM & HEATHER (TSH)

Now teaching in Wales, but originally from the London and Surrey area, Tim is a Street Dancer by heart who has developed his own funky style in Ceroc and teaches increasingly popular classes in Wales. He and dance partner Heather bring an urban street style to all their dancing from Blues to Main Room.

TONY & HAYLEY (T&H)

This funky young partnership have shown their dedication to the Escape Weekenders, being present at many of them. As a teaching couple, their classes are lively and fresh and on the DJ front, Hayley knows how to rock a room!

Schedule



THUNDERBALL ROOM (Fun Factory)



LATIN CYCLONE QUARTER (Lunars)



BOUDOIR LOUNGE (Queen Vic)



CUBE (Corner area of Thunderball Room)



POD (Arcade)

SCHEDULE KEY

- Workshops are shown in **RED**
- (Beg) These classes are suitable for complete beginners.
- (-Int) Great for people recently started at intermediate level
- (Int) Regular Intermediate Lesson.
- (Int+) More difficult Intermediate Lesson.
- (Adv) For advanced dancers who pick up moves easily.
- (All) Suitable for everyone.
- (BEG+AT)(INT AT) (INT+AT) (ADV AT) Argentine Tango Levels
- ZUMBA - Dance inspired fitness class - wear suitable attire.
- Performance Classes - Be ready to perform on Saturday night

***Masterclasses - book in advance at the Weather Centre

	Thunderball Room	Cyclone Latin Quarter	CUBE	The Boudoir / Queen Vic Pub
18:00-19:00	Ceroc F/Style Jon Gammon <i>Ceroc Classic Tunes</i>	Closed	Closed	15.00 - 19.00 <i>Sack the DJ Opportunities with Open Decks</i> DJ and Room Host Marc Forster
19:00-20:00	Ceroc F/Style Al Griffin	Starters Orders (Beg) F&S <i>Ceroc for Beginners 7-8pm</i>	Closed	19.00-20.30 <i>Chill Out Zone</i> Garry Turner <i>Slow, Smooth Freestyle</i>
20:00-21:00	Splash Down (Int) TS <i>Intermediate Ice-Breaker Class</i>	Starters Orders (Beg) F&S <i>Ceroc for Beginners</i>	Closed	20.30-21.30 <i>Chill Out Zone</i> Kieran Moore
21:00-21:30	Ceroc F/Style Chris Uren	Ceroc F/Style Al Griffin 9-10.30	New specialist hours Pure Party	21.30-22.30 <i>Chill Out Zone</i> Mike Sailsman
21:30-22:30	Argentine Tango Intro (All) J&R		Zone commence at 11.30pm	
22:30-23:30	Ceroc F/Style Chris Uren	Blues Lounge Garry Turner	Get ready to wear your headset	22.30-23.30 <i>Chill Out Zone</i> Richard Oliver
23:30-00:30	Ceroc F/Style Tiggerbabe	Blues Lounge GT & Rocky	Latin Hour Smood	23.30-00.30 <i>Chill Out Zone</i> Mike Griffin
00:30-01:30	Ceroc F/Style Chris Baker	Blues Lounge Rocky	Motown Hour Chris Uren	00.30-01.30 <i>Chill Out Zone</i> Steve J
				01.30-02.30 <i>Blues Lounge</i> Tiggerbabe
01:30-02:30	Ceroc F/Style Jon Gammon	WCS F/Style Kieran Moore	Club Hour Hayley Nicholls	02.30-03.30 <i>Blues Lounge</i> Rachel Pears
				03.30-04.30 <i>Chill Out Zone</i> Rocky
02:30-03:30	Ceroc F/Style Paul Brooks	WCS F/Style Smood	Funk'd Up Mark Kerr	04.30-05.30 <i>Chill Out Zone</i> Smood
03:30-04:30	Ceroc F/Style Hayley Nicholls		Closed	05.30-07.00 <i>Chill Out Zone</i> Chris Uren

SATURDAY

	Thunderball Room	Cyclone Latin Quarter	The Boudoir / Queen Vic Pub	The Pod
09:30-10:30	Starters Orders (Beg) F&S <i>Complete Beginners Ceroc class</i>	Closed	09.30 - 10.30 Sack the DJ <i>Open Decks</i>	Closed
10:45-11:45	Fire & Ice (Int) MK <i>Red Hot Latin Fused with Cool Blues</i>	The Classics (-Int) GB <i>Classic Ceroc Intermediate Moves</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>	Closed
12:00-13:00	Stretch & Spring (Int+) TS <i>Use opposition to build momentum</i>	Milonga (BEG+AT) J&R <i>Argentine Tango Rhythm Ochitos</i>	12.00 - 13.00 Sack the DJ <i>Open Decks</i>	Performance Class EP
13:15-14:15	Hot New Moves 1 (Int+) M&R <i>New moves from Marc & Rachel</i>	Momentum for Spinning (Int) JS <i>Using Momentum for fast spins</i>	13.00-14.00 Swingers Hour Hannah Lonsdale <i>Uptempo Swing to get the heart racing!</i>	Performance Class EP
14:30-15:30	Ceroc to Blues 1 (Int) S&A <i>Ceroc Blues Fusion</i>	Sabotage (Int+) T&H <i>Ladies Hijacks & what the guys do</i>	14.00-15.30 Chill Out Zone Garry Turner	Performance Class EP
15:45-16:45	Ultimate Drop Zone (Int+) R&Z <i>Dips & Drops</i>	Playing Footsie (Int+) F&S <i>Foot connection for sweeps & style</i>	15.30-17.00 Chill Out Zone Rocky	*** WCS Whips K&C <i>Masterclass book in advance</i>
17:00-18:00	Smooth Caress (Int) TS <i>Routine with various Caress Moves</i>	Musical Merry-Go-Round (IntAT) J&R <i>Argentine Tango Intermediate</i>	17.00-18.00 Smooth Jazz Mike Sailsman <i>Smooth & Swinging Jazz</i>	*** Ladies Styling 1 BR <i>Masterclass book in advance</i>
18:15-19:15	Links Effect (Int) KB <i>Liquid Linking for a smooth look</i>	Triple S (Int+) MK <i>Sensual, Seductive, Spectacular</i>	18.00 - 19.00 Sack the DJ	*** Seducers S&A <i>Masterclass book in advance</i>
19:30-20:30	Closed	Off the Blocks (Beg+) F&S <i>Beginners Plus Ceroc</i>	19.00 - 20.30 Sack the DJ	Relax & Practice Area

SATURDAY NIGHT

20:30-21:30	Ceroc F/Style Chris Uren	Closed	20.30-21.30 Chill Out Zone Mike Griffin	Relax & Practice Area
21:30-22:30	Ceroc F/Style Chris Uren	Milonga Marc Forster 10pm	21.30-22.30 Chill Out Zone Mike Griffin	
22:30-23:30	Cabarets, Competition (GT DJ)	Milonga Marc Forster to midnight	22.30-23.30 Chill Out Zone Richard Oliver	Relax & Practice Area
23:30-00:30	Ceroc F/Style Garry Turner	SILENT DISCO 12am - 2am	23.30-00.30 Chill Out Zone Mike Sailsman	
00:30-01:30	Ceroc F/Style Mike Griffin	SILENT DISCO 12am - 2am	00.30-01.30 Chill Out Zone Kieran Moore	Relax & Practice Area
01:30-02:30	Ceroc F/Style Tiggerbabe	WCS F/Style Steve J 2am	01.30-02.30 Blues Lounge Garry Turner	
02:30-03:30	Ceroc F/Style Chris Baker	WCS F/Style Steve J to 3.30am	02.30-03.30 Blues Lounge Rocky	Relax & Practice Area
03:30-04:30	Ceroc F/Style Paul Brooks	Closed	03.30-04.30 Chill Out Zone Marc Forster	
04:30-05:30	Closed	Closed	04.30-05.30 Chill Out Zone Garry Turner	Closed
05:30-07:00	Closed	Closed	05.30-07.00 Chill Out Zone Smood	
07:00-	Closed		07.00 - Close Sack the DJ	

SUNDAY

	Thunderball Room	Cyclone Latin Quarter	The Boudoir	The Pod
09:30-10:30	Off the Blocks (Beg+) F&S <i>Beginners Plus Ceroc</i>	Closed	09.30 - 10.30 Sack the DJ <i>Open Decks</i>	Relax & Practice Area
10:45-11:45	Double Trouble (Int) L&M <i>Super Smooth, Super Speedy - Tag</i>	Salseroc (Int) BR <i>Ceroc Salsa Fusion</i>	10.30 - 12.00 Sack the DJ <i>Open Decks</i>	Relax & Practice Area
12:00-13:00	Coasting (Int) R&Z <i>Ceroc with a West Coast Look</i>	Enhanced Vals (IntAT) J&R <i>Argentine Tango Intermediate</i>	12.00 - 13.00 Sack the DJ <i>Open Decks</i>	*** WCS Working the Slot KM <i>Masterclass book in advance</i>
13:15-14:15	Below the Belt (Int+) KB <i>Footwork Based Routine</i>	Urban Groove (Int+) TSH <i>Partnered Dance for R&B & Hip Hop</i>	13.00-14.00 Swingers Hour Mike Ellard <i>Swing Freestyle</i>	*** Ladies Styling 1 BR <i>Masterclass book in advance</i>
14:30-15:30	Ceroc to Blues 2 (Int) S&A <i>2nd Ceroc Blues Fusion Class</i>	Volcadas & Ganchos (AdvAT) J&R <i>Argentine Tango Advanced</i>	14.00-15.00 S'Funk Rocky <i>Soul Funk Classics</i>	*** Musicality R&Z <i>Masterclass book in advance</i>
15:45-16:45	Hot New Moves 2 (Int+) K&C <i>New Moves from Kieran</i>	In A Spin (Adv) JS <i>Furiously Fast Spinning Routine</i>	15.00-17.00 Battle of the DJs <i>Chris Uren, Mike Sailsman & Steve J battle it out!</i>	*** Ladies Styling 2 BR <i>Masterclass book in advance</i>
17:00-18:00	Baby Aerials (Int+) T&H <i>Small Lifts - FIXED COUPLES ONLY</i>	Sway Cool Moves (Int) F&S <i>Magical Sway Styling Variations</i>	17.00-18.00 Chill Out Zone Richard Oliver	Relax & Practice Area
18:15-19:15	Classically Smooth (-Int) DS <i>Classic Moves with Smooth Style</i>	ZUMBA® (All) BR <i>Latin Dance inspired workout</i>	18.00 - 19.30 Sack the DJ	Relax & Practice Area
19:30-20:30	Room Closed until 8pm	Closed	19.30 - 20.00 Sack the DJ	Relax & Practice Area

SUNDAY NIGHT

20:00-21:30	Ceroc F/Style Mike Griffin	Closed	20.00-21.30 Chill Out Zone Rachel Pears	Closed
21:30-22:30	Ceroc F/Style Chris Baker	Milonga Marc Forster	21.30-22.30 Chill Out Zone Chris Uren	
22:30-23:30	Ceroc F/Style Al Griffin	Milonga Marc Forster	22.30-23.30 Chill Out Zone Steve J	Closed
23:30-00:30	Ceroc F/Style Jon Gammon	Milonga Marc Forster	23.30-00.30 Chill Out Zone Rocky	
00:30-01:30	Ceroc F/Style Chris Uren	WCS F/Style Garry Turner	00.30-01.30 Blues Lounge Rachel Pears	Closed
01:30-02:30	Ceroc F/Style Hayley Nicholls	WCS F/Style Kieran Moore	01.30-02.30 Blues Lounge Tiggerbabe	
02:30-03:30	Ceroc F/Style Garry Turner	Closed	02.30-03.30 Chill Out Zone Richard Oliver	Closed
03:30-04:30	Closed	Closed	03.30-04.30 Chill Out Zone Mike Sailsman	
04:30-06:30	Closed	Closed	04.30-06.30 Chill Out Zone Marc Forster	Closed



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**Friday Night in the corner
of the Thunderball Room**

11.30pm- 3.30am. Join the Pure
Party Zone with Latin, Motown,
Club & Funk'd Up

Saturday Night in Cyclone
midnight - 2am

Grab a pair of headphones,
choose from 3 music channels
and join the Silent Disco Party!



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